Caution in Sailing. ADVICE AS TO THE PROPER MANAGEMEN

You have had an agreeable fair-weather sail. But suppose the weather is a little that a greater number of deaths are cause stormy, or the breeze fickle and squally.

Then you must sail under reefs. You have noticed those rows of little cords sewed to the sail at intervals parallel with the boom.

The sail at intervals parallel with the boom. reduce canvass. Never fasten them around the boom; that's a landlubber's way, and provokes mirth among sailors and yachtsmen; but tie them under the lower edge of the sail. You will also perceive a rope fastened at the outer edge of the sail and leading through the end of the boom. This land the sail and leading through the end of the boom. This war that the sail and leading through the end of the boom. The former

is the reef-pennant.

Now then, to reef your boat for a hard blow, first set the sail at the proper height, tie the reef-pennant, and then set up the halyards. The easiest way to reef a boat is when at anchor or fast to a mooring; but you will often have to put in a reef under less favorable circumstances. In that case, slack down the peak-halyard and lower the throat-halyard until the sail is where you want it; then reef as before, and be lively about it, too, or you may get into trouble. Reefing a small yacht in squally weather is dangerous at all times, and a man alone in a boatfinds it allithat he can do. Make it a point to know how to and a man alone in a boatifinds it allithat he can do. Make it a point to know how to take a reef before you venture out far upon food through the intestinal canal is effected s pretty, but it is safe.

with you in bad weather, and generally, if you are taking out a party of that kind, keep your boat under reefed canvas. Then, if emergency arises, your sacred trust is safe; for remember that a capsize with ladies and children means almost certain look round at its flanks, paw violently, death to some, perhaps to all. It is wise to have a small row-boat in tow on such occasions, for it is worth more than a hundred life-preservers. While sailing a yacht lie, or rather fall down, and balance him keep your attention strictly upon your business. A sailor must have eyes all around his head, and be ready for anything that may happen. A moment of inattential town, and oatance minself upon his back, with his feet resting on his belly. The pain now seems to cease for a little while, and he gets up and shakes that may happen. A moment of inattential down, and oatance minself upon his back, with his feet resting on his belly. The pain now seems to cease for a little while, and he gets up and shakes thin self and begins to feed. The respite, tion may result in much trouble and turn however, is but short, the spasm retu your pleasuring into a time of terror. Keep more violently, every indication of pain is a cool head at all times and never lose your increased, he heaves at the flanks, breaks nerve, and you are not likely to meet with out into a profuse perspiration, and throws anything really formidable.

trunk. Never go out in a yacht which is tangible. mot well ballasted, provided with a good anchor and cable, and free from leaks.

Most boats leak a little, but a boat that is half full of water every day is sure to be old, rotten and unseaworthy. See to it that the yacht has a pump, and that the pump is in order. Any boy can determine these matters for himself, if he will be observant and cautious. You must always remember that almost any waterman will rent you a boat, no matter how bad she may be; for the waterman cares more for your money than for you. There are exceptions, but they are few. In selecting a cat-yacht, try to select one that is roomy and wide, and avoid boats with very large sails. These latter go fast, but they also capsize quickly. A race-boat is one thing,

"Among the causes useful to point out the leading distinction, between them, which are as follows:

COLIC.

INFLAMMATION OF THE BOWELS.

Gradual in its approach, with previous undeations of fever. Pulse very much quickened in the early undeating the intervals of ease, but evidently fuller. Legs and ears of the natural temperature. Belly every much quickened in the early undeathy to detail the arm of the search of the cause of the many that the pump is in order. Any boy can determine these matters for himself, if he will be observant and cautious. You must always remember that almost any waterman will rent you a boat, no matter how bad she may be; for the waterman cares more for your money than for you. There are exceptions, but they are so follows:

"Audden in its attack.

Pulse rarely much quickened in the early undeating the intervals of ease, but evidently fuller.

Legs and ears of the leading distinction, between them, which are as follows:

"Gradual in its approach, with previous fuldenties, and often searcely to be falt.

