

fants live long, and are healthy, without the assistance of physicians! The perpetual labour they are employed in keeps them so; exercise prevents their knowing the gout, gravel, and other infirmities, to which the richer people in *Europe* are subject, on account of the refined taste of their tables, and because they make no more use of their legs than old infirm men. I have known some, who, like Moliere's *Malade imaginaire*, filled their stomach with as many drugs as an apothecary's shop.

It has been observed, in the hot countries of *America*, that the young *Europeans* die sooner there than the old ones; because the former imprudently eat all sorts of fruit, which cause them a dysentery; therefore it is necessary to eat very little of them, till the body is accustomed to the climate, after which, at the expiration of a year, this will cause no further inconveniencies.

By observing these precautions, I will warrant, that people will live longer in this part of the world than in the old one. There are now many people alive in *Louisiana*, who have been there ever since its first settlement. I saw
a planter