

10¢ "CASCARETS" TO CLEAN BOWELS When Sick, Bilious, Headachy, Constipated, for Sour Stomach, Gases, Bad Breath, Colds

When your bowels—then feel fine! When you feel sick, dizzy, upset, when your head is dull or aching, when your stomach is sour or gassy, take one or two Cascarets. As the bowels begin acting again, the poisons and bowal gases are cleared away, you will feel like a new person.

Grave State Of Affairs.

British Parliament Meets To-Morrow--Politicians Oppose French Occupation of Ruhr--Turkish Situation Improving--Germans Use Boycott Against French and Belgians.

BRITISH GOVERNMENT'S DIFFICULTIES.

LONDON, Feb. 12. Comment on all sides turns on the state of affairs facing the re-assembling Parliament tomorrow--internal affairs like unemployment, but foreign affairs such as East and Ruhr crisis. Attention is focused principally on the difference in policy, as the phrases in an editorial, "as the French action in the Ruhr is past all concealment." Desires from French sources in Coblenz and Dusseldorf show that the Rhineland Commission is making arrangements to permit under its jurisdiction without the Commission's representatives, while similar measures have been adopted in Ruhr. It is stated in Paris that British officials must participate in the work of the Commission, because Great Britain is still technically a member of the Rhineland Commission. It may be expected that the British will cause further in the Ruhr and Lord Curzon's parties which are already in the Ruhr, suddenly appeared this morning as if by magic, little labels of the size of tramway tickets exhorting the population to obey orders from the German Government. The blockade against steel products is in full force and the Germans are powerless to oppose them. It is learned that the Belgians are pressing the French to increase the severity of their measures in Ruhr.

EDISON GETS AFTER U.S. NAVY.

WEST ORANGE, N.J., Feb. 12. Thomas A. Edison described the United States Navy as a "closed corporation," declaring he had offered it forty-five inventions since he was President of the Naval Consulting Board, but every one had been turned down. "The navy officers seem to regard ideas for the betterment of the navy, rather than to welcome them," he said. The occasion was the electrical wizard's annual birthday banquet with news writers. He began the interview in his laboratory office by kicking over his head to prove the assertion he was "still young."

WOMEN REBELS ARRESTED.

DUBLIN, Feb. 12. Miss Mary MacSwiney and Mrs. ...

Honorarium For Firemen.

C. H. Hutchings, Esq., Inspector General of Constabulary, Dear Sir--Enclosed please find Cheque for One Hundred Dollars, as a small appreciation of the admirable work done by the firemen of our plant yesterday. They were on the job in an incredibly short time after the alarm was rung in, and the damage caused was minimized greatly by the intelligent manner in which they did their work.

LINCOLN'S BIRTHDAY.

NEW YORK, Feb. 12. To-day, the anniversary of Abraham Lincoln's birth, was celebrated as a holiday throughout the greater part of the United States.

DISASTROUS FIRE IN SYRACUSE.

SYRACUSE, Feb. 12. One man was killed, several persons are reported missing, and twenty others injured, some probably fatally, in a fire tonight that destroyed the Distable Building, and caused property loss estimated at more than \$750,000.

GOULD'S HUNTING BOX RAIDED.

NEW YORK, Feb. 12. Clam Island, George J. Gould's famous private hunting preserve in Barnegat Bay, was raided last night by Prohibition agents, who arrested two men and seized six hundred cases of Scotch whiskey, valued at fifty thousand dollars. The seizure was made on two houseboats, moored at the pier. There are rumors of further arrests of prominent men.

STATE TROOPS DEFEATED.

BUEENOS AIRES, Feb. 12. Despatches from Porto Alegre assert that State troops at Rio Grande De Sul were defeated by rebels in a battle at Monohay, with two hundred casualties. There is no estimate of casualties among rebels.

TRUE TO TYPE.

BERLIN, Feb. 12. Two organizations, which comprise all medical societies and associations in Germany, have issued a public appeal to members to refuse to treat French or Belgians until the Ruhr is evacuated.

For Gentlemen of good taste--Cub Cigarettes--sept23.it

Injured by a Horse.

ACCIDENT TO MR. JONAS BARTER. Mr. Jonas Barter, S.P.A. Agent, was conveyed to hospital in the ambulance yesterday evening, suffering from injuries received as a result of being kicked by a stallion. Mr. Barter had been superintending the unloading of some cattle from S.S. Sable I. at Harvey & Co.'s wharf, when in passing by the stallion he was kicked in the stomach and driven through a window.

Mildred Harris Gives Charming Portrayal.

IN LATEST PHOTOPLAY AT THE NICKEL THEATRE. "Habit" one of the most ambitious photoplays of the season, has an exceptional appeal to women. Besides having a dramatic love story, the picture presents scenes in the shop of a Fifth Avenue importer and designer. Here models wearing thousands of dollars worth of furs and furbelows of the latest fashion are displayed.

THE UNFORTUNATE.

When you sit before your fire, on a stormy winter night, everything you could desire, every luxury in sight, do you ever sadly think of the hungry, homeless gink, who has nothing to drink, nothing to eat, nothing to comfort him?

A Quick Relief for Headache.

A headache is frequently caused by badly digested food; the gases and acids resulting therefrom are absorbed by the blood which in turn irritates the nerves and causes painful symptoms called headache, neuralgia, rheumatism, etc. 15 to 30 drops of Mother Selge's Syrup will correct faulty digestion and afford relief.

Why Suffer Pain?

