ber for a year and a half, e effected by Zam-Buk is

there is ulceration, bloods, cold-cracks, abscesses, cuts es, or any skin injury or e Zam-Buk should be appliggists and stores sell at 5cc. at free from Zam-Buk Co., price. Retuse cheap and ations and substitutes.

S. WM. ARCHER

hers What To Do For licate Children.

X

teen-year-old daughter was and delicate. She had a o that I became very much out her health. She was l did not sleep well, had appetite and doctors did Having heard so much I decided to give it a s helped her wonderfully. ep all night now without ce; in fact, her cough is appetite is greatly im-she has gained in weight. vonderful medicine, and I keep it in the house. mother knew what Vinol delicate children." Mrs. r, 223 Broadway, Long

cious cod liver and iron vithout oil is a wonderful and strength-creator for and old. We promise t your money in every where Vinol does not shows our faith in Vinol lor & Sons, Druggists, atford, Ontario.

E AT OUR EXPENSE ACK FOR ANY CASE OF

, NEURALGIA OR HEAD-OLACE FAILS TO REMOVE

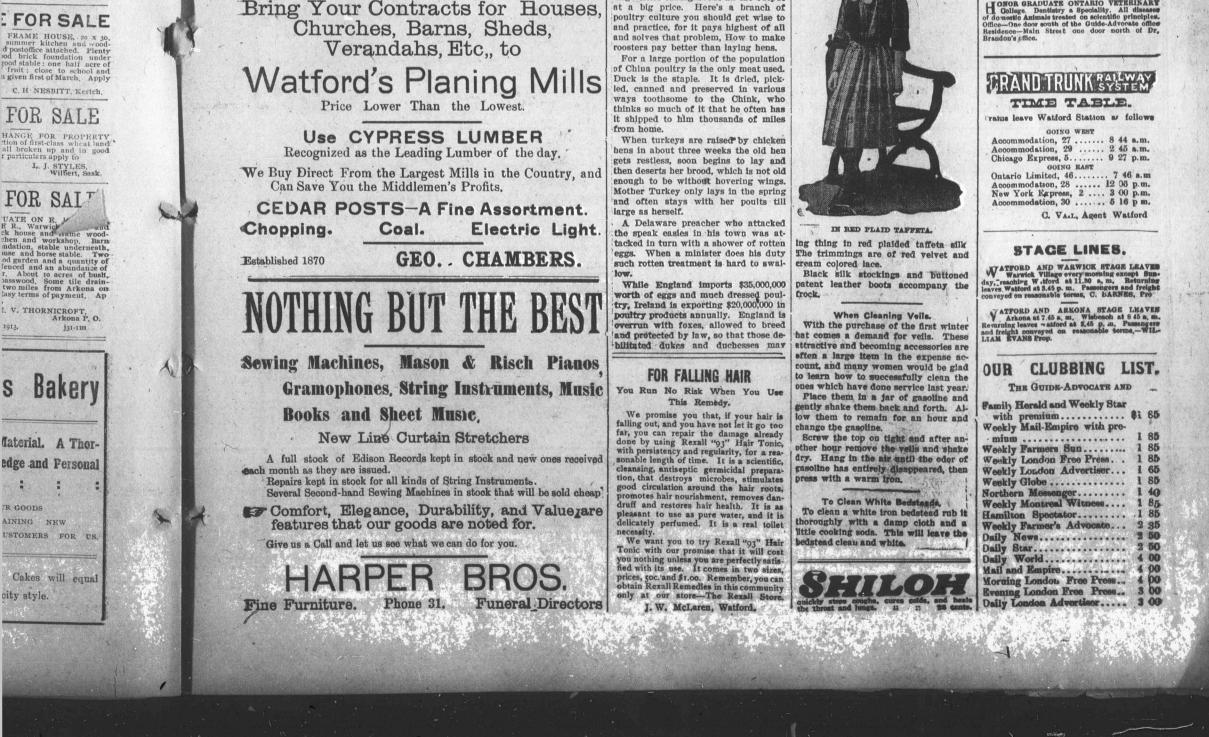
EDY is a recent medical dis erman Scientists that dissolves s and Purifies the Blood. It is-a will not affect the weakest

d under the Pure Food and boolutely free from opiates or any description. The specific in every way, and evond question to be the surrest needy for Uric Acid Troubles Iscience, no matter how long ches and removes the cause of Acid) and purifies the blood. CO. of Battle Creek are the and have thousands of volun-tlers which have been received ople SOLACE has restored to all efters, literature and FREE guest.

