

# The Weekly Monitor

WHAT'S THE DATE ON YOUR LABEL? IS IT JANUARY, 1923? If so your subscription will be due this month. The figures tell you the year. For instance: July, '23, means your subscription was paid to July, 1923, and is six months overdue.

VOL. L. No. 42.

BRIDGETOWN, Annapolis County, N. S.

WEDNESDAY, July 17th, 1923.

Terms:—\$2.00 Per Year In Advance.

SINGLE COPIES FIVE CENTS

## HOCKEY TEAM WIN ONE AND LOSE ONE

### Bridgetown Defeats Annapolis 6-2—Loses to Middleton 4-0

In a game which was fast and also somewhat rough in spots, Bridgetown hockey team took Annapolis into camp with a score of 6 to 2, in the Annapolis rink on Friday night of last week.

The Annapolis team started out very vigorously with a determination to win, but did not regulate their playing all to the puck, and consequently penalties were handed out somewhat freely.

After five minutes play McDormand made the first score for Annapolis, and Jackson, with a long shot from centre ice, evened matters up. Donaldson added another and Ruggles made it three. Buckler for Annapolis, landed one in the net before the end of the first period.

In the second period Bridgetown ran the score up two more, Ruggles and Jackson getting the tallies. In the third period both teams put up a big battle, but the only scoring was done by Ruggles.

V. Melanson, of the Digby team, refereed, to the satisfaction of all. A large number of supporters from here went with the team to Annapolis. Bridgetown is behind their hockey team and Tuesday night's game put joy into their hearts, for it was the first time in many years that the locals were able to come home victorious from Annapolis.

Ruggles and Donaldson were in top form in the forward line. Jackson and McKenzie proved themselves a hard defence to penetrate Jackson's rushes up the ice and two scores proving a feature of the game. Donat in goal showed marked improvement in form.

After the game the local boys were treated to an oyster stew at Frost's by the Annapolis team and greatly appreciated this thoughtful hospitality.

Line-up of the teams was as follows:

W. Donat	Goal	Brittain
M. Jackson	Defence	Buckler
H. T. McKenzie	Centre	McDormand
J. Ruggles	Right Wing	Pickels
J. Roberts	Left Wing	Darling
R. Donaldson	Referee—V. Melanson.	Ripps

On Friday night last Middleton hockey team defeated Bridgetown here by a score of 4 to 0.

The ice was in good condition and both teams worked at high pressure throughout. Middleton was better supplied with subs than the locals, having five. These were relayed in with good judgment and good effect. Both teams hit a lively pace and went in to win.

While good individual work was done, both sides Middleton as a team worked rather better together.

A strong defensive defence and splendid work by the goal keeper, Cleveland, with pronounced elements in giving Middleton the big and only one of the score, individually the work of Fred Fisher and Robie Thompson, was high class. Jack Ruggles at centre played a great game for Bridgetown, and some very near scoring on a number of occasions.

From the first period both teams went at it hammer and tongs, and with rapidly varying advantages in position. The local boys rained shots pretty fast for a time at the Middleton goal, but Cleveland blocked them all. Some little time before the close of the first period Thompson scored for the victor.

The second period was also lively, and E. A. Hicks in goal was a very busy man at times.

Cox and Palmer, however, each managed to score in the period. The visitors were quite frequently penalized for short periods. In the third period Andrews secured the final score.

Harry Donaghy refereed in a most satisfactory manner.

Line-up as follows:—

Bridgetown:	Middleton:	
E. A. Hicks	Goal	C. Cleveland
M. Jackson	Defence	M. Moore
H. T. McKenzie		K. Fisher
Jack Ruggles	Centre	Fred Fisher
J. Roberts	R. W.	C. R. Cox

## OUTDOOR LIFE IN NOVA SCOTIA VS. DOCTOR BILLS

(By Dr. M. E. Armstrong.)

For some years now, people in the city and in the country, everywhere, have been recognized the benefits of outdoor life. The economist cries "back to the land" as an offset to the crowding of the cities, that we may have an increased supply of food products and staples and less distress and unemployment in the urban centres.

But this cry is more than an economic warning or prophecy; it is a hygienic measure of vital importance to the whole human family, but never as fully recognized as today by the business world or by medical science.

The discovery that we resist the infection process much better in the open air than anywhere else has led to the broader fact that the outdoor life or return to nature, is a balm for many ills and as a tonic and restorative to the weary, or weakened or exhausted or overworked we have no medicines to equal the wildwood, the sea shore, the open country life where we can live, eat and sleep in the open air.

