"War-Time Cookery"

FREE

Send name and address for new "War-time Cookery" This book contains recipes chosen by the judges as the best and most practical recipes submitted in our recent cash prize competition. It is intended to assist in the conservation of food and to effect savings in home cooking and baking.

Approved by Canada Food Board

ADDRESS

E. W. Gillett Co. Ltd.

TORONTO, CANADA

AN OPEN MIND AT KRUPP'S

(Philadelphia Record)

Among the thousands who listened to the Kaiser's speech to his "dear friends at the Krupp works" there must have been at least one with a mind of his own. To such a man the Imperial Exhorter offered many opportunities for parenthetical comment (sotto voce, of course)as the speech was unfolded. Let us, for a moment, try to put ourselves in that man's place, and give to the Kaiser as close attention as the divergent thoughts the imperial words engender will allow. The "straight" stuff is the Kaiser's, the parentheses are the intelligent workmen's:

"I have long felt a desire to pay you a visit during this war, but, as you know, numerous political and military duties have summoned me to the various battle-fields and regions of war-wrecked Europe. Now at last, to my delight, I have succeeded in coming here (the delight of success born of failure to go somewhere else). "What I want to do to-day is to express my imperi.' thanks (always "my" and still "imperial") to the directors of the Krupps (dividends!), the foremen, the workmen and the workwomen for the absolutely astounding manner in which the Krupp works have been placed at the disposal of the German army and its Supreme War Lord (the Supreme Ego again) . . . losses, sorrows and cares which have spared none, neither princely house nor modest workman's dwelling (we trust all your highness' relatives continue in the best of health).

"I have been touched by your cares to the depth of my heart, . . . and there is no wonder there is dissatisfaction here and there. But to whom, after all, do we owe this? Who spoke at the beginning of the war of starving out German women and children? Who was it who introduced terrible hatred into this war? It was the enemy! (Of course, with his Belgian outrages upon our soldiers, with his submarines, poison gas and bombing of open towns) . . . Our brave army out there has shown you (its scared face turned to Berlin). . . . Our death-defying navy (safe in Keil) . . . Our U-boats, like a consuming worm, gnaw at the enemy's vitals more than our enemies will admit (or the result indicate) . . . .

"Envy induced our enemies to fight, and war came upon us. And now when our opponents see that their hopes have been deceptive and how our mighty generals, after whom your new workshops are rightly named, have dealt them blow upon blow, hatred springs up. We only know the honest wrath which deals the enemy the blow, but when he lies prostrate and bleeding we extend to him our hand and (drop bombs on his Red Cross hospitals).

"In this world good clashes with evil That is how things have been ordered from on high—the yes and the no; the no of the doubting mind against the yes of the creative mind; the no of the pessimist against the yes of the optimist; the no of the unbeliever against the yes of the champion of faith; the yes of heaven against the no of hell . . . "

Here we must believe the intelligent workman to have been overcome with nausea. He takes his doubting "no" out into the open air and misses the larger half of the All-Highest's lovely address. He is not one of those who rise at the end, at the Kaiser's command, and yell "Yah!" and who receive this final blessing from the Emperor:

"I thank you. With this 'yes' I go now to the Field Marshal. Now it is for everyone of us to fulfill his vow to duty, and to exert his body and mind to the utmost for the Fatherland. Every doubt must be banished from mind and heart."

I was cured of painful Goitre by MINARD'S LINIMENT.
BAYARD McMULIN.
Chatham, Ont.

I was cured of Inflammation by MINARD'S LINIMENT.
MRS. W. A. JOHNSTON.
Walsh, Ont.

I was cured of Facial Neuragia by MINARD'S LINIMENT.
J. H. BAILEY.
Parkdale, Ont.

Minard's Liniment Cures Colds, etc.

Koaties for Kiddies.

White cashmeres, crepellas and corduroys for wee folk.

For the older children—velveteens, corduroys, chiffon velvets, broadcloths, cheviots, etc.

Washable coat linings are quite the thing, and they can be bought ready-made.

A Tribute.

Britain and French and Belgian,
Stalwart and strong and fine,
Brothers, we would a tribute pay
To you who have held the line!

You fought when the fight was fiercest,
You spilled your blood like wine,
Bleeding and dying and almost done
You fought—but you held the line!

We are coming hundreds of thousands strong,
We will fight till we reach the Rhine,
But, comrades, we know the debt we owe
To you who have held the line!

—New York Herald

This and That.

New skirts are from eight to 10 inches from the floor.

Gray wool is used to embroider a ruby red gown.

Wool fringes stimulates ostrich on some of the velvet hats.

Tooth brush fringe is mentioned favorably by some of the fashion writers, but little has been shown here, though it is said to be popular in Paris.

