RIGHT AT LAS

"In 1912, I was taken suddenly ill

with Acute Stomach Trouble and

dropped in the street. I was treated

and quickly as 'Fruit-a-tives', and by

using it I recovered from the distressing

Stomach Trouble, and all pain and

Constipation and misery were cured. I

completely recovered by the use of

'Fruit-a-tives' and now I weigh 208

pounds. I cannot praise 'Fruit-a-tives'

50c. a box, 6 for \$2.50, trial size, 25c.

At all dealers or sent postpaid by

Fruit-a-tives Limited, Ottawa.

enough".

H. WHITMAN.

ONE YEAR'S REPORT OF THE HE STRUCK IT BRANT PATRIOTIC AND WAR RELIEF FUND ASSOCIATION

Explanation is Given in Detail of the Wide Scope and Accomplishment of a Splendid Work.

should be given an account of the and War Relief Association.

we should organize to take care of the conditions created in our midst, caused by the war. Several meetings were held, and after a thorough consideration, it was decided that it would be wise to have one organization to collect and disburse funds for the relief of unemployment, and to see that the dependents of the soldiers who had gone to the front were properly looked after.

With the large number of Brantford as President, a ladies auxiliary has been formed with Mrs. Jos. Stratford as President, Mrs J. W. Digby Vices of the call from the front, a heavier burden is imposed on us to care for those whom they have left behind. Those who are not going to the front should take every possible precaution to carry them through the coming winter, and those who were assistant of the call from the front, a heavier burden is imposed on us to care for the relief of unemployment, and to see that the dependents of the soldiers who had gone to the front were properly looked after.

I was treated by several physicians for nearly two years. I was in constant misery from my stomach and my weight dropped down from 225 pounds to 160 pounds. Several of my friends advised me to try fruit-a-tives' and I did so. That was eight months ago. I began to improve almost with Mrs. J. E. Wateront with Mrs. properly looked after.

The Brant Patriotic and War Relief Association was organized for the purpose, and every subscriber became a member. The officers and committees were duly elected as fol-

Hon. Pres., Mayor Spence. President, Lloyd Harris.

1st Vice-Pres., Reginald Scarfe.
2nd Vice-Pres., Col. E. C. Ashton.
Hon. Treas., W. F. Cockshutt,

Hon. Sec'y, C. H. Waterous. Secretary-Treasurer, H. T. Watt. Edmund L. Goold, Edmund L. Cockshutt, Matthew F. Muir, W. Hargrove, A. K. Bunnell, Thomas L. Ryerson, William D. Schultz, Geo. Wedlake, W. N. Andrews, John Muir, Franklin Grobb, J. S. Hamilton, Rev. M. Kelly, Dean Brady, C. A. Waterous, M. J. O'Donohue, J. A. Sanderson, T. H. Preston, R E Ryerson, M. E. Harris, William Milmine, Hudson Jennings, Oscar A. Watt, James N. Walker, George E.

A whirlwind subscription campaign was inaugurated, and pledges were secured for a total amount of \$66, ooo. Subscribers were given the privilege of paying in four instalments, 25 per cent. October 1st, 1914, 25 per cent. April 1st, 1915, 25 per cent. October 1st, 1915, 25 per cent. Oct any dates of payment, the balance of

For the purpose of properly distributing the funds received, it was decided to work through two sub-organizations, viz: The Social League for the relief of unemployment and Canadian Patriotic Fund, Brantford Branch, for the care of the dependents of soldiers gone to the

divided, as the distress caused by the chairman of the executive committee. Hon. W. T. White, M.P., is the local committee and the lady visacute, so that up to the present the Hon. Treasurer, Sir H B. Ames, M. is to persuade the soldier's wives funds collected have been equally di-vided between the two sub-organiz-P. H. Morris is Assistant Secretary, and Mr. sible. Our cheques for monthly al-

the third payment, which will be done wives, children and dependent rela-in due course, and subscribers will tives of the officers and men, resi-ceived, urging them to commence a

The Editor of the Courier:

