

DOCTOR URGED AN OPERATION

Instead I took Lydia E. Pinkham's Vegetable Compound and Was Cured.

Baltimore, Md.—"Nearly four years I suffered from organic troubles, nervousness and headaches and every month would have to stay in bed most of the time. Treatments would relieve me for a time but my doctor was always urging me to have an operation. My sister asked me to try Lydia E. Pinkham's Vegetable Compound before consenting to a operation. I took five bottles of it and it has completely cured me and my work is a pleasure. I tell all my friends who have any trouble of this kind what Lydia E. Pinkham's Vegetable Compound has done for me."

—NOLAN E. BARRINGTON, 600 Calverton Rd., Baltimore, Md.

It is only natural for any woman to dread the thought of an operation. So many women have been restored to health by this famous remedy, Lydia E. Pinkham's Vegetable Compound, after an operation has been advised that it will pay any woman who suffers from such ailments to consider trying it before submitting to such a trying ordeal.

THE BOY HAS COME HOME!

The boy has come home! and the door stands wide, And the old home shakes to his hobbled stride, And the old farm smiles from side to side

For the boy, back home at last— Home from the broken homes of France,

From the ravaged fields of the Hun's advance,

The shattered woods o'er whose drear expanse

The short stumps stand aghast.

The boy has come home—and he's "home to stay!"

Not in forever and a day— And he'll never want to go away!

—on the peace of the old home soil;

And the mother smiles with a heart at rest,

Her cheek to his khaki shoulder pressed,

And a glad heart beats in "Dad's" worn breast

As he turns to his lightened toil.

The boy has come home, and his heart is here,

And he's keen for the task of the full farm year.

To sow, and mow, with a soul of cheer,

And bear the hard work's brunt; But into his eye a look will come,

Swift 'mid the workdays cheerful hum,

And his mother sees and watches dumb—

She knows he's back at the front!

The boy has come home, and his heart's true blue,

But it holds, with the old, the marvelous new,

And his clear eyes sweep o'er a wider view

Than once was their utmost span; And he thinks world-thoughts that afar he found—

He knows that the still old farm is bound

With every farm in the world's wide round—

Since the Boy came home—a man!

MINNIE LEONA UPTON.

MAKING CANADA A NATION OF HOME BUILDERS AND OWNERS

"Own Your Own Home." This slogan has become almost as popular and universally recognized as "Win the War," many business organizations, federations and construction industries, and other associations, are making a particularly strong plea that the citizen who owns a comfortable, sanitary and attractive dwelling, is a more contented, progressive and solid resident than the individual who is always paying rent, and is at the beck and call of an avaricious landlord.

The sense of possession, the pride in surroundings, the domestic influence and the realization of ideals which cluster around the model and inviting family habitation, have been enlarged upon in many pertinent and stimulating articles. There is, therefore no need for reiterating them. The sentimental phase of this important question has been presented forcibly in numerous public addresses and in constructive brochures. There is, however, a practical and business side, not to speak of the aesthetic or romantic appeal during world-wide process of readjustment and repatriation.

Retail lumbermen can do much by public propaganda and strengthen the strongly implanted desire that is in the breast of every father and husband to plan, build and own a home. One enterprising eastern dealer advertises that he furnishes all kinds of materials for "homes—not houses." This appeal is particularly pointed and embodies both a sentimental and practical viewpoint.

The retail lumberman is also in the position to furnish much valuable advice and should be able to give estimates, make suggestions, and provide facilities such as will encourage the average householder to launch out on a venture in his own behalf. Never has home building been so vividly portrayed in magazines and in the daily press as at the present moment, and even in a pictorial way the sentimental side of the proposition is "played up" with a good deal of effect and sometimes with not a little humor.

In connection with the enterprise of the United States Department of Labor has undertaken to furnish retail lumbermen, contractors, builders and others with a series of bright and pointed bulletins. This department has an information and Education Service Bureau which is doing effective work, and hundreds of copies have been sent broadcast, with the result that even the most listless have been incited to do some serious thinking relating to the home building proposition.

It is the home building proposition. It might be advisable for some of the districts of the Ontario Retail Lumbermen's Association and other similar bodies in the various provinces of the Dominion to adopt a like move and demonstrate that as lumber merchants' supply men they are real vital factors in the stability and progress of the community.

One particular vigilant lumberman has sent to the department of Washington for copies of these bulletins and has displayed them in his yard and office. The result that he has aroused considerable local interest in the home building idea. It is not necessary to comment at length on the instructive and intensive effect of this move. In the service there are epigrammatic utterances—grave, gay, solemn, weighty, pointed and merry—constituting clarion calls to suit all minds and

NO MORE NERVOUS HEADACHES

Since She Tried "FRUIT-A-LIVES", The Famous Fruit Medicine.



MISS ANNIE WARD

115 Hazen St., St. John, N.B.

"It is with pleasure that I write to tell you of the great benefit I received from the use of your medicine, 'Fruit-a-lives'."

I was a great sufferer for many years from Nervous Headaches and Constipation. I tried everything, consulted doctors; but nothing seemed to help me until I tried 'Fruit-a-lives'."

