The Northwest Review

IS PRINTED AND PUBLISHED AT 178 PRINCESS STREET. KVERY WEDNESDAY BY E. J. DERMODY & CO.

ADVERTISING RATES.

J. K. BARRETT, LL.D., Editor-in-Chief.

made known on application.
Orders to discontinue advertisements must be sent to this office in writing.
Advertisements unaccompanied by Specific instructions inserted until ordered out.

SUBSCRIPTION RATES. All Postage is paid by the Publishers. The Northwest Review \$2 a year, \$1 for

fx months.
Club Rates.—Six copies of the Northwest
Envew for \$10. In ordering for clubs, the
full number of subscriptions, with the cash
must be sent at one time.

Agents wanted to Canvass for the North-west Review, in every town in the North-west. Write for terms. A Catholic correspondent wanted in every

The Northwest Review is the official ergan for Manitoba and the Northwest of the Catholic Mutual Benefit Association.

Correspondence conveying facts of interest will be welcomed and published.

Address all Communications to THE NORTHWEST REVIEW. Post office Box 508. Winnipeg, Man.

NOTICE.

The editor will always gladly receive (1) ARTICLES on a tatholic matters, matters of general or local importance, even political if not of a PARTY character. (2) LETTERS or similar subjects, whether conveying or ask similar subjects, whether conveying or asking information or controversial. (3) NE vs Norzes, especially such as are of a athotic character, from every district in North Western Ontario, Manitoba, the Territories and British (olumbia. (4) Norzes of the proceedings of every (athotic Society throughout the city or country. Such notes will prove of much benefit to the society thenselves by making their work known to the public.

OUR ARCHBISHOP'S LETTER.

ST. BONIPACE, May 10th, 1893.

Mr. E. J. Dermody. DEAR SIR,—I see by the last issue of the GORTHWEST REVIEW that you have been intrusted by the directors of the journal with the management of the same, "the company for the present retaining charge of the edi-

Yours all devoted in Christ,
†ALEX. ARCHBISHOP OF ST. BUNIFACE,
O. M. J.

The Morthwest Revieu

WEDNESDAY, DECEMBER 6.

EDITORIAL NOTES.

A great lie, says a poet, is like a fish on dry land; it may fret and fling, and make frightful bother, but it cannot hurt you. You have only to keep still and it will die of itself.

According to published statistics, there are more divorces in Europe than in Asia and Africa, more divorces in Ame rica than in Europe; more in Protestant countries than in Catholic ones, and more divorces among liberal people than among the ortholox. America shows more divorces annually than Great Britain, France, Italy, Germany, Russia, and all the minor countries of

"The faithful may be assured," said Leo XIII. the other day, addressing a of their persecutors will fall harmlessly thorized parties neglect or refuse to do at the feet of the Papacy." For nearly inineteen hundred years the Papacy has triumphed over all the efforts of its enemies to subvert it, while thrones have fallen on every side and empires crumbled into dust. "Thou art Peter," said the Son of Gol, "and on this rock I will build my Church, and the gates of hell shall not prevail agains: it." How splendidly has the Divine promise been fulfilled!

One of the fashions of the day is not to be bardened with large families. In the grave could speak how fearful would be its revelations on this topic, how monstrons the guilt of those who revel in innocent blood. Thank God, Catholics are not guilty of this horrid crime. If any are they must answer to Gol for the awful crime of murder. The physiologist will tell you that, while the unborn child's life is a dependent one, yet it has all the attributes of life and has an inherent vitality. The Church will tell you that the unborn child is a living being in the broa lest acceptance of the term, and that the unjustifiable taking of its life is, in the eye of God, murder. If truth is not a fiction, there will come a day of awful retribution for these fashionable murderers.

Among recent conversions in London to the Catholic Church is that of Mr. Stott Allen, a gentleman well known in Irish circles in the metropolis, and a valued worker in the Liberal organization as secretary for Marylebone. His conversion is all the more noteworthy, says the Liverpool Catholic Times, because he once filled the post of deputy fast. Another recent conversion is that get an introduction to the Apaists .of a Russian lady engaged in journalistic | Pittsburgh Catholic.

work in London. She owes her conversion to the lectures to non-Catholics organized in the metropolis last year by the Cardinal-Archbisnop.

