eagaged in dangerous callings—in which death from accident is liable to occur at any moment. The petty worries and cares, the harassing of every-day business life, tell more upon the system, do more to "break down" men than great troubles, occasional deep griefs, or even the deep study of abtruse sciences. Over exertion, physical or mental—anything in fact which makes an overdraft on nature,—cannot be indulged in with impunity. As one of Dickens' characters remarks, where the expenditure is a farthing less than the income the result is happiness; where the expenditure is a farthing in excess of that income the result is happiness; where the expenditure is a farthing in excess of that income the result is misory. This is as true when applied to the health as to the pocket. Each may use the surplus as he thinks fit, but not so the capital. Many are aware of this and yet fail to guide themselves accordingly. They will perhape say: "Oh, yea; I know it is true; but such and such is the case"—urging some excuse. Thus it is that they err in knowledge. Nevertheless, the road to long life is pointed out more clearly than ever, as knowledge of self increases; and those who choose to follow it without deviation adopt the best chance of serving to illustrate the possibility of increasing what has always been regarded as the natural term of life.

\*\*A Shot for "Miner."

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To the Epiron:—In the Free Press of the lat inst., I notice another long letter for the lat inst., I notice another long letter ("Nanaimo Miner." My first intention when has the towage question, signed "Nanaimo Miner." My first intention when has the towage question, signed "Nanaimo Miner." My first intention when has the two worth while wasting paper and ink in answered it in detail, but on second thoughts I have come to the condition that it is not worth while wasting paper and ink in answering such unexampled "clap-trap" as written by the simple decision that it is not worth while wasting the late in the late in t

mose life, the more goot the syrained grows and the special control of the late. It most be the special control of the late. It most be the special control of the special control of the late. It most be the special control of the late. It most be the special control of the late. It most be the special control of the late. It most be the special control of the late. It most be the special control of the late. It most be the la

HAILTON, Jan. 2.—Steps are being taken to hold a grand winter carnival here next feature, after the pattern of those held in Montreal.

HAMILTON, Jan. 2.—Capt. F. Filban, who was killed at the big fire at Detroit yesterday, was a Hamilton man and had relatives hers.

The little son of Arthur J. Mills died last night from the effects of a dose of poison given in a mistake for an emetic, by Mark Munday, druggist.

Ottawa, Jan. 1.—To-morrow the Canada Gazette will contain the appointment of Capt. H. Streathfield, A. D. C. to the Governor-General, to the position of military secretary to his excellency:

MONTHEAL, Jan. 2.—Moody and Sankey, evangelists, arrived here this morning, and will shortly commence a four days' mission.

The demand for ticksta has already schausted the stock of 18,000.

MONTHEAL, Jan. 3.—The Canadian Pacific net profits in November were fifty-seven thousand dollars more than in November, and from January I to November, and from January I to November, and from January I to November, and form January I to November, and from January I to November and from Janua

colonial exhibition will be received up to let march, and are not closed now as stated. Still, it is imperaive that entry papers be filled and articles arranged for shipment with Mr. Jessop at the earliest



Mickly FRIDAY, JAN

SUBSCRI JERING THE TO INSURE DELIVERY, Y
THE AMOUNT OF SUBSC STAMPS. MONEY ORDI BILLS. NO PAPERS LE LESS THE SUBSCRIPTI PAID, AND NO NOTICE ORDER THAT IS NOT A

BIRTHS, MARRIAG

TO PUBSCRIBERS

Persons residing at a c may desire to insert a no Death in The Colonist, mu Two DOLLAR AND FIFT: CES order, bills or coin, t ensu THE WEEKLY NOTI

A SPECIAL EDITION LAKE, METCHOSIN, SO OTHER DISTRICTS NOT DAY'S MAIL IS PRINT

MORNING AND DISPAT OSTOFFICE. Local and Prov. WONDERFUL DISC

POLITICAL Hans Breiman's diviou

a New Pe If You Don't Bel Read the Follo the "Hard

The Government

It is very well known ing government support that Mr. Theodore D against the government ance of Mr. D. W. Higg ing to form a third pa pects to win over e supporters to throw two of the present of John Robson and D. sail in the same boat weaker must go to the The attorney-general i conspirators as a probaposably the Hon. Mr. fered to come into the satisfied with a minor bring any following wit fourth member of the duck, and can never plot is rapidly thicker approaching session of the Davie-Higgins fac d to play their trump may profess to disbel but both he and Mr. that they were not on weeks, but that there for them.—Times, Yes

The frost has stopped cance at this time. pipes against freezing being based upon the motion will remain lig perature than water at ow lever; to the other is secured a rod, whi building and operates length of the copper roso that before the tem the point at which there of the water in the pi valve will be opened water; beyond this ping will increase and more rapid as the cold tense, and as the temp valve is closed. This pi in the pipes, which rep it grows cold by the w the main. Whether the or closed, the service pi

New Westmi (Special to The ( NEW WESTMIT Thermometer last nig night at 8 p. m. it sto beautifully clear. Mail contractor Now whack has just arrived wagonroad from opposi ster to Chilliwhack a from fallen timber brou ate storm. The telegr is a complete wreck. through to-morrow to have been working at two days, and it is hop

eation as far as the stored by Monday. the damage done south yet been received. An inquest on Walke old to-morrow. Yale—Weather clear Person Gaoler Moresby retur minster yesterday mor Mr. Thos. Williams,

and Mr. G. Clark,

Capta. McKinnon, of bor lighthouse, is very i Mr. R. L. T. Galbrai P. H. Gray and Mr. H rived last evening by Pacific from San Franci POLICE ON POULTRY the police force were asveral citizens whose robbed. A Chinese chi Burnside road was noticed by the police apring chickens with started a few months increased to over a birds of all sizes, bre some of whom dated several springs ago. I birds said many there subtraction unable to sw

property, and the bird unable to give any info ject, nothing came of POLICE NOTES. - Mrs FOLICE NOTES.—Mrs.
woman, who from her n
relict of some departe
the old country, was,
drunk, and flued \$5 or
Hobbs, a marine, cha
shoes from a city store,
for punishment. The
brought by Sam Sing, a
mess gambling house. nese gambling house, this morning.

THE telegraph lines a