"For My Sake,"

Three little words, but full of tenderest meaning; Three little word, the heart can scarcely hold; Three little word, the heart can scarcely hold; Three little word, but on their import dwelling; What wealth of love their syllables unfold!

"For My sake" cheer the suffering, help the

needy: On earth this was now work: I give it thee. If thou wouldst follow in the Master's footstep Take up My cross and come and learn of Me.

"For My sake" let the harsh word die muitered.
That trembles on the swift, impetnous songue;
"For My sake" check the quick rebellious feeling.
That rises when thy brother does thee strong.

"For My sake" press with steadlest patience on-

want,
Although the race be hard, the battle long,
ithin My Father's house are many mansions.
There thou shall rest and join the victor's
song

And if in coming days the world revile thee, If for My sake" thou suffer pain and loss, Bear on, faint heart; thy Master went before

thee; They only wear ills crown who share lils cross

Truth in a Nutshell.

A soft answer will kill where a club would not.

Untio the hands of sin, and it will cut your throat.

The devit will run from the man who is not afraid of the truth.

A man is generally lying when he tells you that he is too poor to give. No Christian can think of failing until

he has stopped counting on God to help. Some men are more ant to be controlled

by projudicothan by principle.
Obscurity on earth will not keep you from owning a mansion near the throne in beaven.

It is better to have grace enough to stand the thorn than it is to have the thorn taken away.

There are people who want religion, but they don't want enough to spoil them for anything else.

If we keep praise alive there will be no lack of joy in the heart.

A loafer in church is as worthless as ho is anywhere else.

The sin that will keep you out of the Bible will keep you out of heaven.
The devil already have good start in

the family where no religious paper is

God will not keep away from any place where two or three hearts are hungering for His presence.

"Let him that thinkoth he standeth take heed lest be fall."-Ram's Horn,

Why Exercise.

Ten reasons for the necessity of muscular activity :-

1. Any man who does not take time to exercise will probably have to take time to be ill.

2. Body and mind are both gifts, and for the proper use of them our Maker will hold us responsible.

3. Exercise gradually increases the physical powers, and gives more strength to resist sickness

to resist sickness.

1. Exercise will do for your body what intellectual training will do for your mind—educate and strengthen it.

5. Plato called a man lamo because he exercised the mind while the body was allowed to cuffer.

6. A sound body lies at the foundation of all that goes to make life a success. Exercise will help to give it.
7. Exercise will help a young man to lead a short.

lead a charto life.

8. Varied, light and brisk exercise. next to sleep, will rest the tired brain

better than anything class.

9. Metal will rust if not used, and the body will become diseased if not oxer-

10. A man "too busy" to take care of his health is like a workman too busy to sharpen his tools. - School and Home.

A Story of Rudyard Kipling.

This capital story some one tells of Rudyard Kipling, as illustrating very clearly the characteristics of the vigorous English boy who was afterward to achieve such widespread fame by his pen. When a boy of twolve he went on a voyage with his father who, becoming desperately seasick, retired to his berth, leaving young Rudyard to his own devices. Presently the poor father heard a tromendous commotion over his head and down the companion-way deshed the boatswain, three steps at a time and shouting excitedly "Mr. Kipling! your boy has crawled out on the yard arm and if he ever lets go, he'll drown sure."
"Yes," said Mr. Kipling, falling back on
his pillow with a sigh of relief, "but he wont' let go."

The Thirty-four Puzzle.

A recent number of the Canadian Mure contains nows of a discouraging sort. The nagio square of 16 is copied on the first page, it is labelled a puzzle, and the statement is appended that people in the east are going wild over the attempt to solve the "puzzle." Now the discouraging part of this is that a full and explicit exper of the principle involved in magio squares was made in the News last year, illustrated with diagrams and duly authenticated by references to scientific works, yet apparently it was all lost on the Carnetan Mera. In this "sixteen square," or "thirty-four puzzle," as the Mera calls it, the exciest Possible solution is to write the numbers down thus:

1	2	3	.1	
5	6	7	8	
9	10	t1	12	
13	11	15	16	

and then reverse the diagonals, placing 16 in place of 1, 11 in place of 0, etc., with this result:

16	2	8	13
b	11	10	8
0	7	6	12
1	14	15	1

the numbers then foot up 31 in any direction. The authorities say there are 18 ways of solving this "puzzle," so the Canadian Mute is not entirely out of tho woods yet .- The Weekly New . Cali-

Teaching Children.

