

THE HOME THAT IS HAPPIEST.

Our burdens are lightened That many hands bear, And pleasures are brightened That many hands share, And that is happiest, Brightest and best, Ir where they all labor A-1 where they all rest.

Where no careworn father The brunt of work bears, And no gray-haired mother Is burdened with cares; Where no tired elder sister Is helper alone

But each one is busy Till all work is done. Then mother has leisure To laugh with her girls, She shares all her secrets,

They smooth her soft curls, And deck her with blossoms, And fondly declare There never was mother So winsome and fair. And father is jolly;

His stories and fun Are the life of the household, He has not a son Who does not think father Knows best and is best, And would not work double

That he might take rest. So, helping each other In labor or play, In happiness ever

The years pass away; For pleasures are brightest That many hearts share, And burdens are lightest That many hands bear.

-Selected.

few years ago waged war against the sympathy, help and love. adulterated and unclean teas of China and Japan, in preference for the delicious and havory teas of Ceylon. The with our sorrows, weeps at our ber- what must needs be endured, go for- therings-all the brightnesses enormous and rapidly increasing sales of "Salada" Ceylon Tea prove conclu- all times of trouble. sively how thoroughly Canadians appreciate a fine blend of Ceylon Tea.

A STORY OF DR. STAFFORD.

Many stories are being told in the Washington papers of the late Dr. Stafford. One of the best relaces the manner in which he came into possession of a cherished edition of Shakespeare.

Several years ago a man visited St. Patrick's rectory, having with him a Boydal edition of Shakespeare. I am in great want, he said, and I

have come to beg you buy this book for a hundred dollars. The priest looked at the book and

My friend, you do not know that this edition is worth several thousand

its value, but that he was in such immediate need that he would be glad to sell it for even half the sum he had asked, if only the doctor would want it.

Oh yes, I want it. I want it as a starving man wants food. I have for many years longed for just this Boydal, and I expect to long for it until I die, but I should be a thief to take it at your terms. If I were rich I would buy it, but it is utterly beyond my means.

The man insisted that he must sell his book that night, no matter who

was the purchaser.

In which case, the priest said, should be a mean thief, indeed, take advantage of your stress of mind, Dr. Stafford loaned the man the money for his immediate wants, and told him to take his book to two friends of his, one a bishop of the Episcopal Church, and the other a Senator from the West. Both, he ford's refusal to buy the book at the ing rapidly till it foams.

The Senator considered it a good story, and that night at a large dinner party he repeated it to a group of fellow Senators and a Justice of the Supreme Court. They, too, considered it a good story, and, as a result a few nights afterward Dr. Stafford was amazed to receive the book, bearing the names of the Senators and the Justice, all of whom I id subscribfor "Boydal."

THE INVENTION OF BLUE PAPER

"A woman," said a papermaker, "invented blue paper. It was by accident that she did it, though. Before her time all paper was white. was the wife of William Eastes, one the leading papermakers in eighteenth century. In passing through the paper plant one day she dropped a big blue bag into a vat of Eastes was a stern chap, and so, since no one had seen the accident, Mrs. Eastes decided to say nothing about it. The paper in the vat, which should have been white, came out The workmen were mystified, Eastes enraged; Mrs. Eastes kept The upshot was that the paper was sent to London marked 'damaged,' to be sold for whatever it But the selling agent would bring. in London was shrewd. He saw that this blue tinted paper was attractive. He declared it to be a wonderful new invention, and he sold it off like hot cakes, at double the white paper's Eastes soon received an order for more of the blue paper, an order that he and his men wasted several

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days in trying vainly to fill. Mrs. Eastes came forward and told the story of the blue cloth bag. There was no difficulty after that in making the blue paper. This paper's price remained very high, the Eastes hav-ing a monopoly of it."—Gowans.

WHAT IS A FRIEND?

The following definitions were given in answer to this question, propounded by an exchange: The sunshine of calamity.

The essence of pure devotion. The ripe fruit of acquaintanceship. One who understands our silence. Friendship, one soul in two bodies. A star of hope in the cloud of ad-

A volume of sympathy bound in cloth. A diamond in the ring of acquaint-

ance. A safe in which one can trust anything.

Friendship is the personification of love and help. The jewel which shines brightest

in the darkness. One who considers my needs before my deservings. The link in life's long chain which bears the greatest strain.

The first person who comes in when the whole world has gone out. One who loves the truth and you, and will tell the truth in spite of

The triple alliance of the three great powers-love, sympathy and help. A jewel whose lustre the strong acids of poverty and disaster cannot

One who, having gained the top of the ladder, won't forget you if you remain at the bottom.

FOR DAYS OF ABSTINENCE.

quarters of an inch thick; flour and make some one happy. In the same fat as that in which the fish was browned add ter, sor well and simmer the gravy can; without complaining or calling ing. five or ten minutes, then strain it. Place the fish an a clean pan, cover with the gravy and stew for thirty minutes. Arrange on a dish, pour the gravy round and scatter chopped capers and parsley over the steaks.