Sir,—On the anniversary of the commencement of the war it appears to me that the citizens of Brantford should be given an account of the should be given an account of the disposed of, but mashiner as the constant should be stewardship of the Brant Patriotic considerably improved next winter, it ed home, and to widows of men kill-

degree of assistance next winter.

have asked the officials of each organization to outline the work accomplished, and which I now have pleasure in making public. The amount of the monthly allowances. In determining the amount of assistance which should be given, wide amount of work involved has been investigation and extensive enquiries enormous, and the workers have given of their time willingly and unselfishly, and I am proud of our women and men who have so nobly

columns Yours sincerely,, LLOYD HARRIS.

Lloyd Harris, Esq.,
President, Brant Patriotic
and War Relief Association,

Application was at once made to discouraged. the subscriptions would not be called. the head office of the fund at Ottawa (e) If living rent free, or fuel free, On these pledges we collected as for admission and the same was the value of same is taken into con-

> President-Mayor Spence. Vice-President-Lloyd Harris.

Executive Committee-Frank Cockshutt, Rev. G. A. Woodside, R. Scarfe, Dean Brady and Adjutant Hargrove. Secretary-Treasurer-H. T. Watt.

Asst. Sec'y—Miss E. VanNorman.

The Canadian Patriotic Fund, or National Patriotic Fund, as it is Council to the effect that after April ront.

The committee decided that for the past winter, the funds collected from the first two calls should be equally

National Patriotic Pund, as it is sometimes called, is a Dominion-ist, 1915, each soldier's family that is in receipt of the separation allowance, will also receive at least 50 per cent. of the soldier's pay.

ations mentioned.

As the war, unfortunately is not over, it will be necessary to call for the assistance, in case of need, of the

The Editor of the Courier:

| be notified to pay in the amount dents of Canada, who, during the Sir,—On the anniversary of the pledged for October 1st next. | present war, may be on active ser-

is not likely that the Social Service ed in action or dying on service. After the war broke out, a great League will receive the same pro- In connection with the Brantford branch, a ladies auxiliary has been

> sisted by the Social Service League made on the soldier's wives with a last winter must not expect the same view to establishing bonds of sympathy and helpfulness, which are Some citizens have, I believe, criti- quite as valuable as monetary assistcized the work of our organizations, ance. These ladies also furnish the but the work speaks for itself. I central committee with the information necessary in deciding upon the

W. A. Hollinrake, Geo. A. Moore, John McGraw, Rev. R. D. Hamilton, Frank Cockshutt, Joseph H. Ham, Edmund L. Goold, Edmund L. Goold, Edmund L. Cockshutt. Matthew F. Muir W. methods and answer any questions. Thanking you, Mr. Editor, for your than three children, only \$2 per Wood, W. S. Brewster, Thomas E. courtesy in allowing the use of your month is allowed for each child be-

A. Waterous, M. J. O'Donohue, J. A. Sanderson, T. H. Preston, R E Ryerson, M. E. Harris, William Milmine, Hudson Jennings, Oscar A. Watt, James N. Walker, George E. Cooke, Henry Stroud.

A whirlwind subscription campaign was inaugurated, and pledges were secured for a total amount of \$66.

At the meeting of the members of the members

pay, which is sent to the wives by the to fight for the country's cause, seri-Government, except in the case of ous and onerous obligations at once fall upon the wife and mother, and it men engaged in garrison or picket duty. The latter are expected to asis reasonable to accord these noble sign to their families at least 80 cents women liberal treatment and condiper day, and this sum would be taken tions which will tend to make their into account. lives as cheerful as possible. With regard to the financial status

of the Canadian Patriotic Fund, the Honorary Treasurer's statement of March 30th, 1915 shows receipts to that date of \$3,387,172. and disburse ments \$1,101,934, leaving a cash sur-

puls on hand of \$2,285,238. The Fund has no record of amounts pledged for future payment. New branches are being formed continually and contributions are received daily sible. Our cheques for monthly also that there is no doubt that the Head Office Executive will be enabled to carry on the work as long as necessary.