Eags and ears of the leading distinction, between them, which are as follows:

"Gradual in its approach, with previous fuldenties, and often searcely to be falt.

Eags and ears of the natural temperature.

Steps of a control of the dearly much quickened in the early and often searcely to be falt.

Eags and ears of the natural temperature.

Steps of each of the early much quickened in th

"Addition to the friends of Old England, subtraction to her wants, multiplication to her blessings, division among her foes, and reduction of her debts and taxes." That needs some beating; but there is a neatness in another toast which makes it worthy of a foremost place among examples of after-dinner wit and wisdom. The sentiment thus expressed was: "The Press, Mix and give in a pint of warm ale." ment thus expressed was: "The Press, the Pulpit, and the Petticoat—the three ruling powers of the day. The first spreads knowledge, the second morals, and the third considerably." Alphonse Karr was present at a banquet of medical men, present at a banquet of medical men,

#### Agricultural.

Colic is one of the most fatal diseases tha afflicts the equine family, and it is often very swift in its course. It is believe

Those are the reef-points, and are used to that can be applied. The attacks are Those are the rest-points, and are used to tie the sail down when it is necessary to reduce canvass. Never fasten them around cases so swiftly, that those remote from 'outhaul," or stretch, the sail, and years are Almont and Alcyone. The form

the water; for the task of reefing requires by alternate contraction and relaxation of both a practiced hand and a steady nerve.

Should you be caught by bad weather in that action is simply increased through the such a fix that you cannot safely take a reef at once, lower the peak of the sail. This will reduce the canvas, and still leave your boat manageable. It does not look liable to irregular and spasmodic action, and the muscular coat of some portion of And now a few words of caution, and you the intestines may be thus affected. need not be ashamed to heed them, for old "The spasm may be confined to a very

yachtsmen do just what I am about to advise you to do. It is only the foolhardy found, after death, strangely contracted in greenhorn sailor who "takes chances" with various places, but contraction not exceeda yacht. In squally weather never fasten ing five or six inches in any of them. In the sheet; always reef before you start, the horse the ileum is the seat of this disand if the wind is very strong take two ease. It is of much importance to distinreefs. It is easy to "shake them out," but hard to put them in; so reef before you cast off. Never take ladies and children

himself more recklessly about. Of course, I assume that you will have "In the space of an hour or two either to hire your boat, so a word upon this subject may be timely. At every water-side sions are of longer duration, or the torresort there are boats to let, and many of ture is augmented at every paroxysm; the resort there are boats to let, and many of them are unseaworthy. Before you hire a sail-boat, examine her carefully; see that her rigging is not rotten, that every rope runs freely in its pulleys, that her rudder

half full of water every day is sure to be may, therefore, be useful to point out the

motion.

The sails. These latter go fast, but they also capsize quickly. A race-boat is one thing, a pleasure boat quite another. Yachts with huge rigs are not safe, excepting in the hands of experts, and none too safe even, when well handled. When you have developed into a firstrate, all round yachting man, a racing boat will be a very good thing to have, but don't hire one for practice or pleasure sailing. If you can find no boat excepting one with a big rig, put a reef in her sail, and she will then have all the canvass she neds for good speed, safety and comfort.—From "How to Sail a Boot," by F. W. Pangborn, in St. Nicholas for July.

—A schoolmaster, being called on to give a toast, produced this sentiment: "Addition to the friends of Old England, subtraction to her wants, multiplication to colon are affected."

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—A schoolmaster, being called on to give a toast, produced this sentiment: "Addition to the friends of Old England, subtracti

shird considerably. Alphonse Karr was present at a banquet of medical men, where tosats were drunk of certain edical men, where tosats were drunk of certain edical men, the control of th



### '90 yarmouth s.s. co.'90 (LIMITED.)

The Shortest and Most Direct
Route between Nova Scotia
and the United States. The Quickest Time. Only 17 hour between Yarmouth and Boston.

