OUR BOYS AND GIRLS.

At times when life seems dark and drear, And friends no more my pathway cheer; Who draws me from the world apart, and whispers to my aching heart— Be patient, My God-My All.

Who, when the shades of death draw nigh Wil't hearken to my soul's last cry, And from His glorious throne above Welcome me to His home of love, My God—My All.

-A. EDNA WRIGHT.

Running. "I never knew a young woman who had any aspirations as a sprinter," said a prominent physician, "but if the girls could be made to understand how conducive running is to beauty, I believe that running races would become the favorite amusements of female

seminaries, young women's clubs and other organizations composed of young women. Running is the great beauti-fier of figure and movement. It gives scular development, strong heart ion, and free lung play. It was action, and free lung play. It was running that made the Greek figure, and the same exercise would produce now the same figure that made the Greeks famous for beauty."—Columbus

Skimming It.

"If you are going to give a pan of milk,don't skim it first," the old grand-mether used to say, meaning, if you are going to do a favor, don't spoil it by an ungracious word or manner. by an ungracious word or manner. Haven't we noticed how much of this "skimming" goes on in ordinary family intercourse?

"Another errand? I never can go down town without half a dozen com-missions!" complains Bob, when his sister asks him to bring a book from the library. He never refuses to oblige her; he does not really count it an inconvenience; he only takes the cream off his kindness.

Those gloves ripped again !" exclaims Mary; when John wants her to take a few stitches. "It seems to me they always need mending when I am in a hurry with something else." She would be shocked at his going shabby, and distressed !! any one thought her unwilling to render such offices, but she makes it a little unpleasant to ask

the favor. The children follow the fashion. Tommy shut the door at Katie's rebut he grumbles at having to leave his top. Susie goes to the door when she is sent, but she departs with a protest that "it is Tommy's turn." Thus all day long people who love one another and who at heart are glad to serve one another skim the sweetness from every service they render.-The Picayune.

The Happiest Child.

A large and fashionable party for children was given somewhere in the northwest quarter of the town recently, says the Washington Post, and among the little guests was the small daugh-ter of an army (fficer who is stationed here. The child's mother holds somewhat old-fashioned opinions in the mat ter of the proper dress for little girls, and took her daughter to the party in a frock that was daintiness itself, but as plain and simple as it could possibly She left the child in the dressing room amid an excited crowd of little girls in gauzes, silks, satins, laces and spangles, with a fear that the little one's lack of finery might prove a trial. Next day she asked the little girl all about the party. The child

was inbilant. "Oh, it was lovely !" she said, "but some of the little girls didn't have a nice time at all. There was one little girl who had to go over in the corner ever so many times to wipe off her satin slippers, so they wouldn't get spoiled, and two little girls slapped each other because one of them had the widest sash, and a little girl sat next to me at table and was afraid to eat anything, because she said her mother told her to be sure not to get anything on her dress. But I just dress out over hers, and told her it didn't matter if I got spots all over mine, because you told me just to have a good time, and I guess —well, I guess I had a better time than anybody else there."

"Be Done With It."

That was good advice which Emerson wrote to his daughter, who was away at school, when he told her to "finish each day and be done with it." Too many of us let the blunders and trials of one day cast a dark cloud over the sunshine of the next. Yet it is possible to train ourselves to forget our failures and mortifications, and the habit, once formed, will add greatly both to our usefulness and happiness.

goes without saying that the earlier the habit is formed the better, and the wise mother will teach her children to "lock not mournfully into the past, but to begin each day as if nothing hard or unpleasant had ever preceded it." When at bedtime the little boy tells her of his misdeeds and failure, and says, in a discouraged tone, "There's no use going to school to morrow, for I shall keep thinking badly I did to day, and then I surely do worse," the loving shall surely do worse," the loving mother will teach him to ask God's forgiveness for his wrong-doing, and remind him that God has promised not only to forgive our sins but to "remember them no more."

