POOR DOCUMENT

MC 2035

THE EVENING TIMES AND STAR, ST. JOHN N. B., WEDNES, DAY APRIL 10, 1912

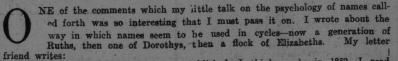
How To Easily Restore Your ITAL MANHOOD

, vigorous vitality, the glory of mature, healthy Do you know, reader, what this teans to you?

2

means to you? If by these few simple inspired words (which every man may with profit read) I should be the means of pointing out to you or other men the straight and sure, if nar-row, road to new manhood, new powers, new capacities for a bet-ter and more glorious physical and vital development, then in doing this I have rendered a great and lasting service to my fellow beings, and one which is infinite in its power for good. This self-same VITALITY, this builder of manhood and manly. vigor, may easily be regained, and I will tell you how. Have you ever stopped to con-sider that it is this VITAL FORCE which makes rugged men the real men that they are? It is this same MAN FORCE which is behind every great achievement in the world today, which gives the flower of His Majesty's army and navy the courage to/meet and lace death unfinchingly; which gives the rough and rugged man of the plains that compelling pow-

d navy the courage to/meet and ce death unfinchingly; which wes the rough and rugged man the plains that compelling pow-to rescue at all olds loved ones on some great peril, as our il-tration here portrays, and it is a self-same identical VITAL GOR which I must impart to in reader, if you are not the m you should be. Therefore, if I give you new vitality, make you young again and keep you ling young the balance of your days, increasing your vital supply. I soon re you answering "Simply feeling " to your friends' morning greet-t, while they in their turn will tely marvel at the wondrous change the better which has come over A thoroughly vital, manly man is greatest inspiration in the world; power and fascination are felt by men alike who are near him. Noth-but death can conquer the giant of math and manly vigor. On the r hand, how different with the man, the neurathenic degenerate, is burning up his vitality in dissi-m and excesses! Is there any i more pitiable, more regellant to i sense of decompt. then the work. matter what years of folly have passed, to such a man I can offer all the en-couragement in the world. Just lead to such a main road out of a function couragement in the world. Just lead a decent man's life, my friend, and then increase your VITALATY. All else will come. I make and distribute a vitalising appliance which I call a HEALTH BELT. I do not want you to get one of these HEALTH BELTS now nor tomorrow nor next week, for that matter, but first wish you to write for or call and get one of my little free books. I want you to thus have my whole story of this subject of VITAL ITY, so that you may judge for your-self. My HEALTH BELT with sus-pensory attachment, is a complete treatment in itself; that is, you place it comfortably around your waist Such a man has feither my for can he profit by what an impart. But any man ing to make a fair, square e return of his lost vitality anhood, who will promise nd honestly to discontinue



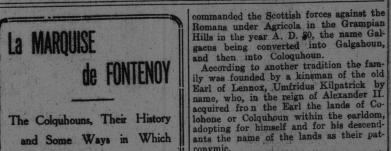
The Evening Chit-Chat

By RUTH CAMERON

Ruths, then one of Dorothys, then a norm of the list of the second secon

"It is a great trial to me," said a woman who was born into a very large family, and married into another, "that I cannot remember with gifts all the birthdays in our two families, but it is simply impossible. Why, just think, I have fifteen sisters and brothers, real and in-law, twenty-seven nephews and nieces, and about thirty-five uncles and a unts and cousins. That would mean more than one gift a week if I tried to remember them all." To this woman and to you, if you are one of those people who like to remem-ber the birthdays of your friends and relatives, but reckon too many of them to afford any real gift, I suggest the plan which one dear old lady of my acquaintance follows. She has a book in which she keeps the birthday dates of all her friends. With the help of this memorandum she sends each of them a card, telling them that she is thinking of them' and wishing them happiness through-out the coming year. I tecommend the plan to anyone who likes to do kind things.

"I have made up my mind that many unpleasant things are said and done," writes one of my letter-friends most charitably, "simply because people have not had their attention called to them, and I think you might really surprise some people by letting them know that operations are not pleasant subjects for a lunch-eon table. I have several times had my appetite leave me on account of some vivid description of an operation, the speaker even going so far as to tell what the doctor found and the amount of pus removed. Now I know that everybody will say it must have been a very ignorant person who would talk of such things, but that is not so. I have in mind a woman of education and standing who did this very thing." I trust that my friends's optimistic belief that people do things like this sim-ply because they have not had their attention called to them will be justified.



