

ber for a year and a half
e effected by Zam-Buk is

there is ulceration, blood-
s, cold-cracks, abscesses, cuts
s, or any skin injury or
e Zam-Buk should be appli-
gists and stores sell at 50c,
it free from Zam-Buk Co.
price. Retuse cheap and
ations and substitutes.

S. WM. ARCHER

ers What To Do For
licate Children.

een-year-old daughter was
and delicate. She had
o that I became very much
ut her health. She was
I did not sleep well, had
appetite and doctors did
Having heard so much
I decided to give it a
helped her wonderfully,
ep all night now without
ce; in fact, her cough is
appetite is greatly im-
she has gained in weight,
wonderful medicine, and
I keep it in the house. I
mother knew what Vinol
delicate children." Mrs.
r, 223 Broadway, Long

ous cod liver and iron
without oil is a wonderful
and strength-creator for
and old. We promise
your money in every
where Vinol does not
shows our faith in Vinol.

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atford, Ontario.

AT OUR EXPENSE
ACK FOR ANY CASE OF
NEURALGIA OR HEAD-
COLAGE FAILS TO REMOVE

EDY is a recent medical dis-
ermin Scientist that dissolves
and Purifies the Blood. It is
a will not affect the weakest

under the Pure Food and
absolutely free from opiates or
any description.
are specific in every way, and
eyond question to be the surest
edy for Uric Acid Troubles.
science, no matter how long-
g and removes the cause of
Acid) and purifies the blood.
CO. of Bathing Creek are the
and have thousands of volun-
sters which have received
ople SOLACE has restored to
all letters, literature and FREE
quest.
resident of the First National
as, wrote the Solace Company
end a box of Solace to my father-
en, for which I enclose \$1.
een used by some friends of
ust say its action was wonder-
"Signed R. L. Morris,
c., 50c and \$1.00 bottles.

FINE TO BE WELL AND
RE SO BY TAKING SOLACE.
ment Schemes or Fees. JUST
does the work. WRITE TO-DAY
s, etc.

Y CO., BATTLE CREEK, MICH.

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FRAME HOUSE, 20 x 30,
summer kitchen and wood-
postoffice attached. Plenty
od brick foundation under
ood stable; one half acre of
fruit; close to school and
a given first of March. Apply
C. H. NESBITT, Kertch.

FOR SALE
CHANGE FOR PROPERTY
tion of first-class wheat land
all broken up and in good
r particulars apply to
L. J. STYLES,
L. J. Wilbert, Sask.

FOR SALE
DATE ON R. W. WARWICK
R. W. Warwick
ck house and game wood-
ndation, stable underneath,
use and horse stable. Two-
od garden and a quantity of
fence) and an abundance of
r. About to acres of bush,
sawwood. Some the drain-
two miles from Arkona on
lasy terms of payment. Ap-
L. V. THORNICROFT,
Arkona P. O.
1913. 131-131

s Bakery
Material. A Thor-
edge and Personal
: : :
: : :
R GOODS
AINING NEW
USTOMERS FOR US.
Cakes will equal
city style.

"BLOOD IS THICKER THAN WATER"

Without good red blood a man has a weak heart and poor nerves. Thinness of the blood, or anaemia, is common in young folks as well as old. Especially is it the case with those who work in lily ventilated factories—or those who are shut up indoors in winter time with a coal stove burning up the oxygen or emitting carbonic (oxid) gas. This blood, or blood which lacks the red blood corpuscles, in anaemic people may have been caused by lack of good fresh air breathed into lungs, or by poor digestion or dyspepsia. Sometimes people suffer intense pain over the heart which is not heart disease at all, but caused by indigestion. Whatever the cause, there's just one remedy that you can turn to—knowing that it has given satisfaction for over 40 years.

DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

is a blood cleanser and alterative that starts the liver and stomach into vigorous action. It thus assists the body to manufacture rich red blood which feeds the heart—nerves—brain and organs of the body. The organs work smoothly like machinery running in oil. You feel clean, strong and strenuous instead of tired, weak and faint. Nowadays you can obtain Dr. Pierce's Golden Medical Discovery Tablets, as well as the liquid form from all medicine dealers, or tablets by mail, prepaid in \$1 or 50c size. Address R. V. Pierce, M. D., Buffalo, N. Y.

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We have the following brands of Flour always in stock and can give you close prices on any quantity.

SUNRISE, First Patent from Manitoba wheat			
FIVE ROSE	do	do	do
ROYAL HOUSEHOLD	do	do	do
HORTON	do	do	do
HARVEST QUEEN, 2nd Pat. from Man. wheat			
GOLD DUST	do	do	do
RED ROSE, High Grade Blended Flour			
NEW ERA, Special Pastry Flour			

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON.
MILLERS AND FEED MERCHANTS

TRENOUTH & CO.
DEALERS IN

Flour, Oat Meal, Corn Meal, Wheat Kernells, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seeds and Poultry Food

We carry the following makes of Flour, which are giving the BEST OF SATISFACTION:

Five Roses, Harvest Queen, Mitchell's Best, All made from MANITOBA WHEAT.