Then surely we ought to forget them, too, and when the day is done When the daughbe done with it." ter at night complains that everything has gone wrong, her mother's comfort ing voice can assure her that, however bad it has been, the day is now ever bad it has been, the day is now of his well doing, comes back some this country are to blame. It is the gone forever, and another day is com

ing in when we hope things will go right again. Thus, unconsciously, our children will learn to "look for ward and not backward," and life will become, as Emerson characterized it, day by day."-Presbyterian.

> His Mother. He is too young to know it now But some day he will know.

-EUGENE FIELD. - EUGENE F1

Above her little sufferer's bed.
With all a mother's grace.
She stroked the curly, throbing head
And soothed the fevered face.
"He does not know my love, my fears,
My toil of heart and hand:
But some day in the after years,
Some day he'll understand;
Some day he'll know
I loved him so,
Some day he'll understand."

A wild lad plays his thoughtless part
As fits his childhood's lot,
And tramples on his mother's heart
Oft times and knows it not.
He plays among his noisy mates,
Nor knows his truest friend:
His mother sighs, as still she waits,
"Some days he'll comprehend;
The day will be
When he will see:
Some day he'll comprehend."

The strong youth plays his strenuous part;
His mother waits alone;
And soon he finds another
To mate unto his own.
She gave him up in joy and woe,
He takes his young bride's hand,
His mother murmurs, "Will he know
And ever understand?
When will he know
I love him so;
When will he understand?"

The strong man fights his battling days
The fight is hard and grim;
His mother's plain, old fashloned ways
Have little charm for him.
The dimness falls around her years.
The shadows, round her stand—
She mourns in loneliness and tears.
"He'll never understand;
He'll never know
I love him so;
He'll never understand."

A bearded man of serious years
Bends down above the dead,
And rains the tribute of his tears
Over an old grey head.
He stands the open grave above,
Amid the mourning bands;
And now he knows his mother's love,
And now he understands;
Now doth he know
She loved him so,
And now he understands.
—SAM. W.

CHATS WITH YOUNG MEN.

There is no true moral improvement based upon purely ethical culture Theory is not practice ; knowing is not doing. The world was never renovated—the world would never have been renovated-by the ethical codes of Marcus Aurelius and Epictetus. The morality that enters into men's convic-tions, that becomes part of their very existence, that influences their lives and braces them up to resist or forbear from wrong doing under the most try-ing circumstances, has a higher source than the moral teaching that would make the beautiful in conduct the sole criterion of life. Ethical culture may veneer the surface, but it cannot penetrate to the depths of the human heart. - Brother Azarias.

Slow and Haphazard.

A man may be educated, and well educated, without darkening the col-lege doors. But he is educated in the longest and slowest way. He has lost much valuable time and wasted much effort. - Pres. David Starr Jordan.

The Unemployed.

A careful student of social conditions says that "the unemployed are, as a class, a selection from the unfit; and on the whole, those most in want are the most unfit." Of course, no employer can afford to pay a man for doing poor work. Unfitness may be either a mis fortune or a fault. In either case, so ciety suffers, and must learn how to prevent the increase of defective mem ing industrial training part of general education.

Keep in Tune.

"If we only knew how much our ac-tions in supreme moments of life—in imes of crises-depend on the little thoughts and acts that preceded them, we should keep vigilant watch on the little foxes that make way through the gaps in our hedges. It is the careless ness of venial sins that make mortal sins easy. We, in this world, as the violins in a great orchestra. We, in this world, are like are not kept in tune, we lose in fineness of quality, and when the great Leader of this wondrous earthly orchestra waves His baton, we are found wanting, we make discord. To be at our best always, we must keep our selves in tune with the best of the in struments near us. And the best of these instruments are good books. Maurice Francis Egan, LL. D, in "Literature as a Factor in Life."

The Debt of Honor.