Potatoes au Gratin.—Put a pint of cold mashed potatoes in a saucepan: add half a cupful of milk, stir and beat until the potatoes are hot and smooth. Take from the fire, fold in the well-beaten whites of two eggs, heap in a baking dish, and brown quick-

ly in a hot oven. Chocolate Sandwiches.-Cut some thin slices of bread and butter, take a cake of sweet chocolate, grate it thickly on each slice and make into small sandwiches. Pile nicely on It will be found very appetildish.

ing to all who are fond of chocolate. Apple Pudding .- Two cups flour, two teaspoonfuls baking powder, salt and one-half cupful sugar mixed together. Beat one egg light, add one cup milk and mix. When well beaten add three people to come and look at you. Who, Carnations probably give more sattablespoonfuls hot butter, which has watching our lives and following us isfaction than any other flower, and been melting in the pan in which you as we go about our daily avocations, the odor is refreshing are to bake the pudding. Beat well would dream that we are laying the Roses, lilies of the valley and vio- 17 Toronto Street Phone Main 2053 and pour in baking tin. Now cover foundation for an eternal mansion? lets are all suitable for a sick room, the top closely with pared and quar- Who, viewing our conduct, would ever but they do not keep fresh very long Sprinkle over with sugar. Bake one with an indelible mark our life beyond every night. explained, were wealthy men, and half hour. Serve with hot sauce. the grave? each loved the bard well enough to Sauce: Cream one-half cup butter, want so rare an edition of his works. add gradually one cup powdered su-It happened that the man took his gar, beating till light and foamy; add book first to the Senator-Cushman the flavoring just before serving, add K. Davis-and told him of Dr. Staf- one cup boiling milk or water, stirr-

A CENTURY OF MARRIED LIFE.

ed in the little Hungarian village of to what the "Autocrat of the Break- rope. He grew enthusiastic about Isonbolgi the anniversary o a wed- fast Table' has to say on this point: Rome ding which it is declared occurred just one hundred years ago. All the coun- ship authorizes you to say disagree- to them churches over there and see try is intensely interested, and the able things to your intimates. Emperor has asked the authorities to the concrary, the nearer you come in call 'em. And then the Sixteen Chaforward to him particulars so that he to relgtion with a person the more pel is great, and as for the Vaccinaed and made him a gift of his longed- can personally congratulate the cou necessary do tact and courtesy be-

> a farmer. They have hundreds of de amourpropre is universal." scendants in and around the village. A score of years ago there was a celebration in honor of the man's one hundredth hirthday, and application was made to the government for a pension years later the woman was also

granted a pension. world outside of Isonbolgi. were both born there and have lived

APRICOT TARTLETS.

A novel way of preparing apricot tartlets is to line six tartlet Lolds vith pastry, fill them with dried read crumbs and bake them. When nicely browned remove the crumbs and on the bottom of each tartlet place a good-sized teaspoonful of ap-Use a can of apriple marmalade. cots, cut in thin slices, to fill up the keep her health she will be a success tartlet shells. Top each with a if she has a fair amount of perseverteaspoonful of powdered sugar. Bake ance and capacity, but the point is 16 minutes in a moderate oven. Re- that the average woman neglects her move from the oven and let them become cold; then decorate the top of each with a teaspoonful of currant ance of the natural laws of health rajelly, when they are ready to serve. A tiny circle of whipped cream around tions. The commonest ailments of the current jelly improves both the young women who work in shops and flavor and the appearance.

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WOMAN'S LOOKS.

Someone once asked a woman how it was she kept her youth so wonderfully. Her hair was snowy white, ergy was waning; but she never impressed one with the idea of age, for

nerves well hand, and did not allow them to bore means the complete relaxation of body other work that came to hand congenial. I retained the illusions of my youth, cles relax and the brain become quiet and did not believe 'every man a liar' and free from all worrying thought. and every woman spiteful. I did my best to relieve the misery I came in contact with, and sympathized with the suffering. In fact, I tried to do to others as I would be done by, and was following the farmer's wife along you see me in consequence reaping the a winding half overgrown path amid fruits of happiness, and a peaceful old a tangle of wild flowers. The young

DON'T WHINE.

Don't whine! Take what comes to you and do your best with it. Make he bravest fight you can; train yourself to see the cheerful side of things, Sweden may go to war with Russia, A bank of credit on which we can even the funny side of the mishaps it is said, over Finland. Canadians a draw supplies of confidence, counsel, you cannot help. Strangle complaints A bank of credit on which we can even the funny side of the mishaps with a laugh-a cheery laugh is good One who smiles on our misfortunes, for heart and brain, and clears the frowns on our faults, sympathizes mists from the eye of faith. Endure Fish Steaks.—Take about two pounds there with your household cares or back to find them. of fresh cod, halibut or other large the vexatious details of your busifish and cut into steaks about three ness, but you should take time to

"Taking up one's cross" means sim- When choosing flowers to send to which the fish was browned add a ply that you are to go the road you sick friends remember that the two teaspoonful of chopped lemon peel, a see to be the straight one; carrying necessary qualifications are that they

pression of spirits and anemia, and these are the results not of overwork,

but of neglect and carelessness. The most important thing for the she was eighty years old, and her enduring the day is a good night's rest. Eight or nine hours' sleep should be had regularly, and if a nap of some her heart was still young in sympathy and interests. And this was her answer: "I knew how to forget disbetter. The woman who knows how Commissioners for Quebec agreeable things. I tried to master to rest has grasped a fact that will the art of saying pleasant things. I make her the superior of cleverer wodid not expect too much of my friends men, for it will enable her to work in harder without breaking down. Rest people. I tried to find any and mind, and to rest properly it is necessary to lie down, let the mus-

FLOWERS BY THE WAYSIDE.