quest. 'resident of the First National xas, wrote the Solace Company

end a box of Solace to my fath-enn., for which I enclose \$1, een used by some friends of just say its action was wonder-

"(Signed) R. L. Morris," , 50c. and \$1.00 bottles FINE TO BE WELL AND BE SO BY TAKING SOLACE. ment Schemes or Fees. JUST does the work, WRITE TO-DAY Y CO., BATTLE CREEK, MICH.



## GUIDE-ADVOCATE. WATFORD, FEBRUARY 28, 1913

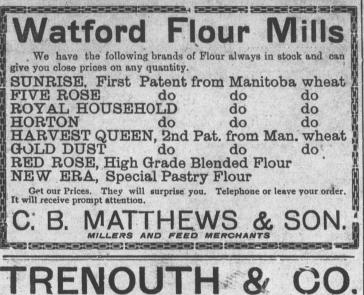
# "BLOOD IS THICKER THAN WATER"

naemia, is common in you od which lack of g r digestion or dyspensia. Sometimes people su rr which is not heart disease at all, fut caused by ise, there's just one remedy that you can turn t satisfaction for over 40 years.

DR. PIERCE'S GOLDEN MEDICAL DISCOVERY

cleanser and alterative that starts the liver and stomach into vig thus assists the body to manufacture rich red blood which feed rese-brain and ergans of the body. The organs work smoothly y running in oil. You feel clean, strong and stremuous instead of faint. Nowadays you can obtain Dr. Pierce's Golden Medical blets, as well as the liquid form from all medicine dealers, or ta organd in 10 or 500 size. Adress R. V. Pierce, M. D., Buffale, J

DR. PIERCE'S GREAT 1008 PAGE ILLUSTRATED COMMON SENSE MEDICAL ADVISER WILL BE SENT FREE, CLOTH BOUND FOR 50 ONE-CENT STAMPS.



DEALERS IN

Flour, Oat Meal, Corn Meal, Wheat Kernells, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seeds and Poultry Food

We carry the following makes of Flour, which are giving the BEST OF SATISFACTION;

Five Roses, Harvest Queen, Mitchell's Best, All made from MANITOBA WHEAT.

Mitcheli's Pride of the West, a Blended Flour. Lambert & Son's Gold Dust, a Blended Flour. Mustard & Son's Eldorado, a Blended Flour Pastry Flour, Low Grade Flour, Bran and horts made by the above named millers and at close prices

OH, YOU FLANNEL CALES AN

When Mariar gits her batter crock An' flour, eggs an' milk An' flour, eggs an' milk I know there's somethig' doin' An 'twill be as ine as silk. An' when she puts the griddle on I jist let loose a yell, Yur I know it's flury fannel cakes. You bet I love 'em well!

CHICKEN.

Oh, don't them flannel cakes go sizz When they hit that hot griddle? Oh, don't their flipflap beat the tune Of any ole time fiddle? An' when they git that golden brown, Are stackin' on the plate. Your gizzard gits so hungry That you kin hardly wait.

O maple jooce an' flannel cakes An' butter piled on thick. You are a bunch of dandy eats! You sure are something slick! But flannel cakes an' chicken jooce An' tender, julcy fry. You've got all other eats knocked out In earth an' sea an' sky. C. M. BARNITZ.

#### JUICY ROOT FOOD.

There is a large variety of vegetable food for poultry, and about the easiest to raise and the cheapest is in the form of roots, the sugar beets, rutabagas, mangolds and turnips.

These contain much water-81, 87, 88 and 91 per cent respectively-and only about 1 per cent protein, but they run high in carbohydrates. Mangolds, for instance, contain 10.4 per cent. Their chief value is in their palata

bility, succulence, digestibility and their addition of bulk to the ration.