THE FAST STEEL STEAMER was turned out to exercise in his paddock YARMOUTH.

kill, Station Agent, Bridgetown, or to
W. A. CHASE, L. E. BAKER,



WILL CURE OR RELIEVE

And every species of disease arising from disordered LIVER, KIDNEYS, STOMACH, BOWELS OR BLOOD. T. MILBURN & CO., Proprietors,

# The Schooner Temple Bar

J. H. LONGMIRE, Master,

## ADMINISTRATOR'S NOTICE.

debted to said estate are required to make immediate payment to BENJ. K. DODGE, Administrator.
Belleisle, May 9th, 1890. 7 3m

Torbrook, Nov. 12th, '89.

Administrator's Notice.

EXECUTORS' NOTICE.

A LL persons having legal demands against the estate of JOSEPH FADER, late of Gates Mountain, in the County of Annapolis, deceased, are hereby required to render the same, duly attested, within six months from this date, and all persons indebted to said estate are required to make immediate payment to



KENDALL'S A. H. GILBERT, Manager Troy Laundry Stable KENDALL'S SPAVIN CURE

KENDALL'S SPAVIN GURE

### SOLD BY ALL DRUGGISTS. PUBLIC AUCTION.

EDWARD BAUCHMAN JAMES WILLIAM McCORMICK.

To be sold at Public Auction in front of the Court House in Annapolis on Saturday, the 30th Day

DIZZINESS, DROPSY, FLUTTERING OF THE HEART, ACIDITY OF THE STOMACH, DRYNESS OF THE SKIN, under and by virtue of an assignment made by the said James W. McCormick, the defendant in the above cause, to the said Edward Bauchman, the plaintiff in the above cause, under the provisions of Chapter 118 of the Revised Statutes of Nova Scotia, 5th series, entitled "Of the Relief of Indigent Debtors," and which said assignment bears date, the 14th day of August, A.D., 1889. All the right, title and interest which the said James William McCormick had at the date of the recording of said judgment, on the 30th day of July, A.D., 1889, and also all the right, title, and interest which the said James William McCormick, had on the day of the date of McCormick, had on the day of the date of said Assignment, of, in, to and out of all those

LAND situate, lying and being in Clements, in the County of Annapolis, bounded and described as follows:
First—That certain tract of land commence

First—That certain tract of land commencing on the western corner of land now owned by Josiah Ruggles, at the Annapolis River, thence running south six degrees, east on the corner of the present lines to the Waldedraud, thence along said road westerly seventeen rode and one-half of a rod, thence north six degrees west, or the course of the present lines to the Waldedraud, thence along said road westerly seventeen rode and one-half of a rod, thence north six degrees west, or the course of the present lines to the river aforesaid, thence casterly along said river to the place of beginning, containing eighty acres more or less.

SECOND,—Also one other pieze or parcel fland commencing of the degree. westerly keeping the width of eight rods until it comes at right angles with the first-mentioned starting point, thence easterly to place of beginning, containing thirty acres more or less.

THIRD,—Also one other piece or parcel of

THIRD,—Also one other piece or parcel of Edward Bauchman, on the northern side of the hate ARTHUR RUM-SEY, of Torbrook, in the County of Annapolitis, deceased, are hereby requested to render their accounts, duly attested to, within six one-half roots to the place of beginning, constitutions that details and all necessary to the highway two and one-half roots to the place of beginning, constitutions that details are all all necessary at a line one quarter of an acre more or less, months from the date hereot; and all persons indebted to the said estate are requested to make immediate payment to.

\*\*SARAH EMMA RUMSEY, FLETCHER WHEELOCK, FLETCHER WHEELOCK, The representations of Edgard Saughpura also reserving the same of Edgard Saughpura also reserved. thereund belonging, always excepting and reserving the smeke-house at the shore and the free right of way thereto during the life. It time of Edward Bauchman, also reserving the lot of land sold to the trustees of Acadia Hall.

For particulars apply to J. M. (ween. Bar-For particulars apply to J. M. Owen, Bar-rister, Annapolis.
TERMS:—10 per cent. at time of sale, re-

mainder on delivery of deed in tender thereof. EDWIN GATES, Auctioneer. Dated, Annapolis, July 2nd, 1890.



