the benefits of His passion, in the same send as St. Paul speaks of eating (or receiving) condemnation. But surely if eating and drinking meant in those days receiving benefits, the Jews would have understood our Lord, and would not have gone away offended. We do indeed know that the term eating was in those days used to express slandering one's neighbour, as St. Paul says, (Gal. v. 25) "but if ye bite and devour one another," but the Jews could not have attached this meaning to our Lord's words, and as they knew of no other, they were puzzled, and exclaimed, "how can this man give us His flesh to eat."

St. Paul's reasoning in (I Cor. xth Chap.) requires us to believe that he took it for granted that the Eucharist was a Feast upon a Sacrifice. He tells us that the feasts of the Jews on their sacrificial victims, of the Gentiles on things offered to idols, and of Christians on the Eucharistic bread and wine were parallel, all of them being feasts upon Sacrifices; and as to eat the sacrifice offered to devils, was to have a federal Communion with Devils, so, to eat the Sacrifice offered in the Eucharist, is to have federal Communion with our Lord; we become His guests at His Table, obtaining "remission of our sins, and all other benefits of His Passion."

I now come in the last place to say a word on the *Real Presence* of Christ in His Eucharist. That there is a presence is indisputable, because as His body and blood are "given, taken and eaten" (Art. 28), His Presence must be assumed and involved in such reception. His body and blood being "verily and indeed taken and received by the faithful," there must be a real presence. But what is the force of the word real? It can only mean *spiritual* as distinguished from *material* or *carnal*. It is equivalent to *true* or to the "verily and indeed" of the Church Catechism. Our Lord is called the "true Bread," the "true Light." He calls His flesh "meat indeed," and His blood "drink indeed," all meaning, spiritual bread, spiritual light, and spiritual flesh and blood. If we suppose the word *true* to n li

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