

and the "possibilities which perchance within us dormant lie," seeking to know the exact measure of our capabilities. Our next step should be to find out wherein our surroundings and circumstances tend to hinder or to develop our physical, intellectual or spiritual nature; and having made "teach me to know myself—teach me to know thyself" our earnest prayer, we may set about the ordering of life in such wise that God's universe shall indeed be more perfect for our having lived. L. S.

A pure character is like polished steel—if dimmed by breath it almost instantly recovers its brightness.

Ten years ago or more Kate Field wrote with poetic prophecy: "Woman must exist as an individual." This terse little sentence strikes the key-note of the age. It condenses in itself the complete philosophy of woman's highest possibilities.

A girl should be taught to detest two things thoroughly—idleness and aimlessness. These two enemies have given birth to ennui, which is pain. If she be a child of fortune, instruct her, even more carefully than if she were poor, to work in some definite manner for pleasure's own sake. More than all, train her hands and stir her brain with the constant assurance that she will find her sweetest satisfaction in that which she is to accomplish in life.

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