EXECUTORS Notice.

A LL persons having legal demands against the estate of DAVID C. LANDERS, late of Nictaux, Annapolis co., deceased, are hereby requested to reach their accounts duly attested to, within six months from the date hereof, and alpersons indebted to the saje destate are requested to make immediate payment to D. W. LANDERS, L. E. LANDERS, L. E. LANDERS, Executors.

Nictaux, July 21st.

EXHAUSTED VITALITY.

THE SCIENCE OF LIFE, the great medical work of the age on Manhood, Nervous and Physical Debility, Premature Decline, Errors of Youth, and the untoid miseries consequent thereon, 300 pages, 8 vo., 125 prescriptions for all diseases. Cloth, full git and the control of the saje control of the saje of the age on Manhood, Nervous and Physical Debility, Premature Decline, 125 prescriptions for all diseases. Cloth, full git and the control of the saje casta are requested to make immediate payment to D. W. LANDERS, L. E. LANDERS, Executors.

Nictaux, July 21st.

Administrator's Notice.

P. L. SLEEP, BOOT AND SHOEMAKER,

TOR SALE!

and Boston.

Trains of the Provincial and New England
All Rail Line leave St. John for Bangor,
Portland and Boston at 6.15 a. m., and 8.45
p. m., daily, except Saturday evening and
Sunday morning.

Through Tickets by the various routes on
sale at all Stations.

Apply at this office, M. K. PIPER. Bridgetown, April 23rd, 1890. CARD. W.M.FORSYTH STIPENDIARY MAGISTRATE, DISTRICT NO.2 LOCKETT'S BUILDING, BRIDGETOWN.

Office hours, from 2 to 5 p. m. April 2nd, 84: 51tf To Cure DYSPEPSIA



TIME TABLE No. 2. COMMENCING MONDAY, JUNE 9th, 1890 LUNENBURG to MIDDLETON.

ssful Remedy ever discov-	Miles	STATIONS.	<b>B.</b> BB	Į
SPAVIN GURE.  SPAVIN GURE.  OP CHARLES A. SNYDER, BREEDER OF CHARLES A. SNYDER, AND THOTTING BRED HORSES. EALWOOD, LLL, NOV. 29, 1886.  always purchased your Kemby the half dozen bottles, I larger quantity. I think if is sention early. I have used it off years. CHAR. A. SNYDER.	0 7 9 18 25 29 34 41 45 52 62 64 68	Lunenburg, depart Mahone  \$Blockhouse Bridgewater, arrive Bridgewater, depart, Northileld live date New Germany \$Cherryfield Springfield \$Dalhousie Albany Alpena \$Cleveland	7 00 7 22 7 55 8 10 8 45 9 00 9 33 10 24 10 30	
SPAVIN CURE.	70 74	Nictaux Middleton, arrive	10 48 11 00	Service Contraction of

Miles	STATIONS.	2	4
		P.M.	A.M
0	Middleton, depart	2 30	
4	Nictaux	2 42	
6	&Cleveland		
10	Alpena	3 00	
12	Albany	3 06	
22	\$Dalhousie	0 00	
29	Chairmed 11	0.77	
	Springfield	3 57	
33	\$Cherryfield	****	***
40	New Germany	4 30	
45	Riversdale	4 45	AAA
-45		****	
56	Bridgewater, arrive	5 20	
	Bridgewater, depart	5 35	63
65	§Blockhouse		
67	Mahone	6 08	6.5
74	Lunenburg, arrive	6 30	7 1

d making close connections ains of I. C. R. at Windsor June

Halifax, and making close connections with Express Trains of I. C. R. at Windsor Junction and Halifax.

Steamer "Evangeline" makes daily connection each way between Annapolis and Digby, connecting with Western Counties Railway at Digby for Yarmouth.

Steamer "City of Monticello" leaves St. John for Annapolis every day except Wednesday, returning leaves Annapolis same days for St. John connecting with All Rail Line for Stangor, Portland, Boston, and all points West. Steamer "Yarmouth "leaves Yarmouth for Boston on arrival of trains every Wednesday and Saturday evenings.

