

Extracts from the Minutes of the Meeting of the Executive Council
of the Strathcona Trust Fund.

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Extention of duration
of Course for Grade

"B" certificate. (Chief of the General Staff). It was decided that the duration of the course for the Grade "B" Physical Training Certificate be extended from 30 hours to a minimum of 45 hours - instruction received at Normal Schools in Physiology, Anatomy & Hygiene to count towards this period where necessary.

Consideration will be given to special conditions existing in Nova Scotia where summer courses for teachers are conducted.

Change in
Grade "B"
Certificate.

The requirements for the Grade "B" certificate which at present are, ability to instruct in the exercises contained in the first twenty-four tables of the manual (exercises for children, age 7 to 9 years), were modified to read, ability to perform correctly and instruct in the exercises contained in the first eight tables of each section of the manual, and, in addition, ability to instruct in all steps and games contained in appendix "A".

Adoption of Syllabus
of Physical Training
1919.

It was decided that the present manual should be superseded by the Syllabus of Physical Training for Schools 1919, and the requirements for Grade "B" Certificate be, ability to perform correctly and instruct in -

General Activity Exercises:-

- Part I - Marching, running, jumping, etc.
- Part II - Games (organization).

Arrangement of Class:-

Lessons 1 - 6)	
Tables 1-10)	Children 7 to 8
" 11-20	" 8 to 9
" 21-25	" 9 to 10
" 31-35	" 10 to 11
" 41-45	" 11 to 12
" 51-55	" 12 to 13
" 61-65	" 13 to 14