Every son when he goes away from home carries with him the honor of the nome to which be belongs, and he may either enhance it or dissipate it. ne does well, his success is doubled, for it is not only an ornament to him self, but a crown of honor to his parents. There is nothing in this world more touching than the pride of s father or mother in a son's succes Many a student, in the rivalries of academic life, is thinking about this more than anything else, and on the day when he is being applauded by hundreds, he is thinking chiefly of near's far away that are glorying in In the battles of life in a his honor. city like this there are multitudes doing their best, living laborious days, shaking off the tempter, and keeping straight in the middle of the narrow way, for the sake of those far off whose hearts will be cheered by their well doing, and would be broken by their ill-doing. We do not think there is a sight more touching—certainly there is not one that touches us more—than when a youth, who has been away in another city or in a foreign land, and

boyhood has been spent, and sits again side by side with the proud hearts that love him. Where is there a disappointment so keen, or a disgrace so poignant as he inflicts, who comes not back because he dare not, having in the foreign land or the distant soiled his good name, and rolled the honor of his home in the dust?

Attention to Details.

Genius has been defined as a great capacity for work, and so success in any calling may be said to lie in the mastery of its details :

It would be erroneous to ascribe to any one quality or habit the success attained by men eminent in business, in the professions or in politics, but the ability to grasp details and to understand their relations is among the most important.

The great men of the world seem to pay very little attention to details, but that is because they have mastered them; not because they give them no thought. When a great engineer projects a new construction he prepares only a general plan, leaving to his assistants the work of drawing the details; but he would not be a great engineer if he did not have such a thorough knowledge of details as to be atle to draw his plans with reference to them. They can be worked out at leisure, provided the general design is practicable.

The lawyer of the first rank has no time to look up precedents and decisions, but as he is a master of principles and has a broad knowledge of details, he can outline a case and leave to his assistants the task of finding the de-

cisions which support it. In all callings and professions the who has obtained a mastery of details by giving to them close attention during the formative period. Striking examples of this are to been seen in works of art. The master is one who, with a thorough knowledge of drawing, can afford to dispense with details in producing his effects. Those who imitate his mere style without his skill never achieve success.

The capacity to study details is a measure, in fact, of one's mental ability. It may be applied in any school.

The pupil who can give attention to details, master principles and escape mental confusion is sure to become learned. Years ago mathematics was made the test of mental ability, especially in England. It is not altogether a fair test, for there are lines of men-tal activity which do not demand the possession of the mathematical faculty, but it is as good as any one test can be. To succeed in mathematics requires close attention to details, as most useful study, for the reason that it trains one to be attentive as well as to principles of logic. The good mathematicians in a class of young people are necessarily attentive; if they advance to the higher grades it may be safely assumed that they have clear heads and logical minds. Skill in mathematics is therefore a rough measure of capacity to learn, but it is not the only measure. Its foundation is attention to details and principles, and this is the foundation of success in nearly all undertak-

The capacity to master details may be developed by study. Some men have this capacity as a gift of nature, others are obliged to acquire it if they would achieve success, and to some it is a laborious task; but the young should disabuse their minds of the idea that they can become eminent in any business or profession without serving an apprenticeship. The brilliant musician gives no thought to the scales

Good News for Our Readers
Who have scrofula taints in their blood, and he practiced day after day for years, but it is because of such practice that he is now able to astonish his auditors with his skill. He gave attention to details and mastered them and has now become a great player. The successful business or professional man has prac ticed his scales in a similar manner and now apparently gives no more attention to details than the musician to his daily exercises.

THEN AND NOW.

The Willing Martyrs Versus the Gatling Gun Gospelers. Monsignor Johnston, Cardinal Vaug-

n's secretary, is quoted as saying :
"In olden times Catholic missions in China were more successful than they are to-day. I think it was because the old missionaries went with their lives in their hands without government protection. 'You may murder us if you wish,' they said; 'there will be no one to retaliate; we are here simply for the salvation of your souls.' The Chinese could understand and admire this simple devotion; they loved the missionaries and they were safe in their hands. Now it is quite different. It was thought a fine thing when misssionaries first began to re ceive consular support and when offic ial protection was extended to the Cath olic religion. It has not resulted in an extension of the work, and now we realize the full and terrible extent of the mistake."

