

MOTHER'S GUIDE



When a young girl's thoughts become sluggish; when she has headaches, dizziness, faintness, and exhibits an abnormal disposition to sleep; dislikes the society of other girls; then the mother should come to her aid promptly, for she possesses information of vital importance to the young daughter.

At such a time the greatest aid to nature is Lydia E. Pinkham's Vegetable Compound. It prepares the young system for the coming change, and has helped to bring three generations safely from girlhood to womanhood. Read what

LYDIA E. PINKHAM'S VEGETABLE COMPOUND has accomplished for Miss Olson.

Miss Ellen M. Olson, of 417 North East Street, Kewanee, Ill., in a letter to Mrs. Pinkham says:

"Lydia E. Pinkham's Vegetable Compound cured me of backache, sideache, and established my periods after the best physicians in Kewanee had failed to help me, saying that an operation was necessary."

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.



The Original and Only Genuine

BEWARE of Imitations sold on the Merits of MINARD'S LINIMENT

ENTERTAINING MISCELLANY

VARIOUS SUBJECTS CLEVERLY TREATED

The Merriest Day.

You must wake and call me early; call me early, husband dear, Tomorrow will be the busiest day we've had for just a year. The van is coming early; you must wake, and wake me, too, There'll be more work about the house than both of us can do.

At five o'clock tomorrow, dear, when day begins to break, We must both get up and stir about; I hope for goodness' sake, The day will be the only precious thing that will be broken, And I hope you'll think, without regret, at night, of all you've spoken.

The pictures must be taken down, the carpets taken up, And I don't suppose we'll get a chance for decent bite or sup; We'll have to do the best we can with cold things, nothing more, And eat them off the mantelpiece, or, maybe, off the floor.

Your nightshirt's in the oven, love, the pillows are away; You must sleep on the kitchen-table—tomorrow's moving-day. Your tooth-brush is in the barrel that's full of boots and clothes, And the soap and towels are somewhere—where, goodness only knows.

Your books are in the coal-box, packed as tightly as I could; Your razor's in the largest trunk, among the coal and wood; The gridiron's in the wardrobe-drawer, and the baby is there, too; I put the bottle with him—twas the best that I could do.

Oh! tomorrow will be the merriest day in all the glad some year; You must wake and call me early, before the van gets here.

It is believed that by marching thirty-three miles in ten hours and a quarter, with only one rest of an hour and a half, an English battery of mountain guns in Egypt has established a record.

Prime Ministers' Sunday Resignations.—It is a curious fact that the news of a Prime Minister's resignation has been made known three times on a Sunday during the past fourteen years. Mr. W. E. Gladstone's resignation was accepted by Queen Victoria on Saturday, March 3rd, 1894, but the news was not made public until Sunday. Lord Rosebery's resignation was announced on Sunday, June 23rd, 1895; and Lord Salisbury's became known on Sunday, July 11th, 1902.

Parrots as Advertising Agents.—A new school has been started in the Grand Montrouge district of Paris. It is a school for the teaching of parrots, and specializes in making the birds of commercial value. It has occurred to the manager of the school that a clever parrot may be very useful as an advertiser, and he is at present teaching a number of them to cry aloud the excellence of various products. These birds will later on be hung in cages in prominent positions on the boulevards. The birds are being taught by a phonograph in dark rooms.

Romance of South African Mines.—The proposed closing of the Dutoitspan diamond mine recalls one of the most romantic stories of the South African diamond fields. Less than forty years ago a man called De Beers was farming a few hundred barren acres of veldt near Dutoitspan. One day in 1871 one of his children, while playing, saw a flash of light from the mud-covered wall of the house, and, on examination, found that it came from a small, glasslike pebble embedded in the wall. He dug out the pebble with his penknife and took it proudly to his father. The pebble proved to be a valuable diamond, the first fruits of the rich store of gems which lay hidden under the farmer's barren acres. Mr. De Beers sold his farm for £6,000; the Dutoitspan, De Beers, and Kimberley mines

revealed their treasures of gems; and within a few years £50,000,000 would not have bought the farm which, before that lucky discovery, De Beers would gladly have sold for a few shillings an acre.

In different parts of the world 3,000 marriages take place every day, according to statistics collected by an American clergyman.