Teach the children to discern right from wrong. Teach them that if anything seems wrong to them they are not to do it, no matter if people do say that it is proper, and that if it is right they must go on regardless of what people say. Wo are, doubtless, all familiar with house. holds where the mother always asks, "What will people say?" whenever a subject is brought up for consideration, Of course, a reasonable amount of respect ought to be paid to the rest of the world. and public opinion is often a healthful restraining power. But to take public opinion as a rule of action, and invariably be guided by it shows a weakness and lack of will and reasoning power.— Philadelphia Times

Adrian Buckalaw of Stillwater, Mich., is probably the most remarkable man in the world. No matter low loud it is spoken, he cannot hear a word that contains the masal sound of M, but he can hear a whisper if it is sibilant.

The Educational Record, of Quebec, gavo a few weeks since a brief account of a witty and wise speech made by the Rev. Mr. Silcox, at the closing of the Normal School, last summer. Addressing the teachers present. Mr. Silcox said: "We constantly hear that people should be humble. Well, don't be humble. Be ambitious. Be ambitious for yourselves and for your boys. And say, friends, find out the dull pupils. There are wenderful ressibilities in the dull pupils. I would like to say a word to the backward boy or girl. A word will suit the backward boy or girl. stimulate-will awaken something in the breast-will make the future of the boy and girl. I was riding on a load of hay one day, when some one said to me, Say, Silcox, what do you intend to make of yourself? I said I did not know that I had any particular ambition at the time. Be a teacher, said he. A teacher. The thought made me dizzy. But, mark, the suggestion went home. I did not think I could be a teacher, but ho did, and that stimulated me, and I did become a teacher. Sir Humphrey Davy once found a little ragged boy by the classic name of Mike. Long after wards he was asked what was the greate discovery he had over made, and he replied Mike-Michael Faraday.' Garfield used to say that he felt like taking off his hat to every little ragged boy he met, for he did not know hat he was confronting the future states tran or president. Let them not be content with the diploma. Let them attain to higher heights of knowledge. It was not systems or colleges that counted, but the individual."

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TLESHE GRENT AND DUFF conduct real ligious services evers Sunday, at 3 p. m. in Tre'le Hall, John St. north, near king.
The Literary and Debating Society mechaevery Friday evening at 7:9, in the Y. M. C. A. Hullding, corner Jackson and James Sts. President, J. B. Byrne, Vice-President, Thos. Thompson; becy-Tressurer, Win. Bryce; Sergt-st-arms, J. H. Mecher.

Meetings are open to all mutes and friends interested.

The Los Angeles Association of the Deaf.

CPRVICES EVERY SUNDAY at Jum. at the a D Gulid Room of the St. Paul a Church, Olive Street, Los Angeles. Oburchs at The holding of raignous services in the sign language. It The actual and intellectual improvement of deaf-acutes. A Visiting and adding them in sickness. It Giving information and advice where needed. Objichnes— Secretary-Treasurer and Missionary, Thos. Widd. The past office address of Mr. Thomas Widd is Station D, for Angeles, Cal. to whom all communications should be addressed.

TORONTO DEAF-HUTE ASSOCIATION.

DELIGIOUS SURVICES are held as follows:

1. Every Sunday morning at II. a. in. in tha

1. W. C. A. Rudding et corner Queen Street West
and Bover-ourt Road. Leaders: Hessys Fraser,
Bouchton and Slater. In the atternoon at J. pm.
in the V. M. C. A. Building, at corner of Spadina
Arenue and College Street. Leaders: Mears.
Navnith and Bridgen.

The Literary Society meets on the first and third
Wednewlay evenings of each month, in the V. M.

C. A. Building, corner of Queen St. West and
Discreourt. Road, at s p. in. Fresident, C. J.
Howe; Vice-Fres., M. Manon; becretary, R. C.
Slater; Treas., W. J. Terroll. The above officers,
with P. Fraser, form the Executive Committee,
All resident and visiting deaf-onutes are contially
invited to attend the meetings. The Secretary's
address is 19 Oarden Avenue.

Uneducated Deaf Children.

WOULD BE GLAD TO HAVE EVERY person who receives this paper send me the names and post-office addresses of the parents of desichildren not attending school, who are known to them, so that I may forward them particulars concerning this institution and inform them where and by what means their children can be instructed and furnished with an education.

R. MATHISON, Superintendent.



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GENERAL INFORMATION.

Classes:

Benool, House "From 2 a.m. to Elneen, art from 120 to 3 p.m.
Diawing Crass from 320 to 5 p.m. on To. day and Thursday afternoons of each weak that Fancy Work Class on Morday art Welt esday afternoons of each work fr. 320 to 6.

