

. . . P R E F A C E . . .



FOR some years past my attention has been directed to the subject of Climatology and the advantages and disadvantages of the various localities on this continent as winter, summer and health resorts. A thorough study of the subject, and a lengthened residence at the seaside, in the mountains and in the balmy south, has long since convinced me that Toronto has many climatic and other advantages as a place of residence.

As a place of summer abode for our cousins across the border there is no better locality than Toronto and vicinity.

The majority of the best patronized winter resorts of the south do not possess as many advantages as health and pleasure resorts for northerners in winter as Toronto possesses for southerners in summer.

If this book will serve to awaken to some extent the citizens of Toronto to the advantages of their city in this respect, and to attract a share of the tourist travel that year by year goes past our doors, the object of the writer will be accomplished.

E. HERBERT ADAMS, M.D.

TORONTO, *June, 1894.*