

PARALYSED AND HELPLESS

Prominent Merchant Restored to Health by "Fruit-a-lives"

Boston, N.B., July 25th, 1914. "I had a stroke of Paralysis in March, and this left me unable to walk or help myself and the Constipation was terrible. Finally, I took 'Fruit-a-lives' for the Constipation. This fruit medicine gradually toned up the nerves and actually relieved the paralysis. By the use of 'Fruit-a-lives' I grew stronger until all the palsy left me. I am now well and attend my store every day."

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874. Aim—The protection of the home, the abolition of the liquor traffic and the upholding of Christ's Golden Rule in custom and in law.

Officers of Wolfville Union. President—Mrs. L. W. Stimp. 1st Vice President—Mrs. J. Gatten. 2nd Vice President—Mrs. R. Fitch. Recording Secretary—Mrs. W. Taylor. Corresponding Secretary—Mrs. L. E. Duncan.

Backbone and Wishbone.

Don't you ever wear your wishbone. Where your backbone ought to be is a maximum full of wisdom. And applies to you and me. For the fellow who is wishing. For the things to come his way. Is the one who puts off doing. To-day's work another day.

WHITE ANTS A PEST

How to Guard Parquetry Floors Against Their Ravages. Guard your parquetry floors against white ants. The little insects are a grave menace to woodwork of this character. Numerous cases of damage done to floors are reported annually to the entomologists of the Department of Agriculture and the experts have issued a warning against the termites, as they are known to the professional.

Drunken Man in Church

There came into a prominent church one evening a man so under the influence of liquor that he disturbed the meeting. He left the service four times, each time returning to his seat far to the front. Timely advice finally quieted him, and after the sermon the minister urged him to become a Christian that night.

SCHOOL TEACHER

Wards of Nervous Break Down. Albert, Pa.—"I am a teacher in the public schools and I got into a very nervous run-down condition. I could not sleep and had no appetite. I was tired all the time. My sister asked me to try Vinol. I did so and within a week my appetite improved and I could sleep at night and now I feel well and strong."

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WOMAN HATES WOMAN

Only a Very Strange Woman Dislikes Her Own Face

One of my interesting sex, who, in a moment of indiscretion, had looked upon the wine when it was red, and consequently found herself in one of those abodes of brotherly love, known to the indiscreet as police courts, was stated to have been seen fighting her own reflection in a shop window, writes Louise Helgers. Her own reflection, mind you, not another woman's; which shows how thoroughly she must have been "under the weather." For no woman in her right mind would ever gratuitously insult her own reflection. Her reflection to the average woman is as pleasing as was his to Narcissus.

Even the plainest of us can by dint of a little ingenuity find something to be vain about; in fact, it is my belief that the plain ones spend more time peacocking before their mirrors than do the pretty ones. The pretty ones are too busy to devote too much of their time to seeing themselves in a glass daily. Not that the pretty women ever rights shy of a mirror or even a shop window. That would be too much to expect. Also, a small hand-glass in her vanity bag is as much a necessity to her as her handkerchief or her powder puff. Oh, yes, she is as vain as her plainer sister, but she does not give up so much to mere contemplation, that's all.

Of course, there isn't a woman living who doesn't think every other woman spends too much time before her glass. "Vain thing, peacocking before the glass all day!" How many times have I heard that sentence spoken by one feminine thing in indignant accents of another? And then the corollary: "Much she's got to be vain of!" A man knows that when one woman warmly praises another there must be something rotten somewhere.

SEWING-ROOM SYSTEM

It Saves Time For the Busy Housewife—Some Painters. System counts in the sewing room just as much as it does in any other department of house-keeping. The systematic house-keeper finds the garment before it leaves the sewing room. Experience has taught her that it doesn't pay to put away half-finished underwear or little dresses or household linens.

A New Use For Breadcrumbs

Many cooks consider bread crumbs superior to cracker crumbs for rolling anything that has to be dipped in eggs, as cracker crumbs do not brown so well. Stale pieces of bread should be browned in the oven, then ground in a meat chopper. If a paper bag is fastened securely with a rubber band to the end of the cutter the crumbs will not fly about as they are ground.