Well callay afternoons of each work from 190 to 8 to Vicasa for Junior Teachers on the after moons of Mountain and Wellnesday of swings from 210 to 4.

Eventual Study from 2 to 830 to 10 for new pupils and from 7 to 8 for junior jungle.

Articulation Classes :---

From 2 & In. to 12 noon, and from 1 .0 to .. 2 3

Religious Exercises :---

EVERY SUNDAY. "Primary pupils a 2a n senfor popils at 11 a m: General Lecture of \$20 jun. immediately after which the lot Class will assemble.

Each School. Day the pupils are to assemble in the Chapel at 8.5 a m, and the Teachy in the Chapel at 8.5 a m, and the Teachy in the Chapel at 8.5 a m, and the Teachy in the chapel at 8.5 a m, and the Teachy in the chapel at 8.5 a m, and the Teachy in the chapel at 8.5 a m, and the Teachy and atterwards dismiss them so that the analytic and atterwards dismiss them so that the analytic prayer will be dismissed in a seem leave a fire prayer will be dismissed in a quiet and orderly manner.

Broulan Visting Classoyers —Hey Cause House, Hight Rev. Monseignor Fattelles, V. G., Rev. J. L. George, Greebyterism lives, E. N. Baker, (Methodist); Hey R. Marshall, (Itaplist); Rev. M. W. Maelean Treschiteriam); Hey Father O'Brien Binker Chass, Sunday afternoon at \$15. International Scries of Sunday School Lesson.

Mass Annie Maritison, Teacher.

E Clergymen of all Denominations are cordially invited to visit usat any time.

Industrial Dopartments :--

Painting Office, Shok and Carratta Shofs from 7.0 to 8.0 a.m., and from 3.0 to 8.0 pain, for tapilla who attend school, for those who do not from 7.0 a.m. to 11 now, and from 1.0 to 5.00 p.m. each working day except Saturiay, when the office and shops will be closed at noon.

will be closed at noon
The bewing Chara Houng are from 9a in to
18 o'clock, noon, and from 120 to 5 p. in for
those who do not attend echool, and from
320 to 5 p. in for those who do. No sewing
on Saturday afternoons.
Let'the Printing Office, shops and Sewing
floom to be left each day when work ceases
in a clean and tidy condition

i. "Turing are not to be excused from the various Classes or Industrial Departments, except on account of sickness, without jur-mission of the Buperintendent.

La Teachers, Officers and others are not to allow matters foreign to the work in hatel to interfers with the performance of their several duties.

Visitors :—

I traons who are interested, desirous of visiting the institution, will be made welcome of any school day. No visitors are allowed on Saturdays, Sundays or Holldays except to the regular chapel exercises at 20 on boxing afternoons. The heat time for visitors on ordinary school days is as soon after 13) in the afternoon as passible, as the classes are dismissed at 300 o'clock.

Admission of Children:---

When pupils are admitted and parents con-with them to the institution, they are kindly adviced not to linger and prolong leave-taking with their children. It only make discomfort for all concerned, particularly for the parent. The child will be tenderly carel for, and if left in our charge without dela-will be quite happy with the others in a few days, in some cases in a few hours.

Visitation:—

It is not seneficial to the pupils for friends to what them frequently. If purents tous come, however, they will be made welcase to the claus-rooms and allowed erry oper tunity of seeing the general work of the school. We cannot furnish lodging or meals, or entertain guesta at the Institution. Gest accommodation may be had in the city at the Huffman House, Queen's, Suglo-American and Domindon Hotels at moderate rates.

Clothing and Management:--

I arenta will be good enough to give all direc-tions concerning clothing and management of their children to the buperintendent. No correspondence will be allowed between parents and employees under any circum stances without ajectat permission upon each occasion.

Sickness and Correspondence:

In case of the scrious illusian of pupels letters or relegiants will be sent daily to parent-er guardians. In this absence of letters pairwish of fupils may be quite sure that and wplis.

All juills who are capable of doing so, will be required to write home every three weeks, letters will be written by the teachers for the little ones who cannot write, stating, as nearly as prestible, their wishes.

Let No medical preparations that have been used at home, or prescribed by family plusticians will be allowed to be taken by pupils everyl with the coment and direction of the Physician of the Institution.

Enjarcist of the Institution.

Parenta sulfriends of Deaf children are warned against Quack Doctors who advertise need cores and appliances for the cure of Iverness. In 222 cases out of 1022 they are fractions. In 222 cases out of 1022 they are fraction or ceture. Consult well known needed practitioners in cases of adventitious deafuness and be guided by their counsel and advice.

D. MATHESON.

R. MATHISON,

Superintendent.