

Dread of Asthma makes countless thousands miserable. Night after night the attacks return and even when brief respite is given the mind is still in torment from continual anticipation. Dr. J. D. Kellogg's Asthma Remedy changes all this. Relief comes, and at once, while future attacks are warded off, leaving the afflicted one in a state of peace and happiness he once believed he could never enjoy. Inexpensive and sold almost everywhere.

WINTER TERM FROM JANUARY 3rd

Central Business College STRATFORD, ONTARIO

Western Ontario's best commercial school with Commercial, Shorthand and Telegraphy departments. We give individual instruction, hence "Entrance" standing is not necessary. Graduates assisted to positions. Get our free catalogue for rates and other particulars.

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ELLIOTT Business College Yonge and Charles sts., Toronto.

Open All Year. Enter Now. The high grade business school of Ontario. Our graduates are in strong demand. Prepare now and be ready to accept a good position in the fall. Catalogue free.

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MEDICAL JAMES NEWELL, PH. B., M.D., L.R.C.P. & S., M.B.M.A., England, Coroner County of Lambton, Watford, Ont. Office—Corner Main and Front Sts. Residence—Front st., one block east of Main st.

C. W. SAWERS, M.D., Phone 13. Watford, Ontario. Office—Main st. Residence—Ontario st. east. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

W. G. SIDDALL, M.D., Watford, Ontario. Office—Next to Public Library. Day and Night calls phone 26. Office hours—8.30 to 9.30 a.m., 2 to 4 and 7 to 8 p.m. Sundays by appointment.

DENTAL GEORGE HICKS, D.D.S., Trinity University, L.D.S., Royal College of Dental Surgeons, Post graduate of Bridge and Crown work, Orthodontia and Porcelain work. The best methods employed to preserve the natural teeth. Office—Opposite Siddall's Drug Store, Main st., Watford. At Queen's Hotel, Arkona, 1st and 3rd Thursday, of each month.

G. N. HOWDEN, D.D.S., L.D.S., Graduate of the Royal College of Dental Surgeons of Ontario, and the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge work. Office—Over Dr. Sawers', Main st., Watford, Ont.

VETERINARY SURGEON J. McGILLICUDDY, Veterinary Surgeon, Honor Graduate Ontario Veterinary College, Dentistry a specialty. All diseases of domestic animals treated on scientific principles. Office—Two doors south of the Guide-Advocate office. Residence—Main street, one door north of Dr. Siddall's office.

AUCTIONEER J. F. ELLIOT, Licensed Auctioneer, for the County of Lambton. Prompt attention to all orders, reasonable terms. Orders may be left at the Guide-Advocate office.

INSURANCE THE LAMBTON FARMERS' MUTUAL FIRE INSURANCE COMPANY (Established in 1875)

JOHN W. KINGSTON, President JAMES SMITH, Vice President ALBERT G. MINIALLY, Director THOMAS LITGOW, Director GUILFORD BUTLER, Director JOHN PETER McVICAR, Director JOHN COWAN K.C., Solicitor J. F. ELLIOT, ROBERT J. WHITE, Fire Inspectors ALEX. JAMIESON, P. J. McLEWEN, Auditors W. G. WILLOUGHBY, Manager and Sec. Treasurer W. Watford, Sec. Treasurer PETER McPHEDRAN, Wainstead Agent for Warwick and Plympton

Protect the child from the ravages of worms by using Mother Graves' Worm Extremator. It is a standard remedy, and years of use have enhanced its reputation.

TO ENJOY PERFECT HEALTH

Every Woman's Wish—Read Mrs. Cassidy's Experience



Paris, Ontario.—"For five years I suffered with pains in my back and from other troubles women often have. All of this I was until for work and was taking the different medicines that I thought were good. I saw the advertisement in the papers of Lydia E. Pinkham's Vegetable Compound and have taken it faithfully. I am now in good health and do all my own work. I recommend it to others and give you permission to publish this letter in your little books and in the newspapers as a testimonial."—Mrs. D. Cassidy, Box 461, Paris, Ontario.

This medicine which helped Mrs. Cassidy so much is worthy of your confidence. If you are troubled with such ailments as displacements, inflammation, irregularities, or other forms of female weakness you should give it a trial now.