Silk shirts are shown in sombre shades for wear with the blouse of self-color.

Some skirts are shown slit.

Tans and browns are popular colors for suits and dresses. Dark green is also a good color, one that is selling probably more than any other except navy.

Minard's Liniment Cures Distemper.

Long-Distance Talkings.

Eighteen miles is said to be the longest distance on record at which a man's voice has been heard. This occurred in the Grand Canyon of the Colorado, where one man, shouting the name "Bob" at one end was plainly heard at the other end, which is 18 miles away. It is recorded that at Gibraltar the human voice has been heard at a distance of ten miles.

CROSS, SICKLY BABIES

Sickly babies—those who are cross and fretful; whose little stomach and bowels are out of order; who suffer from constipation, indigestion, colds or any other of the minor ills of little ones—can be promptly cured by Baby's Own Tablets. Concerning them Mrs. Jean Paradis, St. Bruno, Que., writes: "My baby was very ill and vomited all his food. He was cross and cried night and day and nothing helped him till I began using Baby's Own Tablets. They soon set him right and now he is a fat, healthy boy." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

An Autumn Evening.

Dark hills against a hollow crocus sky
Scarfed with its crimson pennons, and below
The dome of sunset long, hushed valleys lie
Cradling the twilight, where the lone winds blow
And wake among the harps of leafless trees
Fantastic runes and mournful melodies.

The chilly purple air is threaded through
With silver from the rising moon afar,
And from a gulf of clear, unfathomed blue
In the southwest glimmers a great gold-star
Above the darkening druid glens of fir
Where beckoning voices and elfin voices stir.

And so I wander through the shadows still,
And look and listen with a rapt delight,
Pausing again and yet again at will
To drink the elusive beauty of the night,
Until my soul is filled, as some deep cup,
That with divine enchantment is brimmed up.

—Canadian Countryman.

Minard's Liniment Cures Diphtheria.

Outranked in the Kitchen.

The son of the well-to-do family had recently joined up as a private, and was spending his leave at home.

Returning from a walk, his mother espied a figure in the kitchen with the housemaid.

"Clarence," she called to her son, "Mary's got some one in the kitchen. She knows perfectly well that I don't allow followers. I wish you'd go and tell the man to leave the house at once."

Clarence duly departed to the kitchen, but returned in about half a minute.

"Sorry, mother, but I can't turn him out."

"Can't turn him out? Why on earth not?"

"He's my sergeant" — Saturday Night.

HIRST'S PAIN EXTERMINATOR

DON'T SUFFER PAIN—BUY HIRST'S!

35¢ BOTTLE

HOW TO AVOID BACKACHE AND NERVOUSNESS

Told by Mrs. Lynch From Own Experience.

Providence, R. I.—"I was all run down in health, was nervous, had headaches, my back ached all the time. I was tired and had no ambition for anything. I had taken a number of medicines which did me no good. One day I read about Lydia E. Pinkham's Vegetable Compound and what it had done for women, so I tried it. My nervousness and backache and headaches disappeared. I gained in weight and feel fine, so I can honestly recommend Lydia E. Pinkham's Vegetable Compound to any woman who is suffering as I was."—Mrs. ADELINE B. LYNCH, 100 Plain St., Providence, R. I.

Backache and nervousness are symptoms or nature's warnings, which indicate a functional disturbance or an unhealthy condition which often develops into a more serious ailment.

Women in this condition should not continue to drag along without help, but profit by Mrs. Lynch's experience, and try this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med. Co., Lynn, Mass.

TRADE BRIEFS

The development of ore mining in eastern British Columbia shows a steady progress.

The commercial agent stationed at Copenhagen, Denmark, reports that Norway's supply of fuel for the winter is secured, 400,000 cords of wood having been carried by the railroads during the first four months of the year.

The Birmingham, England, City Council has just approved a project for a very large expenditure in electric supply equipment. The new scheme provides for the construction of a permanent generating station at Nechells.

It is reported that the year's crop of menthol in the Hokkaido, Japan, district, which is known to have been curtailed very much owing to farmers' preference for beans and peas, which bring more remuneration, is now estimated by Tokio dealers to be 1,238,000 bushels, being a reduction of one-third of the normal.

An American company is constructing at Colon, Panama, a two-storey concrete building for manufacturing cocoanut and palm oils, soap and their by-products. It will be possible to make 1,500 gallons of cocoanut oil and 250 gallons of palm oil daily.

The Japanese Department of Agriculture and Commerce reports that at the end of 1916 there were 24,335 fertilizer factories, 45,470 fertilizer dealers and 1,100 fertilizer importers in Japan.