During the past half century we have been looking more and more in the direction of out-of-doors and recognizing its hygienic and health giving properties. The houses of our grandfathers were built without verandas or with narrow ones that were more for looks than comfort but the broad verandas and the open sleeping porches of to-day will permit living and sleeping out of doors during the summer months.

The half holiday or even the whole day in some lines of business recognizes the same hygienic principle and it is well known that the business and office man can do better work and more intense work because he has a half day during the working week when he can flee to the country or have some hours in the open.

The increased interest in sports—baseball, cricket, golf, lawn tennis, and many others are along the same line and all help to bring people into the open air and are by no means an unmitigated evil even under their worst conditions. The numerous books to-day on gardening, on nature and nature-study also show which way we are trending. We have hand-books on birds and wild flowers, ferns and seaweeds, on camping and hunting and fishing, all of which call us out into the open air and the country-side and into the silences of the woods and hills and seaside where manifold life on all sides abounds, and where with these aids we can become familiar with the world of nature while its very breath invigorates our bodies and its beauties charm our imagination. All of this diverts our attention from shop and office and business routine.

Talk about blood builders and restoratives and patent medicines and even doctor's tonics! We have nothing that can match this open air and out-of-door life of a month or longer in our Nova Scotia summer climate with its delightful atmosphere. Our Nova Scotia Summers are becoming better known each year as presenting more of the advantageous points and fewer of the objections than most Summer resorts.

What have we to offer the tourist and those seeking rest and health? We can give them cool Summer days, by the most part with fine weather and lots of sunshine, with pure water supply and plenty of it, with freedom from malaria and typhoid. We are so near New England and even New York that 24 hours' trip by rail and steamer will reach any part of Western Nova Scotia. The numerous bays and inlets from the sea, with tidal waters and sloping banks and shores that are clean, dry and of sandy or gravel formation of soil and covered often with hardwood or evergreens, provide all that could be wished or desired for those liking a seaside outing. The sea breezes that always

blow inward during the day-time are cool and refreshing and bear with them just enough iodine to be beneficial to both the sick and well. No need here of medicines from a bottle or appetizers or aids to digestion. These all come with the air we breathe. All the way around Annapolis Basin the shores are well adapted for outdoor living and a playground for children. Boating, fishing, swimming, clam digging and many other recreations are always ready. Railroad and telephone and daily mail service are close at hand; living supplies are nearby and reasonable in price.

There are plenty of hillside and lakeside or river bank locations in the woods, or near the forests still more inland that offer as delightful locations for a few weeks vacation or a summer's rest. In fact, our delightful Summer atmosphere with its variations according to the part of it we touch should in time bring to our shores many thousands of Summer visitors and families seeking rest and a change.

The span of life has been extended about ten years in the last half century, and men are working almost ten years longer than they used to. It is also said that we are better physically and that our women are bigger and stronger than their grandmothers were. These conditions have quite largely come about by our increased and growing love of outdoor life and our longer hours in the open. One needs no better proof of the benefits of out-of-door life compared with shut-in conditions than the vital statistics of Halifax city published in The Morning Chronicle a few days ago (December 23rd). There we see that in January last year there were 106 deaths recorded for the month, while in July there were but 47. In February the toll was an even hundred, while in August it dropped to 44. During March, another hard month of being shut in, there were 62 deaths, while September only registered 38. We thus have a total of 268 for the three Winter months when there was little chance to get in the open air and although able to keep warm. For the three Summer months, there was a total of 129, or less than half the number in the Winter days when windows and doors must be closed.

The improved condition of the main highways and the coming of the automobile has almost annihilated distance, so that country by-ways and roads have become near enough to be quite within the reach of all, and it should be the endeavor of all to spend as much time and as many hours in the open air away from the dust of the city and town, with its particles of solid irritants, with emanations of every sort and description to irritate our respiratory apparatus and poison our systems and live in the dustless atmosphere of the open fields and woods or sea shore with their marvellous sedative effects, with abundance of fresh air and the smell of the earth that will bring health, vigor and the joy of life.—Morning Chronicle.

M. E. ARMSTRONG, Bridgetown, N. S.

The above article following was written for The Morning Chronicle by special request.

PRIVATE BREW EATS IRON AND STARTS ON LEAD

Brantford, Ont.—Bootleg whiskey drinkers take terrible chances—and not only through the "red eye" itself. In the local revenue department is shown a still which contained so potent a liquor that it ate off the galvanic covering and then started on the lead foundation.

