

Treated by Three Doctors for a Severe Attack of Dyspepsia,

Got No Relief From
Medicines, But Found It At
Last In
Burdock Blood Bitters

Mrs. Frank Hunt, Morrisburg, Ont., was one of those troubled with this most common of stomach troubles. She writes:—"After being treated by three doctors, and using many advertised medicines, for a severe attack of Dyspepsia, and receiving no benefit, I gave up all hope of ever being cured. Hearing Burdock Blood Bitters so highly spoken of, I decided to get a bottle, and give it a trial. Before I had taken it I began to feel better, and by the time I had taken the second one I was completely cured. I cannot recommend Burdock Blood Bitters too highly, and would advise all sufferers from dyspepsia to give it a trial."

\$2.50 CANARY FREE!
Send for Burdock Blood Bitters and get a lovely singing canary free by sending us \$2.50. The standard bird food, sold everywhere. If you have a bird, send it to us and we will send you a new one.

BIRD BREAD (Avoid imitations)
Send for Burdock Blood Bitters and get a lovely singing canary free by sending us \$2.50. The standard bird food, sold everywhere. If you have a bird, send it to us and we will send you a new one.

Rheumatism Cured
Why do you suffer?—Starr's Magic Rheumatism Cure will relieve the worst cases of acute, chronic, or traumatic rheumatism. It has a positive guarantee to cure. Hundreds of cures have been made in all parts of Canada. If your rheumatism cannot give you Starr's Cure, no other, send direct to us. \$1.00 per bottle. OGDEN REMEDY CO., 115 YONGE ST., TORONTO, ONT.

CANADIAN PACIFIC

Canadian West Grain Crop

WHEAT—60,000,000 Bushels.
OATS—40,000,000 Bushels.
BARLEY—10,000,000 Bushels.
Total—110,000,000 Bushels.
Raised on 5,313,654 Acres.
The Estimated Value of Wheat Alone is \$41,250,000.00.

**Over 100,000,000 Acres
Good Land yet for
Settlement**

Had hundreds of miles of new Railways will be built there in 1925. Above figures from Winnipeg Free Press.

For maps, descriptive pamphlets, settlers' passage and freight rates, call on nearest Canadian Pacific Agent, or write to C. B. Foster, District Passenger Agent, Toronto.

Tickets and full particulars from W. H. Harper, City Agent, or C. B. Foster, District Passenger Agent, Toronto.

GRAND TRUNK RAILWAY SYSTEM

February at the Winter Resorts.

The most popular month of the year at Southern winter resorts; California, Mexico, or Florida, offer attractions difficult to find in any other part of the world. Delightful weather, health resorting climate, luxurious hotels.

Round trip tourist tickets to all Southern Resorts are on sale early. Those who cannot take advantage of the above resorts, should spend a few days or weeks at "Near Winter Resorts," St. Catharines, Niagara Falls, Mount Clemens, Mineral Springs, and Preston Springs.

All situated on Grand Trunk. Special Steamship Tickets on sale at City Ticket Office.

W. E. RISPIN, City Ticket Agent, 115 King Street, Chatham, or to M. C. PRITCHARD, Depot Ticket Agent.

WABASH

During the months of March, April and May, the Wabash will make sweeping reductions in one way tourist rates from Canada to Texas, Old Mexico, California, Nevada, Oregon, Idaho, Montana, Arizona, Utah, Washington and British Columbia.

Also round trip tickets on sale daily at greatly reduced rates to the south and west. There is nothing more alluring to the traveler than his knowledge of the fact that he is traveling over the Wabash System, the great winter tourist route to the south and west.

For full particulars address J. A. RICHARDSON, Dist. Pass. Agent, N.E. corner King and Yonge streets, Toronto, and St. Thomas.

W. E. RISPIN, C. P. A., Chatham. J. C. PRITCHARD, Depot Agent.

ORIGIN OF WHIST.

The Game Was First Called Triumph and Afterward Trump.

