

Children Cry for Fletcher's

CASTORIA

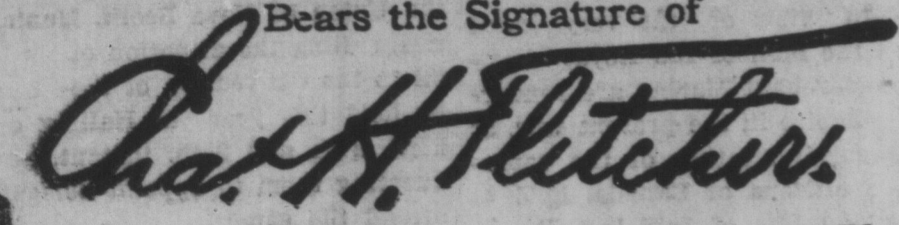
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

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THE CENTAUR COMPANY, NEW YORK CITY.

Try Us for Your

BUILDING MATERIAL

If you are planning on doing any building it will be to your advantage to make enquiries regarding the sort of material we manufacture and our prices.

Being located at the junction of three railroads we can assure you of prompt filling of orders at the lowest freight rates.

Let us quote you on—

Frame Timber, Flooring, Scantling, Siding in two patterns, (rustic and clapboard), Boarding, Laths, Frames, Sheathing, Doors, Shingles, Mouldings, Windows and Glass.

Write us your requirements and let us make up an estimate of the cost.

A. W. ALLEN & SON

MANUFACTURERS OF

Doors, Sashes, Mouldings, Building Material, &c.

MIDDLETON, N. S.

Business As Usual

Provincial Exhibition

HALIFAX

September 13th to 21st

Entries close in all classes August 31

For Prize List and any information, write

M. McF. HALL

Manager and Secretary Halifax, N. S.

The Light of 65 Years Ago

are still doing duty in the shape of

Eddy's Matches

Sixty-five years ago the first common-made matches were made at Hull by EDDY, and since that time for materials and striking qualities EDDY'S have been the acknowledged best.

When Buying Matches Specify

EDDY'S

Wash's Liment cures Colds, etc.

Middleton

Aug. 7

Miss Marjorie Hoyt is visiting in Halifax.

Mrs. E. K. Perry has returned to Middleton.

Mrs. M. Page arrived from Boston last week.

Mrs. C. N. Roop has returned from a visit in Boston.

Mrs. P. R. Bentley arrived in Middleton last Tuesday.

Mrs. W. S. Parsons is spending a few days at Kingsport.

Miss Helen Hoyt returned home last week from Dartmouth.

Miss Lizzie Saulnier is spending a few weeks in Haverhill, Mass.

Miss Effie Ricey of Boston is the guest of Mr. and Mrs. A. M. Reed.

Miss Myrtle Morrison of Springfield is the guest of her brother, S. H. Morrison.

Mrs. R. Conrad of Lunenburg was the guest of Mrs. J. P. Dodge last week.

The many friends of Miss Ada Holmes will be sorry to hear that she is leaving Middleton.

Miss Dorothy Lamb of St. Stephen, N. B., has taken Miss Holmes' place in the Union Telegraph office for a while.

Mrs. Gordon Thompson and children of Dartmouth are the guest of her parents, Mr. and Mrs. Howard Munroe, Nictaux West.

Mrs. Wm. Patterson and daughter Ruth left for Boston on Saturday last where they intend to remain during Mr. Patterson's stay overseas.

Miss Ethel Munroe returned to her home in Brookline last Wednesday after spending a couple of weeks with friends in Kings and Annapolis County.

Miss McCurdy who has been the guest of Mrs. Gwillim left on Friday for her home in Baddeck accompanied by Miss G. Gwillim who will spend her vacation in Baddeck. Miss Gwillim will teach in Antigonish.

A quiet wedding took place at the home of Mr. and Mrs. A. M. Reed on Thursday evening, August 3rd, when Miss Clara Bruer of North Sydney, became the wife of Pte. Clarence Edward Rhind of the 219th Battalion, formerly of the Royal Bank staff of Middleton.

ARLINGTON WEST

Aug. 7

Mr. Samuel Williams was the guest of L. J. Strong last week.

