

Physical Resistance Greatest Aid in Combating Disease

Human efficiency is the prime source of material values. It is largely a matter of health. Wages are based on the earning capacity of the well, not the sick man. Employers do not knowingly add to their pay rolls a single sick individual, whose inefficiency indicates a decrease in the normal profit on labor performed. Health is, therefore, in addition to being a transcendent blessing, the most valuable asset for those who have to work their way through life. As a subject it is widely discussed from pulpit, platform and in the press, and of sufficient importance to command always the intelligent thought and careful attentions of every individual.

Alignment of the Human Spine.

The physical and intellectual progress of man depends largely upon the proper alignment of the human spine. As a scientific means of doing this to relieve suffering and disease, chiropractic is an improvement on many health methods. The state of the nerves where they pass through the joints of the spine, determine health or disease. In health there is free passage of these nerves. In disease they are impinged by deviating spinal sections sufficient to interfere with the passage of mental impulses through them—and mental impulses are the agent from which healthy function in any part is derived. The disease depends on what nerves are so interfered with, as for example, in fevers, the calorific or heat supplying nerves would account for such a condition.

Acute Cases.

This is also true in such acute cases as pneumonia, diphtheria and a large group of so-called contagious and infectious diseases. Contagious and infectious diseases do not affect people with normal resistance. Colds are the indication that healthy function is lacking and it is highly important that the spine be adjusted in this minor complaint. This insures a state of bodily resistance that will carry the individual through seasonal and other conditions associated with the epidemic of acute diseases that carry off people of every age and condition of life. Colds are unnatural and, like pain, they are nature's warning of more serious consequences to follow if their cause is not removed.

Men disinterested in Chiropractic, but prominently connected with the health activities of medical science, have publicly stated fundamental Chiropractic truths in what they have said about the human spine:

That "80 per cent. of the entire population of this country is afflicted with various forms of spinal defects, which are the cause of much nervousness, indigestion, headache, rheumatism, mental weakness and many other diseases."

The Chiropractic science provides a way wherein spinal disorders may be readily and safely corrected.

The Chiropractors identified with this educational campaign bear the stamp of reliability, educational qualifications and indorsement of the Chiropractic profession.

Chiropractic articles will be published in this newspaper each Monday.

As a protective measure for the public a booklet has been prepared and printed giving only the names of the reliable and indorsed members of the Chiropractic profession.

We have informative Chiropractic literature that will be mailed to you on application, without cost or obligation.

Before employing the services of a Chiropractor inquiry should be made for your convenience to The Chiropractic Education Bureau, Address Box No. 1, London Free Press, London, Ont.

Associated Chiropractors, London, Chatham, Clinton, Galt, Norwich, Ottawa, St. Marys, St. Thomas, Wingham.

AIRCRAFT MEN LATEST TO STRIKE

Civilian Pilots Protest Against Lowered Rates of Pay.

MAY TIE UP MACHINES

Leaders of Transport Men Advise New Union.

LONDON, March 31.—The latest strike movement and an unprecedented one, is that among the civilian air pilots and mechanics at the Croydon airfield, when the British air mails start for points on the continent. The question at issue is that of the rates of pay, and a strike is threatened for to-morrow, when the new combine, the Imperial Air Transport Company, takes over the service. The men declare that the combine has offered them terms of pay which would "reduce the pilots to the position of casual laborers, seeking employment at the airfield gates," and which are considerably below that paid by the independent companies.

Dissatisfaction resulted in the formation yesterday of an aircraft workers' union. Leaders of the transport workers' union advised the men and advised them, unless reasonable settlement comes to-morrow, not to allow any machines to leave the airfield.

The new company is capitalized at £1,000,000 and will be subsidized for 10 years by the Government. One of its aims is to link England and India by air.

NOT GIVING PROPER SUPPORT TO BRITAIN

Debaters of Financial Firms Find Dominion Not Bearing Right Share of Mother Country's Burden.