## A WORD TO OUR SUBSCRIBERS

During the past few weeks we have been greatly pleased with the receipt of subscription monies and renewals for THE MONITOR. We have many readers who look after the matter of subscription payments as exactly and conscientiously as they look after any of their business affairs. We know our readers will all acquit us of dunning for subscriptions thru the columns of THE MONITOR. In fact we have not referred to all of this phase of matters for nearly nine months. We do not at all share the opinion sometimes expressed by publishers that subscribers who allow their accounts to run into arrears are endeavoring to evade payments and get their papers for nothing.

There are one or two things which we would like to bring to the attention of readers who either do not

pay or have grown forgetful. Every newspaper publisher has to run his business on practically a cash basis. His staff has to be paid weekly. His newsprint and supplies generally, thirty days from date of shipment. Many other incidentals, such as renewals, etc., C. O. D., insurance, and a dozen other things cannot wait. This is a frank statement of things as they actually are. No designed primarily as a matter of complaint, but rather as an attempt to call to the attention of subscribers matters apt to be forgotten or overlooked. If this brief article puts on delinquent subscribers a "thinking cap" that leads to action, THE MONITOR will feel repaid. We thank you.

Non payment of subscriptions is largely a result of carelessness and putting off. The delinquent receives a bill, his due date is on his label in any case. He says "I will pay that tomorrow, next week, or the next time I am in the office." Time drifts from day to week, from weeks to months, and months to years. It is only two dollars. That will not make much difference anyway." Get a few hundred people thinking the same thing and acting on it, and see whether it makes any difference or not to the publisher.

Plans are being formed in Glace Bay for the outfitting of a schooner to leave here early in the Spring for Labrador, with a party of gold miners.

That there will be a large party leave here is now practically certain. Overtures have been made to the owner of a Glace Bay schooner to make the trip and there is every hope that proposition will be accepted.

It is planned to leave here about a month after the Halifax expedition sets out. Two steam trawlers leave Halifax on January 20th, the trip being financed by Ottawa mail.

If the Glace Bay proposition materializes a schooner will leave here about the last week in February with crew of about twenty men.

The plan is being considered by prominent local men and some definite announcement can be expected shortly.—Glace Bay Gazette.

MOUNTAIN TYPE EXPRESS ENGINES FOR THE C. N. R.

The Canadian Locomotive Company, Limited, has recently received a large order from the Canadian National Railways for motive power.

Sixteen of these engines will be the largest ever made in Canada, and are guaranteed to draw sixteen steel coaches between Toronto and Montreal at the rate of seventy miles an hour. Evidently the Canadian National is providing reserve power to insure punctuality.

The Locomotive Company is in a very strong financial position, a reserve of over \$2,000,000 invested in tax free Victory Bonds and other Government securities has been maintained for some years. The present orders will greatly enhance the activity and profits of this Company.

The preferred stock is at present around 87 bid on the Montreal and Toronto Stock Exchanges, and might be classed as one of the best investment preference stocks available on the Montreal and Toronto Stock Exchanges at the present time.

OXFORD MAN HOME FROM THE DEAD

On Friday evening, the great and noble spirit of the "Oxford" hotel, and a host of former old friends, there again in the form of a young man, came back to the shore. For many years it was believed that this man was dead, he having been officially reported here as "died from mortal wounds" while serving with the C. E. F. overseas, and with whom for three years he "done his bit" on the blood stained fields of France. However, this report was in error, as it was intended for another soldier bearing the same name and from the same regiment in Western Canada, where he had enlisted. It is over fifteen years since Mr. Thompson left Oxford for the prairies of the West, where he now has a large ranch situated near to the city of Saskatoon, well stocked and very fruitful. He has thus met with a goodly share of prosperity in this world's good since leaving the native town in the East, where today he is being very warmly welcomed by all old time friends known in days of yore.—Oxford Journal.

Mrs. Annie Wilson left for her home in Vermont on Friday, after having spent several weeks with her parents, Mr. and Mrs. W. W. Payson.

Miss Margaret McMillan returned to Annapolis Royal Monday, 8th inst., to resume her studies at the Academy there.

Mrs. J. C. W. Dimers left on Friday for a few weeks visit with relatives in Dorchester, Mass.

The Rev. W. H. E. Bullock, rector of St. Andrew's Church, Hanisport, was the guest last week of Mr. and Mrs. Curphey.

The marriage of Miss Pearl McFadden and Mr. Carl M. Nichols, took place in Massachusetts on Tuesday, 9th inst. Their many friends here extend hearty congratulations.

On Tuesday Mrs. Curphey entertained several friends at a very enjoyable afternoon tea.

RECORD-BREAKING STORM PERIOD

Traffic and Business Much Demoralized.