Children Cry FOR FLETCHER'S CASTORIA

Stiff criticism of the old style slanting school desk is made by Inspector J. W. Rogers in a report to the Toronto Board of Education. These slanting desks are gradually being replaced by the level desks in Toronto, but not fast enough to suit Mr. Rogers.

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SHOULD BAD SERVANT HAVE REFERENCES?

Knotty Problem Confronts Well-meaning Housewives—Detailed Facts Are Best

A woman received a letter from another asking for information as to whether or not the maid who was leaving the recipient of the letter was honest, clean and obliging. As a matter of fact, the woman possessed all these qualifications, but was addicted to drinking alcohol. At times her manner was absolutely hilarious, although she had never been known to neglect her duties. The question arises: "Was the 'referee' justified in withholding from the prospective employer the woman's weakness?"

If the new place is one where the mistress is ever vigilant in looking after her home, the falling might not prove a stumbling block, but in any circumstances it would be best for the fresh employer to know, because then she could be on her guard in the household. If, on the other hand, the girl is required in a household where there are young children or where certain responsibilities devolve upon her, then, to say nothing about her fondness for drink would be absolutely criminal. Perhaps the possibility of having a girl in the household is one of the strongest objections to letting her into the secrets of the home. I know many mistresses, says a woman writer, who have sent their former servants to a new mistress with the character of an angel, largely because they were afraid if they did not, the girl might reveal some of the family secrets in sheer spite.

Hardly Able to Move.

Albert Lea, Minn.—"For about a year I had sharp pains across my back and hips and was hardly able to move around the house. My head would ache and I was dizzy and had no appetite. After taking Lydia E. Pinkham's Vegetable Compound and Liver Pills, I am feeling stronger than for years. I have a little boy eight months old and am doing my work all alone. I would not be without your remedies in the house as there are none like them."—Mrs. F. E. Yost, 611 Water St., Albert Lea, Minn.

Three Doctors Gave Her Up.

Pittsburg, Penn.—"Your medicine has helped me wonderfully. When I was a girl 18 years old I was always sickly and delicate and suffered from irregularities. Three doctors gave me up and said I would go into consumption. I took Lydia E. Pinkham's Vegetable Compound and with the third bottle began to feel better. I soon became regular and I got strong and shortly after I was married. Now I have two nice stout healthy children and am able to work hard every day."—Mrs. CLAESSTRA, 34 Gardner St., Troy Hill, Pittsburg, Penn.

All Women Invited to Write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for special advice—it will be confidential.

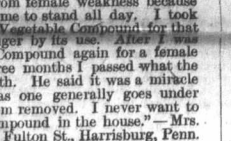
Women Once Invalids

Now in Good Health Through Use of Lydia E. Pinkham's Vegetable Compound. Say it is Household Necessity. Doctor Called it a Miracle.

All women ought to know the wonderful effects of taking Lydia E. Pinkham's Vegetable Compound even on those who seem hopelessly ill. Here are three actual cases:



Harrisburg, Penn.—"When I was single I suffered a great deal from female weakness because I took my doctor's medicine and it did not stand all day. I took Lydia E. Pinkham's Vegetable Compound for that and was made stronger by its use. After I was married I took the Compound again for a female trouble and after three months I passed what the doctor called a growth. He said it was a miracle that it came away as one generally goes under the knife to have them removed. I never want to be without your Compound in the house."—Mrs. FRANK KNOWL, 1042 Fulton St., Harrisburg, Penn.



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Five Roses Flour

Not Bleached Not Blended

FOR SALE BY T. L. HARVEY.

R. J. Whitten & Co. HALIFAX

Receivers and Sellers of all kinds of Farm Produce. Consignments Solicited. Prompt Returns.

Even if War is On You Must Have Clothes

And we are well prepared to serve you in this line. Our work in MEN'S CLOTHING OF ALL KINDS is winning us a reputation. We use the best materials, employ the best workmanship and our styles are always right.

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PUBLIC NOTICE.

The public are hereby forbidden the use of my property as a thoroughfare for teams between Main and Front Streets. Persons persisting in this trespassing will be prosecuted without further notice.

McKenna Block WOLFVILLE

Is the place to get your SHAMPOOING MANICURING CHIROPODY MASSAGE. Soap and Face Treatment a specialty. All promptly attended to.