After I had taken several boxes, I was completely relieved of these troubles and have been unusually well ever since."

Miss ANNIE WARD.

'Fruit-a-lives' is fresh fruit juices, concentrated and increased in strength, combined with finest tonics, and is a positive and reliable remedy for Headaches and Constipation.

60c. a box, 6 for \$2.50, trial size 25c.

At all dealers or Fruit-a-lives Limited, Ottawa.

moods.

"A man can borrow money on what he puts into a home. He can't on what he pays out for rent."

During the war it was patriotic to build. Now we can best show our patriotism by building."

"A man will fight for his home but in a boarding house."

"Construction adds to the wealth of the country. Build now."

"One good turn deserves another. Good work here will encourage others to build."

"Efficient work here will encourage others to build elsewhere."

"Let this building be built so well and so quickly that the owner will be encouraged to build another."

"Best efforts on this building will prove an inspiration for someone to erect another nearby."

"Save your money by building a Home."

The foregoing slogans are such as win in any cause and the suggestion is made that, if district associations cannot see their way clear to undertake such a move as the one outlined, retailers in any centre could unite and have the local printing office execute a few hundred copies for distribution.

There is no doubt that the benefits derived would many times offset the small disbursement.—Canadian Lumberman.

POWERS DECIDE TO ADMIT AUSTRIA

To Membership in the League of Nations When She Has Responsible Government.

Paris, July 9.—Austria will be admitted to membership in the League of Nations as soon as the Allied and Associated Powers consider that she possesses a responsible government with both the will and power to fulfill its international obligations. The Austrian peace delegation has been so informed in a reply by the Supreme Council of the Peace Conference to an Austrian plea for immediate admission to the league.

Sympathy with the idea of the League of Nations, and an expression of willingness to be satisfied with taking the role of a participating member in that organization and enjoy its protection was expressed in the Austrian reply to the Allied peace terms. The reply was dated at St. Germain-Laye, June 27, in the form of a communication from Chancellor Renner, head of the Austrian peace delegation, to Premier Clemenceau as President of the Peace Conference.

The reply set forth that the delegation recognized that German-Austria names the nations, could not take part in the problem of creating the League, "which by its very nature remains in the hands of Great Powers," but will be glad of its protection "without taking an important part in the rights and obligations entailed by membership in this League."

It is ever said Billie Burke on the screen before you are surely coming to the Opera House to see her in "The Make-Believe Wife." No need to ask you why—it's Billie Burke and that's all!

HOW THE V.C. WAS WON BY N. B. MAN

Remarkable Achievements of Corp. Herman Good.

(Halifax Herald)

"For most conspicuous bravery and leading when in attack his company was held up by heavy fire from three machine guns, which were seriously laying the advance. Realizing the gravity of the situation this N. B. O. dashed forward alone, killing several of the garrison and capturing the remainder. Later Corp. Good, while alone, encountered a battery of 5.9 inch guns, which were in action at the time. Collecting three men of his section he charged the battery under point blank fire and captured the entire crews of three guns."—From Official Gazette.

Among the men who enlisted from the lumber camps of the Chaleur basin, was Herman James Good. He was not yet 30 years old, but he had for a number of years been boss of the big lumber drives under the Bathurst Lumber Company. He worked in the forest and on the drives in the winter and spring. The rest of the time he worked on his farm about three miles from Bathurst. Outdoor life made him strong and physically courageous. It gave him great powers of endurance, so that when he was in the great battle in France, though wounded three times, he recovered and was at the front on the memorial 11th of November, when the Armistice was signed.

Sergt. Good enlisted June 28, 1915, with the 55th Battalion. After a period of training in Sussex and at Valcartier, he went to England. He got to France April 12th, 1916, just a year after the first heroic stand of the Canadians, of which the men in the Lumber camps had read and talked of the spring before.

Sergt. Good has been through all the fighting since, with the exception of a few months in hospital as the result of wounds received on three different occasions.

Just a month after going into the trenches, Sergt. Good received his first wound. Back to the trenches in a short time, he was again sent back, Sept., 1916, for shell shock, when he was in hospital for six weeks. Two whole years of active service followed without any more wounds or sickness. He received his third strip for wounds, August 17, 1918, when he was gassed just eight days after he had won the Victoria Cross. After being in hospital for a month and then spending three weeks' leave in Glasgow, he went to France and was there till fighting stopped.

Sergt. Good is the son of Mr. and Mrs. Walter Good, of Big River, N. B., about four miles from Bathurst, their nearest town. He was born on his parents' farm at Big River, and lived in that vicinity all his life until he set out for France, where he has distinguished himself so signally. Sergt. Good himself owns a farm not far from his father's. After he left school he worked on his father's farm. Then he took charge of a farm of his own, and spent his time between it and the lumber camps.

The victory which we all rejoice over was not won by chance. It was made possible by individual acts such as are recorded in the official report of Sergt. Good's deed of valor which won him the highest honor conferred on British soldiers. On the field of battle he was made Lance Corporal, then Corporal and after he won the V. C. he was made Sergeant.