Mr. Isaac Durling of Lawrence town was the guest of L. J. Strong one day quite recently.

A. L. Davidson, M. P., of Middleton, was calling on friends in this place on Thursday last.

Miss Hattie Easson of Port Lorne spent the week-end the guest of Mr. and Mrs. J. E. Stark.

Pte. Frank Poole of the 219th Highlanders, was calling on friends in this place one day last week.

Pte. Chester Messenger of the 219th Highlanders, Kentville, is home on a furlough helping his father hay.

Mr. and Mrs. Wm. Foster of Hampton, spent Sunday the guest of her parents, Mr. and Mrs. John Taylor.

Mr. Freeman Sandford and son Earl from Salem, Mass., were guests of his brother, Melbourne Sandford last week.

Mrs. Naomi Banks and daughter Mrs. D. M. Hall of St. Croix, were the guests of the former's sister, Mrs. J. E. Stark, one day recently.

Mrs. D. W. Marshall of Mount Rose and granddaughter Mrs. Wm. Marshall of Roxbury, Mass., spent a few days recently with the former's daughter, Mrs. John Taylor.

FALKLAND RIDGE

Aug. 7

Miss Mildred Starratt spent the week end at New Albany.

Born to Mr. and Mrs. Percy Starratt on July 30th a daughter.

Miss Mary Marshall of Halifax is the guest of her uncle, C. R. Marshall.

Norman Weaver is confined to the house with an attack of measles.

Mr. and Mrs. D. McLeod and children returned to Trenton on Tuesday.

Britta and Minnie Woodbury of Torbrook have been visiting relatives here.

Miss Helena Downie, who has been the guest of her sister returned to her home today.

Miss Cora Young, and Misses Ruth and Erna are the guests of Mr. and Mrs. E. Charlton.

Mrs. Harold Mason, who was so unfortunate in breaking her arm last week, is slightly improved.

In the big Canadian hospital at Trenton, France, where treatment has been given to nearly 11,000 soldier patients, the death rate has been only three-fifths of one per cent.

MELVERN SQUARE

Aug. 7

Mrs. Miner Sproule recently visited relatives in Bear River.

Mr. Johnnie Morse, who has been spending the last few months in Halifax, is spending a few weeks at his home here.

Miss Thelma Krumm, of the United States, is visiting her cousin, Mr. and Mrs. Kenneth Chute, and other relatives, for a few weeks.

Mrs. Ada Nichols, has so far improved in health as to be able to visit her niece, Mrs. D. M. Outhit, at "Hillside Farm" for a few weeks.

The Rev. Thomas McFall, of Somerset, Kings County, conducted divine worship in the Presbyterian church here on Sabbath afternoon last.

Mr. William Gates and family, motored to Berwick on Sabbath last, in Mr. Otis Chute's car, where they attended the Camp services for that day.

Miss Madeline Gates left on Saturday for Berwick, where she will remain until after Wednesday of this week, the guest of her grandmother, Mrs. Spicer, who has a cottage on the Camp Grounds during the Camp Meetings.

Mr. and Mrs. W. S. Phinney arrived in Melvern on Wednesday last, and were serenaded that evening in the usual style. Mr. and Mrs. Phinney will occupy during the summer, the house lately vacated by Mr. and Mrs. Percy Demmons.

Among those from Melvern who are attending Camp Meeting at Berwick, are: Mrs. E. E. Phinney, and daughter Beatrice, and the Misses Josie Gates, Winnifred Jacques, and Thelma McNeill. Quite a number of young people also took advantage of the early train on Saturday last, and spent a very pleasant day in Berwick, on the Camp grounds.

Miss Hortense Spurr arrived from Sydney C. B., on Friday last, where she had been spending part of her vacation, accompanied by her sister Mrs. George Armstrong, and little daughter, who will remain in Melvern for a few weeks. We are sorry to add that Miss Hortense had the misfortune to sprain her ankle while in great haste to catch her train at Truro, which accident may no doubt, cause her some inconvenience, for a time.

On Friday night at about eleven o'clock the cry of "Fire" was given, and many a hurried toilet was made, people turning out of sound slumber to reach the burning building, which proved to be a small cottage situated on a piece of land between the premises of Mr. Edwin Harris, and Mr. B. Hatt and which had, for some years, been unoccupied. Everything points to the work of a "fire bug." The motive for the fire is not known.