MRS. B. MELANSON

All persons having legal demands against the estate of Donald A. Munroe of Wolfville in the County of Kings, carpenter and builder, deceased, are requested to render the same, duly attested, within twelve months from the date hereof; and all persons indebted to said estate are requested to make immediate payment to D. R. MUNROE Executors. G. W. MUNROE Wolfville, Feb. 23, 1916

Violin and 'Cello Music

All the whimsical witchery—haunting restlessness—dreamful exaltation of the world's finest violin and 'cello music caught for you with an exquisite sense of reality in COLUMBIA RECORDS

Have your dealer play these for you: Kathleen Parlow—A5412—\$1.50 Humoreske (Dvorak) orchestra accompaniment. Melodie (Tchaikowsky) orchestra accompaniment. Pablo Casals—A5699—\$1.50 Largo (Handel), with orchestra. Melody in F (Rubinstein), with orchestra. Jules Falk—A1110—85c. Ave Maria (Schubert) with Traumer (Schumann). Charles D'Almeida—A1712—85c. White Cockade; Jigs and Reels Medley with Harrison's Feet (Pitman's Orchestra). Eugene Ysaÿe—3625—\$1.50 Violin Concerto in G (No. 3) (Sarasate).



TO RENT. Earncliffe Residence—lower flat. Ready for occupancy after Nov. 8. Rent required monthly. Enquire of E. S. CRAWLEY, Esq.

Expert Piano Tuning Guaranteed. Voicing, Regulating, Repairing Organs Tuned and Repaired. M. C. COLLINS. P.O. Box 321, Wolfville, N.S.

Professional Cards.

DENTISTRY. Dr. A. J. McKenna. Graduate of Philadelphia Dental College. Office in McKenna Block, Wolfville. Telephone No. 48. E. J. GAN ADMINISTRATOR.

C. E. Avery deWitt. M. D., O. M. (McGILL). One year post graduate study in Europe. Office hours: 8-1 a.m.; 1-3, 7-9 p.m. Throat work a specialty. Tel. 81. University Ave.

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G. PURVES SMITH. M.B.—C.M., Edinburgh Oculist. Consultation Hours: 10 a.m.—12 noon, 2 p.m.—4 p.m. Monday Excepted. Telephone 163. Westward avenue, Wolfville, N.S.

Yarmouth Line. Steamship Prince George. Leaves Yarmouth Wednesday and Saturday at 5 P. M. Returns, leaves Central Wharf, Boston Tuesday and Friday, at 1 P. M. Tickets and Staterooms at Wharf Office. A. E. Williams, Agent. BOSTON & YARMOUTH STEAMSHIP CO., LTD.

Wolfville Time Table. DOMINION ATLANTIC RY. STEAMSHIP LINES. Express for Halifax and Truro 6:15 a.m. Express for Kentville 5:54 p.m. Accom. for Halifax 12:5 p.m. Accom. for Annapolis 1:55 p.m.

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THE ACADIAN

We print Wedding Invitations, Calling Cards, Letter Heads, Note Heads, Statements, Bill Heads, Envelopes, Shipping Tags, Business Cards, Receipt Forms in all the latest styles of type.

Luxury and Extravagance

Eighty eight million gallons of whisky were made in the United States last year. Who drank it all? Fifteen billion cigarettes were manufactured in the United States last year. Who smoked them all? Thirty-two million pounds of snuff were manufactured in the United States last year. Who did all the sneezing? Two hundred and twenty million pounds of smoking tobacco were made in the United States last year. Who had all the pipe dreams? Eight and a half billion cigars were made in the United States last year. Who made all the smoke? Half a billion packages of chewing gum were manufactured last year in the United States. Who worked their jaws? Twenty thousand moving picture theaters paid \$22,000,000 for films last year and 1,000,000 persons saw the moving pictures. Where did they get all the dimes and nickels? Leslie's Weekly.

Children Cry CASTORIA

Two Scottish tourists were traveling one day to Kenmare, when suddenly one looked very gloomy. "What's the matter?" asked his friend. "Why, I have lost the best part of the luggage," replied the other in a tone of disgust. "Was it stolen, or did you leave it at the hotel?" "Worse than either—the cork came out!"

Teacher—"The sentence 'My father had money' is the past tense. Now, Mary, what tense would you be speaking in if you were to say 'My father has money'?" Little Mary—"Oh, that would be pretense."

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