Mitcheli's Pride of the West, a Blended Flour.
Lambert & Son's Gold Dust, a Blended Flour.
Mustard & Son's Eldorado, a Blended Flour.
Pastry Flour, Low Grade Flour, Bran and horts made by the above named millers and at close prices.

Bring Your Contracts for Houses, Churches, Barns, Sheds, Verandahs, Etc., to

Watford's Planing Mills
Price Lower Than the Lowest.

Use CYPRESS LUMBER
Recognized as the Leading Lumber of the day.

We Buy Direct From the Largest Mills in the Country, and Can Save You the Middlemen's Profits.

CEDAR POSTS—A Fine Assortment.
Chopping. Coal. Electric Light.

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Sewing Machines, Mason & Risch Pianos, Gramophones, String Instruments, Music Books and Sheet Music, New Line Curtain Stretchers

A full stock of Edison Records kept in stock and new ones received each month as they are issued.
Repairs kept in stock for all kinds of String Instruments.
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Comfort, Elegance, Durability, and Value are features that our goods are noted for.

Give us a Call and let us see what we can do for you.

HARPER BROS.
Fine Furniture. Phone 31. Funeral Directors

OH, YOU FLANNEL CAKES AN' CHICKEN.

When Marjir gits her batter crock An' flour, eggs an' milk I know there's somethin' doin' An' 'twill be as fine as silk. An' when she puts the griddle on I jist let loose a yell, Fur I know it's fluffy flannel cakes. You bet I love 'em well!

Oh, don't them flannel cakes go sizz When they hit that hot griddle? Oh, don't their flips flop best the tune Of any ole time fiddle? An' when they git that golden brown, Are stackin' on the plate, Your gizzard gits so hungry That you kin hardly wait.

O maple jooce an' flannel cakes An' butter piled on thick, You are a bunch of durnt cats! You sure are something slick! But flannel cakes an' chicken jooce An' tender, juicy fry, You've got all other cats knocked out In earth an' air an' sky.

C. M. BARNITZ.

JUICY ROOT FOOD.

There is a large variety of vegetable food for poultry, and about the easiest to raise and the cheapest is in the form of roots, the sugar beets, rutabagas, mangolds and turnips.

These contain much water—81, 87, 88 and 91 per cent respectively—and only about 1 per cent protein, but they run high in carbohydrates. Mangolds, for instance, contain 10.4 per cent.

Their chief value is in their palatability, succulence, digestibility and their addition of bulk to the ration.

Bulk is necessary to a hen's ration. It helps her to digest. She will eat until satisfied, and if nothing but grain is supplied she will stuff with that, and the result is overfat, few eggs and in digestion.

Such vegetables save money, they insure a spongy, moist crop, afford variety and are enjoyed by Biddy, the turks, ducks and geese.

Split in half and nail up for the hens or slice on the bone cutter.

The birds like them better raw than cooked, and they are better for them served in that style.

FEATHERS AND EGG SHELLS.

The high price of grain will lead poultry raisers to cull down low. Begin before the molt by advertising surplus desirable breeders in your town, county and poultry papers, and if this doesn't take them dress and sell to private trade, the best paying of all.

While a passenger train on the Frederick division was loafing at Keymar, Md., two turkeys flew from a nearby barnyard and alighted on the top of a day coach, where they remained until the train had traveled some distance, when they flew off into a field. The passengers told the conductor a train had reached the limit as a hobo when it was so slow that poultry made a roost of it.

The demand for first class capons is vastly greater than the supply, the large cities taking about all the output at a big price. Here's a branch of poultry culture you should get wise to and practice, for it pays highest of all and solves that problem, how to make roosters pay better than laying hens.

For a large portion of the population of China poultry is the only meat used. Duck is the staple. It is dried, pickled, canned and preserved in various ways toothsome to the Chink, who thinks so much of it that he often has it shipped to him thousands of miles from home.

When turkeys are raised by chicken hens in about three weeks the old hen gets restless, soon begins to lay and then detests her brood, which is not old enough to be without hovering wings. Mother Turkey only lays in the spring and often stays with her poultis till large as herself.

A Delaware preacher who attacked the speak easies in his town was attacked in turn with a shower of rotten eggs. When a minister does his duty such rotten treatment is hard to swallow.

While England imports \$35,000,000 worth of eggs and much dressed poultry, Ireland is exporting \$20,000,000 in poultry products annually. England is overrun with foxes, allowed to breed and protected by law, so that those debilitated dukas and duchesses may

FOR FALLING HAIR
You Run No Risk When You Use This Remedy.

