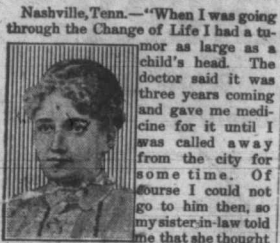


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Carried Safely Through Change of Life by Lydia E. Pinkham's Vegetable Compound.



Nashville, Tenn.—"When I was going through the change of life I had a tumor as large as a child's head. The doctor said it was three years coming and gave me medicine for it until I was called away from the city for some time. Of course I could not go to him then, so my sister-in-law told me that she thought Lydia E. Pinkham's Vegetable Compound would cure it. It helped both the change of life and the tumor and when I got home I did not need the doctor. I took the Pinkham remedies until the tumor was gone, the doctor said, and I have not felt it since. I tell every one how I was cured. If this letter will help others you are welcome to use it."

—Mrs. E. H. BEAN, 525 Joseph Avenue, Nashville, Tenn.
Lydia E. Pinkham's Vegetable Compound, a pure remedy containing the extractive properties of good old fashioned roots and herbs, meets the needs of woman's system at this critical period of her life. Try it.
If there is any symptom in your case which puzzles you, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

London, March 10.—(Correspondence of the Associated Press).—"Soup plates" is what the British soldiers at the front call the helmets with which they are now equipped as a protection against shrapnel. They are of steel and painted gray. In appearance they resemble an inverted bowl and are far from ornamental. They afford protection to the neck and ears as well as the head.

A British correspondent testifies to their efficiency in reducing casualties as proven in the recent stiff fighting for the recovery of the "international trench" north of Ypres-Comines canal.

"I saw eight dented or pierced helmets today," he writes, "the wearers of which suffered no worse injury than scalp wounds, and some escaped entirely. All would have been killed had they worn the ordinary khaki cap. One helmet had been dented eight times by falling shrapnel, while a jagged two-inch hole marked the entry of a shell fragment which caused a flesh wound."

"Another bore a deep fissure made by the butt of a German rifle during the hand-to-hand fighting in the captured trench. The wearer of the helmets was not even stunned and he was able to kill his antagonist. Still another had been dented by shrapnel unknown to the wearer. Several had been cut thru by pieces of shell, but the net effect was no greater than a smart blow across the skull with a club."

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OBITUARY

Elijah P. Armstrong.

The death occurred at Church Street Cornwallis on March 21st of Elijah P. Armstrong, Esq., in the seventy-first year of his age. Mr. Armstrong resided upon the old homestead in Church Street all his life, and was universally respected by all who had the pleasure of his acquaintance.

His death has removed from our midst a gentleman of the old school, courteous and kind in his intercourse with all men, one whose hand was always extended to the relief of suffering humanity, and whose character always exemplified the type of true Christian manhood.

He was a man of strong convictions, despising all kinds of shams and standing four square for all things that made for the moral uplift of the people.

Mr. Armstrong was a Past Master of St. George's Lodge, A. F. & A. M., Wolfville, and although not actively associated with the craft during his later years of life always exemplified the cardinal virtues of the order in his upright walk before his God and fellow men.

The service at his late home was conducted by the Rev. T. C. Mellor, a former rector of the parish who spoke feelingly of the true spirit of Christian fellowship always shown by the deceased towards himself, and his character as a Christian man.

At St. John's Church the rector Rev. J. D. Hull took for his text the words of the apostle St. John, "Blessed are the dead who die in the Lord" dwelling upon the assurance that those we lay away in the tomb upheld and sustained by an abiding faith in the Christ shall be blessed indeed.

"Father we thank thee for this bond that links together those who are kindred in spirit. We thank Thee that once a man was called the friend of God. So all may be Thy friends we well those who meet and match their souls. Let us desire friends; let us cultivate in ourselves the qualities that shall make us worthy of them."

William L. Harris

On March 13th at his residence Sheffield Mills there passed to his eternal rest one of the oldest and most widely known inhabitants of this place in the person of Mr. William L. Harris. Born in September, 1836, he had almost reached his fourscore years, yet was his eye not dim, nor, to all appearance, his natural force abated when on the evening of March 4th he was suddenly stricken with paralysis. Everything that could be done by medical skill and loving care to restore consciousness proved unavailing and he gently fell asleep to waken in the life beyond.

A man of bright, genial disposition, open hearted, hospitable, whom to know was to love and respect, devoted to his home and family, loyal to his friends, deeply interested in everything that affected the welfare of the community where all his life had been spent, he will be missed and mourned by all.

The funeral services were conducted by Rev. Dr. A. C. Borden of Canning, his pastor and intimate friend assisted by Rev. Mr. Prosser to whom also he was warmly attached.

He is survived by his widow (daughter of the late Philip Weaver of Medford) one daughter, Mrs. Gladwyn of Truro, four sons, Morris, Fred, Arthur of Boston, Mass., and Dr. Cecil of Berwick; also three brothers, Alpheus of Sheffield Mill; David of Lynn, Mass.; Robert of Canning, and two sisters, Mrs. Wallace and Miss Bessie of Canning. To them the heart of the whole community goes out in sorrowing sympathy.

Mrs. Harvey D. Woodworth

Mrs. Harvey D. Woodworth passed away at her home at

Canning on Tuesday, March 21st, at the age of fifty-two years. Although she had been in delicate health for sometime, her illness was not considered serious until about a month ago.

The funeral was held on Saturday afternoon, Rev. Mr. Bone, pastor of the Baptist Church, conducted the service, and spoke in a most feeling manner of the high christian character of the deceased, and of her patience under great suffering. Rev. Dr. A. C. Borden offered prayer, and Rev. D. H. McQuarrie gave a short address. Music was furnished by a quartette which consisted of Mr. N. W. Eaton, Miss Emily Eaton, Mr. and Mrs. Edward Henderson.