As a means of encouraging public speaking the male members of the staffs of the Huron & Erie, the Canada Trust Company and Cronin & Betts & Black recently organized a debating club. Meetings are held each Friday afternoon from 5 to 6:30 o'clock. One of the most interesting debates of the season took place at the last meeting, the subject being, "Resolved, that Canada is not bearing and never has borne her share of Great Britain's burdens." Fred C. Betts, leader of the affirmative, only supported by Kenneth Salter, had little difficulty in winning the debate. There were two outstanding contentions that carried weight with the audience. First, that Canada's annual expenditure for military defense is but \$1.46 per capita, compared to Australia, \$3.30. Second, that Canada occupies fourth place among the countries of the world in export trade, chiefly because Great Britain's naval power protects her shipping interests, yet she is making no substantial contribution toward Great Britain's burdens.

W. D. Smith, for the negative, supported by Hugh Hutton, contributed many convincing facts and figures in Canada's defense. Their best weapon was that Canada assisted to bear the mother country's burdens by opening her doors of opportunity to countless thousands of her people who were merely eking out an existence over there. Anthony McGee, gave a most instructive reading upon general conditions in Europe, particularly those in France.

DISCOVER SMALLPOX IN BROCKVILLE SEMINARY

BROCKVILLE, March 30.—Discovery yesterday of two cases of smallpox at the seminary here brought the total number of cases reported here during the month to six. The latest sufferers are Mr. and Mrs. W. R. Young, of Pennsylvania, students at the institution, who have been removed to the isolation hospital. The seminary has been quarantined by Dr. E. B. Moles, medical officer of health.

MAY BE ANOTHER OF "BLUEBEARD'S" VICTIMS

VERSAILLES, France, March 29.—In the finding of a skeleton of a human skeleton and fragments of a skull in the vicinity of Trappes the police believe they have stumbled upon the remains of one of the victims of Henri D. Landru "the Bluebeard of Gambais," executed for murder two years ago. Trappes is only a few miles across Rambouillet Forest from Gambais, where Landru was convicted of having assassinated 10 women to whom he had promised marriage.

FRENCH PROGRAM HEARD PLAINLY IN CHATHAM, MASS.

NEW YORK, March 31.—A French radio program, broadcasted from the Eiffel Tower in Paris on Saturday night, was heard by Bert Moulton, in Chatham, Mass., for more than an hour, believed to be the longest period that a French program has ever been heard continuously in this country. It was announced from the offices of the Radio Corporation of America, it was believed to be the first time a French program has been heard continuously for more than a few minutes.

FIRE IN SASKATCHEWAN TOWN.

SASKATCHEWAN, March 30.—Damage close to \$100,000 was caused by fire that destroyed almost an entire block of buildings in the Town of Manly, on Saturday.

Face Disfigured With Large Pimples Cuticura Healed

"For some time my face was affected with pimples and skin eruptions, which by times were very irritating. The pimples were very hard and large, and turned bluish when rubbed or picked, which caused disfigurement."

"I was treated but it did not prove satisfactory. I read an advertisement for Cuticura Soap and Ointment and decided to try them, and after using two cakes of Cuticura Soap and two boxes of Cuticura Ointment I was healed." (Signed) Mrs. Earl Cooke, Box 374, Napanee, Ontario.

Cuticura Soap daily, with Cuticura Ointment occasionally, prevents pimples or other eruptions. They are a pleasure to use, as is also Cuticura Talcum for perfuming the skin.

Sample Book Free by Mail. Address: "Cuticura, Limited, 140 St. Paul, N. Y. Send for free sample book. Ointment 25c, Soap 10c. Cuticura Soap always without fail."

DR. R. C. BARKLIE PHLEGMONIA VICTIM

Well-Known Drugless Physician Ill But Short Time

RESIDED HERE 20 YEARS

Funeral To-Morrow Afternoon To Woodland Cemetery

Dr. R. C. Barklie, one of London's best-known drugless physicians, passed away yesterday at his home, 226 Central avenue, following a short illness of pneumonia. Deceased was past president of the Drugless Physicians of Canada, occupying that position in 1915. He was born in Ireland and resided for a number of years in South Africa. He was a graduate of Dublin University. Dr. Barklie came to this city from South Africa 20 years ago and entered into his practice at that time, being one of the pioneer drugless physicians of this district.

