A PAGE OF GENERAL INTEREST TO WOMEN READERS

By No Means Sombre: It Suggests

Gayety Rather Than Grief.

face of all Europe where Gaiety and combinations far from sombre.

One of the few fashions we have borrowed from Europe this spring is war, has set the fashion for black and the black and white costume—stripes



TRIUMPH" IN TEA QUALITY

CK, MIXED OF Free Samples mailed on enquiry. TURAL GREEN Address: "SALADA," Toronto.

girl herself.

Children Cry for Fletcher's

The Kind You Have Always Bought has borne the signature of Chas. H. Fletcher, and has been made under his personal supervision for over 30 years. Allow no one to deceive you in this. Counterfeits, Imitations and "Just-as-good" are but experiments, and endanger the health of Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other Narcotic substance. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhœa. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

The Kind You Have Always Bought

In Use For Over 30 Years

Canadian Verse

When milking-time is done, and over

stars, And through the dusk the farmstead

-Charles G. D. Roberts. ROUND-SHOULDERED.

until last year, when the "debutante slouch" (whatever that is) and

It is really too bad that our fine, straight Canadian girls should endanger their health and ruin their appearance screen to the garden.

Spare minutes are the most fruitful for good or evil, for they are as gaps through which temptation finds easiest access to the garden.

HOW TRAVELLERS' AID PROTECTS WOMEN AT

California T. A. S. Organized For stection of Women Visitors.

tection of young women and girls traveling alone, and reaching the exposimilitary fashions is showing itself in a most commendable way.

But in some cases the problem of the round-shouldered girl remains. Cortion cities unaccompanied.

systematic plan of co-operation be-tween the different counties of Celi-fornia has been organized so that pro-tection may be also insured in the cit-ies and even smaller towns of the state. Representatives of the society are marked by a badge bearing across the top the word "California," and beneath, the inscription "Travellers' Aid" under a gold star. Offices are located in various parts of the averagition grounds, covering the four general divisions of the exposition—the state buildings, the exposition buildings, the service buildings which are the head of all the business of the exposition, and the amusement zone. The main rest room is in the Palace of Education, where there is a telephone, kitchen and dining-room, with electric stove, rest couches, register, etc. One or two of these offices are open until 1 o'clock at night, and that in the service build-

all such, and a list of safe lodging-houses may be procured from the society, whose headquarters are in the Ferry Buildings, Rooms 6, 7 and 8. If a postal card, letter, or telegram is sent to these offices, with a brief description of the coming traveller, and the hour at which she expects to arrive, an official of the society will meet her at the railroad, boat, or ferry dock, at any hour of the day or night. The Travellers' Aid Society of California is indeed doing all possible to insure the safety of women travellers.

Waterloo," by Sergeant-Major Cotton?

Thanking you in anticipation,
BILLY.

Ans.—If you inquire at the public library, in the reference room, you will see clippings of an illustration of the would feel like changing his name.

LAUGHING WATER.

Ans.—I Drawn back from the service, and tucked into a tight roll at the battle, and so on. Doubtless, too, in the library, you would find books on the library, you would find books on the library with vanilla. Drop on buttered tins and bake in a moderate oven.

I am sure if "Lonely" tasted these he would feel like changing his name.

LAUGHING WATER.

Ans.—I Drawn back from the ears and tucked into a tight roll at the back of the head is a favorite style. Others prefer the very high styles of dressing. Best wear it as becomes the shape of your face best. Bandeaux are reader could supply it, I should be very reader could supply it, I should be very the volunger girls.

white.

Black and white may be "second is often effected by wearing a fancy mourning," but nevertheless it's very jacket of black over a dress of black striking—more vivid than the gaudiest and white. Cynthia Grey's Mail-Box

[Correspondents are requested to make their inquiries as brief as possible, and to write on one side of the paper only. It is impossible to give replies within a stated time, as all letters have to be answered in turn. No letter can be answered privately.]

Reply to Condolence.