3)CE EGG PLUMS. Dip some hard-boiled eggs for two day in grape juice, to color them; then stic: a twig of plum leaves in one end of each By the use of artificial leaves, one may "egg plums" at any season of t Serve cold as an hors d'oeuvre. on of the

For the Cook

Daily Hints

JAPANESE SALAD. One box of sardines, three gills of rice, a few small mushrooms, French dressing and one cupful of cooked peas. Boil and drain the rice. Mix it with the dressing and cool; heap it in a dish. Drain the bill from the sardines and press them into the size.

he rice. Decorate with peas and mush

GALATINE OF CHICKEN. GALATINE OF CHICKEN. One fowl, one pound sausages, one cup-ful of bread crumbs, two hard-cooked eggs six pickled walnuts, a few pieces of ham half a cupfall of blanched almonds, season ing of salt, grated lemon rind and herbs Bone the fow. Mix sausages with bread-crumbs, seasonings and two beaten eggs Spread this forcemeat inside the fowl, and lay in the ham, almonds, eggs and wal-nuts; roll and sew together; roll in a cloth, bind with tape, and boil for two hours in boiling stock. Lift out and pu between plates with a weight on top. When cold remove the cloth. Decorate with aspic, hard-cooked eggs and parsley.

COLDS CAUSE HEADACHE

LAXATIVE BROMO Quinine, the world wide Cold and Grip remedy removes cause Call for full name. Look for signature E. W. GROVE, 25c.

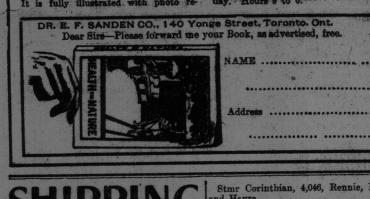
Moors are forbidden by their religion to deposit their money in banks; instead hey hide it in the ground.

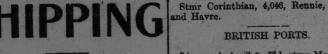


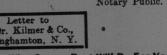
Mothers who have used Zam-Buk know how it cures Spring Skin Troubles in Children or Adults. Mother who have not yet tried it should note these facts:--Zam-Buk was unknown ten years ago, yet such is its merit that to-day it has become the standard salve in the homes of four continents! Zam-Buk is purely herbal; contains no polsonous colouring matter; is used by leading medical men; used in the British Army and Navy; used by all best fitted to know the needs of the skin. Make it your family balm !

Mr. J. C. Bates, of Burks Falls (Ont.), says :--" Zam-Buk cured my three children, who were all broken out in sores to such an extent that it was pitiable to see them. These sores had defied all remedies previously applied, but I am glad to say Zam-Buk healed them." Miss S. G. Hamilton, of Alliston (Ont.), says :--" My face and hand were one mass of pimples and blotches. These would itch, and where rubbed, broke out into sores. Whenever I put water near the affected parts it caused a stinging sensation and much pain-just as if I had been scalded. Nothing that I applied seemed to do me any good unti I tried Zam-Buk. That gave me relief, and a few weeks of the Zam-Buk treatment resulted in a perfect cure."

into your system hour after hour is felt as it flows in. There is no shock, but merely a pleasant, warm, month-ing sleep. Weak back often disappears at once and a better feeling is im-mediately experienced. Two or three months' wear is usually sufficient. The cost is nominal. With special attach-menta, my HEALTH BELT is used by women as well as men for theumatiam, kidney, liver, stomach, bladder disor-ders, etc.







Send to Dr. Kilmer & Co., Bingham-ton, N. Y., for a sample bottle. It will convince anyone. You will also receive a booklet of valuable information, telling all about the kidneys and bladder. When writing he was and bladder. When

de FONTENOY The Colouhouns, Their History and Some Ways in Which

this the 12th day of July, A. D., 1909. M. M. HOOSE, Notary Public. Letter to Dr. Kilmer & Co., Binghamton, N. Y. Send to Dr. Kilmer & Co., Bingham-Send to Dr. Kilmer & Co., Bingham-

Sir Ian Colquhoun, the thirty-sevent



Because it Protects the Iron. Write or Telephone, Main

a 1835-21 Fenwick D. Foley,



Fulling hair means somty hair, and hair means baldness. The whole hair go of lectures on "better farming" to be delivered by members of the staff of the rowincial government department of the "Better Farming" to be delivered by members of the staff of the provincial government department of the "Better Farming" to be delivered by members of the staff of the provincial government department of the "Better Farming" to be delivered by members of the staff of the provincial government department of the "Better Farming" to be delivered by members of the staff of the provincial government department of the "Better Farming Special" will have supplies the kind of nourishment its indicated the balt governed by a schedule will the store of "delivere de haldress" of the balt governed by a schedule will the row welks. It is a refnod that we the Indiantown Branch to Millerou at the Main and constitution. The North Shore will be governed by a schedule will the constant of the store where a two hours' store of the store of

about the kidneys and bladder. When writing, be sure and mention the St. John Evening Times. Regular 75c. and \$1.25 size bottles for sale at all drug stores in Canada. druff in two weeks. It is a refrict hait visited and stops made at completion and the rearry control to take at the results will satisfy faced, dull hair. Fifty cents at A. Chip-man Smith, and dealers everywhere. The object of the tour of the "Farming son's-100 King street. For Fire Clay Stove Linings f