The snow storms of the past few weeks are beginning to get beyond our count and we can all say we have too much now of a good thing. Conditions are quite familiar to all our readers so we shall not dwell long on the matter. Suffice to say that not in the memory of old inhabitants has so much snow been seen on Queen Street where the banks still stand higher than a man's head. Chief Bishop had some twenty-eight shovellers out Sunday to make going possible and about six miles of streets were gone over. All through the county conditions are very bad and for the past few days very little travelling has been possible except on snow shoes. There was no express through with mails from Friday afternoon till Monday afternoon and the first train from Yarmouth since the storm arrived here at 1 a. m. on Tuesday morning and transferred mail to the express from Halifax. Both expresses crossed here on Tuesday and traffic is getting back to normal. The C.N.R. track has been cleared and engine and snow plow went thru here West on Sunday morning.

SCHE GENERAL GEORGE C. HOGG GOES ASHORE DURING GALE

The tern schooner General George C. Hogg, Capt. Geo. Haugh, loaded with hard coal for Mrs. E. L. Fisher of this town, was driven ashore on Friday night last on Great Cranberry Island near St. Desert and about forty miles from St. John. A heavy gale prevailed at the time but the schooner is reported resting easily and may be gotten off. Captain and crew were rescued by Coastguardsmen. According to latest advices received by Mrs. Fisher, the owners were on their way to the scene of the wreck and a survey will be held. The schooner was bound for Annapolis at the time of the accident.

OFFICERS REBEKAH LODGE INSTALLED

The officers of Autumn Leaf Rebekah Lodge, I.O.F., have been installed by Dist. Deputy President, Mrs. J. I. Foster, as follows:—

N. G.—Mrs. B. N. Messinger. V. G.—Mrs. O. C. Jones. Warden—Mrs. B. E. Chute. Conductor—Mrs. Annie Anderson. Chaplain—Eva Daniels. R.S.N.G.—Mrs. W. R. Longmire. L.S.N.G.—Mrs. Mary Chute. R.S.V.G.—Mrs. Parker Whitman. L.S.V.G.—Nelle Rice. P.G.N.G.—Mrs. Ethel Chute. Inside Guard—Flossie Troop. Rec. Secty.—Mrs. F. E. Bath. Fin. Secty.—Mrs. Chas. Bent. Treasurer—Lillian Newcomb.

GIRLS WORK BOARD NOTES

A meeting of the Girls' Work Board will be held on Thursday evening, Jan. 18th, at 7.15, in the Board of Trade rooms.

On Friday evening, Jan. 19th, a United Group Meeting of all C. G. I. T. girls will be held in the school room of St. James' Church at 7.30. The speaker will be Mrs. W. A. Warren, and the subject of her address, "Observations on Public Speaking."

DEEP BROOK

Mrs. Annie Wilson left for her home in Vermont on Friday, after having spent several weeks with her parents, Mr. and Mrs. W. W. Payson.

Miss Margaret McMillan returned to Annapolis Royal Monday, 8th inst., to resume her studies at the Academy there.

Mrs. J. C. W. Dimers left on Friday for a few weeks visit with relatives in Dorchester, Mass.

The Rev. W. H. E. Bullock, rector of St. Andrew's Church, Hanisport, was the guest last week of Mr. and Mrs. Curphey.

The marriage of Miss Pearl McFadden and Mr. Carl M. Nichols, took place in Massachusetts on Tuesday, 9th inst. Their many friends here extend hearty congratulations.

On Tuesday Mrs. Curphey entertained several friends at a very enjoyable afternoon tea.

LAWRENCETOWN CORRECTION

Mrs. Florence Balcom and son, Geo., and Mrs. C. Young, spent Monday at the home of Mrs. D. M. Balcom. Should have read "Mrs. Florence McKowan and son".

## NOTES AND NEWS OF LAWRENCETOWN

Budget of Social, Personal and Church News. Interesting Recital

Snow storms, high snow banks round the house; long or short tunnels to get out or in the homes, therefore hunting for items was not easy.

Sunday the usual services in the churches. An average number out, but bad roads prevented many from attending the places of worship. Rev. H. Rackham preached and held a communion service in the Methodist Church.

Sunday evening an organ recital was held in the Baptist Church. Miss Whitman, daughter of Rev. A. D. Whitman, and Mrs. Ralph Shaffner were the organists for the evening. The choir was out in force and gave splendid selections. Mrs. Edgar Shaffner, Mrs. L. Hanley, Mr. Alton Brown and Mr. Sanford gave some sacred songs in a reverent impressive manner that touched the hearts of those present. Really, Lawrencetown has reason to be proud of its choir and trained musicians, who so faithfully do their part in the public worship. Rev. A. D. Whitman gave a short address in which he spoke of the power good music stood for in the home, the church, and in the life. Mr. Edgar Shaffner at the conclusion, spoke a few well chosen words of thanks and heartfelt appreciation to the organists and the choir. A collection was taken and we think was enough to finish the debt on the organ.