We promise you that, if your hair is falling out, and you have not let it go too far, you can repair the damage already done by using Rexall "93" Hair Tonic, with persistency and regularity, for a reasonable length of time. It is a scientific, cleansing, antiseptic germicidal preparation, that destroys microbes, stimulates good circulation around the hair roots, promotes hair nourishment, removes dandruff and restores hair health. It is as pleasant to use as pure water, and it is delicately perfumed. It is a real toilet necessity.

We want you to try Rexall "93" Hair Tonic with our promise that it will cost you nothing unless you are perfectly satisfied with its use. It comes in two sizes, prices, 50c and \$1.00. Remember, you can obtain Rexall Remedies in this community only at our store—The Rexall Store, J. W. McLaren, Watford.

have fun chasing them around. The foxes eat the poultry; poultrymen are not allowed to kill them; hence decline of the industry and large imports.

China has a population of over 300,000,000, and nearly every family is in the poultry business on a large or small scale. Incubators do most of the hatching ducks predominate, and from the vast poultry product large quantities are exported. China stands first as a poultry producer, this country next.

A York (Pa.) dealer advertised for 30,000 strictly fresh eggs, all to be delivered in a week. Wouldn't that ad. make our great-grandmother sit up in her hoopskirt and take notice and make great-granddaddy exclaim, "Well, I'll be Joe kicked!"

Last year gold mines in the United States produced \$90,233,523, and the gold output of the world was \$400,700,000. The great and only American hen produced \$1,000,000,000. Now, who's who?

That the language of chickens and ducks differs is shown when an old hen warns her chicks away from a honey-pee and they beat it, but when she warns little ducks away they eat it.

Eight hundred wild turkeys were raised on the California state game farm to be turned at liberty to restock the wild turkey habitat of that region. Hope they have the gun bends in jail or the experiment will fail.

Poultry houses with windows toward the east are cooler in summer and winter than those facing the south.

L. M. Barnitz.

A Woman of Few Words

Mrs. Harry E. Bye, Main street north, Mount Forest, Ont., writes: "Your remedy for kidney, bladder and stomach trouble has given me great relief. I have taken three boxes and now feel like living and better than I had felt for years and I give you

FIG PILLS

all the praise, for they are the best I have ever tried."

At all dealers 25 and 50 cent boxes or mailed by The Fig Pill Co., St. Thomas, Ont.

Sold in Watford by J. W. McLaren, Druggist.



Girl's Best Frocks.
Silk frocks for children of eight and ten are very much worn this winter, and the model illustrated is a charm-

IN RED PLAID TAFFETA.
ing thing in red plaid taffeta silk The trimmings are of red velvet and cream colored lace.

Black silk stockings and buttoned patent leather boots accompany the frock.

When Cleaning Vells.
With the purchase of the first winter hat comes a demand for vells. These attractive and becoming accessories are often a large item in the expense account, and many women would be glad to learn how to successfully clean the ones which have done service last year.

Place them in a jar of gasoline and gently shake them back and forth. Allow them to remain for an hour and change the gasoline.

Screw the top on tight and after another hour remove the vells and shake dry. Hang in the air until the odor of gasoline has entirely disappeared, then press with a warm iron.

To Clean White Bedsteads.
To clean a white iron bedstead rub it thoroughly with a damp cloth and a little cooking soda. This will leave the bedstead clean and white.

SHILOH
quickly stops coughs, cures colds, and breaks the throat and lungs. 21 21 25 cents.

Asthma Catarrh
WHOOPING COUGHS SPASMODIC CROUP BRONCHITIS COUGHS COLDS

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ESTABLISHED 1878

A simple, safe and effective treatment for bronchial troubles, without using the stomach with drugs. Used with success for thirty years. The air carrying the medicinal vapors, impregnated with every breath, reaches the lungs, soothes the sore throat, and stops the cough, assuring peaceful nights. Cresolene is invaluable to mothers with young children and a BOON to sufferers from Asthma. Send us postal for descriptive booklet.

ALL DRUGGISTS.

By CRESOLENE ANTISEPTIC THROAT TABLETS are the most effective throat. They are simple, effective and antiseptic. Of your druggist or from us, in stamps.

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Accommodation, 29	2 45 a.m.
Chicago Express, 5	9 27 p.m.
GOING EAST	
Ontario Limited, 46	7 46 a.m.
Accommodation, 28	12 03 p.m.
New York Express, 2	3 00 p.m.
Accommodation, 30	5 16 p.m.

C. VALL, Agent Watford.

STAGE LINES.

WATFORD AND WARWICK STAGE LEAVES
Warwick Village every morning except Sunday, leaving Watford at 11:30 a.m. Returning leaves Watford at 5:45 p.m. Passengers and freight conveyed on reasonable terms. C. BARNES, Prop.

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