The Federal and State Governments of Australia have for some time past experienced much difficulty in maintaining an adequate supply of paper, and the outlook gives promise of still further trouble. With a view to remedying this matter, Mr. Albert Mullett, the Government printer, will visit the United States to purchase paper.

Minard's Liniment Cures Garget in cows

Cultivate Your Aspirations.

Very few people are satisfied with the work they are doing. Many of them have aspirations for something better, more congenial. If you have any natural leaning toward a higher grade of work, says Physical Culture Magazine, don't strive to put it out of your mind, but try to keep it very much in your mind. It may indicate a field for which you are especially gifted. If you have any ambitions, cultivate them. It is only those who dare to follow the guiding star of destiny by encouraging and cultivating these aspirations who ultimately move forward to their realization.

$100--REWARD--$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages and that is catarrh. Catarrh being greatly influenced by constitutional conditions requires constitutional treatment. Hall's Catarrh Medicine is taken internally and acts through the Blood on the Mucous Surface of the System thereby destroying the foundation of the disease, giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in the curative powers of Hall's Catarrh Medicine that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, Ohio. Sold by all Druggist, 75c.

Beauty or Ugliness.

Speaking of the personal appearance of Lincoln and other presidents, a Boston lady who has had the honor of an introduction to President Wilson, explains why she was disappointed in his looks. She says: "He isn't homely enough to be handsome, and he isn't handsome enough to be attractive." A famous Parisienne once said that next to being the most beautiful woman in Paris, she would prefer to be known as the homeliest. She would then achieve distinction in either case.

YOU MUST HAVE ONE.

Those Little Underslips of Soft Black Satin.

Positively you must order —if you do not already own—one of these quite invaluable little gowns or underslips of soft black satin.

For it can be put to a dozen different and good uses, a very wide, straight and good uses, a very wide, straight belt of gorgeously-brocaded satin ribbon, or metallic tissue, with loop-over and fringed sash-ends, being another means of giving variety to its simplicity.

Be sure, however, that you have the sleeves made quite long and to fit with glove-like closeness to the wrist —by means of inner stud-fasteners, the outer closely clustered, and satin-covered buttons being only for ornament.

Then this style of sleeve will be suited to both daytime and evening tunics and trimmings, whereas the other most popular, and certainly very pretty, bell-shaped sleeve, which ends its career below the elbow, would not always be in keeping with the serge of daytime.

Their Gamble.

"What's the matter with the mule's shoes?" asked the village blacksmith. "I put them on day before yesterday and they look all right to me."

"Never mind how dey looks," replied Erastus Pinkley. "You jest take dem shoes off an' put on yuthuh ones. Me an Samson Smiley will stan' de expense."

"What has Smiley to do with it?"

"He's helpin' me finance a spo'tin' proposition. We's got a bet on how many times yo kin fool aroun' dat mule's feet befo' you gits laid out."—Brooklyn Citizen.

How Sickly Women May Get Health

If they could only be made to see that half their ills are caused by impure blood, it wouldn't take long to cure them with Dr. Hamilton's Pills. Truly a wonderful medicine that invigorates, strengthens, renews. Every tired, worn-out woman that tries Dr. Hamilton's Pills will improve rapidly, will have better color, increased appetite and better digestion.

No better rebuilding tonic can be found that Dr. Hamilton's Pills, which are safe, mild and health-giving. For forty years Dr. Hamilton's Pills have been America's most valued family medicine, 25c per box at all dealers.

Schiller's Neutrality.

The following story which is going the rounds of the continental papers, including even those of Austria, must make the Germans gnash their teeth. A German and a Dane met recently in Schiller's house in Weimar. As they stood gazing reverently on the scenes the German, swelling with pride, remarked to his fellow-visitor:

"So this is where our national poet, Schiller, lived?"

"Pardon me," said the other; "not national, but international."

"How so?" asked the German with surprise.

"Why, consider his works," the Dane replied. "He wrote 'Mary Stuart' for the English; 'The Maid of Orleans' for the French; 'Egmont' for the Dutch; 'William Tell' for the Swiss—"

"And what did he write for the Germans, pray?" broke in the other. Back came the Dane's answer:

"For the Germans he wrote 'The Robber.'"—New York Tribune.

Millinery Newness.

For wear with the lingerie frock are adorable floppy hats of flowered mousseline de soie.

Chantilly lace is coming into vogue for the large transparent hat to be worn with the figured chiffons of summer.

The latest news from Paris says that the straw hats there are of felt trimmed with summer flowers. This is a suggestion that has charming possibilities for wear at country clubs. Felt hats are always popular because of their imperviousness to sudden changes of weather; with flowers they should be most satisfying, it would seem, for a summer day.

