

Black or | Preserved and Sold only in Sealed Air-tight Packets.

The Double-Walled Secret

By Edwin Bairi

Rosescon on one of the second CHAPTER I.



Paragraphs on the Food Question.

The housewife of today, in placing her order with the butcher, almost invariably asks for steaks, roasts, chops, ham, or bacon—in other words, the primal parts of the animal. But it should be borne in mind that along with these parts there is always a fair proportion, of sweetbreads, hearts, kidneys livers, snouts, and other minor parts. There has been a certain amount of prejudice where these is "fancy meats" are concerned, but its them, so it is much more worth while to mail one's vecation pictures off to mail one's vecation pictures off to mail one's vecation pictures off the mail one's vecation pictures of the mail one's vecation pictures off the mail one's vecation p in Bairi

Tradually being worn down as women are learning by experience what palatable dishes can be prepared from them at a much lower cost than the past them at a much lower cost that is sent them at a much lower cost that them and to the clutter of odds and ends in a desk or bureau drawer.

The Cold and all Market?

Keep was 1900 for in the sign of the cold and the Market?

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Food will win the war; don't waste it.

Left-overs are made palatable and nourishing a small quantity of Bo

without springs decidedly objection-able and painful anatomically. Don't you think so?"

Uncle Mose scratched his left ear a

moment and replied, with a slow shake of his woolly head: "Mistah George, the exuberance ob

yoh words am beyon' mah jurydi





In the Pen "What is the name of that hand ome prisoner?" asked the impres

sionable young woman "How funny! That can't be his real

"Oh, no, miss, that's just his pe



Ingram's Velveola Souveraine Face Powder

It is every woman's duty to ap-pear as attractive as possible. So when your skin begins 'to look oily and shiny just apply a light touch of Ingram's Velveola Souv-eraine Face Powder. It makes your complexion smooth and clear, hides the small blemishes. and stays on until washed off. It is so fine in texture that you can scarcely see it. (50c)

For the sake of a fresh healthful For the sake of a fresh healthful complexion use Ingram's Milk-weed Cream. It cleanaes the tiny pores, soothes and softens the skin tissue, and keeps the complexion healthful because of its therapeutic properties. Two sizes, 50c. and \$1.00. Your druggist can show you a complete line of Ingram's toilet aids, including Zodenia for the teeth, 25c.

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FROM OLD SCOTLAND

NOTES OF INTEREST FROM HEB BANKS AND BRAES.

What is Going On in the Highlan and Lowlands of Auld

Scotia. The estate of Broadmeadows, Berwickshire, has been sold in Edin-burgh for £37,500.

A dozen farms on the estates of overkeilor and Kinnell have been sold, mostly to tennats.

Private Keith Whyte, Canadians, who has been awarded the Military Medal, is a son of Mrs. Whyte, formerly of Ravensdoune, Dollar.
Rev. James Holburn Smith, U.F.. Church, Alyth, was seriously wounded and lost the sight of an eye while doing but work in France.

doing hut work in France

Lord Glencomer, Lord-Lieutenant of Peeblesshire, has appointed Lt.-Col. Fred R. S. Balfour to be a De-

Col. Fred R. S. Balfour to be a Deputy Lieutenant for the county.

The D.S.O. has been awarded to Lieut.-Col. Kenneth Robert Napier Spier, second son of Robert Thomas Napier Spier, Culdees, Perthshire.

The Military Cross has been awarded to Lieut. John Kidd McLaren, second son of James McLaren, Parkhead Hayer, Kiskeldky.

Laren, second son of James Mc-Laren, Parkhead House, Kirkcaldy. The death has been announced of John P. Anderson, solicitor, and a prominent citizen of Forfar.

Pencraig Wood, Prestonkirk, a conspicuous landmark of Haddington-shire, is about to be cut down.

Lieut. D. McCreath, R.G.A., son of Mrs. McCreath, Berwick, has been awarded a bar to his Military Cross.

The Military Cross has been awarded to Lieut. W. Addison, Black

Watch, a former Dundee journalist.
The Earl of Caithness, who is a
Deput-Lieutenant for Aberdeenshire,
has been promoted to Lieutenant-The Distinguished Order has been awarded to Rev. J. L. Lindley, Oak-land, a former pupil of Dollar Aca-

The Croix de Guerre has been awarded to Captain James Strachan, eldest son of Major Seacliffe, Inver-

keithing.
Lieut. A. K. Beaton has presented to the Perth Museum a couple of Roman ovens and pieces of pottery

The agriculturists of Perthshire have agreed to organize free gift sales on behalf of the many war charities.

Captain R. D. Baird, Rifle Brigade, who has received the Military Cross, is a cousin of Sir David Baird, Newbyth

The Military Medal has been awarded to Sergeant James Weatherstone, Tranent, a well-known football

The Military Cross has been won by Lieutenant Alexander G. Paterson, son of the late William Paterson, carpenter, Fordyce.
Major H. S. Milne, M.D., son of Dr. Thomas Milne, Rubislaw Terrace,

Aberdeen, has been awarded a bar to the Military Cross.

Captain Ian Henry David Henderson, A. and S. H., killed in action, was a cousin of Admiral Sir Charles

Hope Dundas Inchgarvie Admiral Sir Stanley Colville, who has been made a grand officer of the Legion of Honor, is the second

of Viscount Colville. The death took place recently at Grantown of James Macdonald, the oldest farmer on the Strathspep Sea-

field estates, at the age of ninety The Distinguished Conduct Medal has been awarded to Private Roderick

Macleod, son of Rev. Roderick Mac-leod, Kincardine Manse. Brigadier- General William Alexander. Brentford Park, Stirling, has been made a Companion of the Order of St. Michael and St. George.

How to Hang a Scythe. It is told of Daniel Webster, who as a boy was never fond of farm work, that during one of his college vacations he and his brother Ezekiel returned to their father's farm. Thinking he had a right to some return for the money he had expended on their education, Capt. Webster put scythes into their hands and sent them out to mow grass.

them out to mow grass.

Daniel made a few sweeps, and then, leaning on his scythe, wiped the perspiration from his brow. His father said: "What's the mat-

ter. Dan?" "My scythe don't hang right, sir,"

he answered. Capt. Webster attended to it, and Capt. Webster attended to it, and Dan went to work again, but with no better success. Something was the matter with his scythe, and so it was again thickered; but it was not long before it wanted attention again. At that, Capt. Webster, whose patience began to give out, said, "Well, hang it to suit yourself." Daniel- with great composure, hung it on the next tree and sat down on the grass.

An Inquiry.

The correspondence editor came wearily into the room of the boss.
"You told me to answer all correspondents at any cost?" he asked.
"I did," said the boss.
"Then I'll require the whole paper

"Then I in requirement of the from "Eh?"

"A lady sends me a line from "Paradise Lost," and asks me to kindly print the rest of the poem!" said the correspondence editor.