

half an ounce of white sugar candy in a glass, or marble mortar, to a fine powder, into which drop fifty drops of oil of aniseed, and rub them well together; last of all mix them with as much spermaceti, reduced into powder, and rub them again, 'till well incorporated. It may be taken mixed up in whey, or breast-milk, and repeated every three or four hours at first, 'till it gives relief; and after that, once or twice a day, if need be, to prevent a return. During the fit, nothing is better, nor easier to administer, than five or six drops of pure spirits of harts-horn dropped into fair water, and often repeated. The same prescriptions will do for adults also, proportioning the dose accordingly, provided the cause lie too in the primæ viæ; and how proper purging is for convulsions, my very good and learned friend Dr. John Andree, has sufficiently set forth in his book, some years ago published for that purpose.

ROAD *from* HALIFAX to ANNAPOLIS Royal.

From HALIFAX to Fort-Sackville,	11	Bishop's,	-	6
Wenman's	5	Fillis's,	-	10
Montgomery's,	6	Hind's,	-	22
Rudolph's on Piggot's Farm,	9	Bowen's,	-	2
Rofs's,	5½	Cleveland's,	-	14
Windsor,	9	Dunn's,	-	6
Dickson's,	6	Munro's,	-	8
		Annapolis,	-	20
Total		Total		139½

Dr. Ratcliffe's Receipt for a Cold.

MAKE some Sack Whey with Rosemary boiled in it; mix a little of it in a Spoon with twenty Grains of *Gaſcoigne's* Powder; then drink half a Pint of your Sack Whey, with twelve Drops of Spirits of Hartshorn in it; go to Bed, and keep warm; do this two or three Nights successively.

An Excellent Remedy for a sore Throat, which if taken in Time, will prevent a Quinsy.

TAKE five Spoonfuls of Syrup of Elderberries, and one of Honey, and as much salt Prunel (in Powder) as will lie on a Shilling: Take a Tea-spoonful of this as often as you can.