



PART FIRST.

EDUCATION OF THE PERCEPTIVE POWERS.

CHAPTER I.

PSYCHOLOGY, APPLIED PSYCHOLOGY, EDUCATION, TEACHING.

Know Self.—Psychology is the science of self (*psycho* + *logy* = soul + science). But each self is a type of the race and stands for humanity. When one understands himself, he is prepared to understand others. The teacher must know self in order to understand the child. Self-knowledge is not only the shortest way to child-knowledge, but it is the only way. This knowledge underlies and makes possible the science of education.

Educate Self.—Education is the science of self-development (*e*, out + *ducere*, to lead). Self-effort made in accordance with law educates. Around this central truth are grouped the results of the educational thought and experience of the race. In the light of the ages the teacher *must* study his own self-growth, that he *may* understand and foster child-growth. This knowledge underlies and makes possible the Art of Teaching.

Guide Self-Effort.—Teaching is the art of promoting self-growth. Self-effort, under guidance, educates. Teaching is the art of stimulating and guiding self-effort. In the light of education as a science, the teacher