By his colleagues he is spoken of as being one of the finest and most widely respected members of his profession in the province and his advice was sought on many occasions by his fellow practitioners. Dr. H. V. Caton, past president of the Drugless Physicians of Canada, said of the late Dr. Barklie: "He was one of the organizers of the Drugless Physicians Association and his passing is a distinct loss to the community. He was a hard worker for the association at all times and was active until within a few weeks of his death when he was forced to retire, owing to ill health. He was a friend to everyone and his demise will be keenly felt by all members of the association."

Dr. A. W. MacPle, secretary of the Drugless Physicians Association and a close personal friend of the deceased, said: "Dr. Barklie has done much to further the cause of the drugless therapy in Ontario. I have lost one of the best of friends and one who will be missed by all his acquaintances. He was at all times one of the most ardent workers of the association."

Dr. Barklie was predeceased by his wife three months ago. Surviving are one daughter, in training at St. Joseph's Hospital, and two brothers, Alexander, of South Africa, and Thomas, of Georgetown, South America.

Funeral services will be conducted from the E. C. Killingsworth Funeral Home at 2:30 o'clock to-morrow afternoon. Rev. M. Kelly, rector of the First Congregational Church, will officiate. Interment will be made in Woodland Cemetery.

Radio Programs

TO-DAY

KDKA, Pittsburgh—(Eastern standard time)—6:15 p. m., organ recital; 7:15, educational lecture; 7:30, feature concert; 8, girl scout meeting; 8:15, university program; 8:45, symphony orchestra.

WGTV, Schenectady—(Eastern standard time)—2 p. m., music and house-hold talk; 6, news bulletin; 6:15, sports review; 7:15, addresses; 7:45, musical program.

WWJ, Detroit—(Eastern standard time)—12 noon, singings; 3 p. m., people's concert; 7, dance orchestra, singers and speakers.

KSD, St. Louis—(Central standard time)—8:30 p. m., musical program directed from the Grand Central Theater.

KYW, Chicago—(Central standard time)—8:30 p. m., financial and market news; 6:50, children's bedtime stories.

WLW, Cincinnati—(Central standard time)—3 p. m., special musical program; 8, theatrical review.

WOC, Davenport—(Central standard time)—4:30 p. m., educational program; 6:45, chimes concert; 6:50, sandman's visit; 6:50, sports news; 7:30, educational lecture; 8, musical program.

WBAF, New York—(Eastern standard time)—8:30 p. m., varied musical entertainment; 7:30, four hours of varied musical entertainment.

WWSZ, Springfield—(Eastern standard time)—8 p. m., dinner concert; 7, humorous program; 7:30, bedtime stories for the kiddies; 7:40, singings.

WZZ, Atlanta—(Central standard time)—12 noon, entertainment; 4, musical program; 5, dance orchestra; 6, story time; 8, entertaining program; 9, 11, detailed broadcasting of Mike McGuire-Young Striking Bout, Newark, N. J., for light heavyweight championship of the world.

WFAA, Dallas—(Central standard time)—12:30 noon, university program; 8:30, Hawaiian music and male quartet.

WBAF, Fort Worth—(Central standard time)—7:30 p. m., old-time fiddle music; 8:30, 50-piece band of Mosiah Temple Shrine.

HOME FOR EASTER. A most convenient service is provided by Canadian National Railways for all those who desire to take advantage of the long week-end at Easter on to enjoy a more extended holiday during that period. Parents or relatives wishing to bring students or pupils at school, etc., home for the holiday can arrange all details through the railway company. Any Canadian National agent will transmit to all parts of the system orders for the delivery of rail tickets, sleeping car berths or parlor car seats, and required a cash payment for traveling expenses, and will cheerfully render any other service that may be desired. Personal attention will be given passengers at ticket offices or depots, and everything possible will be done to contribute to the comfort and safety of those who may be entrusted to the care of a Canadian National representative.

For further particulars apply to any Canadian National agent. R. E. Ruse, C. P. & T. A., "Clock Corner," Phone 80.

TO-DAY IS LAST DAY TO ASK WAR GRATUITIES

OTTAWA, March 29.—Monday, March 31, is the last day when applications for war service gratuities will be received at the department national defense. An order-in-council, passed recently, limited the time in which claims for gratuities or for adjustment of war service gratuities could be made and the period in which claims can be submitted.

This applies to former members of the C. E. F. and also to ex-imperial army veterans.

