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Barristers and Solicitors  
ANNAPOLIS ROYAL, N. S.

Branch office at Middleton open every Wednesday from 2.45 p. m. to 6 p. m. and every Thursday from 9 a. m. to 11 a. m.  
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Money to loan on Real Estate Securities

**HERMAN C. MORSE, B.A., LL.B.**

Barrister, Solicitor and Notary Public  
Money to loan on First-class Real Estate

**INSURANCE AGENT**  
BRIDGETOWN, N. S.  
Office in Royal Bank Building

**JOHN IRVINE, K. C.**

Barrister, Solicitor, Notary Public, Etc.

Office in Pigott's Building, Queen Street.  
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**DR. C. B. SIMS**

Veterinary Surgeon and Dentist  
Graduate of Nova Scotia Agricultural College  
Ontario Veterinary College  
University of Toronto

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**W. E. REED**

Funeral Director and Embalmer  
Latest styles in Caskets, etc. All orders will receive prompt attention. Hearse sent to all parts of the county. Office and showrooms in two-story building in rear of furniture warehouses. Telephone 76-4

**DR. F. S. ANDERSON**

Dental Surgeon  
Graduate of University of Maryland  
Office: Queen St., BRIDGETOWN

**J. H. HICKS & SONS**

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We do undertaking in all its branches. Hearse sent to any part of the county. Queen St., BRIDGETOWN  
Telephone 46 H. B. HICKS, Mgr

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Plumbing  
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**FOR LIFE INSURANCE**

—SEE—  
THE CONFEDERATION LIFE ASSOCIATION  
W. A. LLOYD, Local Agent  
BRIDGETOWN, N. S.

**HAIR WORK DONE**

Combs or cut hair made into Puffs, Transformations and Switches. Terms moderate. Satisfaction guaranteed. Mail orders promptly attended to.

**MISS GEORGINA BANCROFT**  
Annapolis Royal, R.F.D. No. 1.

When requiring  
**Apple Barrels, Apple Barrel Stock, Box Shooks, etc.**

Apply to  
**Bridgewater Cooperage Co. LIMITED**  
Bridgewater, N.S.

**Bridgetown Foundry & REPAIR PARTS**

will be supplied at short notice by

**L. M. Trask & Co.**  
MILTON IRON FOUNDRY  
Yarmouth North, N. S.

**COULDN'T WORK FOR WHOLE YEAR**

**Veteran Was all Run Down, But Gains Fifteen Pounds And Is In Best of Health Now**

"For one year before I began taking Tanlac I was so weak I could not do a lick of work, but now I have gained fifteen pounds in weight and am in the very best of health," said Arthur F. Ingram, of 4 George St., Halifax, N. S., a few days ago. Mr. Ingram saw four years of service in France with the Canadian Expeditionary Forces, being attached to the Fifth Artillery. He was engaged in some of the heaviest fighting of the whole war, including the battles of the Somme and Cambrai.

"I have been in miserable health ever since I got out of the Army late last Spring. In fact, my troubles started when I was gassed in France, just before the Armistice was signed. Continued Mr. Ingram. In six months I lost forty pounds and some days I was so weak that I came near collapsing. My appetite was so poor that I had to force myself to eat enough to keep alive and sometimes just the smell of food would nauseate me so that I would have to get out of the house. You can imagine how weak I was when I tell you I went for days at a time without eating a bite. I could hardly retain a thing on my stomach. Why, sometimes I would become so nauseated while seated at the table that I would have to get up and leave. The cramps and pains in my stomach would nearly draw me double and at times the agony was almost more than I could bear. I was so nervous and restless that I got but little sleep and some nights I lay awake the whole night through.

"My brother in law had been taking Tanlac and it had done him so much good that he advised me to try it, too. I had taken so many medicines that I had about lost faith in them, but I made up my mind to give it a trial. Well, sir, I was so surprised when I began to improve I could hardly believe it. That gave me encouragement and I kept right on taking it without missing a dose until now I have finished my fourth bottle. And to-day it seems almost too good to be true, but it is a fact just the same that I am in perfect health and am feeling as fine as a man could want. I have a splendid appetite and can eat anything I please, my stomach was never in better condition and I digest anything I eat without the least trouble of any kind. The cramping pains have all disappeared and it is no trouble for me to retain what I eat. I sleep like a log every night and when I get up of mornings I am ready for as big a day's work as any man. My strength and energy have come back and already I have gained fifteen pounds and am just gaining right along. In my opinion Tanlac has no equal as a medicine and I recommend it in the very highest terms."

Tanlac is sold in Bridgetown by S. N. Weare and in Middleton by O'Hford A. Munford and in Bear River by L. V. Harris.