A young girl visiting the country visitor exclaimed at their variety and beauty, "I mean to gather all I can carry when we come back and I have a little more time," she said. "Better pick them now if you want them," said the elder woman. "Taint likely we'll come back this way. It was one of those simple, homely incidents that sometimes seem to epitomize life. We must pick now, if we want them at all, the flowers that God scatters along our way. pleasant hours, the dear friendships, the offered confidences, the happy gaeavements, and is a safe fortress at ward bravely. A day is not a day blessings that we so often push aside, well spent unless you have tried to but mean to find leisure to enjoy send a ray of sunshine into some sometime-we must take them day clouded life. What will you do to-day? You may be busy here and by day as they come, or we shall lose ave. Res. Phone 1058. day? You may be busy here and them altogether; we never can turn

FLOWERS FOR THE SICK.

tablespounful of flour, and brown well, whatever you find is given you to have only a faint odor and that they Pour in about half a pint of hot wa- carry, as well and stoutly as you are a variety of flowers that is last-

TOWN.

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"It is surely not necessary," says salt has been dissolved. some one, "to be on one's best beto wear company manners at home or in the office, the factory, the store, with those with whom one is in con-Diamond weddings are very rare in- stant association; is that not in dandeed, yet there has just been celebrat- ger of becoming affectation?" Listen came home from his first visit to Eu-"Don't flatter yourself that friend-

come. Except in cases of necessity, The extraordinary people are nam- which are rare, leave your friend to out when he got to the subject of ed Szathmari. The husband is one learn unpleasant truths from his enehundred and twenty years old and the mies; they are ready enough to tell wife one hundred and sixteen. He was him. Good breeding never forgets that

THE IMPATIENT MAN.

No man is more constantly unhappy, or makes others more so, than hospital site in the above city, and It was granted after the re- the impatient man. He is out of cords of the village had been examin harmony with things; and all things about April 1st. This will be one of ed and the man's age verified. Four fight and worry and wound him. He the finest buildings in Ontario and will feels himself dishonored, too, by his take the place of the one recently deimpatience; and he does lose, so far stroyed by fire. The old couple live in a modest cot-tage and are well looked after by re-life. He is not cast, indeed, like the latives. They are nearly blind and victim of sensual vice, into the slough very deaf, and sleep nearly all of the of dishonor; his garment perhaps is The man, however, still en not soiled, but it is burned through, joys his pipe, and neither is bedrid- in a thousand spots, by the everden. It is a strange fact that in all dropping little sparks of petulance their years they have never left the and it is in tatters and disorder with village, and know nothing of the great the ever-crossing flurries of angry world outside of Isonbolgi. They passion; and he seems to himself to others as one who scrambles through continuously in wedlock a quiet and life, rather than as one who walks in peaceful life. The recent celebration the calm and dignified robe of conof their one hundredth wedding day scious self-possession. Constant fretwas participated in by the entire vil- ting and fault-finding and breaking out into sarcasm and anger may bereave a house of all honor, peace and comfort, almost as effectively as gluttony and drunkenness. Or suppose that the fretful temper be hidden and smothered in the heart, then it wastes and consumes the springs of the inmost life.

KEEP YOUR HEALTH.

"If a woman of average ability can health shamefully," said a woman physician whose hobby is the observther than tonics and medical prescrip-

tered apples, wedge side down, push- imagine that we are conscious our ac- They will keep much better, however, ing them into the dough a little. tions and thoughts are all stamping if they are removed from the sickroom Put them in a cool place and cut Then fill the vases with the stems.

WHAT FRIENDSHIP DEMANDS. fresh hot water in which a pinch of This will not only make the fraghavior at all times; one does not need rance last, but will freshen the flowers and make the colors brighter.

DO YOU KNOW HIM.

A regular Mr. Malaprop recently

"It is fine," he declared, "to go in-On the old tombs-cigaraphaguesses, they tion, where the pope lives, well-" But his stock of compliments gave beggars

"I always refused them pennies, he said, "because, you see, I want to set a bad prestige!"

Rev. Father Twomey, Belleville, has decided to erect a new Catholic school at a cost of about \$50,000, on the old the operations will, if possible, start

Although generally described as disease, can never exist unless some of the organs are deranged, which is generally found to be the liver. It consists of an inability to regularly evacuate the bowels, and as a regular action of the bowels is absolutely essential to general health, the least irregularity should never be neglected MILBURN'S

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