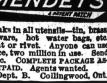
nipeg, January, 1911.

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Does it Flutter, Palpitate or Skip Beats? Have you Shortness of Breath,Ten-derness, Numbness or Pain in left side, Dizziness,

Pain in left side, Dizziness, Fainting Spells, Spots before the eyes, Sudden Starting in sleep, Nightmare, Hungry or Weak Spells, Oppressed Feeling in chest, Choking Sensation in throat, Painful to lie on left side, Cold Hands or Feet, Difficult Breathing, Dropsy, Swelling of the feet or ankles, or Neuralgia around the heart? If you have one or more of the above symptoms of heart disease, don't fail to use Dr. Kinsman's Celebrated Heart Tablets, the remedy which has made so many marvelous cures. Not a secret or "patent" medicine. One out of four has a weak or diseased heart. Three-fourths of these do not know it, and thousands die who have been wrongfully treated for the Stomach, Lungs, Kidneys or Nerves. Don't drop dead like hundreds of others when Dr. Kinsman's Heart Tablets will cure you. Here is a sample

hundreds of others when Dr. Kinsman's Heart Tablets will cure you. Here is a sample of what they are daily doing:

"Upon my word as a minister of the gospel I could not have lived had it not been for your Tablets. I had heart trouble severely for fifteen years and many doctors had failed. I could scarcely walk fifty steps, could not lie on my left side, had futlering and pains most excruciating. I am now well."—W. H. Thompson, Adams, Ky.

One thousand other recent genuine endorsements will be mailed you with the free treatment.

FREE TREATMENT COUPON Any sufferer mailing this coupon, with their name and P. O. address, to Dr. F. G. Kinsman, Box 957, Augusta, Maine, will receive a box of Heart Tablets for trial, by return mail, postpaid, free of charge.

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For \$5.00 we will sell, during a limited period, our \$40.00 Electric Belt. This offer is made to any man or woman who This Electric Belt is the best electric belt on the market. It is fully guaranteed to cure all

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Superfluous Secret, harmless formula that removed it beautifully from the pears ago—no return—mailed on request, Address: ALICE SMITH, 2908½ Richmond Street, Philadelphia, Pa.

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I was helpless and bed-ridden for years from a double rupture. No truss could hold. Doctors said I would die if not operated on. I fooled them all and cured myself by a simple discovery. I will send the cure free by mail if you write for it. It cured me and has since cured thousands. It will cure you

Fill out the coupon below and mail it to me today

Free Rupture-Cure Coupon

CAPT. W. A. COLLINGS, Box 600 Watertown, N. Y. Dear Sir: -- Please send me free of all cost your New Discovery for the Cure of Rupture. The Famous Hymn's New Rendering.

At a recent P.S.A. meeting the speaker suggested to the brothers the following new and witty, but wise, rendering of a well known Band of Hope chorus:

Dare to be a Daniel, Dare to stand alone, Dare to pass the public-house And take your money home.

The Danger of the Drop.

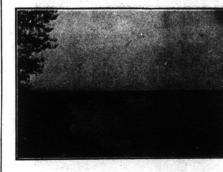
"Come on, Patrick, and take a drop of something.

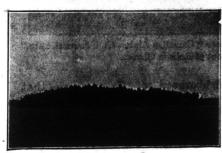
"I have quit the dropping business, Mike," replied Pat. "I have seen so many good fellows when whisky had the drop on them. They took just a drop from the bottle, and they dropped into the gutter, and then dropped into the grave. No drinkseller can get a drop on me any more, and if you don't drop him, Mike, he will drop you."

Banish the Bar.

No one can surely in this day be found to defend or even excuse drunkenness. It is a form of intermittent insanity. It enfeebles the body and kills the mind; it turns the husband into a menace, the







Views of Lake George V.

bread-winner into a burden, the home into a hell. So far as the drink traffic is manufacturer of drunkards, it should be outlawed. Those who defend it for the moderate drinker would never think of apologising for it when it bestializes its victims. Now, the bar is the poorest possible arrangement for catering to the moderate drinker, and the most ingen-

ious device for "filling up" the drunkard.
Who would suffer if the bar were abolished? Certainly not the man who tells you that he must have a little ale with his dinner. The other sort of individual who needs a "night cap" to make him sleep never thinks of dressing and going out to the nearest bar for it. He keeps it far handier. The bar is the resort of the man who is ashamed to drink at home because his family know that he should never touch the stuff at

No man has a right to drink if it prevents him from fulfilling his obligation to his family. No such man can call himself "a moderate drinker." But, in any case, the man whose family dreads to see him with a glass of liquor in his hands, should be man enough to take this terror out of the minds of the people he has sworn to love and protect. shadow their lives with a great dread merely that he may satisfy a by no means noble appetite marks him as either callous or cowardly.

The bar is the place where a man drinks out of the sight of his family. When the European goes to his beer garden or his "cafe" he takes his family with him. He has no fear that he will get drunk, for he does not intend to swal-

low spirits or to indulge further than a mild thirst may tempt him.

What is the difference? One of the most obvious is the character of the drinking place. The Briton drinks in a bar where he has little comfort and procedily gots tipey. The German or the speedily gets tipsy. The German or the Latin sips his light drink slowly in a comfortable garden or hall with music to tempt him to stay and his family about him to keep his potations within limits. We are frankly of the opinion that it would be better if the German and Latin did not drink at all. But we are aware that the community is not a unit on this point.