Whist was first called triumph, a name which was afterward corrupted into trump. The eighteenth century saw whist in its primitive form, the whole object of the game being to win tricks by leading high cards or by trumping. Then came the era of Hoyle, which may be said to have lasted from 1730 to 1800 and taught players to think not only of their own hands, but of the other hands also, and to take advantage of the positions of the cards in them. Hoyle also taught that trumps might be more profitably employed than in simple trumping and showed that they might be used to disarm the adversary and to obtain secondary advantage in trick making by other suits of less apparent power. It was not until 1800 that the philosophical era can be said to have begun, and the origin of the new movement was a knot of young men at Cambridge, England, known as the Little Whist school. This body kept records of its games, but no one thought of making the data known until 1861. Coherence in the system of play was still wanting, and this was supplied in 1864 with Dr. Pole's essay on the theory of the modern scientific whist.

THE ART OF EATING.

Food Must Please the Mind as Well as the Palate.

Pawlow has established the physiological importance of the mental state on digestion, having shown, for instance, that delicacies produce secretion of gastric juice as soon as they are perceived by the eye, even before they are eaten.

The food must not only be palatable, but must be served in an attractive manner—fine dishes, table decorations, etc.

In eating we must take time to chew our food thoroughly. This serves a double purpose—first, through the act of mastication the coarser particles of food are broken up; second, more saliva is secreted and is thoroughly mixed with the food. The digestion of starch is thus materially aided, and the proteids are made more easily accessible to the action of the gastric juice.

Water should accompany each meal. It increases the appetite and the enjoyment of food.

After eating we should rest a little while before returning to our work.—Dr. Max Einhorn in Medical Record.

A DIFFICULT PENANCE.

Irish Pilgrims to the Skellig Rocks Risk Their Lives.

Ten miles off the coast of Kerry, in the west of Ireland, lie the Skellig rocks, one of which has been for years the scene of a difficult penance. A zig-zag path leads up some 700 feet to a lighthouse, but 700 feet more must be climbed before the summit is reached, where stand the ruins of St. Finian's monastery and a cross of St. Michael.

Here on the anniversary of St. Michael devotees risk their lives in performing their devotions. First they have to squeeze themselves through the Needle's Eye, a tunnel in the rock thirteen feet long, the passing up which is like the ascent of a chimney. Then they creep on all fours up the Stone of Pain, on whose smooth surface one false step is fatal; then, getting astride the Spindle, a rock 1,500 feet above the Atlantic and projecting some ten feet, each pilgrim must "ride a cock horse to St. Michael's cross," say a Paternoster and shuffle back as best he can.

Hams.

A mother sent her twelve-year-old daughter to the pork butcher with money to purchase a ham. "Tell Mr. — that I want a ham exactly like the last two I bought," she said, and when the little lady arrived at the shop she delivered the message thus: "Mr. —, mamma says she wants another ham of the same hog as the last two she bought." How many of us wish that when we accidentally pick up a first rate ham the same hog could keep on producing its like for time and eternity! As the butcher says: "Hams run peculiarly. We may have 'em all fine for a month or two; then they suddenly get tough and dry and hard and altogether disappointing."

Antiquity of Brewing.

The ancient Egyptians understood and practised the art of brewing several centuries before the Christian era, as did also the ancient Greeks. Spaniards and Britons made a fermented drink from wheat, which was used in Spain under the name *ceria*, and also in Gaul. Tacitus tells us that in his day, about 100 A. D., beer was the common beverage and that the Germans understood how to convert barley into malt. Six hundred years later Charlemagne gave orders that the best brewers should always accompany his court.

A Continuous Round.

"Blivens seems very proud of the fact that he has a bank account." "Yes; it has developed him into a financier of the continuous type." "How is that?" "He checks his money out just for the pleasure of putting it back again."

A "Practical" Wedding Gift.

Pearl—Oh, we had a delightful wedding and received so many silver presents. Ruby—That was fine. And did your father give something in silver too? Pearl—No; he gave us a bottle of acid to test the other presents with.

It doesn't take any grit to grumble.—Chicago Tribune.