By forming a Branch of the Fund in Brantford, we are able to draw back from the Head Office of the Fund the amount necessary to make payments to our soldiers' wives every month irrespective of the amount contributed

We are at present drawing \$4,000 per month and by dividing the amount which will have been contributed for the period of a year into monthly payments, we find that we are receiving about twice as much as we are sending in. This will be increased as recruiting continues.

In addition to the amount contri-

buted by your Association, we have forwarded \$1,000 contributed by the city Officials Fund. The County of Brant also reimburse us for amounts paid to soldiers' wives resident in the County, and this amount is in the neighborhood of \$600 per month.
Our office and administration ex-

penses are small, representing less than 3 per cent of the total disburse-

There is no doubt that the Canadian Patriotic Fund is, as it has been so aptly termed by Sir H. B. Ames. the Honorary Secretary, "A National Benefaction", and we are confident in the assurance that its work has the hearty and sincere support of the people of Canada.

Yours truly, (Sd.) H. T. Watt, Secretary-Treasurer.
Brantford, Ont., July 23rd, 1915.
Lloyd Harris Esq., President Brant
Patriotic and War Relief Asso-

ciation, City, Dear Sir,—In reply to your request or a report on the work and administation of the moneys so geneously placed at our disposal by your Association, we beg to advise as follows:
The Social Service League was
formed at a public meeting of citizens
held in the Y.M.C.A. Hall on September 15th, 1914. The officers are as fol-

Honorary President, Mayor Spence, President, Frank Cockshutt. First Vice-President, A. McFarland,

Second Vice-president, C. A. Water-

for District organization and investigating work, consisting of Mrs. Frank Cockshutt, Mrs Cummings Nelles, Mrs W. C. Livingstone, Mrs. J. W. Digby, Mrs. T. L. Wood, Mrs. M. J. O'Donohuc, Mrs. W. H. Whitaker, with power to add to their number. This committee the with Mr. Cockshutt and Mr. Preston, and the City was divided in districts.

Take 3 eggs, ¼-pint of milk, a teaspoonful chopped parsley, and a taste of grated onion juice, pepper and salt. Whisk all in a basin so as to mix thoroughly. Heat 1-oz. of butter in a frying pan, then pour in the mixture and keep putting the knife round the outside to prevent the ome lette adhering, and to make the uncoked one per cent. of the total amount disbursed.

In view of the most upwered and when nicely set fold and cooked centre flow towards the rim.

kindness of the Management of that Institution. Mr. Nelson Jex has been in charge throughout the past sean in charge throughout the past sean son, and applications for relief are for them to do so.

have been obliged to seek assistance are urged and expected to provide and butter. Mix, roll into shape, or pass through a sausage may chine; dredge with flour, dip in batter for them to do so. received by him.

It is the cardinal principle of the League to give work rather than char-ity wherever possible, and in no case is money given to applicants. When applications are received, or needy cases are reported or discovered by the visitors, they are investigated at once, and an order given for supplies which are deemed expedient, provided

reports are satisfactory.

The Brant County Medical Association very kindly offered their services free to the deserving poor of the city, and arrangements were made with the are vouched for by the League.

Throughout the Winter months we were successful in finding work for a considerable number of unemployed

BI

men. In this connection preference is given to married men with families. Being given the right to name some

On these pledges we collected as follows:

follows:

duly granted.

The executive committee of the 2nd call due Oct. 1st, 1914... \$15,413

and call due April 1st, 1915... 13,192

Cash contributions 8,883

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The executive committee of the 3nd call due of same is taken into consideration.

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The executive committee of the 3nd call due of same is tak benefit to a considerable number. A childs welfare nurse from the Victorian Order of Nurses has been engaged to care for the infant children of the poor during the hot sum

With regard to the finances of the PHONE 148

CHERRY JELLY

From a recipe of Charles Francatelli, Chief Cook to Queen Victoria. Published in 1865.