Lydia E. Pinkham's Private Text-Book upon "Ailments Peculiar to Women" will be sent to you free upon request. Write to The Lydia E. Pinkham Medicine Co., Lynn, Mass. This book contains valuable information.

A. D. Hone PAINTER AND DECORATOR PAPER HANGING WATFORD ONTARIO

GOOD WORK PROMPT ATTENTION REASONABLE PRICES ESTIMATES FURNISHED SATISFACTION GUARANTEED RESIDENCE—ST CLAIR ST.

SHARPTHORN CATTLE LINCOLN SHEEP SILVER GRAY DORKINGS BLACK LEGHORNS Sheep trade looks better. Inquiries starting for fall trade already. Some nice calves coming on, and eggs for sale at a price you can afford to pay. CHANTRY FARM ED. DE GEX KERWOOD ONTARIO

GRAND TRUNK RAILWAY SYSTEM

TIME TABLE Trains leave Watford station as follows: GOING WEST Accommodation, 11.11.8.42 a.m. Chicago Express, 11.11.12.40 p.m. Detroit Express, 8.31.8.54 p.m. (a) Chicago Express, 9.11 p.m. GOING EAST Ontario Limited, 8.00.7.48 a.m. Chicago Express, 8.00.11.22 a.m. Express, 8.00.2.28 p.m. Accommodation, 11.21.5.38 p.m. (a) Stops to let off passengers from Hamilton and east thereof and to take on passengers for Chicago. C. W. VAIL, Agent, Watford.

remember

WHEN WE advertise that we are baking first-class bread and cakes we back that up with our goods.

That also applies to our Confectionery, Chocolates and Etc. Just try us and see for yourself.

Lovell's Wedding Cakes a Specialty

A Prime Dressing for Wounds.—In some factories and workshops carbolic acid is kept for use in cauterizing wounds and cuts sustained by the workmen. Far better to keep on hand a bottle of Dr. Thomas' Electric Oil. It is just as quick in action and does not scar the skin or burn the flesh. m

BOOMING BETTER SIRE

Publicity Methods Used in Forwarding the Campaign.

Motion Pictures the "Reel Thing"—Lantern Slides Also Useful—The Use of Gate Signs is Becoming Popular With Breeders—Can't Have Eggs and Mites, too.

(Contributed by Ontario Department of Agriculture, Toronto.)

The ultimate object of the campaign for better sires is to improve the quality of the beef and dairy herds of the country. To achieve the object it is necessary, first, to create in the minds of farmers an interest in and a desire for a better class of cattle. This cannot be done by writing and talking alone. The ideal way to create this interest would be to have the people see numbers of good cattle. As this is seldom practicable, the next best thing is the use of good pictures. It is in this direction that we have found motion pictures useful. If you can show an audience a number of reels of high class cattle, you secure their interest immediately, and when shown in pastures similar to the pastures in their own fields the appeal is very strong. Wherever such pictures have been shown, it has resulted in a number of the audience making enquiry about breeding, feeding and methods of caring for cattle to obtain the best results.

Motion Pictures Have Their Limitations.

Motion pictures are not well adapted for making studies of type. In this connection that we have found lantern slides valuable. The slides we have used have included close-up pictures of ideal representatives of all breeds contrasted with slides of undesirable and unprofitable types. One of the most interesting scenes showing a number of scrub cows, the good bulls to which they were bred and the resulting calves. This is the next best thing to having the animals actually there. In brief, motion pictures secure the attention of the audience and create a desire for information; lantern slides illustrate types and methods. Motion pictures made on Ontario farms have been used to illustrate the leading beef and dairy breeds. Wherever possible, groups of animals by one sire are included to show uniformity and high standard of breed type.

It is proposed to prepare a picture of market animals showing different grades. Some examples of grade cows of poor to fair quality with their calves by high class bulls, showing marked improvement in one generation by the use of a good sire, have been secured. It is hoped to secure more of these as they are the very best of object lessons.

The Use of Gate Signs. In an educational campaign there are a number of essentials; one of which is to create an interest in the minds of those you wish to influence. It is not an easy matter to reach the man who most requires instruction. Bulletins and other literature sent to him often find their way into the waste basket unread. He is not easy to get out to meetings where the matter is to be discussed. The main object in using these signs is to reach the man who does not read bulletins or attend meetings. When he sees a sign on his neighbor's gate announcing the fact that a pure-bred bull is kept on that farm, it starts him thinking. If every farm where a pure-bred bull is kept is indicated in this way, natural curiosity will as a rule lead a man to make inquiries. Such an individual will probably have been claiming that his grade bull is just as good as the pure-bred, but he soon realizes that if he keeps a bull and has no sign up stating that it is pure-bred, the inference is that it is inferior.