In striking contrast is this statement of Bishop Henry C Morrison, of the Methodist Church, which it is just to say is being severely criticized by members of his own denomination. In an address in Louisville the other day he said: "Thank God that Allen and Lambeth over there and the Methodists in this country are responsible for the present trouble in China. With bowed head I thank God that in some way I am to blame for the unrest in China today. I thank God that each and every bears in his face and demeanor tokens one of you and all the Methodists in

A NEW ERA OF SPIRITUAL LIFE.

Father Cuthbert, who is well known as a vigorous writer, has a masterly article in the Catholic World Magazine for October, in which he reviews the advance of the Church among Englishspeaking peoples. He says, among other things, of the new era of spiritual life that-

"During the past few years, how ever, we may justly say the Church has entered upon a new era of spiritual life and power. Shorn in great measure of her former external pomp and splendor, she is once again be-coming the Church of the Peoples, to whom men look again for guidance and teaching. This is especially so in those very countries where for centur-ies past Catholicism has been banned and crucified. Nobody can observe the trend of public opinion in English speaking countries, for example, without noticing how men are disposed to listen to the voice of the Church. whether uttered in Papal encyclicals or in the native pulpits and press; how gradually the religiously minded portion of the population are beginning to adopt Catholic doctrines and to reverence Catholic consistency. The Church is, in truth, becoming once more a power over men's minds ; so that there is good reason in the conten tion put forward so frequently of late that the regeneration of Catholicism to all its former "spiritual power, and even greater, will be brought about by God's grace through the Northern races. One need not introduce Anglo Saxon (or should we say Anglo Celtic? imperialism into one's judgment of the is precisely in the countries where man of broad view who seems to give the Church has suffered future little attention to details is always one Church, to acknowledge that it most that she promises to renew her youth in the ages immediately before In these nations the Church has practically a virgin soil, unhampered by the traditions of secular interference, accepted in the Latin nations; people calling out for spiritual guidance and willing to listen if spoken to in intelligible language. The success of the Church will depend upon her power of reaching the people's heart and understanding their

PENNY CATHOLICS.

practical needs.

Father Ducey, the pastor of St. Leo's, New York, came out last Sunday with vigorous statement of his views about the putting of pennies into the collec-tion box. It makes him tired to count them and he thinks that the giving of them argues a disgracefully low degree of concern for religion. It is interesting to learn that his cultured flock took his remarks in the proper spirit and that coins of brighter hue, yea even bills, were forthcoming when the ushers began their rounds. We agree with Father Ducey to a considerable extent. While well aware that the widow's mite has its reward before God. we have never been able to under stand on what principle well to do Catholics, who would be ashamed to hand pennies to a street car conductor, content themselves with restricting their contributions at the offertory to one solitary specimen of our smallest and meanest coin. But that is not our chief grievance. If every adult who comes to Mrss would give even the beggarly copper, the aggregate-and we should not complain of the labor of counting it-would be most acceptable. As things are, collectors often canvass pew after pew of devout, welldressed worshippers without getting a

Good News for Our Readers
Who have scrofula taints in their blood, and
who has not? Scrofula in all its forms is
cured by Hood's Sarsaparilla which thoroughly purifies the blood. This disease,
which frequently appears in children, is
greatly to be dreaded. It is most likely to
affect the glands of the neek, which become
enlarged, eruptions appear on the bead and
face, and the eyes are frequently affected.
Upon its first appearance, perhaps in slight
eruptions or pimples, scrofula should be entirely eradicated from the system by a thorough course of Hood's Sarsaparilla to prevent all the painful and sickening consequences of running scrofula sores which
drain the system, sap the strength and make
existence utterly wretched.

It may be only a trifling cold, but neglect

existence utterly wretched.

