

DR. JOHNSTON'S MISSION.

A large audience assembled in Knox Church, Toronto, on Thursday evening of last week to hear Dr. Johnston's exposition of his plan of missionary work in Africa. After the opening devotional exercises, conducted by Dr. Parsons, Mrs. Johnston, wife of the missionary, and herself a missionary, delivered a brief address, dwelling upon the points of interest as presented in her fifteen years of missionary effort in Jamaica, and concluded with a reference to her husband's African enterprise and the need for the mission there.

Mr. David Hurd, a native missionary trained in the Jamaica mission, was next introduced and spoke very feelingly of the millions of his own race who were under the darkness of heathenism and superstition, and warned his hearers, many of whom were living un-Christian lives in the midst of Christian privileges, of the dreadful retribution that awaited them.

Dr. Johnston then explained the object of his new mission and the manner in which it was to be carried on. The object, in brief, is to use the ardour and zeal of the converts in his Jamaica mission in carrying the Gospel to their brother negroes of equatorial Africa. He expected to traverse the continent from the Portuguese coast on the east to the west, a distance of 4,000 miles, planting a native missionary here and there along the line. It was his intention to make the journey on foot, and their cry would be "Peace, peace!" wherever they went. Not for romance, not for exploration, but to carry the Gospel to the heathen was the journey undertaken.

The following gentlemen were appointed an Executive Committee to co-operate with Dr. Johnston and make arrangements for permanent organization in connection with the work: Dr. Ogden, Queen Street Methodist; C. Blackett Robinson, St. James' Square Presbyterian Church; Thomas Thompson, Carlton Street Methodist Church; Elias Rogers, Society of Friends; William Mortimer Clark and John J. Garshore, Knox Church; T. Eaton and W. J. Gage, Trinity Methodist; Henry O'Brien, St. Peter's Episcopal; Alexander Sampson, Central Presbyterian; Herbert Langlois, Western Congregational; H. B. Gordon, Deer Park Presbyterian; F. Roper, Metropolitan Methodist.

ASTONISHED AMERICANS.

Publishers in the United States are amazed to learn that there is a weekly paper published in Canada with a subscription list approaching one hundred thousand. But it is nevertheless true. The paper referred to is the *Family Herald and Weekly Star*, Montreal, a weekly newspaper that is a perfect magazine of useful information. The popular testimony proves that wherever the *Family Herald* has become known it has passed quickly into the front rank amongst household necessities. The paper in each department is edited with infinite care by eminent men who know their business. It is a great thing for a paper to have in charge of its departments skilled, experienced, well-paid editors, whose life study is in the direction of improving their work and making their opinions and decisions of sterling value to the reader. The *Family Herald and Weekly Star*, Montreal, is certainly in the front rank of American journalism.

AN IMPORTANT SUBJECT.

The subject of health. Good health depends upon good food. It is not what we eat that nourishes the body, but what we digest. To study what we eat and why we eat is important. It was by eating the wrong food that the curse came upon mankind at first. Thousands are miserable with indigestion and dyspepsia from eating the wrong kind of food now. Some eat the same kind of food in hot weather that they do in cold weather, and consequently they suffer and are cast out of the paradise of health. It is always safe to eat Desiccated Wheat, but be sure you get the proper article with the name and trade mark of the Ireland National Food Co. (Ltd.) on the package.

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If you have made up your mind to buy Hood's Sarsaparilla do not be induced to take any other. A Boston lady, whose example is worthy imitation, tells her experience below: "In one store where I went to buy Hood's Sarsaparilla the clerk tried to induce me to buy their own instead of Hood's; he told me their's would last longer; that I might take it on ten

To Get

days' trial; that if I did not like it I need not pay anything, etc. But he could not prevail on me to change. I told him I had taken Hood's Sarsaparilla, knew what it was, was satisfied with it, and did not want any other. When I began taking Hood's Sarsaparilla I was feeling real miserable with dyspepsia, and so weak that at times I could hardly

Hood's

stand. I looked like a person in consumption. Hood's Sarsaparilla did me so much good that I wonder at myself sometimes, and my friends frequently speak of it." MRS. ELLA A. GOFF, 61 Terrace Street, Boston.

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