ONE KILLED IN MINE. CLARKSBURG, W. Va., March 29.—One man was killed and two others were burned seriously to-day by a gas explosion in the Highway mine. The Bigelow Coal Company near Shinnston, W. Va. Joseph Madril, assistant superintendent of the mine died a few minutes after rescuers reached his side.

MCGILLIVRAY RESIDENT DEAD. The death occurred yesterday in McGillivray Township of Joseph H. Hodgson, aged 67 years. Funeral services will be conducted from the residence of his daughter, Mrs. Fred Neil, 1213, concession 2, McGillivray Township, at 2 o'clock to-morrow afternoon. Interment is to be made in St. James Cemetery, Glendochy.

Housecleaning Days Are Here With Many Sales of Housewares

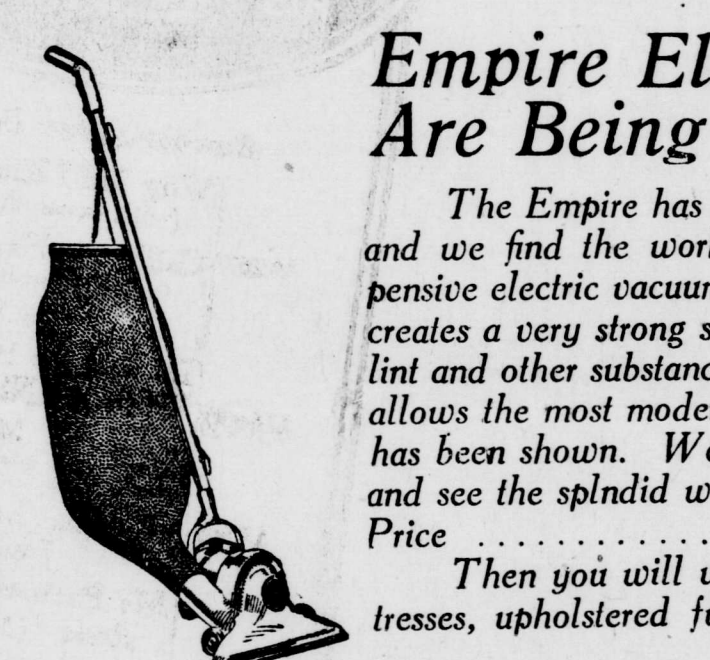


Housecleaning Necessities In Woodenware

Step ladders, extra strong \$2.25 and \$2.50
Clothes Props, 9 1/2 feet \$3.00
Folding Clothes Bars \$1.00, \$1.25
Kitchen Stool and Ladder \$1.75
Ironing Boards \$1.25, \$1.50, and \$1.75
Folding Ironing Boards \$3.75
Wash Boards—
Zinc rub 50c
Glass 25c
Tub Stands, for two tubs, \$3.75

Housecleaning Necessities to Brighten Your Floors

Hawes' Floor Wax 50c
Old English Floor Wax 75c
Adams' Furniture Polish 30c and 50c
Adams' Silver Polish 25c
Gorham's Silver Polish 50c
O'Carroll Mop, oiled and dry \$1.25 and \$1.75
Wool Mops \$1.75 and \$2.25
Self-Wringing Mops 50c
Mop Sticks 25c
Liquid Oil Wax 35c and 50c
O'Carroll Oil 25c and 65c



Bissell's Grand Rapid Carpet Sweepers

are cheaper than brooms and make sweeping easy. The following are all Cyco-Ball-Bearing, prices as under:
Grand Rapids Brand, japanned. Price \$6.25
Grand Rapids Brand, nickel-plated. Price \$7.00
Parlor Queen, all nickel trimmed. Price \$7.75
The S. & I. Special, made the same as the Parlor Queen, and stencilled S. & I. Special price \$7.25

Dominion Floor Cloths and Printed Linoleum

In 2-yard widths, in floral and block patterns. Floor Oilcloth priced at 55c sq. yard; Printed Linoleum at \$1.00 and \$1.15 sq. yard.
Printed Linoleums, 4 yards wide, two qualities. Priced at \$1.00 and \$1.15 sq. yard

Carpet Dept. — Third Floor

COURSE DINNER
Special, 40c.
11:30 to 2 p.m.
Restaurant—Fourth Floor.