**THIRTY YEARS AGO**

In the Annapolis Recorder's "30 years ago today" column, for March 26 appeared the following: "Thomas F. Anderson, a Halifax boy, whose success in American newspaperdom has been brilliant, was elected a director of the Boston Press Club."

**WASTING "HORSE POWER" ON BAD ROADS**

Here are a few figures which show how poor roads cost the driver of a horse drawn vehicle time and money.

It isn't only the man who owns an automobile who suffers from lack of improved highways. When the man who farms goes to market with his produce on a horse drawn vehicle over roads which have not been improved he has to increase the size of his team of horses in proportion to the degree of unimprovement which he will have to face during the trip.

Fewer horses in the traces mean more horses released for work on the farm; a big team means less done on the farm and cuts the profits from the produce hauled to town.

Several tests have been made to determine "horse power" necessary to draw a given load over various kinds of road surfaces. It was found that a load weighing 6270 pounds could easily be drawn by one horse over a permanent road. Five horses were needed, however, to draw the same load over a loose dirt highway.

Thus, by improving the road, four horses, and the time and feed of four horses, could be eliminated.

It was also found that a load can be hauled on a level road by a single horse, will call for two horses on a two per cent incline, and so on until nine horses are necessary on a slope of fifteen per cent to move the same load.

This, of course, means that the high cost of heavy grades is hitting hard the man who uses the roads for haulage. These grades, which can often be easily eliminated at small cost by blasting or grading, waste almost as much "horse power" as do the soft surfaced, unimproved roads.

It is better to improve the roads than pay an indirect tax for bad highways.

**A GOOD MEDICINE FOR SPRING USE**

**Harsh Purgatives Should be Avoided—A Tonic Will Restore Your Energy.**

Not exactly sick but not feeling quite well. That is the way thousands of people feel in the spring. It is a sign that the trying indoor life of winter has left its mark upon you. Easily tired, appetite fickle, sometimes headaches and a feeling of depression. Pimples or eruptions may appear on the skin, or there may be twinges of rheumatism or neuralgia. Any of these indicate that the blood is out of order, and these symptoms may easily develop into more serious trouble.

Do not dose yourself with purgatives as many people do, in the hope that you can put your blood right. Purgatives gallop through the system and weaken instead of giving strength. Any doctor will tell you that this is true. What you need in the spring is a tonic that will build up the blood and nerve.

Dr. Williams' Pink Pills can do this speedily and surely. This medicine scratches the blood, clears the skin, improves the appetite and makes tired, depressed men, women and children bright, active and strong. As an example of the value of these pills we give the statement of Mrs. S. McBurnie, Tatamagouche, N. S., who says: "I have good reason to speak in the highest terms of Dr. Williams' Pink Pills. I was badly run down, failing in weight and suffering from dizzy spells and weakness. In fact my conditions were such that I was hardly able to do my housework. A friend advised me to try Dr. Williams' Pink Pills and after using several boxes there was a noticeable improvement. I continued using the pills for some time longer and found that I had fully regained my old time health and strength and was able to do my housework without feeling weak and worn out as I did before I began using the pills."

Dr. Williams' Pink Pills can be obtained from any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**RECORD HEAT AT GAGETOWN**

People Crossing the Ice on the St. River With The Temperature at 80 Degrees.

A Gagetown, N. B., despatch of March 26th says: Wednesday was a record day for spring warmth, the thermometer being eighty degrees in the sun, on the front street at one time in the afternoon and from sixty-five to seventy-two in the shade during the day. The snow which caused so much trouble this winter is melting away at a lively rate and the ice also is feeling the effect of the sun's rays. On Monday morning ice was cut in the channel at Scott's wharf, eighteen to twenty-two inches thick, but yesterday and today have transformed much of this into slush and crossing from the meadowsland and Jungs will probably not last much longer. April 8 is the latest date at which a horse and sleigh have been able to cross the river at this point, and it is not expected that this record will be broken this spring.

**MERELY ORNAMENTAL**

(From the Liverpool Post)

Recently, Mrs. Edith Wharton, the American novelist, was engaging a maid for her apartment. "Of course, madam," said one girl she interviewed, "you won't expect me to sweep?" "Oh, no, indeed." "Nor answer the door bell?" "Certainly not." "Nor—?" "No, no," Mrs. Wharton interrupted graciously. "I expect none of these things from my parlourmaid. I only want her to look at, and for that you are too plain."

**THE TORTURES OF RHEUMATISM**

**Happily Stopped When He Began To Take "Fruit-a-ives"**

3 OTTAWA ST., HULL, P. Q.  
"For a year, I suffered with Rheumatism, being forced to stay in bed for five months. I tried all kinds of medicine without relief and thought I would never be able to walk again. One day while lying in bed, I read about "Fruit-a-ives" the great fruit medicine, and it seemed just what I needed, so I decided to try it.  
The first box helped me, and I took the tablets regularly until every trace of the Rheumatism left me."  
LORENZO LEDUC.  
50c. a box, 6 for \$2.50, trial size 25c.  
At all dealers or sent postpaid by Fruit-a-ives Limited, Ottawa.

