

of his should be wanting to accomplish the discovery. The Admiral was now arrived at an *Indian* town named *Conasset*, on the south coast of the lake *Belle*, when he received this letter from Captain *Bernardo*. This is a very delightful place, and the two jesuit missionaries had continued here two years of their mission, to the great benefit of the inhabitants. The Admiral entered this lake with his two ships on the 22d of *June*, an hour before high water, in betwixt four or five fathom water; there was then no fall or cataract, and the general depth of lake *Belle* is six or seven fathom; there is a little water-fall till half flood, and half an hour before high water the flood begins slowly to set into *Belle* lake; the river water is fresh at *Arena* harbour, being 20 leagues from the mouth of the river *de los Reyes*.

This river and the lake abound in salmon, trouts, pikes, mullets and two other kinds of fish peculiar to these places, which are very large, and fine eating. Admiral *de Fonte* affirms the mullets of the river *de los Reyes* to exceed those of any other part of the world.

On the 1st of *July*, 1640, Admiral *de Fonte* leaving his ships in *Belle* lake in *Conasset* harbour, which was in every respect very convenient, being within a fine island, sailed up a river to which he gave the name of *Parmentiers*, in honour of *Parmentiers*, one of his fellow-adventurers, a person of singular merit, and who had drawn up an accurate description of this river and its neighbourhood. We have passed (it is still the Admiral who speaks) eight cataracts, which in all made 32 feet of perpendicular height, from the source of the river to its issue into lake *Belle*. The river runs into a large lake; I hope it will not be imputed to me as any great vanity, that I called it lake *de Fonte*, where we arrived the 6th of *July*; it is in length from east-north-east to west-north-west, 160 leagues, its
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