SHOPMEN FAVOR BALTIMORE PLAN

Rail Employees Indorse Scheme For Voice In Management

WOULD HAVE SYSTEM HERE

Plan Calls For Elimination In Contracting Out Work

MONTREAL, March 29.—The convention of division four, railway employees' department of the American Federation of Labor, representing 35,000 rail shopmen of Canadian lines, it is announced, have gone on record as in favor of the Baltimore co-operative plan. The plan, which provides for the giving to the shop crafts of a voice in shop management, is operating with success on the Baltimore & Ohio Railway, and it is desired by Canadian shopmen to see it in operation on Canadian railways.

Specifically the plan stands for the carrying out of repairs and manufacturing of railway equipment in railway shops by railway workers; the elimination of the practice of contracting out work and of wasteful methods in shops and a greater share for the employees

of the profits, which it is claimed would accrue from putting such a plan into force. It stands for greater co-operation as between the management and the employees. It is stated:

Under the plan, local shop committees at given points would meet with a like number of local officers of the management for frank discussion of questions relating to the planning and carrying out of work. At these conferences suggestions and ideas advanced relating to shop management would be fully considered, having in mind that the specific purpose of the meetings is mutual helpfulness and co-operation and not that of criticism or fault-finding.

GOVERNMENT INTENTION REGARDING HIGHWAYS IS QUERIED BY EX-MINISTER

By Staff Correspondent.
TORONTO, March 29.—Arising out of Oxford County Council's discussion of the Government's highway plans, the following questions were asked:

Is it the intention of the Government to do away with all county townships, county road systems? Is it the intention of the Government to do away with statute labor in all municipalities? Is it the intention of the Government to require all townships to appoint permanent road superintendents, and if township road superintendents are not appointed, that all township road assistance will be cut off? Is the adjustment, as suggested by Mr. Irwin, of the highway department, to be part of the duties of the new highway committee to be appointed by the Government?

Hon. P. C. Biggs has given notice of the following questions:

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In the basement you will find spring housecleaning necessities, in many cases very specially priced. This week we are in the midst of a campaign to lessen woman's work by featuring every known labor saving device that can be used at this time in the housecleaning campaign.

This is your opportunity to replace worn pieces of housewares or add a few new ones at little cost. Brushes and brooms for spring cleaning; gleaming "Wear-Ever" pots and pans, new labor-saving devices; tables, ladders, driers, nests of bowls — everything that a well-ordered house requires.

Brushes, Brooms and Baskets	Housecleaning Necessities in Soaps and Cleaning Powders
Corn Brooms 50c, 90c, \$1.00, \$1.25	Sunlight Soap 7 for 40c, or 15 for \$1.00
Brush Brooms 35c and 40c	Gold Soap and P. & G. 13 for \$1.00
Whisks 10c, 15c, 25c and 35c	Lux 10c
Scrubbing Brushes 10c, 15c, 25c and 35c	Panshine 10c
English Willow Clothes Baskets \$1.00, \$1.25, \$1.50, \$1.75	Snowflake Ammonia, 3 for 25c
English Willow Hampers, round and three-cornered \$2.75, \$3.75 and \$4.75	S. & I. Soap Chips, 2 lbs 25c
	Bon Ami, powder or cake, 15c
	Dutch Cleanser 12c
	Gillett's Lye 15c
	Chloride Lime 15c and 20c
	Fels Naptha 10c
	Ivory Soap, Laundry Soap 3 for 25c
	Clotheslines, wire 50c and 75c
	Clotheslines, rope 15c, 35c, 50c
	Clothespins 4c doz., or 3 doz. for 10c