Dear Miss Grey,—Could you tell me how to answer a letter of condolence from a club or society, written by the

A READER. Ans.—I. Answer the letter any time within a week or ten days. Something like this would be suitable, you can alter it to fit your case: "Dear friends of the —— Club: I cannot say how very much I appreciated the thoughtfulness and sympathy expressed to me in my bereavement through your letter, which I received Monday. It has been a very hard trial to bear, and the loving words of friends seem to make the burden much easier. I cannot tell you how it helped me, just to have the same quantity of make the burden much easier. I cannot tell you how it helped me, just to have been successful along the ments for the Municipal Chapter, LOD.E., has called a meetler from a druggist, and with this mix the same quantity of sugar and just enough water to nicely cover. Set this in low dishes so the ants can get at it, on your shelves, and I think you will find they'll soon disappear.

The Magic Word.

Smallman, Mrs. Puddicombe, Mrs. Beddome, Miss Katherine Smart, Mrs. R. M. Graham, Mrs. W. A. McCrimmon, Miss Meta Macbeth, and many others.

Mrs. Niven, regent of the Municipal Chapter, LOD.E., has called a meetler from a druggist, and with this mix the same quantity of sugar and just enough water to nicely cover. Set this in low dishes so the ants can get at it, on your shelves, and I think you will find they'll soon disappear. not tell you how it helped me, just to know that the members were sympathizing with, and thinking of me in wishes.

1. Could you or any of the readers supply me with the words of "The Baggage Coach Ahead?" I will send stamps

TALBOT STREET LADIES 2. Don't you think that one's birthstone is all right for an engagement ring?

3. Also, what are the meanings of these names: Albert, Annie, Arthur, Herbert and Viola? Hoping I have not troubled you too much, I remain, Yours truly, "CROOKED STICK."

Waist, 1830. Skirt, 1829.

Comprising ladies' waist with separate at hand, and will be glad to mail it lero, pattern 1830, and ladies' skirt to you in the envelope you sent.

"Lonely." doesn't really need to be popular to enjoy himself with the young ladies. They are not all allke. There are some that do not care for the type that seems so popular, just as the giddy girl doesn't care for the more quiet gentleman, and I think more quiet gentleman, and I think that if "Lonely" keeps his good ways and his eyes open, there will be a day dawn to him that will cover his past loneliness. Remember, "Lonely" it is you that has to take the first step, not the least

Betty Brown Says: Black and White Garb "THORNWOOD" SCENE OF GARDEN PARTY FOR

No scene could have been fairer than that presented yesterday afternoon on the beautiful grounds of "Thornwood," the residence of Mrs. Becher, St. George street worth, when Mrs. Becher entertained members of the Women's Canadian Club at a lawn party. The delightful lawns and gardens were looking their best, and the bright June sunshine which favored the event but served to enhance the joys of the shady walks and leafy stretches. Mrs. Becher, always a most charming and gracious hostess, received her guests, assisted by Lady Beck and Mrs. Donald McLean, the president of the club. The minutes quickly passed in visiting the grounds and in informal chat, music by the Cortese harpers adding to the the beautiful grounds of "Thornwood," by the Cortese harpers adding to the

Mayor Stevenson, who was present, spoke briefly, congratulating the members upon their fine work along patriotic lines. He especially commended them for their efforts to send Belgian relief curpiles and also for the interest. relief supplies, and also for the interest they had evidenced in providing sol-diers' comforts for the sick and wounded men at the front.

Many of the members present were glad to welcome Mrs. M. W. Rossie of Port Arthur, a former energetic member of the executive, and now a visitor in town,

Members at Military Demonstration 7th Regiment Chapter Send Oranges For Sick Men-Work of Patricias -Other Items of Interest.