Archbishop Corrigan, when questioned as to the truth of the report that at a conference of priests held at Hartford. Conn., the ban on secret societies of the co intry was removed with the exception of that on Freemasons.referred to Father Lavallee, of St. Patrick's Cathedral, New York. Father Lavallee asserted positively that no circular removing the ban from any secret order had been received or sent out to the clergy. Father Lavallee added: "The Catholic church has disapp oved of secret orders, because the members hind themselves by oath to do whatever is commanded and decline to livulge the purposes of their society to the proper ecclesiastics."

THE SCHOOLS OF THE NORTHWEST.

Another cloud, in the form of a school lifficulty, appears on the horizon west of Manitoba. The Bishop of the Northwest Territory has prepared a protest, which his Lordship intends sending to Ottawa, against the ordinance of the Legislative Assembly.

Up till the first of January, 1893, the schools were organized and conducted under an ordinance passed in 1888, which established a Board of Education of eight members, five of whom were to be Protestants and three Catholics. Provision was also made for the division intwo sections, Catholic and Protestant. The former section had power to manage their own schools, separate and public alike, make regulations for them, prescribe text-books, appoint inspectors and control the teachers. The Church had, therefore, full power over the Catholic schools. Churches were exempted from

the management of the same, "the company for the present retaining charge of the edierial columns."

I need not I lyou that I take a deep interest in the Northwest Review which is the only English Catholic paper published within the limits of Manitoba and the Northwest Territories. I hope that you will obtain a remunerative success. It is enough that he editors do their work gratuitously, it cannot be expected that the material part of the publication should remain without remuneration. I therefore strongly recommend to all Catholics under my jurisdiction to give a fiberal support to the Northwest Review. It has fully my approval, though, of course, i cannot be responsible for every word contained in it. The editors write as they think proper, they are at full liberty to say what they wish and in the way they like best. The sole control I can claim is over the principles they express and I have no hesitation instating that the principles announced by them are sound and ought to be endorsed by the sound the sound that the principles announced by the sound the sound that the principles announced by the sound the sound that the principles announced by the sound the sound that the principles announced by the sound

of Public Instruction," consisting of the Executive Committee, viz., the four advisers of the Lieutenant Governor. and four persons, two of whom must be Catholic, appointed by the Lieutenant-Governor in Council, the appointed members to have no vote in the Council. The Lieutenant Governor in Council is authorised to appoint a Superintendent of Education. The powers of this Council are very extensive. It may appoint a Board of Examiners to grant

teachers' certificates, make rules and regulations for the conduct of schools and prescribe text-books to be used in the public or separate schools, arrange for the proper training, grading, and licensing of teachers, aetermine all disputes and settle appeals from trustees or inspectors. Under authority of the Council of Public Instruction, it shall be the duty of the Superintendent to see Council are used in all the schools of the Territories, separate schools not excepted, and that all schools, both public and separate, are conducted according to law. The Superintendent is also emdeputation of Catholic notables, "that powered to suspend any teacher and to the sceptres of Casarism and the swords | call any school meeting where the auso. All matters connected with the erection of a school district are vested in the Council of Public Instruction."

> These changes are sweeping. The authorities of the Church have nothing but advisory power, when before they controlled text-books, teachers, and all else connected with school management. Another serious regulation concerns religious instruction: "No religious instruction, such as Bible reading or reciting, or reading or reciting prayers (except as hereinafter provided), or asking questions or giving answers from any catechism, shall be permitted in any school in the Territories from the opening at nine o'clock until one half-hour previous to the closing of such school in the afternoon, after which time any such instruction permitted or desired by the trustees

As the new Council of Public Instruction is entirely in the hands of Protestants, and as all public schools are governed by the Council, and as the Catholic separate schools are only separate in name, the lot of our co-religionists calls for the protest of Bishop and people.-Catholic Register.

A GOOD SUGGESTION.

Professor Garnier, the American who went into the forests of Africa about a year ago to live with the monkeys and earn their language, has arrived at these tribes, and does honor to its inde-Liverpool. He claims that his visit to fatigable author. Africa was a great success, and that the nonkey family has a language. The part at least of the splendid work being professor lived in a cage in the heart of done by the O. M. I. Fathers in our the forest for one hundred days, and his sole companions were monkeys. If Professor Garnier is seeking an opportunity to make his knowledge available please grand master of an Orange lodge in Bel- let him come over to this country and

THE OBLATE FATHERS.