Clean 2 lbs. cherries and a handful of red currants, and bruise stones and kernels in a mortar; place in small preserving pan with 1 lb. John Redpath's sugar loafe and // pint spring-water; boil on the stove-fire about five minutes, taking care to remove scum as it rises; pour into a beaver jelly-bag and filter in usual way. Mix luice with two ounces clarified isinglass, and pour into jars or mould.

ous.

Secretary-Treasurer, H. T. Watt.

And T. H. Preston.

A Ladies' Committee was appointed for District organization and investigating work consisting of Mrs. Really to May 6th 1925 heins.

Secretary-Treasurer, H. T. Watt.

Patriotic and War Relief Association, We, however, received from the Old Home Week Trustees \$1,630.76, from fees \$39, and sundries \$194.14; the gating work consisting of Mrs. Really total receipts to May 6th 1925 heins. Social Service League, our funds are with stuffing, roll up carefully, return

vice League is based on the Russell Sage Constitution for Associated Charities, with certain clauses elimin. The Host unusual and hot dish, either with tomato sauce or garnished with baked tomatoes.

GREEN PEA SOUFFLE. Charities, with certain clauses eliminated which do not apply to Brantated which do not apply to Brantford.

The League endeavors to make itThe League endeav

Yours truly, (Sd.) H. T. Watt, Secretary-Treasurer. Brantford, Ont., July 23rd, 1915.

EGYPTIAN LENTIL SOUP. Wash and pick 1/2-lb. Egyptian lentils and put on to boil in about 1 local druggists to fill prescriptions, at quart of water. Add 1 sliced onion, cost, provided they are certified to by carrot, 1 turnip, a small bunch of our officer. The dentists also offered herbs, and celery salt, and boil gently their services free of cost where cases about 1 hour. Rub through a sieve, return to pan, add I oz. butter and a cupful of milk. Bring to boil and

BROWN BEAN CUTLETS. Boil 1 pint of brown haricot beans until soft, strain and keep the stock of the men employed on the work on pass the beans through a sieve and of the men employed on the work on the beans the park brive and the Township and a tablespoonful of chopped parsabout 75 per cent. of those on our lists have at present bank accounts, lists have at present bank accounts, lists have at present bank accounts, they presented bank books showing lin the matter of rendering assist-

In view of the most unusual and When nicely set, fold and serve on a

The League endeavors to make itself as far as possible a clearing house for all benevolent effort, in order to prevent overlapping and duplicating of assistance given to needy persons.

The work of the League is carried on principally in the Winter months. An office and store room is used in the basement of the Y. W. C. A and is available without cost, through the bindness of the Management of that

made by introducing lentils, mac or haricots, with herbs, fried obreadcrumbs, etc., and an egg

State of Ohio, City of Toledo, State of Ohio, City of Toledo,)

Lucas County,)ss.

Frank J. Cheney makes oath that i senior partner of the firm of F. J. Ch & Co., doling business in the City of ledo, County and State aforesaid, and said firm will pay the sum of ONE H DRED DOLLARS for each and every of Catarrh that cannot be cured by use of HALL'S CATARRH CURE FRANK J. CHENEY Sworn to before me and subscrit
my presence, this 6th day of Dec.
A. D. 1886.

Hall's Catarrh Cure is taken interna estimonials, free F. J. CHENEY & CO., Toledo. O. Sold by all Druggists, 75c. Take Tall's Family Pills for constipa

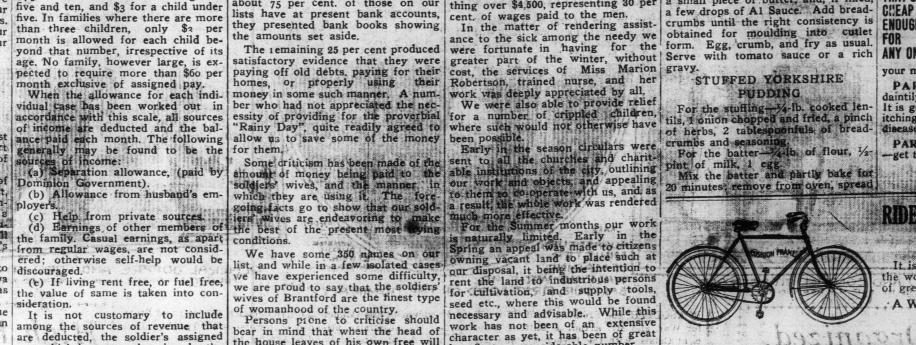
CURE DANDRUFF FOR 50 CTS

It's easy, and you take no risk. Step in to-day, and get a large 50 cent bottle of PARISIAN SAGE, the germ killing hair restorer.