Steamer "New Brunswick" leaves Annapolis every Tuesday and Friday for Boston direct. Steamers of International S. So. Co. leave St. John every Monday, Wednesday and Friday for Boston via Eastport and Portland.

Steamer "Bridgewater and one from Lunenburg from Bridgewater and one from Lunenburg from Bridgewater and one from Lunenburg

"Bridgewater" makes two trip twater and one from Lunenburg each week. Stage Line for Liverpool connects at Bridgewater ations. GEO. W. BEDFORD, General Manager Bridgewater, June 5th, 1890. 49

Windsor & Annapolis Raiw' Time Table.

	Miles.	GOING WEST.	Express Daily.	Accommodation Daily.	Express Daily.
	0	Halifax-depart	6 50		3 15
1	1	Richmond		7 05	3 18
3	4	Rockingham	7 00	7 25	3 26
	9	Bedford	7 10	7 42	3 39
3	12	Rocky Lake		*	
	14	Windsor Junction-ar.	7 30	8 00	3 55
3	200	Windsor Junction-dp.	50.9%	8 40	4 00
1	17	Beaver Bank	*7 37	8 50	4 15
	27	Mount Uniacke-ar Mount Uniacke-dp	8 05	9 25	4 45
	34	Stillwater			
1	37	Ellershouse	8 29	10.00	5 10
1	40	Newport Three Mile Plains	8 37	10 15	5 20
1	43	Three Mile Plains	00,	*	0 20
1	46	Windsor-ar	8 50	10 35	5 35
1	40	Windsor-dp	8 52	11 00	5 40
3	48	Windsor-ar. Windsor-dp. Falmouth	*8 59	*11 10	*5 47
1	. 50	Shaw's Bog Siding			
1	51	Mount Denison		*	*
1	53	Hantsport	9 14	11 32	6 03
1	58 60	Avonport	*9 27	*11 50	*6 18
4	61	Grand Pre	9 36	12 00 12 10	6 27
1	61	Wolfville		12 25	6 38
1	66	Port Williams	0.59		6 45
1	0.00	KENTVILLE—ar. KENTVILLE—dp Coldbrook	10.05	1 00	
1	71	KENTVILLE-dp.	10 20	1 40	7 00
1	76	Coldbrook	†10 30	*1 55	
	78	Cambridge	†10 35	12 05	
1	. 80	Cambridge Waterville	10 40	2 15	
1	83	Berwick Aylesford—ar. Aylesford—dp. Auburn	10 47	2 30	
1	88	Aylesford-ar	11.00	2 45	
3	59230	Aylesford-dp		2 55	
1	90	Auburn	1	13 05	
1	95 98	Kingston Wilmot	11 10	3 20	
	S.C.	Middleton-ar		3 35	
3	102	Middleton-dp	11 32	4 00	
	108	Lawrencetown	11 47	4 25	
j	111	Paradise	+11 55	4 40	
j	116	Bridgetown	12 98	5 05	
j	120	Tupperville	t	t	
	124	Tupperville	12 27	5 30	
i	130	ANNAPOLIS arrivo	19 45	6.00	

GOING EAST. 1 10 6 00 1 28 6 30

criday p.m. Steamer "Yarmouth" leaves Yarm every Wednesday and Saturday evening land" leave St. John every Monday, Wedne day and Friday, a.m., for Eastport, Portla and Boston.

W. R. CAMPBELL, General Manager and Secretary K. SUTHERLAND. Resident Manager. Kentville, June 5th, 1890.

A COOK BOOK FREE

By mail to any lady sending us her post office address. Wells, Richardson & Co., Montreal. And INDIGESTION.