The Oblates of Mary Immaculate who besides other spheres of labour, are working in the most remote portions of the Canadian Far West, are not only most zealous and most devoted mission- | HE IS CONTRADICTED BY TWO WELLary priests, but are also perpetuating in the fullest manner the noble tradition of the early Jesuit missionaries of India and China by their most important philological and ethnographical studies of the peoples whom they evangelise. What De'Nobili, Beschi and Ricci did for the East, that the Oblate Fathers are doing for the Canadian Indians The names of some of these hard working missioners and pioneers of science are well deserving of record.

Some months ago we were favored with a copy of an important work issued hy the Smithsonian Institute of Washthe Athahascan languages" (Govern- them will believe it, that it is a deliberment Printing Press, 1892). The "Athabascan" family of Indians embraces the greater part of the western interior of on the Pacific side of the United States, and the Navajo, Apache and Lipan of the south of the same. The Smithsonian publication contains an alphabetical list of all the writers upon those peoples, see the important, the almost preponde. rating, share taken by the Oblate Fathers in this work.

zuages occupy five closely printed col-St. Mars-sur-Colmont in 1859 educated to improve his reputation. first by the Christian Brothers and then at Mayenne, entered the Oblates of Make Catholic Truth Known. Mary in 1879, and arrived in British Columbia in 1880. He first devoted himself to the Chilkot Indians, whose language he soon mastered, and in 1885 he this advice to Catholics:

was sent to Stuart's Lake Mission, his present station, among the Carrier Indians. He is the inventor of the Dene alphabet (or syllahary). Religious books, grammars, dictionaries, periodicals, have flowed from his pen, and he has made himself the chief living authority on all that relates to the Carrier

Ten close columns are required to detail the innumerable publications of Father Emile Petitot, a native of Burgundy, whose labors in Canada extended from 1862 to 1882, when he retired to France. He was the first missioner to visit the Great Bear Lake. He went twice on foot from Good Hope to Providence, and often made winter tours of 40 or 50 days in snow-shoes. He was the first missioner to the Eskimos of the Northwest. For his linguistic work among the Eskimo and Algonquin tribes the bibliographies of these families already issued by the Smithsonian Institute must be consulted-the volume before us deals exclusively with his contri bution to the literature of the Montaignais or Chippeway, Peau-de-Lievre, and kindred dialects. Father Petitot is now Cure of Mareuil, near Meaux, in his own native country, but stilt takes the deepest interest in his Canadian Indians. Father Valentin Vegreville, of St.

Albert Mission, has written much in and concerning this same Montaignais language. A native of Mayenne, he has lacoured incessantly from 1852 to the present day among the Chippewayans and Crees, on Lake Caribou, at Edmorton, among the Assiniboines, in Saskatchewan, and numerous other parts of the Far West. Very pathetic is his own

It grieves me to say that for the present all my scientific and literary work is stopped. A task more serious and more important is impose I upon me. I am the only priest to minister at Fort Saskatchewan, where I go every fortnight, a distance of 22 miles. On the intervening Sunday I am needed at Edmonton, where the pastor only under-stands English and French, and leaves to my care three-fourths of his congregation, who speak Cree I am the only missioner who speaks the language of the Assiniboines and I am obliged once or twice a year to spend some weeks amongst them, some forty miles from here. You will not be surprised, therefore, when I tell you that it is nearly two years since I have had any time to devote to my manuscripts (p. 105).

Space will not allow us to make more than a passing reference to the writings of Father Leroff. in Montagnais: and of Father Perrault, inventor of the Montagnais alphabet; but the three above quoted are by far the most important of these writers.

During the past few days we have also received a most interesting monograph, taken from the proceedings of the Royal Society of Canada, and entitled "Carrier Sociology and Mythology," by Father Morice above mentioned. This essay, illustrated by an excellent map, is a notable further contribution to our knowledge of the ethnology and history of

Such is a very hasty summary of a great Canadian Northwest. It is a work of which their illustrious congregation, and indeed all Catholics, may justly be proud, and we ourselves feel happy to have this opportunity of paying our modest tribute to their self-sacrificing and never-wearying labours for God and for science.-Illustrated Catholic Mis-

MR. JOHN O'DONOHUE'S MISREPRESENTATIONS.

KNOWN CATHOLICS.