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**ROD AND GUN**

"Ye Olde Time Brooke Trout in Nova Scotia" is the title of Bonny-castle Dale's feature article in March issue of Rod and Gun in Canada. This number of Canada's premier sporting monthly besides containing the usual high grade stories and departments begins a series of illustrated articles on Mushrooms, both poisonous and edible. F. V. Williams the popular Nature Illustrator, tells in his own inimitable manner the adventures of a mink that was caught three times before it was finally killed; his story is entitled "In Black and White." For the fisherman who is interested in trout we may say that this issue contains two splendid articles by Robert Page Lincoln. The Guns and Ammunition, Trap Line and Kennel departments are up to their usual high standard. Rod and Gun in Canada, W. J. Taylor Limited Publishers, Woodstock, Ont. A. J. Burns local agent, Bridgetown, N. S.

**NOT WHAT HE MEANT**

A small choir was practicing the well known anthem, "As the Heart Pants After the Water Brooks."

The rendering of the open stages was apparently not quite to the satisfaction of the gentleman who yielded the baton.

He considered it necessary, therefore, to tender some advice to the tenors, and caused great consternation and not a little embarrassment among his little flock by the following announcement:

"Your expression is simply splendid, but the time is very poor—really, your pants are far too long."



**Overland**

**Roads Seem Pressed Flat By Wonderful New Triplex Springs**

**THE wonderful Triplex Springs of Overland 4 effect such a change in riding comfort that bad roads now seem to ride like good roads.**

Overland 4 has the steadiness of larger cars of long wheelbase, with the light weight, ease of control and low fuel and tire expense of 100-inch wheelbase.

Equipment, including Electric starting and lighting and three-speed transmission, is high class, in keeping with the general character of the car.

**BEELER & PETERS**

Head Office and Factories: Willys-Overland Limited, Toronto, Canada  
Branches: Toronto, Montreal, Winnipeg and Regina

**Just the Place**

To buy your Fruit and Confectionery including Oranges, Lemons, Grapes and a good assortment of Moir's Chocolates, Mixed Candy, etc. We also have choice line of Fancy Biscuits, just arrived.

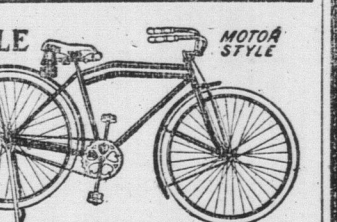
Hot Dinners served from 12 o'clock to 1 o'clock. Hot lunches at any hour.

**Mrs. E. B. Chute**  
Confectioner

**OUR NEW SPRING SUITINGS**

Are something not to be overlooked. Genuine English Serges, blue and Grey also Genuine Scotch Tweeds, which cannot be excelled. Give us a call early.

**Edwin L. Fisher**



Write to-day for our big **FREE CATALOGUE** showing our full lines of Bicycles for Men and Women, Boys and Girls.

**MOTOR CYCLES**  
**MOTOR ATTACHMENTS**  
Tires, Coaster Brakes, Wheels, Inner Tubes, Lamps, Bells, Cyclometers, Saddles, Equipment and Parts of Bicycles. You can buy your supplies from us at wholesale prices.

**T. W. BOYD & SON,**  
27 Notre Dame Street West, Montreal.



The auxiliary Freda & Blanche, Capt. Tidd, was in Digby last week from Little River. She was bound for Clementsport for a load of potatoes.

**Kyanize Floor Enamel**

A new Kyanize product, something different from other floor paint. The oils used in the manufacture of this enamel are of the highest quality obtainable. It dries from the bottom through to the upper surface, making a rich full lustre. Can be easily cleaned with a damp cloth, or washed with cold or warm water. Is also suitable for walls and wainscoting, made in eight colors. We also have a full line of Kyanize Varnish stains in every color and Natural Floor Varnish. When house-cleaning remember we have a full line of the following: Brandram & Henderson's Paints and Varnishes, White Muralo, Alabastine, Whiting, Mops, Pails, Polishes, Brooms and Brushes of all kinds. Agents for DeLaval Separators, Massey Harris Farm Machinery and Lowell Fertilizers.

**Magee & Charlton**

Hardware, Stoves, Ranges and Kitchen Furnishings  
QUEEN STREET BRIDGETOWN

**G. O. THIES**

**MERCHANT TAILOR**

R. LANE, Manager

**FARM BARGAINS**

Send for special leaflet of old listings for sale at bargain prices, during next few weeks, before present options expire. Also get new catalogue of over 300 places—mailed in March.

**The Valley Real Estate Agency, Wolfville, N. S.**