TAKE MY CURE, WHEN CURED YOU PAY ME



The fear that you could not be cured may have deterred you from taking honest treatment, or you may have been one of the unfortunate, who have been treated in vain by inexperienced physicians, free treatments, free trial samples, patent medicines, electric belts and other similar devices. Such treatments cannot and will never cure you, nor will these medicines cure themselves. When I offer you a cure, and am willing to risk my professional reputation in curing you, and have such faith and confidence in my continued success in treating these diseases that not a dollar more be paid until you are cured, a fair proposition cannot be offered to the sick and afflicted. This should convince the skeptical that I mean what I say, and do exactly as I advertise, as I am positive of curing you in the shortest possible time, without injurious (sterile) effects. My charges will be as low as possible, for conscientious skillful and successful services, and my guarantee is simple and true. I do not accept of a fee until you are cured. I have 14 diplomas and certificates from the various colleges and societies of medical examiners, which should be sufficient guarantee of my standing and abilities. It makes no difference to me whether you are a patient or a doctor, I want to write to me for my opinion of your case, which I give you free of charge. I want to hear from patients who have been unable to be cured, as I guarantee a positive cure for all chronic, nervous, blood and skin diseases, such as rheumatism, kidney and bladder troubles, blood poison, physical and nervous debility, lack of vitality, stomach troubles, etc. All medicines for patients are prepared in my own laboratory, and I accept of no payment for each individual case. I send a booklet on the subject which contains 14 diplomas and certificates, entirely free. Dr. S. Goldberg, 208 Woodward Ave., Suite 311 Detroit, Mich.

FLETCHER.

D. Hoy spent Sunday with friends in Windsor.

W. Kearns spent Sunday in Chatham.

Philip Murphy, of Windsor, was visiting friends here this week.

J. Minor and J. Ritchie are expecting an early spring, as they have taken their buggies to Chatham to have them painted.

T. Peenan visited friends here on Thursday.

If a dog bite you don't be scared.

Bathe the wound with cold water and cover it with a cloth on which Weaver's Cerate has been freely spread. The Cerate relieves the pain caused by the sting of insects.

S. S. NO. 7, HARWICH.

The following is a correct standing of the pupils of S. S. No. 7, Harwich, for the month of January.

Class V.—J. McGregor, C. Saadington.

Class IV.—H. McEachran, V. Woodfenden, L. Woodfenden, L. Johnston, F. Burnham, N. Watson, C. Paterson, J. Whittington.

Class III.—S. Barabam, G. Whittington, R. Woodfenden, W. Pick.

Class II.—E. Hildreth, M. Taylor, M. Patterson.

Class I, Part II.—N. Titus, R. Jewhurst, B. Woodfenden, H. Taylor.

Part I, Sr.—V. Spencer, N. Jewhurst, G. Buested, N. McEachran.

Part I, Jr.—V. Hildreth, D. Nicholson, H. Whittington.

E. J. ROWE, Teacher.



For Twenty Years

Mrs. C. H. Burkholder, Norwich, Ont., tells us that she feels like a new person, and why? Because during all that time she suffered with Kidney trouble, and not until she found "Bur-Ju" could she get relief.

"Bur-Ju" Kidney Pills are the infallible remedy for Kidney trouble of all descriptions. They are easily obtainable; all druggists sell them; and they are guaranteed to do their work.

Mrs. Burkholder writes as follows: "Norwich, Ont., May 18, 1921. Gentlemen,—I have had Kidney trouble for twenty years and tried any number of remedies with very little relief. I believe 'Bur-Ju' will cure me, as I feel like a new person. I cannot praise them too much. Yours truly, MRS. C. H. BURKHOLDER."

Use Big 60 for unnatural discharges, inflammation, irritations or ulcerations of the urinary organs. Painful, and not as strong as the smaller size.

Solely by Druggists, or sent in plain wrapper by Express, prepaid, for \$1.00, or \$2.00 for 60.

Prepared by Dr. J. C. Mitchell, U.S.A.

Do not take any other medicine while using Bur-Ju.

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DISTRICT DOINGS

ZONE CENTRE.

Harry Stead bought some fine, pure bred cattle at a sale near Toronto last week.

Mrs. John Tinney spent the past week with her son James.