One day last week the fine house of Mr. and Mrs. John Masters, of Melvern West, was entirely destroyed by fire, and only a portion of the furniture saved, by the willing neighbours, who did all in their power to render assistance. The fire is supposed to have caught from a defective flue, and the men working among the flames experienced some difficulty in saving the home of Mr. Geo. Palmer, near by, as the wind was at the time blowing strong in that direction. Mr. Master's property was insured, so we understand.

Six German boat destroyers were engaged in a running fight by the British light forces off Schowen bank July 24 says the British Admiralty. The Germans were repeatedly hit but succeeded in reaching the Belgian coast. One Britisher was hit and two men were wounded.

Mrs. Catharine Arenburg, of New Germany Lunenburg County, died on the 22nd July, aged 88 years and 10 months. She leaves five daughters and three sons, forty-six grandchildren and seventy-eight great grandchildren.

Port Colborne, Ontario, has been chosen as the site for the new Canadian refinery of the International Nickel Company. The plant will cost from \$4,000,000 to \$5,000,000 and will cover several hundred acres of land, which cost about \$300 an acre.

The United States shows an investment in the motion picture business of more than \$100,000,000. More than 75,000 persons are engaged in the work and there are no less than 18,000 motion picture with total attendance of 6,000,000 persons per day.

Why You Are Nervous

The nervous system is the alarm system of the human body.

In perfect health we hardly realize that we have a network of nerves, but when health is ebbing, when strength is declining, when nervous system gives the alarm in headaches, tiredness, dreamful sleep, irritability and unless corrected, leads straight to a breakdown.

To correct nervousness, Scott's Emulsion is exactly what you should take; its rich nutrient gets into the blood and rich blood feeds the tiny nerve-cells while the whole system responds to its refreshing tonic force. Free from harmful drugs.

Scott & Bowne, Toronto, Ont.

The Farm

REGARDING THE HORSE'S FEET

We should see that our horses' feet and legs are kept clean enough to prevent the possibility of any disease, such as thrush, grease heel, etc., which is often caused by allowing the horse to stand on an accumulation of fermenting manure, or wallow in a muddy yard that contains more or less manure. The feet of the growing colt should especially be watched, and if they do not wear evenly the elongated portions should be pinched off. Allowing the feet to grow out of shape causes uneven pressure on the joints and parts above, and has a tendency to develop ringbone, spavins, and side-bones.

Shoeing the Horse

As the horse grows to maturity and is put to work, it often becomes necessary to shoe him. There is, however, a very large proportion of our farm horses to which shoes are by no means of habitual necessity. The nature of the work, the pace at which they are required to perform it, and the character of the ground over which they ordinarily move, all unite to render artificial protection of the feet, save in exceptional cases altogether unnecessary.

Unnecessary Shoeing

When this is true, and when it is conceded that shoeing is, even under the most favorable circumstances, an evil, a frequent source of disease, and therefore a direct source of loss, it is a matter of deep regret that such a large majority of our farm horses should be needlessly subjected to a mutilation which shortens the efficiency and too often renders their life, thus shortened, one long continued agony, for it must be borne in mind that our ordinary village blacksmith is not always the most competent of workmen.

Marring or Protecting

Without wishing to do any injustice to our knights of the arvil, it is nevertheless a lamentable truth that these wielders of the rasp and knife are so wedded to a number of traditional practices so heinous, so irrational, so prejudicial to the interests of the horse that one might wonder whether their mission were not to mar instead or protect the foot. Ignorant alike of the anatomy, physiology, and relations of the different parts, they mutilate, they cut and carve as whim, prejudice or time-honored custom indicates.

Errors in Horseshoeing

Foremost among them is the insane habit of trimming the frog and thinning out the sole till it visibly yields to the pressure of the operator's thumbs. The frog is nature's cushion; by its elasticity it wards off concussion from the less elastic portions of the foot. Only the ragged portions of the frog should be trimmed out. The frog should be left in such shape that it will fulfill the mission which nature intended for it. The farrier, having destroyed the frog, next turns his attention to the sole, which, by all traditions of his craft, must be pared down until only a thin film of soft, partially formed hoof is left to protect the living structure within against bruises and injury. Nor does the mischief stop here. The sole itself, or what is left of it, consists of soft, moist, half-formed horn, which dries and shrinks on exposure to the air, and thereby entails a further and a still more serious injury to the foot.