Confederation Life

Head Office - - Toronto,

of Pure Cod

of Lime and

Liver Oil and

MIDDLETON to LUNENBURG.

les	STATIONS.	2	4
		P.M.	A.M.
0	Middleton, depart	2 30	****
4	Nictaux	2 42	
6	&Cleveland		
0	Alpena	3 00	
2	Albany	3 06	
	\$Dalhousie	0 00	
9	Spainousie	0.77	
3	Springfield	3 57	
	\$Cherryfield	****	****
0	New Germany	4 30	
5	Riversdale	4 45	
9	Northfield.	4	
8	Bridgewater, arrive	5 20	
For a	Bridgewater, depart	5 35	6 30
5	§Blockhouse	0 00	0 00
7	Mahone	6 08	6 58
4			
400	Lunenburg, arrive	6 30	7 15

	angacino mondai,	JUNE	oui,	1000.	or Lime and
Miles.	GOING WEST.	Express Daily.	Accommodation Daily.	Express Daily.	Scott's Emulsion is a perfect is a wonderful Flesh Producer. It is the Best Remedy for CONSUMPTION, Scrofula, Bronchitis, Wasting Dis-
1 4 9	Halifax—depart	7 00 7 10	7 05 7 25 7 42	3 39	eases, Chronic Coughs and Colds.  PALATABLE AS MILK.  Soott's Emulsion is only put up in salmon color wrapper. Avoid all imitations or substitutions.  Sold by all Druggists at 50c. and \$1.00.  SCOTT & BOWNE. Belleville.
	Windsor Junction—dp. Beaver Bank		8 40	4 00	SCOTT & BOWNE, Belleville.
37 40	Mount Uniacke—ar Mount Uniacke—dp Stillwater Ellershouse Newport Three Mile Plains	8 29 8 37	10 00	4 45 5 10 5 20	FRANK E. VIDITO,
46 48 50	Windsor—ar Windsor—dp Falmouth Shaw's Bog Siding	8 52	10 35 11 00 *11 10		FRESH AND SALTED BEEF, LAMB, PORK, BACON AND VEGETABLES.
53 58 60	Horton Landing Grand Pre	*9 27		6 03 *6 18 *6 24 6 27 6 38	THE subscriber has lately established business in the premises known as the PAYSON PROPERTY, first door east of the
66 71 76	Port Williams KENTVILLE—ar KENTVILLE—dp Coldbrook	9 52 10 05 10 20 110 30	12 40 1 00 1 40 *1 55	6 45 7 00	Post Office, where he intends to conduct the Meat and Provision Business in the best style, and so as to meet the requirements of the trade in all particulars. By strict attention
80	Cambridge Waterville Berwick Aylesford—ar, Avlesford—dp.	10 40	2 15 2 30		and by dressing the best of stock, he hopes to receive a liberal patronage.  My team will run to Bound Hill

Livery Stable opposite Rink. W. C. BATH. H. S. BATH. fishy, but the moral it illustrates is a sound hostilitie one.

CALL AND SEE THE GRAND ASSORTMENT OF Wall Papers,
With Borderings to Match.

Central Book Store. SPRING ROLLER BLINDS ALSO ON HAND.

B. J. ELDERKIN. Central Book Sto DEARBORN & COS Absolutely Dure SPICES CHARTAR

(Best is Cheanest) Askyour Grocer for them SEASON OF '89-'90

every package.

aral public that he has now on hand at the late store of BALCOM & NIXON, a fine line of GENERAL MERCHANDISE. when will women learn for themselves and their daughters common sense?

When will women learn for themselves and their daughters common sense?

The daughters common sense?

Party Politics.

Party Politics and the will offer them in exchange for goods, and the very highest market price always allowed.

SAMUEL NIXON.

Nictaux Falls, Nov. 12th, 1889.

Or Money Refunded.

When will women learn for themselves and their daughters common sense?

Party Politics.

When party Politics run high bad feeling and bad blood are often caused, but all parties agree that when bad blood arises from ordinary causes the only satisfactory cure is Burdook Blood Bitters, nature's blood purifier. Recommended by the medical profession.

—Hotel Guest—Now you are sure this bed is quite clean? Bell Boy—Yes, sir; the sheets were only washed this morning.

