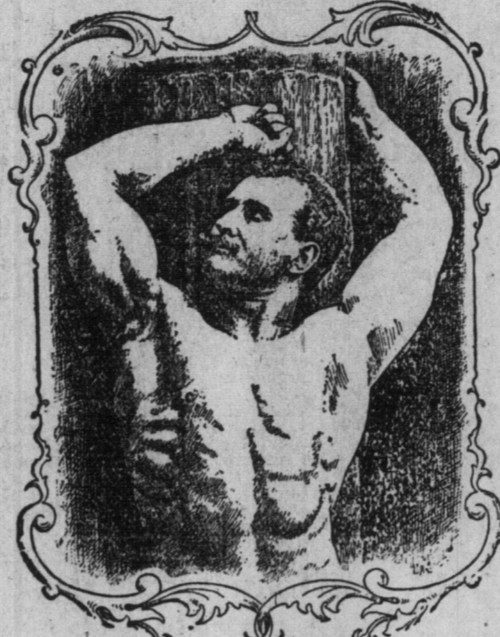


SANDOW'S OWN COMBINED DEVELOPER

THE MOST COMPLETE OF ALL PHYSICAL EXERCISERS.

Invented by Eugen Sandow, the Athlete of the Century and the greatest living authority on physical culture.



EUGEN SANDOW.

The only Exerciser by means of which the Sandow system of Physical Culture can be correctly carried out.

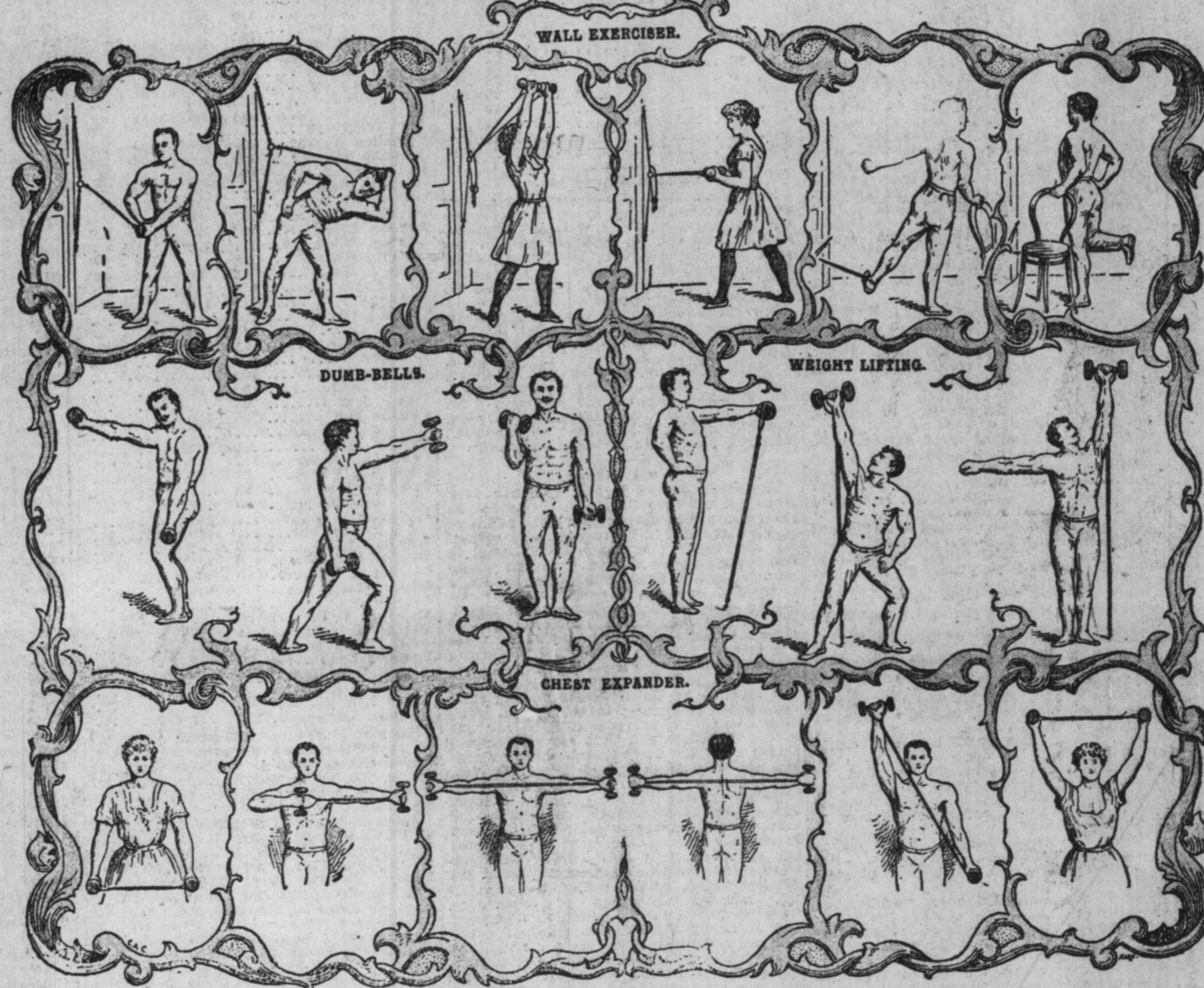
1 Machine for a Whole Family.

4 Machines in One. ♦ ♦ ♦ ♦

Sandow's Own Combined Developer

Sandow's Own Combined Developer is the result of many years' patient and exhaustive experiment. It has been devised for the purpose of affording simple and effective exercise for **BUSY MEN AND WOMEN**, who will, by its means, derive the greatest amount of benefit in the shortest space of time. One Developer will suffice for a whole family.

The following sketches show the four methods of using the apparatus.



It will adjust itself to the strength of the user. It is in itself a complete Athletic Outfit, combining:

1. Rubber Wall Exerciser.
2. Chest Expander.
3. Dumb-Bells.
4. Heavy Weight Lifting Apparatus.

It is easily fixed to any door or window frame. Full instructions and Photographic Charts of Exercises accompany each machine.



Developer fixed for use as Chest Expander.

Business Men

will find the apparatus invaluable—five or ten minutes use daily will brace up the system, clear the brain, quicken the action of the liver and banish that tired feeling resulting from a sedentary life.

It is particularly recommended to

Ladies

Its daily use will absolutely reduce the size of the waist to proper proportions, deepen the chest, drive away dyspepsia and insomnia, and give the user that beautiful roundness of limb and figure so much desired.

Children

cannot be too early induced to take healthful exercise. The rubber cords afford a fascinating recreation and tend to train the child in the way it should go.

To Cyclists

of both sexes the Developer becomes an absolute necessity. The practice of their favorite occupation, while developing their lower extremities, completely neglects the upper portion of the body. The Developer will positively neutralize the tendency to narrow chests and curved spines, while increasing the power of the heart and lungs.

Athletes . .

generally need to be kept in condition during the off seasons. The Developer will be found most essential for this purpose.

The various parts of the machine may be purchased separately. Retail price, \$5.00 each. Liberal Discount to the Trade. SOLE AGENTS IN CANADA:

JOHN MACDONALD & CO.,

WELLINGTON AND FRONT STREETS EAST, TORONTO.

Developer fixed for use by Man or Athlete.

Developer fixed for use by Lady or Child.

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