Mrs. Mary Lidster is visiting London friends.

William Welsh is improving slowly.

Zone Centre is a lively corner this winter, as logs are fast piling up at Taylor's mill.

J. Lidster has begun to drive his colt "Red Dick," of which he has reason to be proud.

Mrs. Desow returns to-day from Detroit. She has been with her daughter there, who has been ill.

Following is the report of examinations in Grammar and Composition, for our school, Class IV. The average per cent. is given:—

Earl Tinney, 75.

Kathleen Betone, 75.

Lelah Schott, 72.

Percy Goodyear, 63.

Maggie Mitchell, 62.

Percy Greene, 61.

Roy Chapman, 48.

Albert Bush, 45.

Herbert Bebensee, 43.

George Warren, 42.

Samuel Warren, 38.

GUILDS.

Miss Lizzie Soreen, who has been visiting relatives at Harrow, arrived home last week.

John Purvis drew away his tobacco last week. He realized over \$1,000 from his five acres. This was an extremely good yield.

George Cunningham is moving this week to his new farm, near Ridgeway.

Mr. and Mrs. Alf. Jenner visited relatives at Charing Cross one day last week.

Last week was an extremely cold one, the mercury falling to eight degrees below zero.

The shooting match here last Wednesday, between our Gun Club and Raglan Gun Club, resulted in a victory for Raglan.

The young people of this place, to the number of about forty, held a very successful oyster supper last Wednesday night at the home of Mr. and Mrs. Douglas Campbell, Back Ridge.

S. S. NO. 8, CHATHAM.

The following report of the standing of the pupils of S. S. No. 8, Chatham, is based on punctuality, regularity of attendance, written examinations and class work:—

Class V.—Harold Shaw 143, Hazel Shaw 103, B. Stuart 99.

Class IV.—W. Morgan 115, O. Purdie 103, P. Hill 96.

Class Jr. IV.—W. Brewster 102, A. Shaw 129, H. Campbell and T. Brown 115, F. Brewster 111, P. Moir 79, E. Brewster and F. Clark 78, J. Moire 23, O. Noltie 6.

Class III.—P. Turner 158, E. Shaw 125, S. Turner 123, C. Shaw 93, L. Clark 71, B. Morgan 57, L. Brown 52, A. Morgan 22.

Class Sr. II.—E. Morgan 128, V. Shaw 116, M. Brown 110, R. Tong 95, M. Kersey 88, R. Morgan 65, J. Tong 58.

Class Jr. II.—G. Clark 145, M. Moir 141, R. Shaw 136, M. Clark 127, T. Shaw 122, Alvah Duddy 115, J. Kersey 98, Allan Duddy 97, L. Duckingham 82, N. Buckingham 79.

Class Pt. II.—M. Turner 180, S. Duddy 107, R. Shaw 92, E. Severs 23, Sr. Pt. I.—D. Shaw 108, C. Shaw 101, J. Moir 100, T. Moir 98, M. Wightman 51, R. Tong 50, V. Brown 47, Jr. Pt. I.—J. Hill 80, L. Morgan 78, M. Brewster 70.

Average attendance for January, 41.

J. C. Hall, Teacher.

CEDAR SPRINGS.

The quarterly meeting in the Methodist Church was fairly well attended. Three new members were taken into the church.

Mrs. John Chinnick, of Raleigh, is visiting her sister, Mrs. J. D. McPherson, on the Ridge Road.

Miss Grace Hamblin is on the sick list this week.

Miss Sadie Shoblin is visiting at the Rev. J. B. Kennedy's.

Mr. and Mrs. Jos. McDowell, of North Cedar Springs, were somewhat surprised one night last week, when a large lot of young people drove up to spend the evening. They enjoyed themselves with games and music until a late hour.

Mr. Weir, teacher of Buxton school, spent Sunday with friends in the village.

COON, 8, RALEIGH.

Rev. Mr. Thompson, of Charing Cross, assisted by the Rev. Mr. Hill, of Chatham, is holding a most successful series of revival meetings in Wesley Church now.

