POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., SATURDAY, SEPTEMBER 7, 1918

FALL **PUMPS**

OXFORDS WORN WITH SPATS

This is a pretty combination for Fall wear, and you can buy a pair of these nice Pumps and wear them the next couple of months and then put them away for next spring's wearwhen they will cost you considerably more.

We Have a Big Assortment of

Patent Leather and Dull Kid Pumps with high or low heels,

Colored or Black Spats..... \$1,50 to \$3.50 "THE HOME OF GOOD SHOES"

Waterbury & Rising, imited 61 King Street 212 Union Street 677 Main Street

Limited Quantity For Immediate Delivery CONSUMER'S COAL CO., Limited



You Ought to Try this PARIS PATE It's delicious!

For any and every occasion, Paris Pate fills the bill—no waste and it's surprising how far a tin will go. For tasty luncheons it's very popular. For afternoon teas, Paris Pate sandwiches are always one of the most popular items. Don't forget that children love Paris Pate and that it's good, wholesome, nourishing food for them. Make Paris Pate a staple article in your household. Order a few tins from



Made by A. P. BABCOCK COMPANY

Canadian Distributors The Arthur Sales Co., Toronto, Ont.



Price 25¢

Economy Hints For Housewives

Meatless Meats and Iceless Icebox Demonstrated in Calvin Hall Yesterday

This week's Friday demonstration in the Calvin hall under the auspices of the Housewives' League was greatly appreciated by an unusually large number of interested members and friends and the talks which were also given were particularly appropriate. Miss Hazel Winter, former superintendent of Women's Institutes for the province showed how to make meatless supper or dinner dishes and explained how properly balanced meals should be planned. One of the new pyrex dishes was used and proved very satisfactory. Mrs. Richard Hooper, convenor of the demonstrations, had on exhibition a very simple form of iccless refrigerator which she had been asked to show. The catalogue of the combined exhibition of the war gardens association and the St. John Housewives' League were distributed and members were specially urged to compete in the exhibition in the canned goods and war bread classes.

Not Ahead of St. John

Mrs. Hooper, in opening the meeting, drew the attention of the members to the fact that Montreal was making special fact that Montreal was making special arrangements to have demonstrations by a French ehef of the best ways of using good food that was often discarded. Among his chief dishes was the cod's head chowder which Mrs. Raymond had so ably demonstrated at one of the previous meetings. Mrs. Raymond was very highly complimented on the most excellent work which she has done for the league.

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In connection with the exhibition of canned goods and breads Mrs. Hooper asked that every member make a special effort to send in at least one exhibit. Announcement was made by her that the next league meeting would be held on Monday evening and would be presided over by Mrs. Lawlor. Its chief subject for consideration would be the sending out of the voluntary rationing

schemes.

Miss Winter is a most capable demonstrator and her method of showing how to make vegetable loaf and mock Hamburg steak was followed with much attention and interest. She added greatly to the value of her demonstration by giving recipes for the dishes made and for others of a similar vegetarian nature. While the dishes were being cooked, the vegetable loaf was baked in one of the new pyrex transparent ware pans. Miss Winter explained the values of foods in the terms of heat producing units or calories and illustrated her points by means of sample menus. She then asked for volunteers to promise to practice at home the making of scientific menus for one week. Several memific menus for one week. Several mem-ers pledged themselves to do so. When the cooking process was completed the mock steak and vegetable loaf were passed round and were unanimously agreed to be very tempting and purchasers were not hard to find.

second section of the order points out that no person, without sufficient permission, may take any photograph, sketch, plan, model or other representation of any naval or military work or of any dock or harbor work in or in connection with a defended harbor, and no person in the vicinity of any such work, shall without permission have in his possession any photographic or other apparatus or other material or thing suitable for use in making any such representation.

The order goes fully into the matter of the displaying of lights outside of dwellings and gives the military and naval authorities the power to order people to remain within their dwellings between certain hours, should military necessity demand such action.

