In no way can this gray matter be made except by the action of phosphate of poash upon albumen, and this mineral should be introduced to the body just as it comes from nature's laboratory, and not from the drug store. The system is more or less fastidious about taking up the needed elements, and, as might be suspected, it will favor the products of Mother Nature rather than the products of the drug shop, however valuable they may be for certain uses.

Athletes, lawyers, journalists, doctors, Athletes, lawyers, journalists, doctors, and of Trade, a.m. and p.m. ever valuable they may be for certain uses.

Athletes, lawyers, journalists, doctors, ministers, business men and others, who earn their living by the use of the brain are using both Postum Food Coffee and Grape-Nuts Food. Both products are manufactured for a reason. They were originated by an expert, and the regenerative value of both the Postum Coffee and the Food has been demonstrated beyond question. All first-class grocers sell both Postum and Grape-Nuts, and the Postum Coffee and the Food has been demonstrated beyond question. All first-class grocers sell both Postum and Grape-Nuts, and the Postum Coffee and the Food has been demonstrated beyond question. All first-class grocers sell both Postum and Grape-Nuts, and the Postum Coffee and the Food has been demonstrated beyond question. All first-class grocers sell both Postum and Grape-Nuts, and the Postum Coffee and the Food has been demonstrated beyond question. All first-class grocers sell both Postum and Grape-Nuts, and the Postum Coffee and the Food has been demonstrated beyond question. All first-class grocers sell both Postum Grape-Nuts, and the Postum Coffee and the Toronto, Mrs. Minnie Madden Fiske, in "Becky Sharp."

At the Crand, Lewis Morrison, in "Master of Ceremonles," 2 and 8 p.m.

At the Princess, "Capt. Swift," 2 and 8 p.m.

Comic Opera at the Bijou, 2 and 8 p.m.

Empire Theatre, good show, at 2 and 8 p.m.

The Routes Are—Chief Thompson is III—Steps Taken to Put on Rear VestBulles if the Courts Will Back it Up—Rail-law you company Attempling to Load on the City that company Attempting to the City that the City

Security Company Attenuating to Lond on the UP will be Attenuate word of the Attenuation County has present and the Attenuation County

Beresford, recently appointed to the command of the second division of the British Mediterranean fleet, resulted as follows:

Mr. George Faber (Unionist), 6248; Mr. A. ladies' night, Saturday next, Feb. 10.

Many Kenting Management and responsible of the containing of the c

Paris, Feb. 6.—The papers
Hon, Joseph Chamberlain's speech in defence of the South African policy of the Government in the House of Commons yes, terday, as an extremely clever and success-ful piece of "bluff." The Temps says: "It breathes andagity and cynlicism." The Journal des Debats says: "Mr. Chamberlain made himself the apostle of Imperialism, and dazzled the eyes of his countrymen with the promise of a final nation himself the apostle of Imperialism and phase of the countrymen with the promise of a final perialism and phase of the countrymen with the promise of a final nation of the countrymen with the promise of a final perialism and phase of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of a final nation of the countrymen with the promise of the cause of the accident. All the passenger coaches left the track, the engine tender and base fet the track, the engine tender and believe, a force of the accident. All the passenger coaches left the track, the engine tender and base fet the track, the engine tender and the track, the engine tender and the track, the engine tender and the final nation of the accident. All the passenger coaches

Unionist Elected by an Overwhelming Majority in York, Lord
Beresford's Constituency.

London, Feb. 6.—The election in York
city to-day for a successor in the House of
Commons to Rear Admiral Lord Charles
Beresford, recently appointed to the command of the second division of the British

Shorthorn Breeders.

A private meeting of the directors of the Dominion Shorthorn Breeders was held in the Albion Hotel last night to make in the Albion Hotel last night to make in the same. There have been more interviews, with small success in the way of coming to an amicable arrangement, but an agreement may possibly be reached. It is said the employees of the factories in Toronto to seek employment. W. A. Karn of Woodstock, president of committee of the manual meeting, which said the employees of the factories in Toronto to seek employment. W. A. Karn of Woodstock, president of committee of the manual meeting of the same. There have been more interviews, with small success in the way of coming to an amicable arrangement, but an agreement may possibly be reached. It is said the employees of the factories in Toronto to seek employment.

