

vatives in use. The diet for the different periods of life receive full attention. The effects of under-feeding and overfeeding are discussed at length. A full share of space is given to infant feeding, and the diet suitable for infective conditions. Then follow chapters on the diet of diseases of the different diseases, organs and blood conditions. An interesting section is that dealing with the many diet cures. This very imperfect summary of the contents of the book will go to show that a wide field is covered. The book is well written, in clear language, and with good descriptive force. This is undoubtedly one of the best books on this subject. It can be safely taken on all occasions and in all diseases as a sound guide through one of the most difficult subjects in practical medicine and therapeutics.

PRICE'S HYGIENE AND SANITATION FOR NURSES.

A Text-book for Nurses. By George M. Price, M.D., Director, Joint Board of Sanitary Control; Director of Investigation, New York State Factory Commission. 12mo., 236 pages. Philadelphia and New York: Lea & Febiger, Publishers. 1913. Price, cloth, \$1.50 net.

All medical men have for years realized the great possibilities of hygiene and preventive medicine, and though much good has everywhere been accomplished by the institution of hygiene measures, a great deal remains to be done, and this must be largely achieved through the education of the public. In the attainment of this end no factor is as important as the nurse. Every day she has opportunities to impress upon the laity some of the principles of hygiene and their practical application, and it is therefore one of the most essential elements of her training that she should be well informed on a subject of such universal importance. This new work from the pen of Dr. Price is admirably suited to the needs of the nurse in the discharge of her professional duties and its simplicity of diction renders it equally valuable for home use. The instructions and rules are laid down in a very succinct, but clear manner. A nurse who makes herself familiar with the contents of this book will be able to add very materially to her useful work in the homes where she may be called to take charge of patients. It is a work to be recommended to all persons interested in the prevention of the spread of disease.

SMALLWOOD'S BIOLOGY.

A Text-book of Biology. For Students in Medical, Technical and General Courses. By William Martin Smallwood, Ph.D. (Harvard), Professor of Comparative Anatomy in the Liberal Arts College of Syracuse University, and in charge