Pare Sparingly

Only the loose portions of the sole should be removed. The horse grows new soles to his feet just the same as he grows new hair, and when portions of this sole become loosened and ragged they should be removed, but the new firm sole should not be pared down. After the shoe is nailed on, the ordinary farrier has enough pride in his work to want to make his job look neat, so he rasps down the foot, and to give it a few finishing touches, he rasps off the outer hard, smooth layer of natural varnish which is intended to retain the moisture in the foot. There are other specific objects in shoeing than to protect the foot, but it is not my purpose to discuss them, as they belong more properly to the veterinarian.

Supervise the Work

We believe farmers should give the matter of the shoeing of their horses more thought, and dictate to their blacksmith how they want their work done. Great good would also come in the protection of our horses if such legislation could be enacted as would require the ordinary blacksmith to know and understand something of the structure, anatomy, physiology, and functions of the different parts of our horses' feet and legs.

In the meantime let us look well to the quality of feet and legs we are breeding in our horses, and the care we give them that we may not have

SHEEP THAT SELL BEST

First-class meat cannot be obtained from sheep that are poor in flesh. A reasonable amount of fat must be present to give juiciness and flavor to the flesh, and the fatter an animal is, within reasonable limits, the better will be the meat. Never kill an animal that is losing flesh is a maxim followed by butchers, and observation points to a logical reason for the saying. With an animal falling in flesh the muscle fibres are shrinking in volume and contain correspondingly less water. As a consequence the meat is tougher and dryer. When an animal is gaining in flesh the opposite condition obtains, and a better quality of meat is the result. Also a better product will be obtained from an animal in only medium flesh, but gaining rapidly, than from a very fat animal that is at a standstill or losing in flesh.

Quality in meat is largely dependent on the health and condition of the animals slaughtered and yet the best quality of meat is rarely, if ever obtained from poorly bred stock. The desired "marbling" or admixture of fat and lean, is never of the best in scrub stock, nor does the highly fitted show animal furnish the ideal in a carcass of meat. There seems to be a connection between a smooth, even, and deeply fleshed animal and nicely marbled meat that is not easily explained.

FARM NEWS AND NOTES

Breed and feed are important factors in the live stock industry.

Keeping records will make you a better dairyman and your herd more productive.

Clean water and salt before the stock all the time—an important item.

The cost of fattening and finishing cattle of good beef type is much less than fattening and finishing cattle of poor quality.

High grade sires produce high grade beef cattle, and good results cannot be obtained by the use of inferior animals.

Records are capable of increasing the annual income from a herd of 12 to 15 cows by \$500. These are not abstract figures. They have been proven by practice.

Throughout the country there is still that persistent complaint that the pestiferous dog renders sheep breeding unprofitable. The time may come when we shall be obliged to choose between this class of live stock and a number of worthless curs.

Sheriff's Sale

1916 A. No. 2498.

IN THE SUPREME COURT

Between JESSIE BALCOM, Plaintiff,

—and—

FRED W. MAUGHAN,

Defendant.

To be sold at Public Auction in pursuance of Order for Foreclosure and Sale dated herein the 11th day of July, 1916, by the Sheriff of the County of Annapolis, or his Deputy, at the Court House at Annapolis Royal, in the County of Annapolis, on Thursday, the 10th day of August, 1916, at the hour of eleven o'clock in the forenoon,

Unless before the time of said sale the above named Defendant pays to the Plaintiff, or her solicitor, the amount due on said mortgage, together with the taxed costs, all the right, title and interest of the above named Defendant, of, in, and out of that certain piece or parcel of land situated in the Township of Clements, County and Province aforesaid, being part of the Estate of the late Henry F. Maughan, and bounded as follows:

Beginning on the South side of the Pickup Road (so-called), and at the North-east corner of land owned by or in possession of Frederick Balcom; thence running south one degree west along said Balcom's land and land of Herbert Berry to lands owned by William Roop and others; thence north-easterly along said Roop's line fifteen rods; thence north one degree east or parallel to the first named line to the said Pickup Road; thence Westerly by said Road to place of beginning, together with all and singular the easements, tenements, hereditaments and appurtenances to the same belonging.

