

July 10th, 1898.

A CONSIDERABLE NUMBER of Indians assembled at Kamloops on June 12th last for the solemnity of Corpus Christi and the visit of the Bishop, who came to administer confirmation to over a hundred of the flock. As early as Sunday, June 12th, the church on the reserve at Kamloops was crowded to its full capacity, and even a goodly number had to stay outside around the doors and windows. There were about 500 grown-up people and nearly 300 children. The order of the exercises was as follows: Morning prayers, mass and instruction from 6:30 to 8 a.m.; beads, catechism, etc., from 10:30 to 12:30; catechism again and instructions, etc., from 4:30 to 6 p.m.; night prayers, benediction and instruction, from 8:30 to 10 p.m.

There was abundant matter for the instructions, mostly concerning the Holy Eucharist. What is meant by the Holy Eucharist? It is Jesus Christ living in the sacred host. . . . He is in the tabernacle, more alive than we are ourselves. . . . He knows us, he sees us, even the very bottom of our hearts. . . . Have you got nothing to tell Him? It is not for Himself but for you that he is there. . . . The real presence of our Lord in the blessed Sacrament is proved by the history of the Church, by countless miracles, and by the effects of Holy Communion in the souls of the faithful. What does Christ want of us? Listen: "*Except you eat the flesh of the Son of Man and drink His blood you shall not have life in you.*" To whom are these words ad-

dressed? To all men without exception—to all Indians as well. There is no escape from there. Our Lord says: "*Amen, Amen, I say to you: Except you eat my flesh you shall not have life in you.*" All are bound to receive Holy Communion in order to be saved. Do all here receive Holy Communion? No. There are some who put a limit to their religion, who say: "I am satisfied to say my prayers morning and night, to go to Confession once a year or so, but I do not care for going beyond that; it is too much for me to restrain myself and undergo all the practices of good Communicants." . . . Yet Christ says: "*Except you eat my flesh you shall not have life in you.*" Unless you receive Holy Communion and receive it worthily, you have not life in you—your soul is dead—and you shall not have life in Heaven. . . . There are others who once were good communicants, but who now for a number of years have grown cool, bad habits having got the best of them. Let them also listen to the words of Christ: "*Except you eat the flesh of the Son of Man you shall not have life in you.*" Many of the Jews said: "*This saying is hard, and who can hear it?*" There have been at all times people who said the same thing. It is because they know not. If they only thought properly of what our Lord says and what he wants: "*He that eateth this bread shall live forever.*" It was in order to secure for us life everlasting that Christ instituted the blessed Sacrament. What do you love more than life, and what do you dread more than death? Well, it is exactly what the Son of God wants to bestow on you in the Holy Eucharist. He wants to