The burial was in the cemetery at Habitant. Mrs. Woodworth was a lady most highly esteemed, and will be greatly missed in the community. She leaves to mourn their loss a husband, three children, Mrs. Judson Spicer of Wolfville, Miss Alfreda, now teaching at Falmouth and Bowman of New Glasgow, also an aged father, Mr. George DeWitt of Peregau, three brothers, and five sisters, all of whom have the sympathy of a large circle of friends.

FACTS ON THE BUILDING OF THE WELLINGTON DYKE

From a copy of the Nova Scotia or Colonial Herald dated at Halifax Wednesday, March 9, 1825, 91 years ago, we clip, the following report presented on the building of the Wellington Dyke across the Canard River from Canard to Starrs Point:

Wellington Dyke

Of this great undertaking, which speaks so loudly in favor of the skill and enterprise of the farmers of Cornwallis no account has yet appeared in our papers; and as I had some opportunity of gathering the facts relative to it I will thank you to lay before the public the following hasty sketch.

This embankment shuts out from the tide that fine stretch of marsh comprising about 700 acres of the finest quality, and capable of the highest cultivation, which lies between the main dyke and the mouth of the river Canard. It is said that the advantage of this valuable enclosure had been duly estimated by the first settlers of the township—I mean the Acadian French; and that previous to their being driven from this country they had commenced the labor of embanking. Indeed some of the older inhabitants yet point out the broken and decayed vestiges of their enterprise. Causes however, which it is idle here to detail, put a stop to their labors—change of government gave an insecurity to their property—and driven at length from the Province the work was necessarily abandoned.

For many years the settlers upon the banks of the river Canard either remained insensible to the riches within their grasp, or too indolent to secure them. About the year 1802 however—about forty years from the expulsion of the French—they gathered some public spirit, and determined to recommence the undertaking. This second attempt was equally unsuccessful with the first; and after a few feeble and ill directed efforts was a second time abandoned. It again slept till the year 1816, when a meeting of the proprietors was called; and there, after some deliberation, it was determined to begin the present dyke. The work was immediately commenced under the superintendence of two or three of the more active and intelligent—running dyke was thrown up with the greatest industry and dispatch, till the Abbeau was raised to a level with the tide, and so nearly completed, that with but a few days labor it was expected to shut it out entirely. At this very moment however when their point was so nearly gained an accident occurred, which frustrated all their hopes. One day when the tide

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was out it was observed that upon the south side of the abbeau, and close to the bank of the river, the water above had forced a leak through the main body of the work; anxiety now filled every one—no effort could save it—and before half an hour the violence of the water washed away with a fearful rapidity the complete side of the abbeau, and left the other a shattered and disfigured monument of their enterprise. This happened during the course of the summer of 1822 and at this time the expenditure of labor was equal to the nominal sum of £12000.

Although many of the proprietors lost heart at this inauspicious event and would have relinquished the scheme as utterly hopeless, some of the leading men of the County, stepped forward, and recommended a renewal of their efforts—hope was again awakened and accordingly on the same summer the work was recommenced—continued during the course of this—and towards the end of last September, with incredible labor, an abbeau was completed, which has since stood, and bids fair to satisfy every hope of its stability.

Those who have never had an opportunity of inspecting a thing of this kind can form no conception of the size and magnitude of the structure. Imagine a vast pile measuring 50 feet in perpendicular height—120 feet at the base, gradually narrowing at an angle of about 10 degrees till it reaches the top; and extending across the whole bed of the river about 300 feet wide; and you will have some idea of its broad and massy dimensions. I was one day present and saw the force usually employed—about 100 teams (500 working cattle) and 300 men. It was a busy and active scene, and looking upon it I could not help feeling some indignation at the remarks which are sometimes made by gentlemen of the city, about the slothfulness of our farmers. Here was ocular demonstration—a noble and exciting example of enterprise, activity and industry—it taught me a useful lesson, and I have ever been inclined since to defend the farmers of Cornwallis from any charges of idleness &c. in which the good folks in town so often indulge.

The whole work will cost about £15000 in real value—the best quality of land will come to the proprietors at £40—the second at £30 per acre.

Some improvements however are yet to be added and a petition has been prepared for the House of Assembly begging some legislative assistance. I have every confidence in the liberality of the House for if ever there was a public work which deserved the attention of the Legislature and was worthy their favorable consideration it is the Wellington Dyke of Cornwallis.

Anxious to make the information relative to this great work accurate, we have made inquiry and from a leading gentleman of that Township now in town have been kindly favored with the following particulars—The foundation of the Abbeau to the Wellington Dyke which for several years past has been building across Cunar river is 300 feet, which is the breadth in the Channel of the river—the materials with which it has been erected are brush, stone, timber, marsh sods, and these fastened together with rickets.

The body of the Dyke or abbeau is bound up in the middle of the foundation 100 feet wide. The sluice is 100 feet long, 14 feet wide, and 4 feet high, with two divisions made of solid timber, twelve inches thick, covered first with two inch plank then with timber six inches thick. The river where the dyke or abbeau was built across is upwards of 1000 feet in width and 40 feet deep.

There have been used in said dyke:
9,778 loads birch
13,036 loads poles 12 feet long.
21,001 securing poles from 15 to 30 feet long,
71,756 pickets from 8 to 16 feet long
1,514 loads stone contracted for and brought on by the lead besides thousands which it may justly said were brought on in the days work.

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