

**Here is What It Costs To Dress Young Women For Summer in Boston**

(By Dorothy Ames, in Boston American.)

Man-fashion, one man asked: "Just what ought it to cost a young woman to fit herself out for spring and summer?"

And after long weary nights and nights and nights of thought on the subject, the answer is: "Whatever amount of money she has to spend."

If a girl has \$50 to spend on clothes she'll get along on that. If she has \$150 she'll spend every cent just the same. One girl putting down just the things she thought were absolutely essential found that the list footed up to \$215.30, and then she gasped.

Preposterous for a working girl, you say.

Yes, from a man's standpoint; but just listen and see if you don't think that every girl who wants to look nice and sweet and clean oughtn't to have \$200.00 to spend this spring.

**NEEDS AT LEAST THREE HATS.**

In the first place anybody who knows that a girl ought to have three hats a season—one for best and one for every day and an extra one. Believe me, even at that, she often feels pretty lacking in headgear before the summer is over. If she has a hat that combines durability and style she must pay about \$8.50 for two of them, and perhaps \$15 for the third. Here are a few figures:

Two hats, \$8.50 each \$17.00

Dress slippers 3.00

Two pairs shoes, \$3.50 pair 7.00

Eighteen pairs hose, @25c. 6.50

One hat 9.00

Six pairs hose, \$1.50 pair 9.00

Tailored suit 25.00

Ten shirtwaists, average \$3 30.00

Silk or cloth dress	15.00
Best lingerie dress	10.00
Second lingerie dress	5.00
Linen suit	15.00
Twelve sets underwear, average of \$2.50	30.00
Four lingerie skirts at \$2.50	10.00
Two lingerie skirts at \$5	10.00
Two pairs corsets	2.00
Six pairs gloves	6.00

Considering the fact that the total for one season makes a total of \$215.30 for a year, and as that is entirely out of proportion to the incomes of the great majority of girls, it next behooves us to find out just what a girl can get along on.

**REAL ECONOMY IN THIS**

One girl said she has everything made, either by a low-priced tailor, or dressmaker or by herself. Her list went something like this:

Sailor hat	\$ 2.00
Best hat	5.00
Two pairs shoes at \$3.50	7.00
Three pairs hose at 35c.	1.05
Tailored suit	18.50
Five shirtwaists (home made)	6.00
Two wash dresses	10.00
Two sets of underwear	2.00
Two lingerie skirts	3.00
Dark skirt	2.00
Corsets	1.00
Gloves	3.00
Her total	\$63.55

Another girl advocates the buying of ready-made clothes, and her total, including an extra raincoat comes to \$84.50.

Still another girl, who makes all lingerie and wash dresses herself, which decreases the cost at least fifty per cent., has a total of \$108.76.

The majority of girls haven't the least idea of what it costs to dress. They cannot name the total without going over the entire ground. When they have done so they usually gasp at the price.

The item in the list only include the larger needs, and every girl knows that it is the numberless little accessories which she must buy from time to time which add greatly to the cost of her wardrobe.

The thing, perhaps that our girls today desire above all others, is that perpetually immaculate look which some girls manage to have continually, and which other girls, try as hard as they may, only have occasionally.

Dirt has an unchristianlike propensity for attaching itself to a spotless shirtwaist, and for the ordinary working girl, a fresh waist each day is out of the question, because of the excessive cost of laundry.

Therefore, one must not only have good clothes, plenty of them, but one must allow for the additional expense of laundry. Truly the cost of cleanliness is a potent factor. We used to say, "Well, at least a person can be clean," but nowadays we know that cleanliness is not only next to godliness, but next to impossibility.

The girl who lives at home usually has pretty clothes because both she and her mother can put plenty of time into the planning and making of them. They not only save money by so doing, but often gain daintily original effects in clothes that the girl who is rushed to death with business can never hope for.

**PRaise FOR WORKING GIRL.**

Still, the business girl of today is a credit to herself. She is conforming more and more to a strictly tailor-made standard of waists and hats and suits, after the manner of men. Her clothes, being plain, always look smart, and she does not tire of them as rapidly as if they were more elaborate. Although, as a rule, she loves to deck herself out in feminine finery for evening and dress wear, she cannot be comfortable in anything but plain clothes for work. The simpler the clothes, the less they bother her

by getting out of gear, the more effectively she does her work. The business girl is usually put together in the morning to stay. Her belt and skirt band have an inseparable affinity. She is as fastidious about her collars and ties and stiff cuffs as any man in her office.

Then too, the girl who works, whether she is in a very lucrative position or not, knows the value of money, and she is inclined to count her dollars more carefully than the girl who orders her clothes and sends the bill to her parents. The working girl usually wants to put her dollars to work earning more dollars.

Just how the poorly paid working girl makes the neat appearance she does is one grand mystery, unless you look behind the scenes. If you do, you often find that the trim clothes are bought at the sacrifice of meals, and that they are kept well pressed and fresh by the sacrifice of much time and more work.

**WON'T SOMEBODY LEAD REFORM?**

To be sure, much depends on the girl. So many girls are hopeless frumps from the time they appear out in their first baby clothes. Others look smart ever since their young mothers tied pink bows on their little sleeves. Carelessness is the stumbling block of the first kind. If they would pay attention to every detail for just one week they would hardly know themselves when they gazed into a mirror. Perhaps they wouldn't even then be chic, but they would be at least well-groomed.

