THE BABY'S DIGESTION

Is the source of most of its troubles. A little baby is mainly a small machine for the transformation of food into flesh. If the food is of the right sort there is usually no trouble. A doctor's chief concern is in getting a palatable food that will digest easily. Its easy to get if you start right. Start with

RIDGE'S FOOD

It is a complete diet in itself. It does not depend on milk to make it nutritious. It has to be prepared, but the results are always good. It has no effect on the bowels—neither laxative nor astringent. It is merely a food, but it is the best food. It digests easily, is readily assimilable and makes sound, healthy flesh. If you are not familiar with it we will be glad to send you a sample can with some literature.

WOOLRICH & CO., Palmer, Mass.

Elliott Illustrating Co.

Satisfaction Guaranteed.
25 Years' Experience.

PHOTOGRAPHERS, PHOTO-ENGRAVERS, DESIGNERS, WOOD-ENGRAVERS, ETC.

If you require anything in our line write for prices and suggestions, which will be cheerfully given. Best methods. Low Prices.

Illustrations of all kindsfor advertising purposes.

31 KING STREET EAST, - - - TORONTO.





CHRISTY Anatomical

SAUUL

Shows pelvis as it osts on Ordinary Saddle.

Shows pelvis as it The only saddle that rests on Christy Saddle. Price, \$5.

Endorsed by Everyone. Free to Physicians. Our booklet on the saddle question. A complete treatise from the standpoint of the cyclist and physician.

A. G. SPALDING & BROS.

NEW YORK. PHILADELPHIA. CHICAGO.

Largest manufacturers in the world of Bicycles, Bicycle

Sundries and Bicycle Clothing.

The Bennett & Wright Co.,

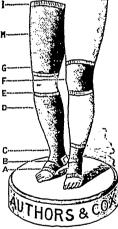
CONTRACTORS FOR

Steam and Hot Water

Sanitary Plumbing Heating

GAS AND ELECTRIC FIXTURES.

72 Queen St. East, - TORONTO.



IF ON THE_ FIRST APPEARANCE of troublein either the spine, hip or knee joint, or any trouble that can be treated with surgical appliances, the patient were advised to apply to a firm with experience and a reputation for fair, square dealing, it would

be a lasting benefit to the patient, and add to the doctor's success. We have 35 years' experience as manufacturers of surgical appliances, artificial limbs, trusses, etc. Elastic stockings made toorder. Crutches, etc.

AUTHORS & COX,

135 Church Street - - TORONTO.