Just feel 'em; they ain't dry yet. in Dry Goods, Groceries, Ready-made Cloth-ing, Boots and Shoes, Crockeryware, Hard-ware, etc., and that he will offer them in

The Kousehold.

How to Cool a Cellar.

A great mistake is sometimes made object of ventilation is to keep the cellars cool and dry, but this object often fails of being accomplished by a common mistake, and instead the cellar is made both warm and damp. A cool place should never be ventilated, unless the air admitted is cooler than the air within, or is at least as cool as hat or a very little warmer. The warmer January 1st, 1890.

Assets, - \$2,894,502.41

Liabilities, - 2,664,253.75

Surplus, - \$230,248.66

New Assurance, \$2,369,500

Total "17,711,404

Premium Income, 561,293

Total "721,973

The more this moisture is condensed and precipitated. When a cool cellar is aired on a warm day, the entering air being in motion appears cool, but as it fills the cellar is the cooler air with which it becomes mixed the small matter of ninety-five dollars stand between me and a mule trade. The mule's yourn."

Another story, somewhat of the same sort, is related of an old tenant farmer who, on paying his rent, told his landlord that he wanted some timer.

The rider stopped short, as if in mexicon went, and then slowly dismounted.

"Stranger, said the the collar stand between me and a mule trade. The wind, who would give him permission to cut down who would give him permission to cut down what would answer for the purpose. the more this moisture is condensed and condensed he and before corise in the morning, and kept closed and shaded through the day. If the air of the cellar is damp, it

RESULTS OF BUSINESS OF 1889.

RESULTS OF BUSINESS OF 1889.

Increase in Assurance ... \$948,467

" Assets ... 341,140

" Premiums ... 51,190

" Surplus ... 51,664

Surplus Earned, - \$115,689

Rates Low,

Profits Unequalled.

F. W. GREEN,

Manager for Maritime Provinces,

166 HOLLIS STREET, HALIFAX,

July 8th, 1890.

SCOTTI'S

SCOTTI'S

SCOTTI'S

The second of the cellar is damp, it may be thoroughly dried by placing in it a peck of fresh lime in an open box. A peck of lime will absorb about seven pounds, or more than three quarts of water, and in this way a cellar-or milk-room may be soon dried, even in the hottest weather.

Directions for Fruit Canning.

A correspondent to the Montread Witness says:—"Inoticed a letter from "Dorothy" asking for information about canning fruit, etc. I think it will do no harm and perhaps a little good if I tell my way of doing such things. I always have good success and have never lost a jar of fruit. For plums, currants, crab apples, cherries, strawberries and gooseberries I use a half pound of sugar to a pound of fruit, but for sweeter fruit, such as peaches, pears, rasp berries, blueberries and apricots, I use only a quarter of a pound of sugar. After the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit is clean and ready for use (1 take the fruit) is clean and ready for use (1 take the fruit) is clean and ready for use (1 take the fruit) is clean and ready serving kettle, add a cupful of warm water, let it stand on the stove where it will be hot but not burn. When the sugar is a hot syrup put in the fruit and boil twenty-five minutes. Be careful in stirring so as not to break the fruit. Have the jars hot and ready to put the fruit in as soon as done. I wash the jars out clean, then put in a little hotwater so that they are hot when needed. Be sure to turn out all the water be fore putting in the preserves. When full, put on the cover and screw down tightly, and when cold turn them again for the covers will be loose when the fruit gets cold, and anything will keep if air tight. I usually use the "gem" jar. There is a kind I like much better but have not been able to get them here. They are made in the States and have the cover and gim all.

A TENDER ASSOCIATION.—Dr. Jeter,

ANK E. VIDITO,

The States and have the cover and rim all-together and are much handier to use. It think if "Dorothy" will try my way she will have good success."

I AND SALTED BEEF, LAMB, K, BACON AND VEGETABLES.

In summer certainly, and we believe at all times in the year, the sleeping-room should have at least one open window to afford ventilation. The oppression and languor that so many feel in the morning together.