In the thick of the awful fighting of last August, when the Allies were in the heat of their great advance, when they had staked their all for final victory, Sergt. Good performed the act of valor which won for him the Victoria Cross. He was no sluggard, no quitter. The Canadians were advancing in the face of an awful fire.

The Germans had three machine guns that were giving them trouble. Those guns were taking many good men. Sergt. Good made up his mind that that sort of thing should stop. Alone he dashed forward, killed several of the men operating the guns and made prisoners of the remainder. He took back his prisoners, but did not stay back long. Into the fight he went again and this time he encountered a battery of big guns that threw a shell more than five inches in diameter. He was alone.

Did he hesitate? Did the point blank range that the guns had on him frighten him? Did he run, or fall flat on the ground? This is what he did: he called to three of his section who were near, to follow him. The four of them, with Good leading, attacked the big gun crews, of the three guns of the battery, and one of the firetrucks of the great war was performed. Those



BEAVER FLOUR

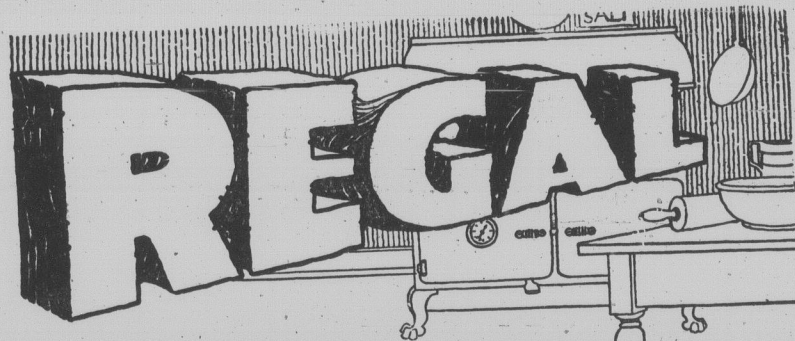
MILLED OF BLENDED WHEAT

"Beaver" Flour is just as good for Pastry as for Bread. It is the product of Ontario winter wheat, blended with western spring wheat to increase the strength. "Beaver" Flour has the best qualities of both kinds of wheat—the whiteness, lightness, delicate flavour and perfect Pastry making qualities of Ontario winter wheat—coupled with the extra strength of western spring wheat. Being scientifically blended in exact proportions, the blended wheats are always the same in strength and quality—and so is the flour. If you have never tried a blended flour, you cannot imagine what a difference there is between "Beaver" Flour and the usual western spring wheat flours. Get a sack of "Beaver" Flour at your dealer's, and try it for yourself.

DEALERS—get our prices on Feed, Coarse Grains and Cereals.

THE T. H. TAYLOR CO. LIMITED, CHATHAM, Ont.

Canada Food Board Flour Mill License No. 10



The Big Value in FLOUR

IN THE KITCHEN, the big event is baking day. And the important thing on baking day is to use "REGAL"—the ideal flour for bread. "REGAL" means bread of uniform texture, lasting freshness and wholesome qualities.

THE ST. LAWRENCE FLOUR MILLS CO. LIMITED MONTREAL



Livery Stable

I have purchased the R. Ellsworth Livery Stable and am prepared to attend to the requirements of all needing horses or rigs for driving. Also, horses sold and exchanged. C. J. DE WITT, Rosebery St. May 6-11.

Auto For Hire

Parties Driven to All Places. Terms Moderate. CANADA CAFE, Phone 298, Since Subway.

These Beverages Comply With the Law.

Ready's Beer

These beverages surely satisfy the craving thirst. Drink them for their appetizing restful, palate-pleasing flavor. Drink them for their ability as a thirst quencher. Drink them because of their power to refresh, revive and invigorate.

You will be delighted with their unusual qualities. Buy them from your local dealer or direct from St. John.

Ask for prices. W. H. GRAY, exclusive agents for this district.

Ready's Breweries Ltd. P. O. Box 309 St. John, N. B.



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KEEP YOUR SHOES NEAT
For Women's Children's and Men's Shoes.
LIQUID & CREAM
THE ROYAL LACQUER CO. LTD.
1000 BROADVIEW AVE. TORONTO, CANADA

Eastern Steamship Lines, Inc. International Line—Resumption of Freight and Passenger Service St. John and Boston.

Steamship "Calvin Austin" will leave St. John every WEDNESDAY at 8 a. m., and every SATURDAY at 6 p. m. (Atlantic time). The Wednesday trips are via Eastport and Lubec due Boston, due there Sundays at 1 p. m. The Saturday trips are direct to Boston, due there Sundays at 1 p. m. FARE \$2.00.

Direct connection with Metropolitan steamers for New York via Cape Cod Canal. Freight rates and full information apply to A. C. CURRIE, Agent, St. John, N. B.

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TUBERATIVE
FRANK L. BERRY & CO.
St. John, N. B.

Conservatories
and Vegetable Plants.
We have our Price List, consisting of:—
hardy plants.
specialize in Bridal Bouquets.
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