W. A. Karn of Woodstock, president of committee of the manual meeting, which agreement may possibly be reached. It is said the employees of the factories in Toronto, Hamilton and Brantford sympathize with the intention of walkthe Massey-Harris Strike.

The Massey-Harris strike is just about the same. There have been more interviews, with small success in the way of coming to an amicable arrangement, but an agreement may possibly be reached. It is said the same. There have been more interviews, with small success in the way of coming to an amicable arrangement, but an agreement may possibly be reached. It is said the same. There have been more interviews, with small success in the way of coming to an amicable arrangement, but an agreement may possibly be reached. It is said the same. There have been more interviews, with small success in the way of coming to an amicable arrangement, but an a

# MANUFACTURERS' SESSION. Anglo-American Fire Insurance Company. REPORT OF DIRECTORS

F. McKinnon, Esq. (S. F. McKinnon & Co., Toronto) ...... President J. J. Long, Esq. (the T. Long & Brother Co., Collingwood) ...... Vice-President -DIRECTORS-A. A. Allan, Esq. (Messrs. A. A. Allan & Co.)
John R. Barber, Esq. (President Toronto Faper Co. of Cornwall)
Dr. George H, Bowlby
A. B. Cunningham, Esq., Barrister
H. P. Eckardt & Co.)
John Flett, Esq. (Messrs, H. P. Eckardt & Co.)
John Gowaus, Esq. (Messrs, Gowaus, Kent & Co.)
W. J. Gage, Esq. (the W. J. Gage Co., Limited)
John Hallam, Esq., Alderman
John Knox, Esq. (Messrs, Knox, Morgau & Co.)
R. Millichamp, Esq. (Messrs, Millichamp, Coyle & Co.)
J. N. Shenstone, Esq. (Sec, Treas, Massey-Harris Co., Limited)
Hugh Waddell, Esq.

Presented at the First Annual General Meeting of Shareholders held at the Head Office of the Company, McKinnon Building, Toronto, on Tuesday, 12 o'Clock noon, February the 6th, 1900.

real other members of the College are staying at the Rossin House.

The U. E. L. Association will meet tomorrow in the public hall of the Education Department at 4.30 p.m.

W. T. McMullen, barrister, of Woodslo is at the Rossin in regard to the settle ment of the estate of the late warrender with the public hall of the Education Department at 4.30 p.m.

## CHURCH OF THE REDEEMER Cor. Bloor Street and Avenue Road

Service of Praise by the choir, assisted by Mrs. Lillie Kleiser-Paine, Miss Laurs Sturrock, Miss Marion Chapin and Mr. J. Augustine Arlidge. Silver collection at the door. 8 o'clock Monday evening, Feb. 12-Mr. Walter Coles, organist. Mr. E. W. Schuch, cholrmaster.

DOWN

street and tree! and dirt of the purity, and creat all about us!

and lines given a lovelier light u glistening starry and it is as the were nestling on all things the sno witchery upon streets with deli sombre firs that s sighing as tho against them h ories of other smoky city air spreading shade gnarled old black lends a new gr myriad twigged m dark, rough bark der aspiring pop upon the great, disolitary lovelines city. Neither do hedges, but give loving touch of f weeds that stand the frozen ground were full of sap summer, the sno lots that lie like become fields of old boards that fe d into effective against the white sky broods over a describable grevs starry flakes. The din and rumble the musical jingle padding that cam At night the wite greater than durin day. The almost by the long, irregt took strangely unredisappears in the d "looks round ber with ravishing effe the walks, and the blocks of darkness make exquisite vist prosaic rows of ho trolley, or the mer is the only sound t night, and from so faintly, yet clearly, dian Serenade"-an northérn land, yet unfitting so divine of it all! The sui

WOMAN'S A Lady Who Cure

fragrant, warm wir has not the north lit night its own? Writing of the t woman"-we had a was such a thing!-

gays that the new upholders, if not jus In the way she wea tantly, she writes, serve that new res heavy hand upon h her vitality. Havin cause with becomin



me—a peaceful, happy good things of life, husband, comforts, dear to a woman's he had told me that whi and he was taking a only too true, for beithe full course he he altogether, but I kep till it was gone, and lot to have on hand i he had done from his never has, and I am to tell you how thank believe it will cure to Af pamphlet in p sent free, giving testiformation, with direct formation, with disadminister Samar Address The Same Jordan street, Toro Also for sale at Bi 100 Yonge Street.