SLOAN'S Liniment will soothe and give you instant relief. For 40 years it has been fulfilling this mission and will not fail you.

Potato Beads.

Pretty beads may be made from a raw potato. Peel the potato and cut it into cubes about half an inch square. Thread these on a knitting needle, allowing a little space between each cube. Put between blotting paper in a warm room and allow a few days for drying. After this period the cubes will have shrunk to various shapes. They may then be removed from the knitting needle, cut to any pattern desired with a sharp knife, and then painted or gilded.

Help for Headache.

Troubled with headache? For quick, grateful relief, use Vaseline Mentholated Petroleum Jelly. Apply to the forehead and temples, rubbing gently with the fingers. It is wonderfully soothing and refreshing.

Antiseptic Ointment.

When an antiseptic ointment is needed for inflamed eyelids, chafing, and similar affections, the most convenient and effective preparation is Vaseline Borated Petroleum Jelly. When applied to the nasal passages, it is an excellent treatment for catarrh.

Snow Knowledge.

Snow is at once a great friend, and an enemy. In the towns a heavy fall of snow does much damage. Roots, gutters, cornices, and the like, cave in and crash. There is also the great cost of clearing it up.

Opening of the St. Bon's Rink.

On Tuesday at 8 p.m. His Excellency, the Governor and His Grace the Archbishop will open the new Rink at St. Bonaventure's. All the friends of the College are most cordially invited to be present on the occasion.



Cows' Milk Made Safe and Convenient

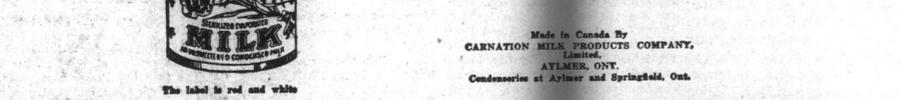
CARNATION MILK comes to you from Canada's dairy sections noted for their rich milk and cream. The milk is carefully selected and tested by Carnation experts. About 60% of the water is removed and nothing added. The milk is then sealed in the container and sterilized. Carnation is just cows' milk in a convenient, safe form. It is absolutely pure. It keeps. It is rich enough to take the place of cream in tea, coffee, etc. By adding a little more than an equal part of water you get "whole" milk. Order several tall (16-oz.) cans—or a case of 48 cans—of this convenient milk from your grocer. Try this recipe and write for the free Carnation Cook Book.

CREAM OF MACARONI SOUP. One teaspoonful salt, 2 tablespoonfuls butter, 1/4 cup macaroni broken in 1/4-inch pieces, 2 tablespoonfuls flour, 3 cups water, 1 cup Carnation Milk. Cook macaroni in boiling salted water, about twenty minutes, or until soft. Drain and melt butter; add flour; add salt; add milk, and cook five minutes. Combine with macaroni. This recipe serves six people.

CARNATION MILK PRODUCTS COMPANY, LTD., 219 JOHN STREET, AYLMEY, ONT.

Carnation Milk

"From Contented Cows"



Made in Canada by CARNATION MILK PRODUCTS COMPANY, Limited, AYLMEY, ONT. Condenseries at Aylmer and Springfield, Ont.

No Uncertainty Here.

Editor Evening Telegram. Dear Sir--Will you please allow me space in your valuable paper to set the Coaker crowd, who think they have a chance in this District, right on certain points. A copy of that paper of Feb'y 3rd has shown up here. This paper tries to make out that all is not going right with the opposition. If the Advocate knew how it was about here it might not be so sure of itself, but maybe it is only shouting to keep up its courage which they say is fast leaking out through the holes which the United Fishermen knocked in the Coaker punt, hauled up for repairs in Bonavista Bay. It is little consolation the Advocate can get from its

How to Make Pine Cough Syrup at Home.

You know that pine is used in nearly all prescriptions and remedies for coughs. The reason is that pine contains several peculiar elements that have a remarkable effect in soothing and healing the membranes of the throat and chest. Pine is famous for this purpose. Pine cough syrups are combination of pine and syrup. The "syrup" part is usually plain sugar syrup. To make the best pine cough remedy that money can buy put 2 1/2 ounces of Pine in a 16-oz. bottle, and fill up with home-made sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup. Either way, you make 16 ounces--more than you can buy ready-made for \$2.50. It is pure, good and very pleasant--children take it eagerly.

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howling as far as this district is concerned. We have had enough of the Coaker members. We want something better than that, and as far as I can learn up and down the shore the people are all thinking this way. If Mr. Puddister, at whom the Advocate sneers, has made up his mind to come this way, his election is sure. You can bet what you like on that Mr. Advocate. We want the man who put up such a splendid fight in 1920, when, if everything had been clean and decent, he would have won. There were foul doings that time and the whole Government were here from the Premier down trying to defeat him. The Grate's Cove fish story is ample evidence on that, but the people know their man now. His name is spoken on all sides and he can come down and be elected easy. We want no has-beens to inflict themselves on us either. We want men of the Crosbie-Puddister type who will fight for the rights of our district. If the Advocate does not believe this why we will be glad to show him if he will come this way. As for Sir John Crosbie we will be glad, as we always have been, to elect such a man as that. He has been the friend in need of many a man who knows the business of the country; and that is more than can be said for the gentlemen we have in the House now to look after the district. The Advocate can howl as it may; we know what to do without the advice of that sheet. Mr. Cave must be very uncomfortable now; he has need to be. He need not try to deceive his friends about coming under the wing of Sir John Crosbie either. Yours truly GULLY HILL Lower Island Cove, Feb. 8, 1923.