

# THE DAILY MISERY OF ILL-HEALTH

Three Years of Suffering Quickly Relieved by "FRUIT-A-TIVES"



MR. GASPARD DUBORD

150 Avenue Plus IX, Montreal.

"For three years, I was a terrible sufferer from Dyspepsia and my general health was very bad. I consulted a physician and took his medicine and faithfully carried out his instructions; but I did not improve and finally the doctor told me I could not be cured."

"At this time, a friend advised me to try 'Fruit-a-tives' and I did so. After taking two boxes of 'Fruit-a-tives', I was greatly relieved; and gradually this marvelous fruit medicine made me completely well."

"My digestion and general health are splendid—all of which I owe to 'Fruit-a-tives'."

GASPARD DUBORD.

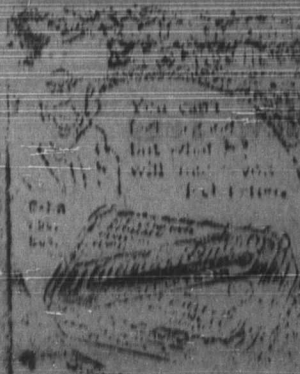
50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

## A Test of Education

A professor in the University of Chicago told his pupils that he should consider them educated, in the best sense of the word, when they could say "Yes" to every one of fourteen questions that he should put to them. It may interest you to read the questions. Here they are:

- Has your education given sympathy with all good causes and made you espouse them?
  - Has it made you public-spirited?
  - Has it made you a brother to the weak?
  - Have you learned how to make friends and keep them?
  - Do you know what it is to be a friend to yourself?
  - Can you look an honest man or pure woman straight in the eye?
  - Do you see anything to love in little children?
  - Will a lonely dog follow you in the street?
  - Can you be high-minded and happy in the meaner drudgeries of life?
  - Are you good for anything yourself? Can you be happy alone?
  - Do you look on the world and see anything except dollars and cents?
  - Can you look into a mud puddle by the wayside and see anything in the puddle of mud?
  - Can you look into the sky at night and see beyond the stars? Can your soul claim relationship with the Creator?
- "For of such is the kingdom of heaven."—Christian Advocate.

## Minard's Liniment Cures Dandruff



Sold by A. V. Rand.

## Economic Germany

(New York Herald)

The United States Trade Commissioner in London, Mr. Wilbur J. Page, contributes interesting information bearing upon the much discussed question, How far is Germany recovering its foreign trade and what competition from that source is the United States to expect?

There are certain advantages on the side of German exporters, such as the low purchasing power of the mark, which means that all costs in Germany itself are small compared with costs in England and the United States. Railway rates, wages and iron ore all are high in marks and low in real values. Encouraged by the low exchange, neutral countries are pouring in orders. On the other hand, German exports are severely hampered by the lack of raw materials and the shortage of coal. Also labor, according to a German commercial journal, is paid two or three times as much as before the war, in marks, and does about two-thirds as much work.

On the whole, it appears that Germany is not crippled economically to the extent reported and soon will be a live competitor in the markets of the world. In the meantime both Great Britain and the United States are looking for markets in Germany. Despite the low rate of exchange—or it may be in consequence of it—Germany is gradually recovering the ground she lost during the war.

## CASTORIA

For Infants and Children

Use For Over 30 Years

Always bears the Signature of



## Why Rural Press is a Power

The average man can live in a big city all his life and never see his name in the paper, but the farmer and the average man and woman in any small town will see their names in their local country newspaper at least ten times a year, and always connected with some worthy cause, some faithful service, something that brings joy all through life. The country newspaper is the "paper that spreads happiness and content."

Don't you always want to read about the ball game you saw the day before? If you witness a fire you read the details of that fire with double interest. If you hadn't seen the blaze perhaps you would not read the story at all. Why is this, asks the Belwin (Ia) Iowan. It is because the things you know about are the things you like to read about. That is why country newspapers have such a tremendous hold on their readers. They tell them about the comings and goings of their friends and neighbors, the people they know. Nothing on earth is as interesting to the farmers and people living in the town as the news of their babies, the marriage of their boys and girls, their social and church events, the illness and deaths among their friends. Year after year the country newspaper records the history of its com-

## How to Cure Biliousness

Doctors warn against remedies containing powerful drugs and alcohol. "The Extract of Sassafras" long known as "Mother's Friend" is a strong, pleasant, safe, and effective cure for biliousness and constipation. Can be had at any drug store. Get the genuine. 50c. and \$1.00 Bottles.



## Could Not Sleep

Mr. Earnest Clark, Police Officer, 338 King St., Kingston, Ont., writes:

"For three years I suffered from nervousness and sleeplessness. I believe my condition was brought about by overwork. I had frequent headaches, neuralgic pains and twitching of nerves and muscles. I had indigestion, was short of breath and easily tired. I commenced a treatment of Dr. Chase's Nerve Food, and seven boxes of this medicine cured me of all my symptoms. I am now feeling one hundred per cent. better than I was, and have to thank Dr. Chase's Nerve Food for the good health I am now enjoying."

