

entrance of the Kingston harbour, as if the western end of the island of Toronto were the site of a naval station. The population of the whole island is under half a million, and is increasing both in its gross amount and in the ratio of white to black, which at present is about one to ten.

The heat of Jamaica is greatly tempered by the sea breeze, sometimes called "the doctor," which sets in strongly about ten in the forenoon, and also by the land breeze, which comes down from the mountains about ten at night. The former especially renders the climate less sultry than that of the same continental latitudes, or even of much more northerly latitudes in summer. "In the plain of Liguanea, about three miles from Kingston, and 212 feet above the level of the sea, the thermometer generally rises, during the warmest weather, to 89° or 90° of Fahrenheit, and during the cooler to about 85°; it has been occasionally seen as high as 93° and as low as 60°. The barometer, kept at the same situation, does not fluctuate during the year more than two-tenths of an inch." In Spanish-town (till lately the capital), a few miles inland on the Rio Cabre, the thermometer sometimes rises, in the hottest months, July and August, as high as 100° in the shade; but in the mountains it sometimes falls as low as 49°. Far up in the hills, and in the sun at mid-day, I have been glad to button up a cloth coat; but in the plains, at the same time, it is tropical summer. There is every variety of climate, in some part of the island, above frost and snow; but these are nowhere known. With such care and prudence as are requisite in all countries, the climate of Jamaica, especially of the uplands, is decidedly fine and healthy; but the marshy low lands are unquestionably insalubrious. From the coast, swept by the strong sea-breeze, to the most distant inland places where the land-breeze alone is felt, and from the base of the hills to such elevations as Abbeygreen House, in the Port Royal mountains, 4,233 feet above the sea-level, there is a very great variety of climate, and there is a suitable atmosphere and temperature for almost every variety of constitution and condition. For invalids, Jamaica is, on many accounts, preferable to Madeira. Many deaths of Europeans in Jamaica have arisen from intemperance and recklessness, instead of the climate; and many re-invigor-