Terms of Sale.—Ten per cent at time of sale and remainder on delivery of Deed or tender thereof.

J. H. EDWARDS,
High Sheriff in and for the County of Annapolis.

DANIEL OWEN of Owen & Owen, of St. George street, Annapolis Royal, in the County of Annapolis, Solicitor for the Plaintiff

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ourselves to blame for any shortcomings in our horses and the profit we gain in the rearing of them.

Real Estate for Sale

CHOICE BUILDING LOTS

A lot of land situated on the south side of the river at Bridgetown, about three minutes walk from town. Beautifully-situated and would make ideal building lots. Sufficient for three lots. Splendid drainage. Will sell whole or in lots. Price very reasonable.

Apply to

3 The Monitor Publishing Co., Ltd.

FIRST CLASS FARM

Small farm situated about two and one half miles from Bridgetown. Ten acres of choice tillage land and five acres of excellent marsh. Capable of putting up three or four hundred barrels of first class fruit. Buildings in excellent condition. Never failing supply of splendid water.

Apply to

4 The Monitor Publishing Co., Ltd.

PROPERTY NEAR BRIDGETOWN

Property situated about five minutes walk from Bridgetown. Fifteen acres of land with two hundred apple trees, half of which are coming into bearing. Also pear and plum trees. House contains nine rooms, large pantry and two large halls, newly painted throughout. Large dry cellar. Barn 24 x 28 sheathed inside. Water in house. Hay and pasture sufficient for two cows. An excellent opportunity for a man who wants a small place. Will be sold right.

Apply to

5 The Monitor Publishing Co., Ltd.

CREAMERY OR FACTORY SITE

A lot of land in Bridgetown about 150 feet square with building one and one half stories, 40 x 50 front with lean-to on north and east sides. Building contains ice room, drying or curing room, churn, milk and cream vats, power separator, engine and boiler in good condition. Suitable for manufacturing cheese and butter or would make a fine canning factory for which industry there is a good opening.

Apply to

6 The Monitor Publishing Co., Ltd.

PROPERTY FOR SALE

Property just outside Annapolis Royal consisting of seven and one half acres of land. Large house with good rooms; size of house 36 x 48 with ell 14 x 21 and porch, ice house, wood house and wagon house attached. Good size barn with stable, hen house and shed for storing machinery. Approximately 160 apple trees on the place a few of which pick early varieties and the remainder hard or winter fruit. Cuts 9 tons of hay at present and can be made to double this quantity. Price on application.

7 The Monitor Publishing Co., Ltd.

SMALL PROPERTY FOR SALE

A small place in Bridgetown, containing about one acre of land with cottage house of eight rooms and pantry. Large verandah across front, and town water in house. A number of apple, pear, plum, and other small fruit trees. New barn 28 x 38, and carriage house. Will be sold at a bargain to a quick purchaser.

Apply to

8 The Monitor Publishing Co., Ltd.

FRUIT AND DAIRY FARM

Valuable Fruit and Dairy Farm for sale. Contains 40 acres of cultivated land, 90 acres of woods, and 90 acres of pasture. Cuts about 125 tons of hay and yields from three to six hundred barrels of apples. House of 14 rooms, suitable for two families. Two barns, wood house, and other out-buildings. All in good repair. Farm is situated in good locality about five miles from Bridgetown. Near church and school house. Property will be divided to suit purchaser. Apply to

9 The Monitor Publishing Co., Ltd.

CANADIANS ARMED WITH NEW ENFIELD RIFLES

Ottawa, July 28—The Militia Department announces that each of the Canadian battalions now in England has been supplied with 150 of the new Enfield rifles, replacing the Ross rifle, with which they are now armed. The troops actually at the front have all been supplied with Enfields, and the substitution will be completed for all the troops now overseas as soon as supplies of the new rifles are available.

The old walls of the Parliament Buildings at Ottawa have been removed and the foundation work of the new structure is under way. The decision not to utilize the parts of the building left standing after the fire should meet with general approval. With both the walls and the interior new, the building should be the safer.