Miss Gladys Vanderbilt visited the Irish fair in Madison Square Garden and paid £1,100 for a pair of cuffs and collar of Irish point lace, made two hundred years ago by the nuns of Youghal.

Japanese Women.—The woman of fashion in Japan is a costly luxury. A Kobe newspaper, in giving the cost of her wearing apparel, says she has £2 15s. worth of clothing under her kimono, which costs £5. The obi costs another £5. Numerous tying paraphernalia sum up to £3 15s., and a set of footgear amounts to £2. Combs and hairpins, ornamented with gems, cost £49; a shawl, £1 10s.; a diamond neck clasp, £30; a gold watch, £30—nearly £200 in all for a season. A middle-class woman wears about £30 worth of clothing each year.

Ten Commandments of the Business Man.

1. Thou shalt not in any wise boast, brag, bounce or bluster, or the wise man will hold thee in low esteem.
2. Thou shalt not permit thy wife to be living at the rate of \$1,000 a year, when thy business is not yielding more than \$999; nor shalt thou withhold from her the business information which, as a helpmate, she is entitled to receive.
3. Thou shalt not carry the counting house into the domestic circle, nor in any wise spoil the children's hour.
4. Thou shalt not mock the unsuccessful man, for he may be richer in his poverty than thou art in thy boasted abundance.
5. Thou shalt not hobnob with idle persons, nor smoke with them, nor encourage them, nor approve of their evil life.
6. Thou shalt not keep company with an unpunctual man, for he will certainly lead thee to carelessness and ruin.
7. Thou shalt not forget that a servant who can tell lies for thee may one day tell lies to thee.
8. As to the hours of slumber and sleep, remember the old rule: Nature requires five, Custom gives seven; Laziness takes nine And wickedness eleven.
9. Neither a borrower nor a lender be, but give where well bestowed right cheerfully.
10. Be honest in copper, and in gold thy honesty will be sure.

Children who exhibit a taste for music should have their talents encouraged by allowing them to practice on a Gourlay piano. While the mind is in the formative state and during the first teaching period it is highly important that none but the very best piano should be used. The pleasing tone and responsive touch of the Gourlay piano appeals alike to young and old.

As the Oil Rubs In, the Pain Rubs Out.—Applied to the seat of a pain in any part of the body the skin absorbs the soothing liniment under brisk friction and the patient obtains almost instant relief. The results of the use of Dr. Thomas' Electric Oil have surprised many who were unacquainted with its qualities, and once known it will not be rejected. Try it.

CONSTIPATION

The nourishment you derive from food is absorbed into your system through the walls of the intestines, but when the bowels are not acting freely, naturally, poisons are generated from the obstructed, undigested mass and these poisons, instead of Nature's nourishment, are then taken into the blood and carried through every part of your body. Every organ is weakened; your breath becomes offensive, your eyes dull and heavy, and your skin is disfigured by pimples and blackheads. Mother Seigel's Syrup regulates your liver, gives perfect digestion of food and makes constipation impossible. "My little girl suffered much from constipation," says Mr. W. F. Steeves, Hillsboro, Albert Co., N.B. in a letter of Feb. 1st, 1908. "She was subject to headache and sleeplessness, her breath was offensive and her tongue coated. But Mother Seigel's Syrup completely cured her."

MOTHER

SEIGEL'S SYRUP.

Price 60 cents per bottle. Sold everywhere. A. J. WHITE & CO., LTD., MONTREAL.

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To show our artificial limbs to the experienced wearer is to make a sale.

They are neat, strong, light, and practical.

We can fit you out at short notice with the best that money can buy.

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Bed Bug Chaser

Drive the Rascals Out. Bed Bugs, Fleas, Ants, Chicken Lice, Cockroaches and all insects. No matter how many other kinds you have tried and failed. "Try This." We guarantee it to rid a house of insects or money refunded. One package will kill 1,000,000 bugs. Leaves no stain, dust, dirt or disagreeable smell. Appreciated by every good housekeeper. One pkg. in plain wrapper by mail prepaid 50c. (Wholesale price to agents and druggists \$1 per dozen.) DOMESTIC MFG CO., Dept. 32 MINNEAPOLIS, MINN.