A sleighload of young people from Chatham spent a most enjoyable time last Thursday evening at the residence of Mr. Harwood.

Miss Patterson, our new and popular teacher, is rapidly bringing her pupils to the front.

E. Mumery spent last week the guest of B. Harwood.

Mr. and Mrs. Jas. Laurie are visiting a few days with her brothers, near Blenheim.

Neil Maynard, who spent last week on the eighth, has returned home.

MITCHELL'S BAL.

The concert held in aid of the English church on Friday evening was a grand success. An elegant program was rendered by the talented young folks of the vicinity.

Jack Courtney returned from Cleveland on Friday evening.

Joe Bram is busy cutting ice with his new ice plough.

The services in the English and Methodist churches were largely attended on Sunday.

Mrs. Wm. Parrish is quite ill.

Mr. McDowell is spending a few days with friends in Chatham.



Let Nature Cure You of Biliousness.

"Fruit-a-tives" cure Liver troubles just as nature intended them to be cured—with fruit. "Fruit-a-tives" are the tonic, laxative, curative principles of fruit—rendered many times more effective by the secret process of combining them—and compressed into tablets. When you take "Fruit-a-tives," you get all the medicinal properties of fruit in their most effective form.

Fruit-a-tives or Fruit Liver Tablets

Absolutely free from vegetable and mineral poisons—act as gently and naturally as pure fruit juices—and may be used daily without fear of ill-effects. For chronic Constipation, Torpid Liver, Stomach Troubles and all affections of the Kidneys and Skin—"Fruit-a-tives" are the ideal tonic laxative and corrective. At all druggists. 50 cents a box.

FRUITATIVES, Limited, OTTAWA.

The Ladies Aid will give a valentine social at the home of Mrs. Richard Burke on Tuesday evening, Feb. 14. A good time is expected. The Ladies Aid has met with great success in all their work. Their agreeableness has won for them the esteem of all and their kindness knows no bounds.

The choir of the Methodist church sang most beautifully last Sunday and the service was appreciated by all.

The building committee of the new Methodist church are arranging their plans and specifications. They are arranging to build one of the prettiest country churches around.

Geo. McKenzie has returned from visiting friends at Thamesville.

For delicate women and children "The D & L" Emulsion is especially suited. It is sweet and palatable as cream, easily digested and of the greatest value as a tonic and tissue builder.

KENT BRIDGE.

On account of quarterly meeting in this village, there was no service in the Methodist church here last Sunday night.

Miss Maud Langford is visiting friends in Chatham.

Miss Hutchinson spent Saturday and Sunday at her home at McKays Corners.

A sleigh load of young people went to Florence on Thursday night and another one to Chatham Friday night.

Mr. and Mrs. S. V. Halstead and family, of Wabigoon, are spending a few days with Mr. and Mrs. J. E. Sherman.

Miss Eva Shaw is visiting friends in Chatham.

Miss Myrtle Allison, who has been in Wabigoon for the last two years, arrived home to spend the winter with her parents, Mr. and Mrs. Jno. Allison.

About 35 of S. S. No. 12, Camden, enjoyed an oyster supper at Mr. Will Arnold's on Thursday night.

DARRELL.

The Willing Workers of French's Methodist Church, will give a Valentine social at the residence of Mrs. Edwin French on Wednesday evening, Feb. 15th. Admission 15c. All are cordially invited.

A number from here attended communion service at Louisville on Sunday morning.

L. Holmes, of Chatham, spent Sunday with B. French.

A few of the Darrell young people

The New Way to make Bread

Send for the "Royal Household" Recipes—they cost nothing—and may mean better bread—better pastry—better baking generally for the rest of your life—think of what that would mean to your family. If you have never used the new Royal Household Flour, there is a delightful surprise for you in the first batch of bread you bake with it—just send a postal card for the recipes.

NANTAMU, B.C., Nov. 25th, 1904.
I have been making bread for nearly twenty years, and Royal Household Flour is the best I have had for either Bread or Pastry.
(Signed) MRS. ROY. ADAM.

THE OGILVIE FLOUR MILLS COMPANY, LTD.
MONTREAL.