hearted wife, whose spirit is bowed down, anil whose children look up to thee almost in vain for bread, because of the drunkenness of thy husband, seest thou no gleam of hope for thee, in the preceding history? Hast thou tried all other means to reclaim thy husband, and have they all failed? well, be not dismayell, try prayer to God: go frequently, go continually: go, with all the humble confidence that a child would to a loving parent, and spread thy case before the Lord, and thus going, thou shalt go successfully : there is not only a probability, but a certainty that thy prayer shall be haard and answered.

## MILK DAIRIES AND DISTILLERIES.

## From the New York Evanyelist.

- The undersigned, physicians of the clty of New York, being requested to express their opinion in relation to the milk of cows, fed chiefly on distllery slops, have no hexitation in stating that they believe such milk to be extremely detrimental to the health, especially of young children, as it not only contains too little nutriment for the purposes of food, but appears to possess unhealthy properties; owing in part, probably, to the confinement of the corvs, ard the bad air which they conscquently have to breathe, as well as the unnatural and pernicious nature of the slops on which they are fed.

John Stearns, 「en., M.D.
James C. Bliss, M. D. John Torrey, M.D. C. Ticknor, M.D.John W. Francis, M. D. A. D. Clement, M.D. Albert Smith, M.D. E. R. Belcher, M. D. George Leo. Wolfe, M. D. G. Forrester Barstow, M.D. Thomas Cock, MI.D. J. Vanderberg, M.D. Henry G. Dunnel, M.D.

Thomas D. Boyd, M.D.
Charles A. Lee, M. D.
James Stewart, M. D.
Jame A. Washington, M. D.
D. Atkins, M. D.

Abm. L. Cor, M. D.
John Davis, M. D.
David M. Reese, M. D. A. Sillney Doane, M. D. Win. P. Buel, M D. E. Mead, M. D. Albun G. Smith, M.D.

## TEMPERANCE AND INEDDELITY.

The Rev. Mr. Clough, Wesleyan Missionary and Secretary to "The Ceylon Temperance Society," writes-

We had about 100 members joined the Society immediately. And measures are now in progress to establish Auxillary Socletics at all the out stations, where they are practicable. Although our Society has been so recently established, we have had the happiness to witness its beneficial effects in numerous finstances. I am amare that many object to such good effects, being produced by the simple oprration of Temperance Societies, and attribute thern rather to religious feeling. But let any candid yerson take one fact out of muny, which has taken place here. In the garrison of Colombo, we have had a large battalion of che Royal Artillery for many years. They always appenred to me to be the most drunken, dissolute body of military men I ever saw in the garrison. For years together, scarcely one of them would ever enter the doors of our chapel. In fact, I considered thelr case as most hopeless; and their conduct as soldiers was dreadful. Intoxication was nearly the ruin of the corps. When the Temperance Soclety was established, some twenty-five or thirty of these men joined, some of whom were the most abandoned drunkards in the regiment. They became steady, sober men,'and good and orderly soldiers. They soon found their way to chapel. Others followed thelr example : and what is the fact now? Why, that this battallon of tronps is become by far the lest and most orderly in the gurrison! Our congregations in the fort now often consist chiefly of artillerymen. And what ls hest of all, several of them have become religious charactery, and some have been savingly converted to God! Aye, and another fact must not be lost sight of. We are now building a large chapel in the fort of Colombo; and such an interest have those mera taken in it, that they joined together and subscribed $£ 20$ among them to this good work; whick anoney, had it not been for the Tomperance Society, for the most part would, in all probability, have been expended in that ruinous soul-nad-body-killing practice of drinking ardent spirits. A nice young man, belonging to the 58 th Regimons, a launch corporal, came to my houss one day and put ten
shillings on the table, as a contribution to the chapel. "Cooper," said I, "I fear you cannot really afford to give me so much with your limited pay;" that of a private only. Ho smiled and said, "Sir, since I quve up drinking spirits, I have saved that ten shillings, every fiarthing of which would have gone to the Arrack shop; and as I am much better, both in body and soul, for having given up the arrack, and as I have no occision for the money, I beg you will take it for the new chapel." But one of the first men who came to put his name down as a member of the Temperance Socirty was an old pensioned artillery serjeant, formerly a most terrible drmakard, when a boy of eight or nine years old. He ons day, not long since, brought me $£ 20$ for the new chapel! I hesitated to take it, thinking it too much for a man in his circumstances. "Take it, sir," suid the brave old soldier, "it is not mine, but God's; for had I continued in my former state of life, I should not have had one farthing of that in my hands now. it would all have gone in wickedness and hastened my ruin." I could goon multiplying instances of good being done amongst us, but my paper forbids me, and in fact, my time also.

At your next Temperance Society meetling, tell the friends that every Wesleyan Missionary, both Eurnpean and native, in Ceylon, has joined the Society; and, that spirits are banlshed out of both districts.

We extrect from the sixth Report of the American Baptist Home Miesionary Society, read and accopted at New Xork, the 27 th of April last, the following pertinent testimony on this head :-
" The temperance cause has recelved their [the missionaries'] hearty support, and nearly all mentioned [116] have delivered addresses. Socleties exlst in most congregations, usually in connexion with other denominations, as it is found a common foo cim more successfully be met and repulsed by a united phalanx. The total abstinence principle is rapidly gaining friends. Too much emplasis cannot be laid upon the importance of this institution, ass $a_{n}$ ausiliary in promoting the spread of the Gospel and the salvatione of mer."
The Rev. Giles Leach, of Sandwich, N. H., in the Home Missionary for August last, statea in the anme connexion an interesting revival of rollgion and the progress of temperance in that place. Respecting the latter he says:-
"The temperauce cause, I think, has made as good progress in Sandwleh, as in any town in the vicinlty. I think between 300 and 400 are members of the Society. Nilther of our five stores sell it as a ditink. Nor is it kept at our public house. There have been two little 'groggeries' in town, and their 'owsers' or 'keepers' have persisted against the publio sentiment of the town. At a recent town-meeting, a resolution passed almost unanimously, to choose an agent to commente and carry on a prosecution against any who should continue to sell spiritunus liquors, contrary to the statutes of the State relating to that subject."

The Rev. J. Spaulding, of Peoria, M1., under date of 26th March last, in giving an account of a revival of religion in that town, 805s:-
About five-sixths of the families have an altar for morning and evening worship: and five-sixths of the population are embraced ine a Temperanc Society, which abstains from all that can intoxicute. No liqnor can be purchased within six iniles of the town. The bullding in which that grocery is kept, I have been iuformed, is rented by a professor of religion: and that a short thene since a school was dismissed for the purpose of leting in a grocery. Time will determino whether books or bottles will teach that neighburhood the best lessons of morality.

## MEDITATION FOR A DRUNKARD.

Recommended to be quietly rend over, in private, every day, uruti the total abstinence pledge is signed, and also ooccisionally afterwards to neighbours and friends:-
It is ordained that I cannot be in both the following conditions; therefore which shall I choose?
Fint-Enjoying the selfish gratification of muddling my brain with drink, at the cnormous cost of decreasing my frinily, food, clothes, education, houve, and comforts;-0r,

Second-Enjoying the domestic gratilication of seeing my family wreld housed, fel, clothed, oducated, at the trilling cost, and mere

