excellent concert and tea at their headquarters. On 23rd September, a party of six men spent an enjoyable afternoon and evening at games, music, etc., followed by tea, at the house of a

neighbor.

On 24th September, 40 men formed part of a company of a thousand convalescent Canadian soldiers who were guests at an afternoon concert given in the large Albert Hall, London, by massed Canadian Bands, 250 performers, in aid of the Canadian Base Hospitals in France, and before an audience of several thousands of the general public. On 26th September an evening concert was given in our large Recreation Hall by a party of local ladies, assisted by some sailors from the Naval Division now in training near "Kingswood," and which comprised songs, piano and violin selections and conjuring en-

tertainment. On 30th September, during the afternoon, a number of our men attended the school sports of the well-known Dulwich College, by kind invitation by the Masters.

In one way or another, there is healthy amusement and recreation for all, which is the greatest help to a satisfactory convalescence, especially in the case of shell-shock and nerve cases, occupying their mind, and preventing them from brooding over past troubles.

On 23rd September, the Hon. Mr. Hearst, Premier of Ontario, and Lt.-Col. Pyne, Minister of Education, paid a visit to "Kingswood." They made a close inspection of the Wards, Recreation Rooms, Garden and Grounds, and expressed great appreciation and satisfaction with all the arrangements made for the care and comfort of our Canadian soldiers.

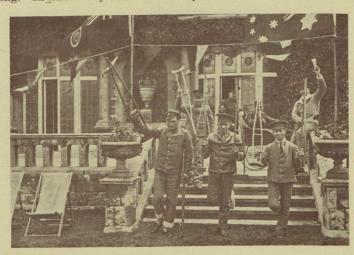
A Visit to the Houses of Parliament

-Reported by Nurse Powell-

The outcome of our visit to the Maple Leaf Club on July 26th, was an invitation from Mrs. Buckland, a London friend, to come with a party of ten men and see through the Houses of Parliament. Accordingly we set forth on Wednesday, August 1st, at one o'clock, every man in a fresh suit of "blues" and bright red ties, and the Sister in uniform. The ride into town on the top of the 'bus was thoroughly enjoyed, and we arrived at St. Stephen's entrance to the Houses of Parliament, where we were met by Mrs. Buckland at 2.15 p.m. It was important that we get into the House of Commons before the afternoon session or sitting. In 'these days it is necessary to have a

Member of the House to escort you there, and we were fortunate indeed in meeting Mr. G. N. Barnes, a Privy Councillor, and being taken by him all over the buildings.

First he took us from the Outer Lobby through the Members' Lobby (explaining that no one could enter there unless with a Member) into the House of Commons. It is a dignified, business-like looking apartment, with seating capacity for not more than half its Members; he pointed out the Speaker's Chair and different galleries, seats of some of the noted leaders, and told us interesting stories about the customs and procedure in both Houses of Peers and Commons.



From the Commons, through writing and sitting rooms into the fine old Library, where the rows and rows of books reach almost from floor to ceiling, almost, but not quite, for above, in gilt letters on the wooden paneling, are the names of all the Speakers from the first one up to the present Government. Here, too, we met Mr. Will Crooks, the labor leader, with his big, sonorous voice, and short but portly figurewithal a rather overawing However, his genial manner soon expelled any such feeling as he walked round the room showing us the interesting things; one in particular was the exhibit