It may be only a trifling cold, but neglect it and it will fasten its fangs in your lungs, and you will soon be carried to an untimely grave. In this country we have sudden changes and must expect to have coughs and colds. We cannot avoid them, but we can effect a cure by using Bickle's Anti Consumptive Syrup, the medicine that has never been known to fail in curing coughs, colds, bronchitis and all affections of the throat, lungs and chest.

NERVOUS troubles are cured by Headle

nings and coest.

NERVOUS troubles are cured by Hood's
sarsaparilla, which enriches and purifies the
blood. It is the best medicine for nervous



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The best, and see that you get Labatt's, the best Domestic Ale and Porter on the market. As good as imported and will cost you less.



about which the clergy dislike to speak We can hardly protest against penuriousness in this manner without expos ng ourselves to the unjust reproach of being over fond of the shekels. offertory collection is as old as the Mass itself. It is a survival of the days when the faithful brought to the altar gifts for the Holy Sacrifice, and for the those who offered it. naintenance of Every decent Catholic ought to familiarize himself with the facts in the case and be guided accordingly .- Providence Visitor.

SAVED THEIR BOY

He Had Been Weak and Ailing From

HE GREW OLDER HIS TROUBLE SEEMED TO INCREASE AND HIS PAR-ENTS THOUGHT HIM DOOMED TO AN INVALID'S LIFE-DR. WILLIAMS' PINK PILLS CURED HIM WHEN HOPE HAD ALMOST DEPARTED.

From the Post, Thorold, One Mr. James Dabauld and wife are two of the best known residents of the town of Thorold, where they have passed many years. In their family they have a little son, who, although but ten years of age, has experienced much siliction, and his parents expended many a deliar in the second of t pended many a dollar in the search for his renewed health—all in vain, how-ever, until Dr. Williams' Pink Pills were brought into use. A Post reporter hearing of the cure called at Mr. Dabauld's cosy home and received full particulars from Mrs. Dabauid. "I am pleased," said Mrs. Dabauld, "to have the public made aware of the facts of my boy's case if it is likely to help some other sufferer. Charley is now ten years of age. In infancy he was a delicate child, but from four to seven he scarcely passed a well day. At four years of age he began to complain of frequent headaches, which later became almost continuous, and soon symptoms of general debility de-His appetite was poor and veloped. he grew pale and emaciated, and the least exertion caused a severe palpita-tion and fluttering of the heart, and At times there was condizziness. siderable derangement of his stomach; a blueness of the lips and a shortness of breath. He would often

lie awake at night and rise in the morning haggard and unrefreshed. During his illness he was treated by two doctors. Both differed in the diagnosis of his case. One said it was catarrh of the stomach, and while his treatment was persisted in there was no improvement. The second also attended him for a better results. Some time after my attention was attracted by my aunt to Dr. Williams' Pink Pills, and about September, 1897, I procured the pills and he began taking them. We had long before come to the con clusion he would be an invalid for life. but believing it a duty I owed to my child to procure all means of relief, l was determined to give Dr. Williams Pink Pills a fair trial. The good ffects of the first box was apperent, and five boxes were used, which were taken in about six ent. months' time, when he was strong and well, and could attend school, and frolic as other healthy boys do every sympton of his old trouble has vanished, I consider his cure complete The pills have certainly done him a world of good, as nearly three years have since passed away and he has not seen a sick day in that length of time. I shall ever feel that we owe our boy's health to Dr. Williams' Pink Pills, and

believe that their prompt use would relieve much suffering."
Dr. Williams' Pink Pills are just as valuable in the case of children as with adults, and puny little ones would soon thrive and grow fat under this treatment, which has no equal for building up the blood and giving re-newed strength to brain, body and nerves. Sold by all dealers or sent posipaid at 50c. a box or six boxes for \$2 50, by addressing the Dr. Williams Medicine Co , Brockville, Ont. be persuaded to try something else said te be "just as good."

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