## YOUR SUMMER OUTING

All the pleasures of your summer outing depend on your health. man who is worried with a sluggish liver can't get much pleasure out of a holiday trip. Even the pleasures of camping and "roughing it" vanish when Indigestion, Constipation and Biliousness arrive. Get rid of these ills, and you'll really enjoy life.

## Abbey's Effervescent Salt

will cure you-cure all stomach ills. It is handy to carry-pleasant and refreshing to take.

If you would enjoy life, take Abbey's Effervescent Salt with you wherever you go-up the stream, in the forest, on the lake, or by the sea-shore.

ALL DRUGGISTS SELL IT, 25c. and 60c. A BOTTLE.

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THE ABBEY EFFERVESCENT SALT COMPANY, Limited MONTREAL, CANADA



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Note.—Beware of parties using our name, we employ neither Agents nor Travellers