The demand for the abolition of the bar should not arouse the antagonism of the defenders of the traffic as a respectable trade. The bar has more to do with making it disreputable than any other single detail. It is at the bar that men usually get drunk. It is from the bar that they are spilled out upon the streets in a state to arouse public resentment. The treating system finds its home in the bar-room. A man drinking in his own home does not take more than he wants simply through sociability. A community which has no bars is looked upon as a sober community, though it may have many cellars. This shows in what esteem ordinary people regard the bar. It is the danger sign of the drink traffic—the chief menace to sobriety.

The decent community as a whole

would support legislation to abolish the bar." There is no surer road to popularity for any political party. We can only account for the reluctance of practical politicians to take it up by credit-ing it to some mysterious influence which paralyses their usually astute judgments. Politicians are by no means safe guides to the popularity of real fighting issues. They prefer to be "carried to the skies on flowery beds of ease." They like "safe" questions which can antagonise no one.

We do not believe that there is a

rural constituency in Canada which could not be swept by the cry "Banish the Bar." Nothing but party feeling could save any candidate who opposed this policy. Party feeling will do much, but, if it can delude parents into allowing a standing temptation to confront their growing boys, the punishment which will follow will no more than fit the crime. No man has a right to abdicate his sacred place on the throne of his own judgment in so vital a matter for the sake of a dozen parties. Barring partizanship, there is nothing in the rural communities to support the bar. The friends of the retail sale of liquor are always found in the cities.

But if we give the towns and cities to the men who support the bar, or are supported by it-we still have victory in our hands if the farmers will prove but true. They can vote this menace to young manhood, this machine for making drunkards, this foe of the family, out of existence.

A Question of Inflection.

The masculine and feminine genders of nouns and pronouns often prove a great difficulty with children.

A certain inspector, after eliciting from a class of London boys that the feminine of Jew was Jewess, of Master, Mistress, etc., proceeded to give some rather harder questions.

"What is the feminine of inspector?" he asked, pointing to a ragged little urchin in front.

"It ain't got none," said the lad, thinking, possibly, that the gentleman was laying a trap for him.

"Oh, yes, it has," said the inspector; 'lady inspectors are plentiful enough. For instance, I dare say you know there is a lady who inspects the laundry work in the girls' department of this school. Now, what do you call her?"

"Why," answered the lad, "a washerwoman, of course!'

Had Severe Pains In Back.

Felt As If It Must Break.

Mr. Alfred E. Davis, Gorrie, Ont., writes:—"For some years I suffered from severe pains in my back, and could hardly work at all, and when I stooped down to pick up anything felt as if my back must break. I was advised to try Doan's Kidney Pills and after taking two boxes was entirely cured, and I feel that I cannot speak too highly in their favor.

"This was nearly four years ago and I still remain cured.

For Backache, Lame Back, Weak Back, there is no remedy equal to Doan's Kidney Pills for taking out the stitches, twitches and twinges, limbering up the stiff back and giving perfect

Doan's Kidney Pills are 50 cents per box or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.
In ordering direct specify "Doan's."

SKIN SUFFERER SAYS "IF I HAD ONLY KNOWN"

"If I had only known how quickly Eczema can be cured, what long years of awful suffering it would have saved me," writes F. A. Will, of 2506 Washington Street, San Francisco.

This, after 40 years of suffering and after using less than one bottle of the Oil of Wintergreen-Thymol D. D. D. Prescription.

Try at least a trial bottle. Write for it today to the D. D. D. Laboratories, Dept. M., 49 Colborne St., Toronto. To our certain knowledge, D. D. D. Prescription always gives instant relief—absolute relief inside of ten seconds! For sale by all druggists.

This Home-Made Cough Syrup will Surprise You

Stops Even Whooping Cough Quickly. A Family Supply at Small Cost

Here is a home-made remedy that takes hold of cough instantly and will usually cure the most stubborn case in 24 hours. This recipe makes sixteen ounces-a family supply. You couldn't buy as much or as good ready-made cough syrup for

Mix two cups of granulated sugar with one cup of warm water, and stir 2 minutes. Put 21 ounces of Pinex (fifty cents' worth) in a sixteen ounce bottle, and add the Sugar Syrup. This keeps perfectly and has a pleasant taste—children like it. Braces up the appetite and is slightly laxative, which helps end a cough.

You probably know the medical value of pine in treating asthma, bronchitis, and other throat troubles, sore lungs, etc. There is nothing better Pinex is the most valuable concentrated compound of Norway white pine extract, rich in guiaicol and all the natural healing pine elements. Other prep arations will not work in this formula.

The prompt results from this inexpensive remeas have made friends for it in thousands of homes in the United States and Canada, which explains way the plan has been imitated often, but never suc

A guarantee of absolute satisfaction, or mone promptly refunded, goes with this recipe. Your, druggist has Pinex or will get it for you If no send to The Pinex Co., Toronto. Ont.

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50 for \$3.00 100 for \$7.50 Cash with order. Satisfaction or money back.
Reference: Traders Bank.

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