ANY ONE If it does not cure dandruff in two weeks we will give you your money back. PARISIAN SAGE is a pleasant, daintily perfumed tonic and hair grower. It is guaranteed to stop falling hair or itching of the scalp, and to cure all diseases of the scalp and hair.

PARISIAN SAGE has many imitators

T. J. BOLES.



Choice Fruit Deserves

to preserve its luscious flavor for the winter days to come.

For over half a century Action has been the favorite sugar in Canada for preserving and jelly-making—and with good

reason. Because it is absolutely pure and always the same, you can use it according to your recipes, year after year, with

Fruit put up right, with Julian Extra Granul-

ated Sugar, will keep as long as you wish, and

when opened a month or a year hence will

delight you with its freshness and flavor.
"Let Redian sweeten it."

Get your supply of sugar in Original REDPATH Packages, and thus be sure of the genuine—

Put up in 2 and 5 lb. Sealed Cartons and in

CANADA SUGAR REFINING CO., LIMITED, MONTREAL.

Canada's favorite sugar, at its best.

10, 20, 50 and 100 lb. Bags.

RIDE CLEVELAND CUSHION FRAME BICYCLE

It is made by the manufacturers of the world's best bicycles and a wheel of great strength and durability.

A WHEEL TO BE PROUD OF \$55,00

GRANULATED

full confidence in the results.

How Ita Told by

G. M Trevelvan, auti and the Making of Ital! Daily Chronicle:-

SATURDAY, AUGUS

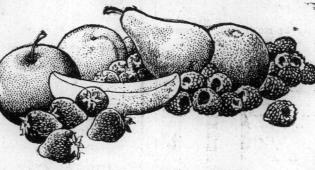
It has generally been confess I shared the belie Italians. This did not i them the less, for nat way of being lovable in to their power of organiz Irish and Germans. Bu the Italian army how f ganization has been the ten months while were employed in organ remarkable secrecy and military machine. Italy was preparing, bu

sives" or of anything els against poisoned gas) wh of the war in other par shown to be necessary erally divided between General Cadorna, the Zupelli, the Minister for have shown themselves in this work of prepara a work which we Engli position to estimate at no longer to regard as a

Emanuele III. is daily the love of his sold activity he rushes fro the front, appearing pected, to share a his officers and go round a few words of syn ment, often under fire gentleman, he allow any one to w but talks to people as another. The Casa S resentatives at the fr including every mar ing race old enough as a private soldier. high church dignita General Cadorna eral in this war on Frenchman. But I mea obtained over a s same kind of imagin Like Joffre, Cadorna talk, excitement and Organization and d ments, and he has quiet confidence in sults, which is jus

must have in order to and terrible war of ext Not that Cadorna is

Good with Any Fruit that Grows



Lots of times you are at your wit's end for a dessert ideaespecially when you have friends to dinner.

Let us remind you that good ice cream is always acceptable. You can serve it with fruit, preserves, chopped nuts, minced raisins, Chinese ginger, etc., in dozens of different ways and any number of fancy shapes.

Your guests will specially relish the frozen dessert if you

(A suggestion for ladies particularly anxious to please:-Serve Brant Vanilla Ice Cream with hot chocolate sauce.) Why bother with laboriously made desserts? In the end they are not nearly so nice as our exquisite ice cream, nor as highly appreciated.

Order a trial brick or pint to-day. Ask for Brant Ice Cream at your dealer's. N. B.—Brant Ice Cream bricks are carefully packed in improved sanitary cartons.

Brant Creamery -- Brantford, Ont.