

Sunday School Lesson. LESSON III.—JANUARY 30, 1881. SIMOON AND THE CHILD JESUS. —Luke 2: 25-38.

L—Two Aged Saints.

Simeon is the central figure in the narrative, and Anna comes in at the end and gives a finishing touch to St. Luke's picture of the deeply interesting incident recorded. We are not told that Simeon was an old man, but that he was plainly implied; and of Anna we are expressly informed that she was "a widow about four score and four years." These two persons do not seem to have been in any way related to or connected with each other. They are brought together in the narrative as two independent witnesses to the Messiahship of the infant then being presented in the temple in accordance with the Jewish law and usage.

immaculate son, saw Him hanged, and heard Him taunted upon the cross. Wounds of the mind are often said in all languages, to be inflicted by 'arrows' and 'swords.'

The House and Farm.

In iring oakes it will be well to dip the knife often into cold water. Prepare all tools for garden or farm, and do it now, lest delay—the great enemy of the farmer—may prevent such preparation at a later day.

Look out for caterpillar eggs on trees (now easily discerned) and destroy them. This is one of the most economical things, in its results, which the fruit-raiser can do in the cold winter months.

Are your stock carefully and kindly shielded from the severe cold? A considerate, wise farmer will care for his herds and flocks, protecting them from chills of winter, as certainly as he does the members of his family.

Protect all trees and plants in orchard or garden from intruding animals of all kinds. Be careful that the young twigs are not "browed." Tramp the snow around the roots of trees and shrubs so as to prevent damage from mice and rabbits.

Never let children go to bed with cold feet. Indeed, they should never be allowed to sit in the house with wet or cold feet. Many a child has died of croup whose life might have been preserved by a little attention to its feet.

The healthy properties of onions have never been fully understood. Lung and liver complaints are certainly benefited, often cured, by a free consumption of onions, either cooked or raw. Colds yield to them like magic.

The most practical suggestion yet made toward economizing the use of coals seems to be in the use of solid bottoms in ordinary fire-grates. It has been asserted, and indeed proved, that in any fire-grate, not exceedingly small, a plate of iron placed upon the bars will nearly halve the consumption of coal, and also reduce the smoke and keep up a cheerful, fire-bruening fire.

Quite sufficient air will enter through the front bars, and all poking should be avoided, and the fire will continue until all the coal is consumed, which will be done without leaving much ash or dust. Any housekeeper can try the experiment. A sheet of iron to fit easily into the grate will cost but a quarter of a dollar, and the coal bin will not need to be replenished so frequently.

"EAT SLOWER."

A respectable elderly lady patient went to London to consult the very highest medical authority about her dyspepsia, and its accompanying ailments. She waited patiently for her turn, entered the awful presence, told her pitiful story, and put out her furred and creased tongue.

The doctor listened, and said, "Um Ah! Yes! Just so!" Then he looked profoundly, awfully wise.

"Now, doctor, what shall I do? I have tried everything, and nothing does me any good. Can you do anything to help me?"

"Yes, madam, you must eat slower." She waited for her prescription, but the doctor did not write, and was evidently expecting her to go. He thought she might be hard of hearing, and spoke louder: "Eat slower!"

By an involuntary, but slight movement of his right hand she saw there was nothing to do but pay the fee. The two guineas dropped and she sadly left the presence.

Two guineas for two words! But they are richly worth the money. "Eat slower" is very wise and very important counsel. There is a time for everything—and as eating is one of the most important things of our mortal life, the time we take to do it rightly is of very great importance.

Good health is impossible when the blood is impure, or when it is thin and cold. Under such conditions one disease after another is developed. Boils, pimples, headache, neuralgia, rheumatism, etc., are the result of impure blood, and the wisest course is to make the blood pure, rich and warm by the use of Ayer's Sarsaparilla.

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