The spirit of "Keeping up with the Joneses" while it may in some cases cause discontent, is a real factor in human progress. When you get a man in a receptive frame of mind, you have accomplished considerable; in other words, you have fertile soil. The mission of the gate sign is to create interest, and in this it is succeeding in a great measure.—J. E. Rettle, Assist. Live Stock Director, Toronto.

Can't Have Eggs and Mites, Too. Hot weather brings the roost mites. They multiply so fast that the hen-house is swarming with them and the egg yield has dropped to almost nothing, perhaps, before you realize what is the cause. Therefore, don't wait for them. Make the house disagreeable to these pests before they show themselves. The process of keeping out the mites is one of the simplest in poultry culture. Kerosene will do it. It is easily applied, either by a broad flat paint brush or a spray. The paint brush will save kerosene, but takes time. The spray will save time and use kerosene. Take your choice, but paint or spray the roost and supports with kerosene before the mites put in an appearance. The morning is the best time, as the roosts will be dry and much of the odor from the oil will have disappeared before the hens return at night. Spray or paint every two weeks during warm weather. A good-sized egg check every month keeps the ball rolling. Don't let the mites get!

SEASON OF 1922

THE FASHIONABLY BRED CLYDESDALE STALLION BARON'S JIM NO. 8488 C. S. B. OF CANADA

ROUTE

Monday, May 8—Will leave his own stable, Lot 27, Con. 12, Brooke, and proceed to Nichol MacIntyre's, lot 19, Con. 11, Brooke, for noon; W. W. Taylor's, lot 8, con. 10, Brooke, for night.

Tuesday—James Wilson's, lot 22, con. 10, Enniskillen, for noon; night, Isaac Ferguson's, lot 18, con. 14, Enniskillen.

Wednesday—Noon, Robert Capes, lot 1, con. 14, Brooke; night, Swanton Chambers, lot 11, con. 5, Warwick.

Thursday—Noon, James McIntosh's lot 18, N.E.R., Warwick; night, Jas. Parker's, lot 28, Con. 2, Warwick.

Friday—Noon

Thence to his own stable where he remains until the following Monday morning.

W. M. P. REID, Proprietor and Manager Watford, Ontario

IN THE STUD-SEASON OF 1922



The Highly Bred Stallion PETER V. DILLON (63080-1895)

Enrolled under the Ontario Stallion Act. Inspected and Approved. Enrolment No. 4324. Form II.

2 year old record 2:28 1/4, 3 year old trial 2:15. Foaled in 1912. Bred by Vimont Brothers, Millersburg, Ky. Sired by Peter the Great, by Pilot Medium. Dam, Little Wonder, by Baron Dillon.

Peter V. Dillon will make the season of 1922 at the Race Track, Watford, with the exception of Tuesday night when he will stand at Chas. Anderson's stable, Forest.

For particulars address George Kilmer, Forest, or James O. Brush, Watford.

The New Farm House and Trees.

When planning to build a farm house it is well to select a location near good trees, so that their shade may be used and enjoyed by the family every day during the summer. It takes so long to grow good trees that existing ones should be cherished and utilized to the fullest extent. If trees must be planted they should not be placed directly in front of the farm house, but should be put somewhat to each side so as to make a frame through which a view of a portion of the front is obtained.

Apple Production.

Ontario continues to lead among the provinces of Canada in apple production with a total yield of 1,621,800 barrels, valued at \$13,078,765, an average price of \$8.06. Nova Scotia was not far behind with 1,166,000 barrels, valued at \$10,331,420, or an average price of \$9.42. British Columbia, on the other side of the continent, the province which is fast taking the lead in fruit production, held the third place with a production of 604,540 barrels, which at an average price of \$10.12 were worth a total of \$5,106,905. Quebec's total yield amounted to 88,000 barrels, worth \$569,688, or an average of \$6.47, and that of New Brunswick 30,000 barrels, valued at \$167,371, an average of \$5.78.

