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Gunnoh Diseases and Common Remedies.

MOTHER—" John, dear, I have arranged to have parties for the children on the tenth of October, the sixth of November, on Christmas and the 18th of February."

FATHER—"Quite right, dear; and I will just write the doctor to call on the eleventh of October, the seventh of November, the day after Christmas and the 19th of Feb-

ruary."

Why did not that thoughtful and kind father save himself all that trouble and the great expense by spending fifty cents for a couple of bottles of Dr. Wilson's Herbine Bitters and giving a dose around on the days

he mentioned?

The most probable reason is that he was too busy a man to give the attention he devoted to most subjects to the health of his children, and left all that to his wife and his doctor. Besides, he was a man who thought nothing of expense, and a few five-dollar bills, more or less, didn't trouble him any. This is different with most of us, who have to grub hard for a living, and don't get a too good a one at that. We want something that is right at hand, and that will not cost too much. Such a remedy is Dr. Wilson's Herbine Bitters.

What is Dr. Wilson's Herbine Bitters? It is just such a remedy as our grandmothers, great-grandmothers and great-great-grandmothers used to concoct out of herbs in the early days of this colony. In those days, when they had to walk or ride twenty, fifty, or more miles for a doctor, and two or three visits meant that the cow would have to go to pay the bill, they were very careful about sending for a physician with titles to his name. Then the people themselves were able to go into the woods and find herbs which would cure the most of the diseases that the people were subject to then. Some of these concoctions were wonderful for their cures. And the people were healthy in those days.

It is fortunate that nature has so provided that districts where certain diseases prevail has at hand—if it were only commonly known—remedies for these diseases, It is said that, where there are poisonous snakes, there are remedies for the poison of snakes. Certainly, the back-woods of Canada contain remedies for indigestion, dyspepsia, and contain blood-purifiers of the greatest efficacy, and everything to make the blood healthy and keep the head clear

and the eyes bright.

The most efficacious of these herbs are contained in Dr. Wilson's Herbine Bitters. They are here found in their most concentrated form and purest state, and combined with the highest chemical skill. It is the care and skill shown in this combination which has given these Bitters a reputation

which extends from ocean to ocean, which has given them a place in the prescription books of physicians, and which has enabled them to effect so many wonderful cures.

Perhaps there is no class to whom Dr. Wilson's Herbine Bitters has been more welcome than to the large army of brain workers. Exacting brain work means that the blood is drawn from the digestive and other organs to nourish the brain, which wastes much more of the life-giving qualities of the blood than almost all the other organs put together. When the blood is drawn from the digestive organs they become weakened, and they cannot do their full duty. Then the blood becomes impoverished, the body weak, the brain ill-nourished. and the mind weakens. Peevishness, loss of will power and energy follow very quickly, as well as dizziness, irregularity of the action of the heart and other organs. All brainworkers recognize these symptoms, and dread them. There are two remedies which, fortunately, may be taken at the same time, both with good results, the one helping the other. The first is rest, the second is Dr. Wilson's Herbine Bitters. The effect of the former is to give the brain a chance to recuperate, so that the body may devote itself to the purpose of strengthening its bones and muscles. The second is in purifying the blood, so that the stream of recuperation is a pure one, bringing health and not disease. It also tones up and strengthens the digestive organs, the stomach, liver, bowels and others, so that they do their work promptly and efficiently.

On other pages in this valuable little book are printed a number of letters from those who have used, and have been benefited by, Dr. Wilson's Herbine Bitters. It is a great privilege to be able to bring back strength to the debilitated, to return the flush of health to the pallid cheek. This Dr. Wilson's Herbine Bitters have done, is doing constantly, and will do for many years, so long as it is used by the ailing and retains the great virtues it now possesses, which will be as long as human beings are constructed as

they are to-day.

It is well to remember, then, and to tell others who are ailing, that Dr. Wilson's Herbine Bitters positively cure dyspepsia, indigestion and all diseases from similar causes; that they are almost indispensable to students and all who follow sedentary pursuits; that they contain nothing which can injure the most delicate, but that their action is wholly beneficial; that they have been tried and found of advantage by tens of thousands who talk freely of the great benefit received from them, and many of whom have not hesitated to publish the fact of their cures to the world.

WHEN YOU WANT SUCCESSFUL DYEING, USE TURKISH.