That persons may not have in their integration of the displaying of lights outside of dwellings three ounces of orchard white for a few cents. Massage this sweetly fragrant into the face, neck, arms and hands each day and see how freckles and mines that all logs be scaled that are taken off the crown lands. Heretoble with the skin becomes. Yes! In the same was part of the counter will supply the cettion of game and prevention of formers, and the scaling of logs. It is the purpose of the department of lands and mines that all logs be scaled that are taken off the crown lands. Heretoble will be a skin becomes. Yes! In the same was part of the counter will supply the cettion of game and prevention of formers of the scaling of logs. It is the purpose of the department of lands and mines that all logs be scaled that are taken off the crown lands. Heretoble was provided in the same was provided in the sa

ISSUED BY THE CANADA FOOD

FOOD If the canning and preserving campaign among Canadian women equals the home gardening of the men, the result will be real patriotism.

Advance Showing of

Exclusive Fall Neckwear

Newest shapes, colors and designs. Rich, lustrous fabrics; good enough to retain their hand-

some appearance after continued Allover patterns in Swiss Silks, Paisley designs, Rich Broches,

Printed Failles, Foulards and Bright Striped Silks. Fashionable oft open end shapes, featuring the new non-stretching and slipeasy band styles... 75c. to \$2.00

Velour Flannel Kimonas

Fancy Pomona Velour Kimonas, yoke effect, without belt, 36 to 44 inches \$2.65 Fancy Pomona Velour Kimonas, collarless, with belt. \$3.00
Fancy Pomona Velour Kimonas Fancy Pomona Velour Kimonas

with collar an dgirdle, \$7.50, \$8.00 and \$10.25 Colors: Pink and white, sky and white, grey and white, helio.
and white. Collars cuffs and pockets, satin trimmed.

COSTUME SECTION

Stores Open at 8.30 a.m., Close at 5.45 p.m.—Saturdays Close at 10 p.m.

Black and

Colored Velveteens

Colored Velveteens are being extensively used for coats, dresses, etc., and are very popular for trimmings. We are showing a good quality with close silky pile, guaranteed as to wear and finish, in the following colors: Dark grey, mid. and dark navy, mid. and dark brown, grenate, purple and bronze. 27 inches \$2.00 yard

Black Velveteens for dresses, etc.-24 in. wide, 90c., \$1.20, \$1.40 yd.; 27 in. wide,

Heavier qualities for coats-35 in. wide, \$3.00 yd.; 44 in. wide, \$4.25 yd.

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tributed by us for over twenty years, and many of the first purchasers are still adding an occasional unit to their initial outfit. That is one of the best features of the unit system. A small additional investment gives the needed accommodation for the growing library.

We are supplied by the Canadian factory at Stratford, and all units are sold at uniform prices by each distributor in

The Regulation Units are

All sizes in Golden Polished Oak, Dull Fumed Oak, or Early English Finish.

FURNITURE DEPARTMENT-MARKET SQUARE



work, shall without permission have in his possession any photographic or other apparatus or other material or thing suitable for use in making any such representation.

The order provides that no person pharatus or telephone connection or any device visual or otherwise for the purpose of signalling, nor shall they be permitted to have in their possession any apparatus for the tapping of messages sent by wireless telegraphy or otherwise.

The order goes fully into the matter of the displaying of lights outside of the displaying of lights outside of three ounces of orchard white for a few sents. Try it!

Squeeze the juice of two lemons into the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, this work has been completed. It is worthy to note that this is the first time in the history of New Brunswick that the appointments to the forestry service, th

Weak, Anemic, Nervous, Kun-down

Only those whose life is darkened by ill-health—only those who are Weak, or Ansemic, or Nervous or Run-down—can realize what an offer of new health really means. Robust, vigorous health that makes your whole system thrill with vitality, is the health you need.

Wincarnis possesses a four-fold power to promote new health. Because Winarnis is a Tonic, a Restorative, a Blood-maker, and a Nervo-builder — all combined in one powerful, health-giving preparation. Therefore it promotes new strength, makes new blood, builds new nerve force and new vitality. That is why so many Doctors have recommended it. And the health that Wincarnis promotes is lasting health—not a temporary patching up, but real, new, vigorous health that you need.

Wincarnis else-five the field of the medical profession for Anaemia, Debility, Sleeplessness, Lowered Vitality, La Grippe, Maternity-weakness and Convalescence from any filness.

Lowered Vitality, La Grippe, Maternity-weakness and Convalescence from any filness.

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