A TENDER, Association.—Dr. Jeter, when he became worked up in preaching and was the most eloquent, had a habit of putting a whine into his voice which as nearly resembled tears in the voice as possible. Once when the tears were especially strong during a sermon the good old doctor noticed a lady weeping in the audience. As soon as the services were over he, has the what part of the divine service touched her to tears. able to get them here. They are made in

subscriber has lately established usiness in the premises known as the languor that so many feel in the morning languor that so many feel in the morning is more often due to vitiated air than to any other cause. Plenty of pure air is the all particulars. By strict attention dressing the best of stock, he hopes to all beral patronage.

My team will run to Round Hill anville weekly.

"Well, doctor, we had a mule, and it is made worse rather than better by being confined in the strength of the divine service touched her to team." "Twasn't that," said the lady.

"Have you had some deep affliction in losing family friends?" said the doctor.

Well, doctor, we had a mule, and it is breathed at night, and it is made worse rather than better by being confined in tightly closed rooms. If there is fear of the divine service touched her to team. Bath Brothers' Livery Stable,

Bath Brothers' Livery Stable,

Bridgetown, June 10th, 1890.

Brid dow may be kept slightly raised to admit air in even the coldest weather. A Toronto paper lately told how an entire family, long sick, had recovered because some one broke out a pane of glass in the sleeping-room, and the occupants of the house were not able to replace it. The story sounds rather fishy, but the moral it illustrates is a sound of the superior of the story sounds rather fishy, but the moral it illustrates is a sound of the superior of the supe

DARKNESS FOR THE SICK.—A more in jurious practice really could not be maintained than that of darkness in the sick room. It is not only that dirt and disorder are results of darkness, a great remedy is lost. Sunlight is the remedy lost, and the loss is momentous. Sunlight diffused through a room warms and clarifies the tween Bridgetown and St. John, N. B., about April irrst, calling at different places along the Annapolis River.

Freight handled with care and at the smallest living rates.

LIME ALWAYS ON HAND. Apply to Captain on board schooner, or to Capt. Hugh Fraser, Bridgetown, March 24th, 1890.

EALL AND SEE Happily the hospital ward, notwithstanding its many defects, and it has many, is so far favored that it is blessed with the light of the sun whenever the sun shines. In private practice the same remedy ought to be extended to the patients of the household, and the first words of the physician or surgeon, on entering the dark sick room, should be the dying words of Goethe, "More light, more light,"—Dr. B. W. Richardson.

-When I see, remarks an observer, on rainy days, young girls on their way to school, the long silken waterproofs wet and muddy nearly up to their knees, and the clinging drip of their cloth skirts about their ankles, I will say that if I had a daughter i would put her into clothes that would be two inches above her ankles. I would not let that girl sit in school in damp skirts. Why should the school boy have such an immense advantage over the school girl in his clothes for wet weather? Fancy our boys in wet draggled skirts and tightly-laced waists doing their lessons for a professor? When will women learn for themselves and

Joker's Corner.

"I'll give you five dollars," said the

Couldn't Place Him.

—Wife—"Clarence! I hear burglars trying to get in at the front door!"

Clarence (who has been out late)—"If they have as hard a time as I did an hour or two ago, I pity them."

"More light, more light!"—Dr. B. W.

Richardson.

—Women find a sea of trouble in their house-keeping. Some one says they often put as much worry and anxiety into a loaf of bread, a pie, a cake, into the weekly washing and ironing, as should suffice for much weightier matters. Sappose these things go wrong to-day, the to-morrows are coming in which to try again, and the thing is not worth clouding your own spirit and those around you, injuring your self and them physically—for the mind affects the body—and for such a trifle. When a thing is beyond repair, waste no useless regrets over it and do no idle fretting. Strive for that screnity of spirit that will enable you to make the best of things. That means contentment in its best sense.

—When I see, remarks an observer, on rainy days, young girls on their way to school. the long silken waterproofs wet and do should be the long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school the long silken waterproofs wet and content was to school. The long silken waterproofs wet and content was to school the long silken waterproofs wet and content was to school the long silken waterproofs wet and content was to school the content was to school. The content was to school the