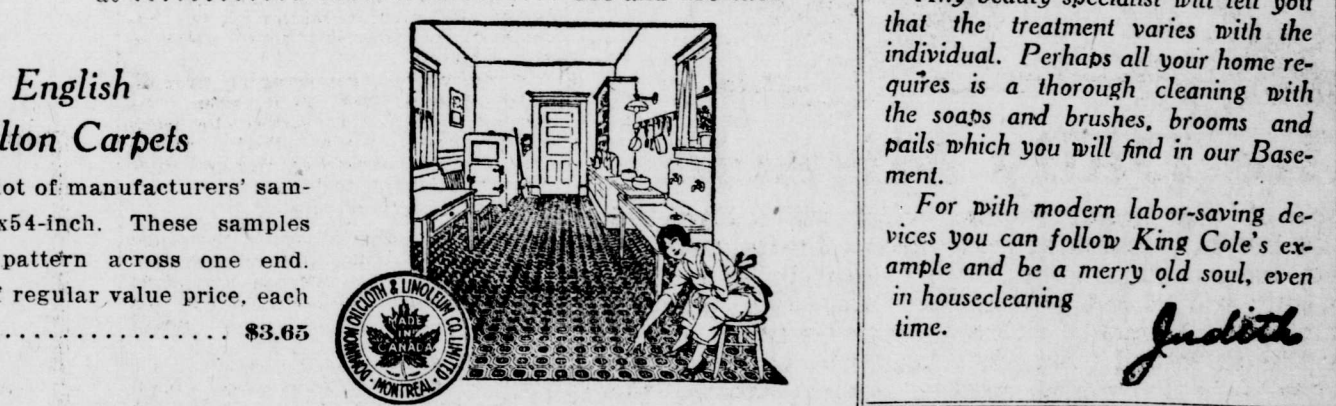
Empire Electric Vacuum Cleaners Are Being Shown On Third Floor

The Empire has been thoroughly tested on different kinds of carpet and we find the work done equal to that accomplished by more expensive electric vacuum cleaners. The Empire has a powerful motor and creates a very strong suction—removing all dirt. It also takes up thread, lint and other substances. These sweepers, being sold for cash only, allows the most moderate price at which a high grade electric sweeper has been shown. We will be pleased to have you visit our third floor and see the splendid work which can be done with the Empire.

Price \$37.00
Then you will wish the attachments for cleaning curtains, mattresses, upholstered furniture, etc. Complete set only \$6.00

Cocoa Fiber Brush Door Mats

Made in India, closely woven; will stand hard usage. Priced at .75c, \$1.50, \$2.00, \$2.50 and \$3.50
Cocoa Matting, in natural color only, 3/4-yard wide, at 75c; yard wide at \$1.00; 1 1/4-yard width, \$1.25; 1 1/2-yard width \$1.50 yard
Corrugated Rubber Matting, 1/4-inch, 27 inches wide, priced at \$2.00; 36 inches wide at \$2.40 yard
Moulded Rubber Stair Treads, size 9x18 inches, priced at 25c, 35c and 50c each; size 9x24 inches, priced at 35c and 45c each



Another lot of manufacturers' samples, size 27x54-inch. These samples have border pattern across one end. Less than half regular value price, each \$3.65

SMALLMAN & INGRAM

AFTERNOON TEA.
Special Service 3 and 5:30 Daily.
Restaurant—Fourth Floor.

DEATH OF CHATHAM MAN.

CHATHAM, March 29.—Robert F. Duling, a well-known colored resident of this city, passed away at his home on Taylor avenue last evening. He was a highly respected citizen and is survived by one daughter, Miss Hattie Duling, at home, and a brother, Matthew Duling, of this city.

MAKES UNSUCCESSFUL ATTEMPT TO ESCAPE

Inmate of Kingston Pen Recaptured After 35 Minutes of Freedom.
KINGSTON, March 30.—William Hubert Jones, a convict at the Portsmouth penitentiary, who has served nearly a year of a two and one-half year sentence received at Brampton, Ont., made an unsuccessful attempt to escape at about 2:30 on Saturday afternoon, while working outside the walls of the penitentiary as a member of the prison farm gang.

The king was at work in an old stone quarry. Jones got through the fence and sought cover in the surrounding bush. Officials at the penitentiary recaptured the convict after he had been at liberty only about 35 minutes. Jones offered no resistance. An investigation into the incident is being held by penitentiary officials.

HEMORRHOIDS

Do not suffer another day with itching, bleeding, or protruding Piles or Hemorrhoids. No surgical operation required. Dr. Chase's Ointment will relieve you at once and afford lasting benefit. 60c a box, all dealers, or Edmondson, Bates & Co., Limited, Toronto. Sample box free.

DODD'S KIDNEY PILLS

ALL KIDNEY DISEASES
RHEUMATISM
GRAVEL
DIABETES
BACALIA
MIGRAINE
HEADACHE
BRUISES
PAIN
4087 THE PR