Mr. John O'Donohue, in his latest

Tribune interview, gives the names of Mr. F. W. Russell and Mr. G. Gladnish as amongst the Catholfes of the city who would be in favor of accepting the public schools were it not for the opposition of the clergy. These gentlemen have called upon us with reference to the matter, and ask us to give the statement a most emphatic denial what are we to do? To stand idly by, ington, and entitled "Bibliography of They say, and our readers who know ate untruth on Mr. O'Donohue's part, manufactured out of whole cloth, as British North America and most of the they have never discussed school matinterior of Alaska, a number of tribes ters with him and have never spoken to anyone else in the way he insinuates. If it were worth while, they could prove that other assertions in this infamous interview are equally their languages and customs, of a most without foundation, but they feel there exhaustive des ription. It is pleasing to is no necessity to do this. The readers of the Review know Mr O'Donohue so well by this time that they place One of the most important of these not the slightest confidence in anymissionary authors is Father Adrian thing he may say. The mean methods Gabriel Morice, whose numerous contri- he is ready to adopt to attain his ends butions to the literature of the Dene lan- have gained for him the contempt of umns of the hibliography. The note every self-respecting man-and cerstates that Father Morice was born at tainly his latest effusion has not tended

Father Elliott, the Paulist missionary

now working among non-Catholics, gives The personal use we make of the

truth of God is a good test of our valuation of it. It is this way in the gift of the truth; if it is not worth sharing it is not worth keeping. A people not eager to share Catholicity with kindly neighbors and fellow-citizens are not likely to live up to it themselves; certainly they are not worthy to enjoy it, much less to transmit it to their children.

Religion cannot exist in the soul without a principle of fecundity by which it demands to be communicated. Selfishness, besides being a vice, is a malady. It was the primary evil of Protestantism and has proved its ruin. The Bible is the common heritage of God's children; the Reformers made it each man's pri-Vate property; hence disunion and then doubt. And any Catholic who fancies that he can use his Faith as his own property is in error, and is in danger of being decatholicized. We would not be "worthy to enjoy it,

much less to transmit it to our children, we did not bend all energies to make the Faith known to all our fellow citi-

Priests Exiled in Russia.

A recent dispatch from Brussels says Advices have been received here from St. Petersburg that twenty-two Ca holic Mike. priests were a few days ago exiled from same thing, for Oi can't raise it myself." the Vistula district on the charge that Under guard the priests started for their lestinations. A large number of peasants gathered, and seeing that the lawyer, priests were being forced to leave made an attempt to rescue them from the gendarmes who had them in charge. A desperate fight followed. The peasants would most likely have succeeded in does the reversal come in?" their object had not the gendarmes been reinforced by a number of Cossacks. Even then the peasants continued to fight for the release of the prisoners. Finally the Cossacks fired into the crowd, killing and wounding many perrons.

The affair had caused great excitement among peasants, who at no time are lovers of the Cossacks. Further trouble is feared. The priests, knowing full well that there could be only one ontcome to such a dispute, tried their best to calm the excited feelings of the peasants, and thus avoid bloodshed The peasants however, would not listen to them, but insisted upon freeing them, in spite of their expressed wishes to the contrary. After the volley was fired into the crowd the peasants dispersed and the gendarmes started away with their prisoners.

SISTERS LIVE IN A BARN.

Owing to Tardy State Auth orities.

Mother Superior Felicia and Sister Theresa, of the Benedictine Sisters, visited Gov. Stone, of Colorado, recently in hopes that they might be able to get some assistance from the state towards building a new convent. Their building market. This is a fact. I speak with was torn down by the penitentiary comwas torn down by the penitentiary commissioners some time ago and an ap- been dealing in various kinds of Pills, propriation was made by the legislature to rebuild their dwelling. It was found afterwards that there was no money in the fund from which appropriation was made, and the Sisters have since been residing in a barn.

The governor referred them to the

board of charities and corrections in hopes that they might be able to do something for them. There the Sisters found that nothing could be done for

For pity's sake, don't growl and grumble because you are troubled with indigestion. No good was ever effected by snarling and fretting. Be a man (unless you happen to be a weman), and take Ayer's Sarsaparilla, which will relieve the obstructed air passages, and controls portant motto which human languages you, whether man or woman.

For the Satolii Residence Fund. Return of the Jesuits to Ger-

Archbishop Corrigan has issued a circular to the rectors of the churches in the archdiocese of New York, directing that a collection be made on Sunday December 30, for the purpose of defray ing the cost of the residence at Washthe majority consisted of ninety-five ington, which has been purchased for the apostolic delegation, of which Mgr. The archbishop Satolli is at the head. nelieves that the collection will exceed the proportion of the expense which the New York archdicese is taxed to bear.