Upon kind invitation of the military

were given seats of honor on the bandstand during the presentation of the colors by Major-General Hughes. Among those present were: Mrs. Whitwam, Mrs. Ernest Smith, Mrs. Fred White, Mrs. T. H. Smallman, Mrs. Puddicombe, Mrs. Beddome, Miss Katherine Smart, Mrs. R. M. Graham, Mrs. W. A. McCrimmon, Muriel Price favored the meeting with piano instrumentals, and the solos rendered by Miss Norma Sussex and Miss Amy McEwen of Byron were much enjoyed. Roll call was answered by a patriotic sentiment. At the close of the meeting with piano instrumentals, and the solos rendered by Miss Norma Sussex and Miss Amy McEwen of Byron were much enjoyed. Roll call was answered by a patriotic sentiment. At the close of the meeting with piano instrumentals, and the solos rendered by Miss Norma Sussex and Miss Amy McEwen of Byron were much enjoyed. Roll call was answered by a patriotic sentiment. At the close of the meeting a dainty lunch was served by the girls of the institute. A pleasant and profitable afternoon was spent by all.

This form would answer not only for club friends, but for individual friends as well with slight alterations. Yes, better to answer letters of condolence, even though but a short note, like the above, is sent.

Will neip, with best Municipal Chapter, I. O. D. E., gratefully acknowledges the receipt of \$10 from Mr. H. R. Clissold of Chicago, an old-time resident of London, and a friend of many of the fathers of Canadian boys now at the front

BAKING POWDER

CONTAINS NO ALUM We unhesitatingly recommend Magic Baking Powder as being the best, purest and most healthful baking powder that it is possible to produce All ingredients are plainly printed on the label.

> MADE IN CANADA E.W.GILLETT COMPANY LIMITED

benefit of the sick soldiers at the camp at Wolseley Barracks. There are a number of sick in camp, and this chapby the Cortese harpers adding to the enjoyment of all.

Afternoon tea was poured by Lady Beck and Mrs. Frank Leonard, from a table prettily adorned with flowers. A bevy of young ladies who assisted in serving included Mrs. Gerald Pearson, Miss Robinson, Miss Gardiner, Miss Brown, Miss Mona Wilson, Miss Janet Dusty, Miss Dinty Cox, Miss Nora Moore and Miss McTaggart.

Roses for Mrs. Betts.

A pleasant feature of the afternoon was when Mrs. McLean, expressing the delight of all to be present, and thanking Mrs. Becher for her kindness, extended to the retiring president, Mrs. F. P. Betts, the warm appreciation of the club for her splendid work. A handsome bouquet of palest pink roses in reply expressed her thanks for the kind words, wishing the club every success and progress in the coming year.

from several of the older ladies, in-cluding Mrs. (Capt.) Spry, Mrs. (Capt.) Watson, Mrs. Cl. T. Campbell, Mrs. H. B. White and Mrs. W. A. Young.

the I. O. D E. report the following receipts from the Princess Patricla Chapter for No. 3 Stationary Hospital: In May—50 dozen bandages, 100 hand-kerchiefs, 100 abdominal pads, 100 sponges, 100 roll bandages, 100 tall bandages, 100 triangular bandages, 114 laparotamy towels, 100 gauze 6x6, 4 rolls absorbent cotton, 1,000 cigarettes. In June—100 roll bandages, 100 triangular bandages, 100 sponges, 50 dozen bandages, 100 abdominal pads, 50 huckaback toweis, 25 bath towels, 100 handker-chiefs, 100 tail bandages, 100 6x6 gauze,

The chapter has much pleasure in acknowledging a donation of \$5 from the National Drug Company, York street, to be applied for hospital ser-

WOMEN'S INSTITUTES

The Komoka Women's Institute held authorities, quite a on Saturday afternoon, June 12. There local Daughters of the Empire visited Victoria Park, and were given seats of

Love never knows or thinks how much it gives, nor what it costs.

Good morals are nobler than good

THE BEST OF ALL SOAPS IS

TORONTO, ONT. BABY'S

The purity and fragrance of Baby's Own Soap have made it a universal favorite. Its use is beneficial to any skin. Albert Soaps Limited, Ma

IT RUINS HAIR TO WASH IT WITH SOAP

Soap should be used very spar-Soap should be used very spar-ingly, if at all, if you want to keep your hair looking its best. Most soaps and prepared sham-poos contain too much alkali. This dries the scalp, makes the hair brittle, and ruins it.