Men never have and never will appreciate the feminine dress problem for the simple reason that they have such an easy time of it themselves. They buy a dress suit that usually lasts them a life time. They have none of the dozen and one little necessary details which eat up all the small change a girl can acquire.

But in all mercy somebody ought to call a halt on the progress of women's fashions. If some of our otherwise worthy but, at the present, only divert their energies toward this somewhat misguided sisters would bowling need and let the ball go hang, in a few years we might all have time to pursue that elusive prerogative of man, and with such an ensemble attack, we couldn't fail to come back the victor.

**YIELDS BIG RETURNS**

We are only beginning to discover the productive possibilities of the earth. A yard can produce as much as half an acre once yielded, and no one has yet found the limits of Jersey and Guernsey prove that one of our big States like New York and Texas could raise all the food-stuffs needed for all the people of the country.

Many experiments had to be made by many different people on small patches of land before this was accepted. But once having established the truth of this, having once shown that the earth is ready and willing to yield big returns to those who work it, we have only begun to teach.

The next question is, "Why should there be so much poverty and suffering; why should children cry for bread in this great country?" There is but one answer—"because people do not have access to the land." If they had, and knew what could be done with even a small piece of it, they would never again have to listen to children crying for bread.

The new movement to bring the people and the land closer together is doing a great deal toward decreasing poverty and increasing the food supply. Its plan is to get the people onto the land near the cities where they work and live, that they may go on with their work while learning to grow their food until they know enough to get all of their living from the land.—Bolton Hall.

**CHEMIST WARNS HOUSEWIFE OF MEAT WITH DARK RING.**

"Twenty-five per cent of our food stuffs are wasted after they reach the house wife," said Dr. P. F. Trowbridge, professor of Chemistry, in a lecture on "The High Cost of Living and Selection of Meat," before the Home Economics Club of the University of Missouri.

"Women buy too much over the telephone," especially in large cities," he said. "They should go out to the butcher and grocer and become acquainted at first hand with prices and conditions of the markets.

Slides were shown, illustrating the different cuts and quality of meat. He advised women not to buy meat with a dark ring in the marrow of the bone, as this was a sign of the emaciated condition of the animal before it was slaughtered."

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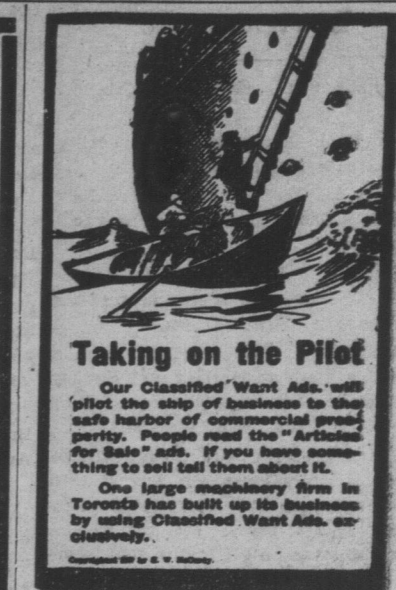
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**EARL GREY'S APPEAL**  
**On behalf of Needy Consumptives**  
**Strong words of Canada's Governor-General**

At the official opening of the King Edward Sanatorium for Consumptives, near Toronto, His Excellency delivered an address that must have an important bearing on the future of the sanatorium movement in Canada. We quote:—

"The proceedings this afternoon commenced with a beautiful and fervent prayer from your old friend, Dr. Potts. He prayed that the light of the Lord might shine upon us. That prayer is abundantly answered. We also prayed that the White Plague might be removed. Well, whether that prayer will be answered or not depends upon yourselves."

"Is it not a standing shame and reproach to the governments and individuals that there is not more care taken by the people of Canada to protect themselves against the curse of consumption?"

On his way out to the King Edward Sanatorium,—so named by permission of His Majesty King Edward VII—the Governor-General's car was stopped in its progress outside the Canada Cycle & Motor Co. by a large crowd of its employees. A contribution of one hundred dollars was handed the Governor-General, a donation to the Toronto Free Hospital for Consumptives.

"'Twas a kingly gift," said His Excellency in making acknowledgment. "I will tell the King."

Addressing the large audience that attended these opening exercises, referring to this event, Earl Grey said:

"Ladies and gentlemen, when the workingmen of Canada are setting an example of this character, I hope you will not be slow to follow, and I trust that the example of the Canada Cycle & Motor Co. may be followed, as I am sure it will, in every factory and manufacturing industry throughout the land."

We carry these words to the people of Canada in our appeal to-day on behalf of the

**Muskoka Free Hospital for Consumptives**

An institution that has never refused a single applicant admission, because of his or her inability to pay.

Seventy-five patients can be cared for to-day. Accommodation could be provided for three hundred if the required money were forthcoming.

To make this possible, our appeal is for \$50,000, to be used in extension of buildings and maintenance of patients.

**Where will your money do more good? Every community and every individual is interested.**

His Excellency Earl Grey has shown his interest and sympathy in the work at Muskoka for needy consumptives, by accepting the position of Honorary President of the National Sanitarium Association.

Contributions may be sent to Sir Wm. R. Meredith, Kt., Chief Justice, Osgoode Hall, Toronto; W. J. Gage, Esq., 84 Spadina Ave., or J. S. Robertson, Sec'y-Treas., National Sanitarium Association, 247 King Street West, Toronto, Canada.

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