Work, Not Talk.

We look to our priests as our models of piety, the showers of good example, the leaders that point out the way. But and do nothing. When asked about our Catholicity we point with pride to the should be done, all is said that is necessary. Too much of this is brag. It is wordy, nothing else. What is needed is an efficient laity, men, women and children moving about briskly firm steps in the was of right living. Every one who stumbles and lags in the procession is a sore blow to the good canse. It is our duty, collectively, to impress our minds with the idea of duty and then be practical. That duty is which comes next our hand. If this was done the Catholic Church would scand out in such glory to an unbelieving world, that all would make haste to enter its portals. How studid, irritational it is to think because one's duties are light and trivial, they are therefore unimportant. Every duty is important, and each one demands the full measure of performance. It is heresy, otherwise born of the flesh and the devil. The disciples were se t to preach the Gospel, so are we all sent to preach, not so much by word of mouth, as by acts. This is our mission, the grandest of all He who goes on with his duty with God, cannot fail. He is the true disciple.—Catholic Citizen.

Getting Square With the Priest.

In very many parishes—we were about to say in every (atholic parishthere is to be found some one who does not go to church nor take part in the religious life of the people, because at some time, more or less remote, he has "had a row" with the pastor; perhaps the present one, or may be with his predecessors who may be dead and gone.

Poor fellow! He thinks that by stay ing away from mass and denying himself the Sacraments he is somehow getting "square with the priest." shows a very queer mental twist. It reminds one of the Dutchman out west who had a row with a railroad stationagent and swore vengeance. square with em," he answered. don't git ahead of me. I bought a round trip ticket from here to Chicago and return, and I'm not coming back.

OUR BUDGET OF FUN.

A bad barber, like lightning, never strikes twice in the same place—his victims won't let him.

"Mike," said the landlord, "I think I shall have to raise your rent." "Raise my rint is it you'd be doing?" savs "Faith, an' Or'll be glad for that

One of the judges, in crossing the Irish who was suffering terribly from sea-sick- family is the quee of their home, over-rule this motion."

"Time brings strange reverses. Here's poor old Henpeck, for instance, who married his typewriter." "Well, where does the reversal come in?" Why, it have it an elysium. If he sets a bad example to the children by getting drunk, by swearing, by neglecting the hard mass on Sunday, by using villars. was he who used to dictate."

Husband (sitting down to supper)-"Where are all the children, Maria?"
Wile—"They're all in bed." Husband—
"In bed! Why so early?" Wile—"Because you are going to put up that new stovepipe, and I want them to grow up to be polite men and women.'

A darkey says, "All men are made of clay, and, like meerschaum pipes, are more valuable when highly colored."

"Yes," said the primary Sunday school teacher, "the very hairs of our head are numbered." And Tonmy Bangs, jerking a blonde hair from his bristly head, held it up and demanded, "What number is that ?"

"John, the newspapers say that there are strained relations between America and Italy. What are 'strained relations?" "Well, if I should boil your mother and run her through a colander she would be a strained relation, wouldn't she?"

> Who Can Dispute It? Barry's Corners, N.S., Feb. 15, 1890.

W. H. COMSTOCK, Brockville, Ont. Dear sir,-Your Dr. Morse's Indian Root Pills are the best selling pill in the and sell more of Morse's than any other. If any one does not believe this, I ask him to write any of my customers about it or better still, I ask him to try a box and see if he will then use any other. I hope I may always have them.

Yours gratefully, H. M. G. BARRY.

According to the old superstition we them. What action they will take next shall have twenty-one snow storms this teach their children this from the is not known.

And does it not start.

> Thousands of lives are saved annualby the use of Aver's Cherry Pectoral. n the treatment of croup and whooping cough the Pectoral has a most marvelous effect. It allays inflammation, frees that "Shut your mouth" is the most the desire to cough

many.

On Saturday last the German Reichstag passed an Act providing for the return of the Jesuits to that country, atter a long and somewhat stormy debate.