The total increase for the year in production amounted to 63,650 barrels over the figures of 1919, and in value \$5,452,939. The Provinces of Ontario and Quebec are responsible for these increases, both recording substantial gains over the previous year, while the other three fruit-growing provinces registered declines.

Pest Insurance.

Premier Oliver of British Columbia suggests a levy be made against all orchards as a "pest insurance," the funds to be used in compensating growers whose fruit or blossoms have been destroyed in the fight against the codling moth.

Everybody knows that in Canada there are more

Templeton's Rheumatic Capsules

Sold than all other Rheumatic Remedies combined for Rheumatism, Neuritis, Neuralgia, Sciatica, Lumbago, etc. Many doctors prescribe them, most druggists sell them. Write for free trial to Templeton, Toronto. Local Agent—J. W. McLaren

Use ELARTON SALT

HOME—CATTLE—LAND Unsurpassed for Strength and Purity. To be obtained from nearly every Store in this District or ELARTON SALT WORKS CO., Ltd. WARWICK, ONT.



ROYAL MARK (imp.) [23359] (20170)

FORM A1 and PREMIUM Enrolled under the Ontario Stallion Act. Inspected and Approved. Color, black, with white hair, face and legs white, foaled 1917. SIRE—Royal Print, by Dunure Foot-Print. DAM—Kirkton Jean, by Dunure Blend.

Imported by Brandon Bros., Forest, in October, 1921.

ROUTE

MONDAY—will leave his own stable for Walter Mansfield's, 2nd line, S.E. R., for noon; thence to Roche Barns, Watford, till three o'clock, Tuesday.

TUESDAY—Night at Frank Moffat's 2nd line, S.E.R.

WEDNESDAY—At Wm. Howden's, Main Road, for noon; thence to David Ross', Main Road, one mile East of Warwick Village for supper and then home to his own stable for night.

THURSDAY & FRIDAY—At his own stable.

SATURDAY—At C. Anderson's barns Forest, till four o'clock, thence to his own stable till Monday morning.

Royal Mark held the Central Forfarshire premium in Scotland in 1921. He is one of the nicest and best horses in Canada and is being held at very reasonable terms. Anyone having good mares should see him and use him.

TERMS—\$15.00 to insure. BRANDON BROS., Forest. may 19-3t



The Premium Percheron Stallion LOGAN JR. (7818) 135366

Enrolled under The Ontario Stallion Act. Inspected and Approved. Enrolment No. 5231. Form A.1.

Description and Pedigree LOGAN JR., [7818] 135366, Male, is a handsome type of dapple grey Percheron Stallion; was 2nd in a class of twelve, eight of which belonged to the Lafayette Stock Farms, Indiana, at the Western Fair, London, 1921. See this horse before breeding.

DAM—Bertha [8361] 91172. Bess [7140] 67227. Gean [7138] 47595. Hattie [7137] 16641. Peacodille [1153] (18345) 16601. Mouvette (2830). Rose, belonging to M. Chartrain. SIRE—Logan [7927] 95637. Vau-noise [7005] (63023) 48809. Vau-noise [7005] (63023) 48809. Cygne [3397] (46984) 41166. Ulysse [1253] (18394) 11986. Chicago [469] (7485) 6947. Madeira [150] (770) 1546.

ROUTE 1922

Over the week end at Angus McKinley's, 10th con., Plympton (the old Burr farm).

MONDAY—Jas. Greenlees, 10th con. Plympton, for noon; Jas. Needham's, Camlachie, for night.

TUESDAY—To Tim Carrigan's Main Road, for noon; south to Dan, Anderson's, lot 23, con. 2, Plympton, for night.

WEDNESDAY—John McKenzie's, lot 4, con. 2, Plympton, for noon; Roche House, Watford, for night.

THURSDAY—To John Akin's, Main Road, Warwick, for noon; Tom Grogan's (Arkona hotel) night.

FRIDAY—J. H. Willart's, (Theford Hotel) for noon; R. R. Anderson's con. 8, Bosanquet, for night.

SATURDAY—Chas. Anderson's Horse Barns, Forest, for noon. This route will be continued through out the season, health and weather permitting.

TERMS—To insure \$15.00, payable January 1st, 1923. All accidents to mares at owner's risk. Mares must be returned regularly to the horse, or insurance rate will be charged whether in foal or not. W. L. FRASER, Proprietor. m5-4 R.R.2, Forest.