Dr. Chase's Nerve Food, 50 cents a box, 6 for \$2.75, all dealers, or Edmanson, Bates & Co., Ltd., Toronto.



Community.

Is it any wonder the country newspaper is the most powerful advertising medium on earth. Just as its power is great in holding its reader's interest, so it is helpful in shaping thought and powerful as an advertising medium. It turns the printed word almost into the spoken word. No metropolitan daily, no magazine, no billboard, no farm journal—good as they all are—rings the bell with farmers and small town people as does their home newspaper. It is an integral part of the community that cannot be filled by any other medium.—Western Newspaper Union.

## Children Cry FOR FLETCHER'S CASTORIA

Passenger (after first night on board ship)—I say, where have all my clothes vanished to? Steward—Where did you put them last night? Passenger—I folded them up carefully and put them in that cupboard over there. Steward—I see no cupboard, sir. Passenger—Are you blind, man?

## Wolfville Garage

J. R. BLACK, Manager  
Skates Properly Sharpened  
Genuine Ford Parts, Full Line Accessories, Non-freeze Solution for Radiators  
Now is the time to have your car properly overhauled, don't wait for the Spring rush.  
GASOLINE, OIL & GREASES  
Storage batteries charged, repaired and stored by an expert.

## Boston and Yarmouth Steamship Co., Limited

YARMOUTH LINE  
TWO TRIP SERVICE - STEAMSHIP "NORTH LAND"  
From Yarmouth—Leaves Wednesdays and Saturdays at 9:30 p.m.  
From Boston—Leaves Tuesdays and Fridays at 1 p.m.  
WINTER SERVICE  
Change in Schedule Effective January 2, 1920  
FROM YARMOUTH LEAVE BOSTON  
Leave Tuesdays at 9:00 a.m. Leave Fridays at 1:00 p.m.  
J. R. KINN, Yarmouth, N. S.

I mean that one with the round glass door to it.

Steward—Lor' bless me, sir, that aint no cupboard; that's the port hole.

A bright little boy entered a business office, and, approaching a glum-looking man at one of the desks, began with an ingratiating smile.

"I'm selling thimbles to raise enough money to—"

"Out with you!" interrupted the man.

"Wouldn't you like to look at some nice thimbles?"

"I should say not!"

"They're fine, and I'd like to make a sale," the boy continued.

"Turning in his chair to fully face the lad, the grouch caustically inquired: "What'n seven kinds of blue blazes do you think want with a thimble?"

Edging toward the door to make a safe getaway, the boy answered: "Use it for a hat."

## Children Cry FOR FLETCHER'S CASTORIA

## J.F. HERBIN

OPTOMETRIST

## SHADOW TEST

Hours: 9 to 12 a. m. 1 to 6 p. m. Evenings by appointment. Phone 83-13.

WOLFVILLE, N. S.

## THIS XMAS GIVE Useful Gifts!

Nothing is more appreciated than a nice piece of Furniture or a Rug that will add to the comforts and beauty of home, and be a constant reminder of the giver for years to come.

Our Catalogue is full of just such gifts.

Write for a copy to-day.

WE PAY FREIGHT on orders amounting to \$10.

VERNON & CO.,  
Furniture and Carpets.  
TRURO, N. S.

## Professional Cards.

### DENTISTRY.

A. J. McKenna, D. D. S.  
Graduate of Philadelphia Dental College. Office in McKenna Bldg, Wolfville.  
Telephone No. 43.

### Geo. C. Farrell, O. D.

Webster St., Kentville  
Every Thursday, Friday and Saturday.  
Appointments for Examination for the Eyes may be made by mail or phone.

### DR. J. T. HOTCHKIS

Veterinary Surgeon  
WEBSTER ST. KENTVILLE  
Phone 10

### M. R. ELLIOTT

A. B., M. D. (Harvard)  
Office at residence of late Dr. Bowles. Telephone No. 23.  
Hours—8-10 a.m., 1-3, 7-9 p.m.

### E. S. NOTTING

V. S., B. V. Sc.  
Veterinary Surgeon, Physician, Etc.  
Nickel Bldg., Aberdeen St., Kentville  
Phone No. 214

## Fair Notice!

On and after Monday, Dec. 15th, 1919, warrants will be issued to those who have not paid their Taxes.  
H. Y. BISHOP,  
Town Clerk.

## NOTICE!

All amounts owing to the Estate of the late A. J. Woodman if not paid within sixty days from date will be handed to a solicitor for collection, with costs.  
Wolfville, Nov. 14, 1919.

## COAL!

HARD COAL  
SOFT COAL  
COKE  
KINDLING

A. T. WHEATON  
R. J. Whitten & Co.

## HALIFAX

Receivers and Sellers of all kinds of Farm Produce.  
Consignments Solicited.  
Prompt Returns.

## FOR SALE! Milk and Cream.

Pure Milk and Cream in any quantity delivered daily. Satisfaction guaranteed.

J. W. Meisner,  
PORT WILLIAMS.  
Phone No 111-13.

## Dancing Class

The Porter's Dancing Class will open for the Second Term in the McKenna Building on January 10, 1920. Arrangements gladly made for private instruction.  
Apply to O. D. PORTER