

organs are affectedd. "Lucas" has a very large output, 200,000 pints, which is moderate in temperature and used chiefly for baths, particularly for those suffering from skin diseases. In the neighborhood of Vichy, at Cusset, is the spring "Mesdames," somewhat ferruginous, and seems to be specially indicated in cases of debility and anæmia, while the "Andreau" waters are employed in renal, genito-urinary and uterine disturbances.

It would seem that the waters of Vichy, rather than being laxative and debilitating, as was formerly thought, are bracing and produce constipation.

Outwardly, in the baths, the waters of Vichy rid the epidermis of all the fatty materials which are deposited there. To this is joined the stimulus given to the skin by the mineral elements in the water and the gas which it contains. As a result of this double action, a keener impulse is given to the circulation. Taken inwardly, the result is chiefly a cleansing of the passages in a manner analagous to the external effect produced by the baths. There is a more abundant production of gastric juice in the stomach, and this is revealed first by a considerable increase of appetite, a feeling of general revivification, and a power of resisting fatigue. The waters act less as medicines than as rebuilders charged with rendering back to the system a proper performance of organic life. Their action is lasting, because they do not remove merely the symptoms of disease, but its causes, that is, the lack of nutrition which gave it birth.

The town is well provided with the usual accessories of a spa. Its climate and amusements are not very unlike those of Paris.

W. H. B. A.

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### THE CHAIR OF ANATOMY UNIVERSITY OF TORONTO.

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There was a general consensus of opinion that Dr. Alexander Primrose was a good teacher and a good head of the important department of anatomy. There was probably a universal feeling of regret in University circles when his retirement from the professorship was announced. Fortunately he remained long enough