The best thing for steady use is just ordinary mulsified cocoanut oil (which is pure and greaseless). It's cheaper and better than soap or anything else you

can use.

One or two teaspoonfuls will cleanse the hair and scalp thoroughly. Simply moisten the hair with water and rub it in. It makes an abundance of rich, resemy lather, which rinses out evenly, and it leaves the scalp soft, and the hair fine and silky, bright, lustrous, fluffy and easy

You can get mulsified cocoanut oil at any pharmacy, and a few ounces will supply every member of the family for months.

Dressmaking Under Instruction

MISS SMITH, COO BUILDING. 110 Dundas Street-Phone 533,

Cleaning

by an expert. Men's or women's clothes of all descriptions. Firstclass work guaranteed.

Every article of clothing returned in a patented, dust-proof

Give your cleaning and pressing to our drivers.

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See the DANGLER GAS RANGES

H. WOLF & SONS

263-265 DUNDAS STREET.

VEGETABLES HOME GROWN.

New Carrots, per bunch, 5c New Beets, per bunch. . 5c Asparagus....10c, 3 for 25c MAIN & COLLYER Telephone 2831. P. O. Box 278.

ASHPLANT'S SPECIALS

NEW COLONIALS \$1.48

Received Wednesday, on sale Two New Colonial Pumps, made

with Patent vamp and Colored cloth (sand or grey) quarters. We do not hope to repeat this special during 1915. All sizes in

Remember the price.....\$1.48 "Gaby" Button Shoes

Made with Black and Grey Cloth Backs, or leather if pre-Natty metal Buckle on but-

ton flap and vamps. No slipping at All sizes at a popular price



Patent Strap Slipper

On sale Friday-a Woman's Three-Button Patent Slipper, with dull leather quarters, military heels, all sizes. Regular \$2.00

Years of Study Have made Holeproof Hose silky, soft and light in weight. Now entire families everywhere enjoy all these features with economy. Six pairs of cotton Holeproof are guaranteed to wear six months without holes.

three pairs of silk are guaranteed three months. If any fail within that time we replace them free. Yet in our years of experience over 90 per cent have outlasted this famous guarantee.

Holeproof, with all their advantages, cost the same as common kinds. Whatever you pay you can't buy better than Holeproof. OLEDITOT HOSIETS

71c Yarn reason Holeproof has gained its world-wide reputation for long wear is that we pay an average of 71c per pound for Egyptian and Sea Island cotton yarn. Common yarn from this country sells for 29c. But Hole-proofs cost you no more than common hose. Sold Everywhere

Made in Canada by HOLEPROOF HOSIERY CO. OF CANADA, Ltd., London, Ontario



GREAT EXPOSITION

An evidence of the splendid results afforded by organized effort is given in the excellent arrangements of the Travellers' Aid Society of California, at the expositions in San Francisco and San Diego. Londoners already know comewhat of the value of Travellers' Aid work through the Young Women's Christian Association of this city, whose ing trains at local depots for some up shoulders and prominent abdomens of last season were most unpleasing, and fickle fashion has changed her decree. This year the straight, upright figure is in style. The influence of the easy to appreciate the benefit, and, in fact, vital need for an organized pro-

Safeguarding Giris.

The Travellers' Aid Society of California is a non-sectarian, non-political organization, incorporated under the laws of California. Special arrangements are being made to safeguard women and girls travelling alone and in pand of assistance in any form. rangements are of no use; the girl her-self gets tired of them very soon and throws them aside. She must be taught, first, to breathe properly, and second, to stand correctly.

For instance, when we breathe in,
the sides of the body at the edge of the
lower ribs should push outward. Few This is a serious defect and the organs of the chest and lungs will be affected sooner or later. This is the in-

slouching, inelegant figure.