PILES

Zam-Buk ends the pain, and stops bleeding. Try it! All dealers, 50c. box.

Zam-Buk

ISSUE NO. 41, 1918

HELP WANTED—FEMALE

WANTED—A MAID, NO WASHING or Ironing. Two in family. Apply to Mrs. White, 15 St. Matthew's Ave., Hamilton, Ont.

HELP WANTED.

WANTED—PAINTERS AND PAPER hangers. Competent men. J. J. Thompson, 311 9th St. East, Owen Sound. Telephone 828.

MISCELLANEOUS.

SEND A DOMINION EXPRESS Money Order. They are payable everywhere.

LADIES WANTED—TO DO PLAIN and light sewing at home, whole or spare time; good pay; work sent any distance, charges paid. Send stamp for particulars. National Manufacturing Company, Montreal.

WANTED—BALED HAY. QUOTE price delivered at Bothwell. Reid Bros., Bothwell, Ont.

FOR SALE—WOOD AND SPLITTER and Motor all complete, also Two Dump Wagons. Apply Thos. Myles' Sons, Hamilton, Ont.

FOR SALE—TWENTY-TWO STEERS —Durham grades; dehorned; about one thousand pounds; an extra fine lot to finish for Christmas beef. Apply W. H. Littlefield, Brantford, Ont. Telephone 14.

FARMS FOR SALE.

112 ACRES — MORE OR LESS—LOT 27, Concession 2, Eramosa, near Speedside, for sale; on the premises is a good stone house, up-to-date bank barn; good stables, with water; closed in shed, silo, piggery; hennery, sheep pen, never failing well, windmill, good orchard; farm in good state of cultivation, well fenced, well watered; five miles from Fergus, ten from Guelph; school-house and two churches close by. Apply on premises, Mrs. Leila Leybourne, Rockwood, R. R. No. 3, Ont.

TWO HUNDRED ACRES, CLOSE TO town. Good building—some bush. Easy terms. D. L. Gilmour, Collingwood, Ontario.

PROPERTIES FOR SALE.

BRICK HOUSE—ALL TOWN CONveniences—one and half acres of garden. For full particulars apply Box 943, Barrie.

POULTRY.

FOR SALE—200 TOM BARROWS FAMous Layers; English White Leghorns, Hens, Cockerels, Pullets. $2.00 and $2.50 each (Breeding pen mated); 6 Sillician Butter Cup hens unrelated Cockerel $14.00; 6 English Pencilled Indian Runner ducks unrelated Drake $14.00. Square deal guaranteed. For particulars write. John W. Nash, 534 4th Ave. Owen Sound, Ontario.

WOOLLEN MILL HELP WANTED

We have several good openings for experienced and inexperienced male and female help. We require girls for weaving and winding. Every assistance given to learners and good wages paid during apprenticeship. Workers in this line earn very high wages and are always in demand. Only a couple of weeks' time necessary to learn. Several good openings for steady men. Special consideration shown to family of workers. Rents and cost of living reasonable in Brantford. Moving expenses advanced to reliable families and housing accommodation arranged. Full particulars cheerfully furnished upon request. Write us. The SLINGSBY MANUFACTURING CO., Limited, Brantford, Ontario.

SPANKING DOESN'T CURE!

Don't think children can be cured of bed-wetting by spanking them. The trouble is constitutional the child cannot help it. I will send **FREE** to any mother my successful home treatment, with full instructions. If your children trouble you in this way, send no money, but write me to-day. My treatment is highly recommended to adults troubled with urine difficulties by day or night. Address.

Mrs. M. Summers,
BOX 8. Windsor, Ontario

WHY NOT BE A MECHANIC IN THE ROYAL AIR FORCE?

HAVE YOU MECHANICAL ABILITY?
CAN YOU DRIVE A CAR?
CAN YOU HANDLE HORSES?
ARE YOU A GOOD CLERK?
DO YOU UNDERSTAND GASOLINE ENGINES?

A GOOD OPPORTUNITY

is here offered for men in Medical Category "B" who are under the M.S.A., and for men who are not under the M.S.A., to work in the flying fields, workshops and offices of the Royal Air Force in Canada. No other branch of the Service offers the possibilities for improvement that is obtained by ambitious ende avor in Royal Air Force work. It is a big opportunity to serve the Allied cause, in congenial and healthy surroundings, and in instructive and interesting work.

SKILLED AND UNSKILLED MEN NEEDED

If you are skilled in a R.A.F. trade, you will be given the opportunity to work at it; if you are unskilled, you will have the chance to make yourself proficient in some branch of work that will be of benefit to you when you return to civilian life.

APPLY PERSONALLY OR BY LETTER
OFFICER IN CHARGE TRADE TESTS, R. A. F.
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