Monday afternoon the Baptist Ladies' Aid met at the home of Mrs. W. Shaffner. The circle was well attended. Good reports were read, letters from Missionaries in India were read, giving an interesting account of Mission work in that far away land. Mrs. L. Wallace gave an account of Home Mission work, and related some very strange experiences. This lady also sang some beautiful hymns. Mrs. L. Wallace is well known as an accomplished singer and an active evangelist.

A very pleasant piece of news was the announcement of a marriage at an early date of two well known Missionaries belonging to the Baptist Mission among the Telegos in India.

Monday evening Methodist ladies met for circle work at the home of Mrs. W. Price.

Methodist W.M.S. met at the home of Mrs. Palfrey. Average number attended.

Thursday afternoon the Women's Institute met at the home of Mrs. A. H. Whitman, the meeting being very well attended. A good program was arranged and carried out. Mrs. W. Bent gave a bright account of her visit to various cities of the U.S.A. Mrs. H. Phinney told of a trip thru Cape Breton. Told of the kindness of the people, the beauty of the scenery, then told of seeing the lonely mountain top, the last resting place of Alex. G. Bell. Mrs. Chipman Archibald gave a delightful talk "Camp Life". She told of the lakes, rivers, wild animals, Mrs. fishes, sunrise and sunsets, and a description of a lonely lake, and the world of the snow, and of the wild and bear herds. One and all decided a camp life as Mrs. Archibald portrayed was truly ideal.

The Lawrencetown school has opened with bright prospects for the coming year.

Mrs. Corkum is now on Bridge St. boarding at Mrs. A. Beals.

Miss Troop has returned. She resides with Miss S. Banks.

All were glad to see Mrs. West out again after her rather severe illness.

Rev. L. and Mrs. Wallace have gone back to their home Mission field in N. B.

Mrs. Robert Longley has heard of the safe arrival of her son, Rev. R. Longley, and family, at their station in China. They had a good voyage, only took about a month.

The snow shoe club had several enjoyable hikes through the holidays.

The Sewing Circle met with Mrs. Miner Sprowl last week.

Mrs. George O'Neal spent last week at the home of Mr. Walter Walker, of Kingston.

A good many years since we had as much snow in the roads as there is now.

Mrs. Sumner Brown is visiting her parents, Mr. and Mrs. Edward Van Buskirk.

## WHAT'S THE DATE ON YOUR LABEL?

IS IT JANUARY, 1923? If so your subscription will be due this month. The figures tell you the year. For instance: July, '23, means your subscription was paid to July, 1923, and is six months overdue.

ISLAND TO VOTE ON ALLOWING CONTINUED IMPORTS OF LIQUORS

Charlottetown.—On January 22nd, in accordance with the Dominion Election Act, a plebiscite or referendum of the registered voters of the Island, men and women, will be taken on the question of whether they wish to prohibit the importation and exportation of intoxicating liquors.

The ballot will be worded as follows:—"Shall the importation and the bringing or intoxicating liquors into the Province be prohibited?"

The plebiscite is being taken for the following reasons:—Prince Edward Island is under a prohibition law which controls the sale and disposal of intoxicating liquors within the Province. It is also under a federal law, the Doherty Act, which prohibits the importation of liquor for use within the Province except for medicinal, medicinal and mechanical purposes.

MELVERN SQUARE

Miss Winnifred Jacques is spending the Winter with her aunt, Mrs. Nelly, in Greenwood.

The Sewing Circle met with Mrs. Miner Sprowl last week.

Mrs. George O'Neal spent last week at the home of Mr. Walter Walker, of Kingston.

A good many years since we had as much snow in the roads as there is now.

Mrs. Sumner Brown is visiting her parents, Mr. and Mrs. Edward Van Buskirk.

Glad to report Mrs. Timothy Phinney much better.

Mrs. R. Longley is in town for the Winter.

Mrs. N. Charlton has been ill, but is recovering.

(Continued on Page Four.)

Thank my friends for your patronage in 1922.

and you all prosper.

INGER Service

23

our thoughts fully to those of business pro-

with a complete ness at the old

Store

HIS WEEK

OSSES. and 24 lbs.

BRAN, SHORTS, & 40 lb Bags

s, Shoes, Rubbers

ongmire

ous New Year

new, we take this opportunity to support still further in the throughout 1923 to get your be sure of satisfaction.

URNS GOODS DEL'V

Heat & Power Co

ectrical call on us. oblige.

OLM, Manager