Bulk is necessary to a hen's ration It helps her to digest. She will eat un-til satisfied, and if nothing but grain is supplied she will stuff with that, and the result is overfat, few eggs and in digestion.

Such vegetables save money, they insure a spongy, moist crop, afford yariety and are enjoyed by Biddy, the turks, ducks and geese.

Split in half and nail up for the hens or slice on the bone cutter. The birds like them better raw than cooked, and they are better for them served in that style.

FEATHERS AND EGGSHELLS. The high price of grain will lead poultry raisers to cull down low. Begin before the molt by advertising surplus desirable breeders in your town, county and poultry papers, and if this doesn't take them dress and sell to private trade, the best paying of all. While a passenger train on the Frederick division was loafing at Keymar, Md., two turkeys flew from a nearby barnyard and alighted on the top of a day coach, where they remained until the train had traveled some distance, when they flew off into a field. The passengers told the conductor a train had reached the limit as a hobo when it was so slow that poultry made a roost of it.

The demand for first class capons is vastly greater than the supply, the large cities taking about all the output at a big price. Here's a branch of poultry culture you should get wise to

nave fun chasing them around. The foxes eat the poultry; poultrymen are not allowed to kill them; hence decline of the industry and large imports.

of the industry and inrge imports. China has a population of over 300, 000,000, and nearly every family is in the poultry business on a large or small scale. Incubators do most of the hatching ducks predominate, and from the vast poultry product large quantities are exported. China stands first as a poultry producer, this country next.

A York (Pa.) dealer advertised for 30,000 strictly fresh eggs, all to be de-livered in a week. Wouldn't that ad. make our great-grandmother sit up in' her hoopskirt and take notice and make great-granddad exclaim, "Well, I'll be Joe kicked!"

Last year gold mines in the United States produced \$96,233,528, and the gold output of the world was \$460,700,-000. The great and only American hen produced \$1,000,000,000. Now, who's who?

That the language of chickens and ducks differs is shown when an old hen warns her chicks away from a honeybee and they beat it, but when she warns little ducks away they eat it.

Eight hundred wild turkeys were raised on the California state game farm to be turned at liberty to restock the wild turkey habitat of that region. Hope they have the gun fiends in jail or the experiment will fail.

Poultry houses with windows toward the east are cooler in summer and win-

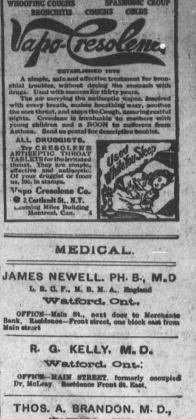
Words

Mrs. Harry E, Bye, Main street north, Mount Forest, Ont., writes: "Your remedy for kidney, bladder and stomach trouble has given me great relief. Have taken three boxes and now feel like living and better than I had felt for years and I give your

### FIG PILLS

all the praise, for they are the best I have ever tried." At all dealers 25 and 50 cent boxes or mailed by The Fig Pill Co., St. Thomas, Ont. Sold in Watford by J. W. McLaren, Druggist.

Girl's Best Frock, Silk frocks for children of eight and ten are very much worn this winter, and the model illustrated is a charm



Asthma Catarrh

WATFORD, ONT.

CORMERLY OF SARNIA GENERAL HOSPITAL Orrice-Main Street, in office formerly occupied by Dr. Gibson.

#### DENTAL.

#### **GEORGE HICKS**,

D.D.S., THINITY UNIVERSITY, L.D.S., ROYAL, College of Dental Surgeons, Post graduate is Bridge and Grown work, Orthodontia and Porcelaim work. The best methods employed to preserve the natural techt, OFFICE-Over Thompson's Confectionery, MAIN ST., Wattord. At Qucen's Hotel, Arkons, 1st and Srd Thursdays of each month.

> G. N. HOWDEN, D. D. S. L. D. S.

G BADUATE of the Royal College of Dental Sum formano. Only the Latest and Most Approved Appli-ances and Methods used. Special Attention to Grown and Bridge Work. Office-Over Dr. Helly's Surgery. MAIN STREET. \_\_\_\_\_WATFORD.

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ter than those facing the south. Lo. M. Barrutz Woman of Few A