To stand properly let the arms hang naturally at the sides, taking care that the spine maintains a vertical position, so that a line drawn from the shoulder to hip would be straight up and down. Now raise the chest, keeping the chin close to the neck and the abdomen disappear. This proves that the shoulders are willing to do their part and are not the offenders—the offender is the

If you are dealing with a round-shouldered girl, don't say anything to her about her shoulders, but induce her to wear the proper clothes, allowing freedom to the waist muscles, and to breathe deeply. Then the problem of round shoulders is solved forever. Send on Name.

Members of women's organizations in Canadian cities have been asked to lend co-operation to the California Travellers' Aid Society in informing women visitors to the exposition of the field of Waterloo. I don't mean a description of the battle, but a froth, 1 large cup of icing sugar. Place in double boiler, let cook till rather a description of the field and the monuments there. Do you know who is the publisher of "A Voice From Waterloo," by Sergeant-Major Cotton? Thanking you in anticipation,

BILLY.

Send on Name.

Chart of Waterloo.

Dear Miss Grey,—Can you tell me where I could secure some guide books to the field of Waterloo. I don't mean a description of the battle, but rather a description of the field and the monuments there. Do you know who is the publisher of "A Voice From Waterloo," by Sergeant-Major Cotton? Thanking you in anticipation,

BILLY.

Billy.

I am sure if "Lonely" tasted these

> **A**DVERTISER **PATTERNS**



Waist, 1830. Skirt, 1329. Comprising ladies' waist with separate bolero, pattern 1330, and ladies' skirt pattern 1329. Several different developments are possible with the waist. It may have the bolero with or without the skirt piece or coliar. The waist may be finished with long sleeve or in short length. The skirt has a smooth-fitting yoke over the front and sides, and the back is shaped to form a panel. Gingbar in a pretty plaid or checked pattern in a pretty plaid or checked the skirt piece of the shirt has a smooth-fitting yoke over the front and sides, and the back is shaped to form a panel. Gingham in a pretty plaid or checked pattern, or ratine in a rew sand shade, would be nice for this, with the waist of dotted crepe and a touch of a contrasting color on the bolero collar. The waist pattern is cut in six sizes: 24, 24, 26, 33, 40, 42 and 44 inches bust measure. It is skirt is cut in six sizes: 22, 24, 26, 26, 30 and 23 inches waist measure. It requires three yards of 36-inch material for the waist, and 44, yards of 44-inch patterns, which will be mailed to any address on receipt of 10 cents for each pattern, in silver or stamps.

Nertiser Pattern Dept.

CAUTION—Be careful to inclose the above illustration, and send size of pattern wanted. When the pattern is bust measure you need only mark 32, 34 or whatever it may be. When in waist measure, 22, 24, 26 or whatever it may be. If a skirt, give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one west for a girl of nineteen to dress her hair? Are

the younger girls.

2. Sorry but we do not have a pat-

how to answer a letter of condolence is No. 1329 and 1330, which appear to-from a club or society, written by the secretary, and how long after being secretary, and how long after being received should they be answered. Is Others besides "Lonely" will be wantit necessary to answer all such letters?

Thanking you for your trouble, I re-

Hoping this will help, with best wishes, "BETTY BROWN."

Birthstone for Ring.

Dear Miss Grey;—Will you please answer the following questions at your sarliest convenience:

1. Could you or any of the readers

Sent to Readers.

A prescription for indigestion has been returned from the reader to whom it was mailed, and now sent on to "Daughter of Albion" and "Another Sufferer."

The Seventh Regiment Chapter, I. O. D. E., met on Monday at the residence of the regent, Mrs. William Spittal, with a large attendance of members present. In addition to the usual sewing, there was an orange shower for the

Ladies' Aid Will Hold Regular Business

The Ladies' Aid Society of Talbot Street Baptist Church, are spending an enjoyable time at the lakeside today. They left early this morning on a special traction car for Port Stanley, going well armed with all sort of good things to eat. The regular business of the month will be transacted in the afternoon, when all the ladies will as-

