Granny Gorton's Birthday.

SATURDAY, January 21st, was a great day in Central Village, in the the State of Connecticut, in America. On that day Mrs. Jonathan Gorton was 100 years old and formally received her friends, of whom hundreds we present. She were her best black silk gown, with a rose in the bodice. The venerable lady was seated in a comfortable armchair on a platform in the best room of her house. Then the train of callers filed through, each

Then the train of callers filed through, each and all shaking hands with her.

"Granny Gorton," as she is called, is a trim little body and very nimble on her feet. There was never anything ailed her, she says, and, except that her eyesight isn't quite so good as it used to be, she is as active as any years of 50.

woman of 50.

Why has Granny Gorton lived so long?

Why is she so active now? She lets out the secret hersolf when she says. "There was nover anything ailed me." That's it, and all

of it.

Poople who live 100 years are not so very rare. The deaths of 45 such were reported last year in England—22 men and 23 women. Yet, compared to the multitudes who die, these are nothing—nothing. Can we not keep things from ailing us, and so live long as Mrs. Gorton? Yes, if we will take the trouble to do it! Men and women 100 years old, still vigorous and clear-headed, should be a sight so common as not to be remarked.

trouble to do it! Men and women 100 years old, still vigorous and clear-headed, should be a sight so common as not to be remarked, and will be yet in the future. Why not so now? "Ask yourself the question," as the boatmen say down on the Deal beach.

Here's how it is: A woman's tale. She says she fell ill when a girl of about 15. She lost her appetite, had pains in the sides and chest, frequent headaches, and was often obliged to lie down on the couch and rest. All this didn't promise long life, did it? No. It was a bad start.

Well, she got worse instead of better. She was often sick, vomited her food, and spitting up a sour fluid. For five years she went on this way. This brings us to October, 1681. She was then in service as parlor-maid at Leamington Hastings, Warwickshire. Here she suffered from constant sickness, retching and heartburn. The chest pains were so bad as to bend her two double. No position that she could take relieved her. Her stomach was so tender and sore that everything she ate pained and distressed her. For months and months she only took liquid food—milk and beaten eggs, and so on.

She got weaker and weaker every day, so she says. Of course; how else could it be? A doctor at Rugby told her she had "ulceration of the chest." which she didn't at all. What is "ulceration of the chest." This young lady was now about 20 years old, with a poor

rie gave her medicines and advice, out the grow no better on that account. This young lady was now about 20 years old, with a poor outlook for ever being much older. She didn't expect it, nor did her friends. Then another doctor, being consulted, said "ulceration of the chest," like his medical brother at Rughy. Both arrong

tion of the chest," like his medical brother at Rugby. Both wrong.

"After six months' medical treatment,' she says, "I gave up my situation and returned to my home at Buxton Lamas, Norfolk. This was in June, 1882. Then I was taken so bad I had to take to my bed. My mother thought I was in a decline."

Now, the word "decline" means consumption, as we all know; a disease common in England and incurable everywhere. Thousands of bright righs and young men "de-

England and incurable everywhere. Thousands of bright girls and young men "decline" into their graves every year in this populous island. Sad enough it is to see.

Well at this point her good and wise mother interfered in her daughter's case. She gave the doctors the go-by and sent to Norwich for some bottles of Mother Seigel's Curative Syrup. In two weeks the young patient began to feel better, and in three months she got a new situation and went to

work.

"Since then, fifteen years ago," she says,
"I have kept in better health than ever before in my life, thanks to Seigel's Syrup.
Yours truly, (Signed), (MRS.) SARAH ELLANOR BAKER, S, King's Street, Church Road,
Tottenham, near London, September 30th,
1000."

A dozen words more and we're done. Mrs.



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Baker's ailment was indigestion and dyspepsia, nothing else and quite enough. The "ulceration" was inflammation of the inner coating of the stomach, a symptom of the disease. We wish her a long and happy life, and merely add that if all her sex could avoid or cure this one trouble most of them might live to be as old as Granny Gorton.

A LITTLE Rock man sold his cooking stov to get money enough to take his family to the circus. When one of his friends remonstrated with him, he said: "We had no use for the stove. Had nothing to cook." "But why didn't you buy something to cook." "Int why didn't you buy something to eat with the money you got for the stove?" "Then we should have had nothing to cook it on. Don't talk to me. I'm a philosopher."

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