An analysis of the voting shows that

Centrists, almost the entire party, seventeen Poles, six Alsatians, twenty-nine Socialists. The division cannot be described as one on strictly party lines. During the regime of Prince B.smarck, the tenacity with which he opposed the revocation of the law of expulsion, even after the abatement of the Kultur Kampf prevented the splitting of the party groups on this question. When the proposal was last before the Reichstag two years ago. Chancellor Von Caprivi ununstakeably declared against the Centre's motion. On this occasion the government held entirely aloof from the listen to their exhortations, look edified, debate and no speaker pretended to know what course the ministers would take in the event of the Centres obtaining a majority. Among the government's Church, laud our prelates, and then old supporters the National Liberals stop still, thinking all is done that almost to a man voted against the motion, following their traditions. The sum of the position is this: That the Reichstag having full play shows changed convictions, and that the government having still to negotiate for majorities on the commercial treaties and financial reforms, may find it reasonable no longer to oppose the repeal of the law of expul-In negotiating for majorities and also in dealing with the Vatican, Chancellor Von Caprivi obtains through Friday's vote a powerful advan age. It rests with the government whether to vote shall be made effective by the Bundesrath. The government can, therefore, operate upon the Centre for support in the Reichstag and work upon Vatican to modify its poricy of exalting the French repullic. The cautious tactics of the government suggest that it will eventually use its advantages successfully and will advise the Bundesrata to assent to the abolition of the Jesuit

In the case it is a great victory for the German Catholics, and marks as era in German religious progress.

CATHOLIC NOTES.

Father Kneipp, the well-known cold water doctor, of Worishofen, has received from Leo XIII the dignity of Papsi Privy Chamberlain.

Considerable stir has been caused in society by the conversion to Catholicity: of a mere of John Morley, chief secretary for Ireland. She kept house for Ler uncle in Dublin. She will enter convent within three months.

The arched stone roof of St. Pierre chapel, recently erected in Courpier, near Clermont-Ferrand, Puyde-Dome department, fell last week while many Sisters of Mercy were at prayers. eral Sisters are said to have been killed and several injured severely.

It was only some twenty odd years ago that State persecution of Catnolical ceased in Denmark. Since then Cathe olicity has been making rapid progress. In 1866 there were but three priests is that country. There are now, according to the "Annals of the Propagation of the Faith," upwards of thirty, most of whom are converts, and every year the number of conversions is over two hun-

GENERAL NEWS.

The barber derives his class title from the Latin word "barba," a beard. Rude uncivilised races were originally called "barbarians" solely on account of the unkempt appearance of their beard and bair.

This good advice to parents comes they had opposed the authorities. They Channel one stormy night, knocked from our welcome cortemporary, the were to be sent to Grodno and Kieff. against a well-known and witty Q.C., Canadian Freeman: The mother of ness. "Can I do anything for you," said the father is the power benind the the judge. "Yes," gasped the seasurk throne. His influence is most powerful. "I wish your lordship would If he is insolent to his wire, the children will be apt also to flout her. If he make home unhappy, she cannot have language, etc., etc., it will be next to impossible for her to bring up her young children in the fear of the Lord and in the practise of religion. As the father so frequently are the sons and the

> age is not to be allowed to die without struggle. Many influential Irish gentlemen, among whom are Sir Thomas B monde, M.P., and Captain Donnelland M.P., are having their names and ac resses written in Irish only on the vehicles, thus braving the wrath of the magistrates of County Cork, who have already pronounced conduct of this kind. already pronounced conduct of this king to be a breach of the Highways Ac Not to be outdone by these galls champions of the Gaelic tongue; the members of the Dublin Young Ireland League unanimously passed the following resolution at their last meeting "That the corporation and town commissioners of Ireland be requested paint the names of the streets in Iris above the names in English, in order familiarize the people with the Iris language and prove to visitors the second language and prove to visitors the sep rate nationality.'

A LITTLE bit of really valuable advice

Apparently the ancient Irish lange

for this season of the year. Keep you mouth shut. If people would only this they would avoid coughs and cold this they would avoid coughs and cold and oit-times serious illness. The prescription is a very simple one; and neven the merit of originality can be claimed for it; but it undoubtedly is encacious, as the writer can testify from experience. The idea belongs to Catlin, the celebrated traveler among the North American Indians, who discovered that they were free from man, of the diseases which afflict civilized in of the diseases which afflict civilized at tions, and he attributed this exemption to the practice of keeping their mouth closed at almost all times, except whe they are eating or talking. The mother teach their children this time their earl est infancy. And does it not stand to reason that that it is better to breath through the nostrils the chilly air when leaving a heated room for the street, even when going into a cold passes than letting it go straight to the lungs the ordinary way? Mr. Catlin declared