

#### Canadian Women Should Have Good Complexions

The air of Canada is famous for its power to keep the pores and capillaries of the skin active and healthy. With this natural condition, any woman with a good skin can have a LOVELY, SOFT, SMOOTH, CLEAR Complexion, if she will take the treatments that science and experience have proved are necessary. Those who cannot come to the Institute for treatment, can secure our preparations, parcel post, with full instructions for home use. For twenty-five years, we have successfully treated non-infectious SKIN DISEASES, Pimples Blackheads, Redness, Wrinkles, Blotches, Gray Hair, Dandruff, etc.

SUPERFLUOUS HAIR PERMANENTLY REMOVED by Electrolysis, the only satisfactory method. Consultation and Examination FREE. Write for Catalogue and Booklet S.

HISCOTT INSTITUTE, Limited Established Twenty-five Years. 628 College St., Toronto.



# THE FINEST **HUNTING GROUNDS** IN AMERICA

Are Conveniently Reached via

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MOOSE, BEAR, CARIBOU, RED DEER and SMALL GAME are Quite Plentiful

Particulars from Canadian Pacific Ticket Agents or W. B. Howard, District Passenger Agent, Toronto



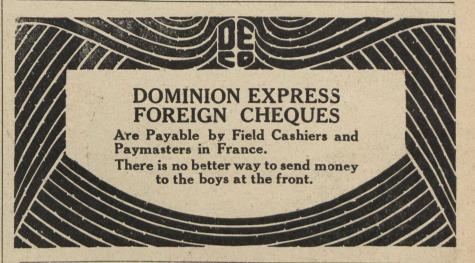
THE choice of an electric cleaner is sometimes difficult. That thousands of Canadian women have

## Cadillac Electric Vacuum Cleaner

and are willing to have their names printed for reference, makes this task easier for those who have to decide. Write to-day for this list of names, and ask your friends about the "Cadillac."

Made in Canada by

Clements Manufacturing Co., Limited 76 DUCHESS STREET



Many Uses Hand Cleaner



### NORTHERN ONTARIO

A vast new land of promise and freedom now open for settle ment at 50c. an acre in some dis-

Thousands of farmers are responding to the call Here right at the door of Southern Ownrice home awaits you.
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regulations and railway rates settlers, write to

H. A. MACDONELL Director of Colonization Parliament Buildings, TORONTO, CANADA HON. G. HOWARD FERGUSON. Minister of Lands Forests and Mines





# Oh, You Skinny!

Why stay thin as a rail? You don't have to! And you don't have to go through life with a chest that the tailor gives you, with arms of childish strength; with legs you can hardly stand on. And what about that stomach that flinches every time you try a square meal? Are you a pill-feeder?

You can't do it; it can't be done.

The only way to be well is to build up your body—all of it—through nature's methods—not by pampering the stomach. It is not fate that is making you a failure; it's that poor, emaciated body ofyours; your half-sickness shows plain in your face, and the world loves healthy people. So be HEALTHY—STRONG-VITAL. That's living. Don't think too long; send 6 cents in stamps to cover mailing of my book, "INTELLIGENCE IN PHYSICAL AND HEALTH CULTURE," written by the strongest physical culture instructor.

ieal culture instructor.

LIONEL STRONGFORT

Master of P'ysical Cultu 322 Park Bldg.,

Newark, N.J.

